



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

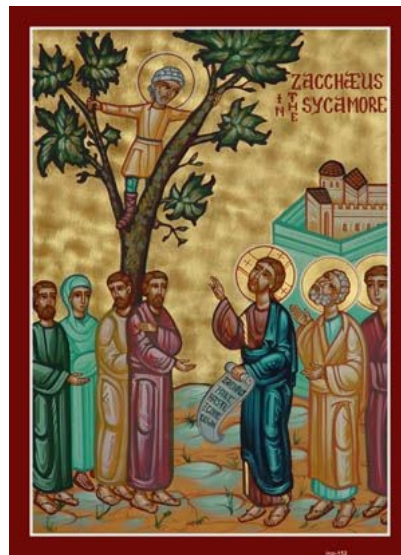
Sunday, January 26, 2020

Tone 7 / Eothinon 10;

**Thirty-second Sunday of Pentecost
& Fifteenth Sunday of Luke ("Zacchaeus")**

Venerable Xenophon, his wife, Mary, and their two sons,
Arkadios and John, of Constantinople;

Translation of the relics of Venerable Theodore the Studite



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

Calendar for this Week

Sunday, January 26—Sunday of Zaccheaus

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour
 12:15 p.m. Choir Rehearsal
 4:00 p.m. St. Barbara Monastery Friends

Monday, January 27

6:45 a.m. Daily Matins
 4:30 p.m. Outreach dinner at St. Michael's
 University Church in Isla Vista

Tuesday, January 28

3:45 p.m. Catechesis Level One
 5:30 p.m. Daily Vespers

Wednesday, January 29

6:45 a.m. Daily Matins
 12:00 p.m. Intercessory Prayer Ministry

Thursday, January 30—THREE HIERARCHS

10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Jr. High Youth Group
 6:30 p.m. High School Youth Group

Friday, January 31

6:45 a.m. Daily Matins
 5:15 p.m. Akathist at Westmont College

Saturday, February 1

4:30 p.m. Adult Catechism
 6:00 p.m. Festal Great Vespers

Sunday, February 2—FEAST OF THE PRESENTATION OF OUR LORD

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Festal Matins
 10:00 a.m. Festal Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. POTLUCK

Sunday Morning Ministries Schedule

Eucharist Bread

January 26 Cocores
 February 2 Jacobs
 February 9 Dillon
 February 16 Fr. Nicholas

Coffee Hour

January 26 D. Genatone/Shackelford
 (in memory of Al Genatone)
 February 2 POTLUCK for Feast of Presentation
 February 9 D. & D. Alexander
 for Saints Simeon and Anna
 February 16 J. Speier/P. Cocores

Greeters

January 26 D. Genatone/L. Baker
 February 2 D. Lewis/Deacon
 February 9 K. Fox/H. Lange
 February 16 K. & L. Jacobs

Ushers

January 26 D. Lewis, D. Meyer, M. Loulias
 February 2 D. Washburn, C. Speier, J. King
 February 9 P. Brunner, C. Berari, S. Speier
 February 16 D. Washburn, D. Meyer, M. Loulias

Readers

January 26 M. Braun
 February 1 D. Meyer (Vespers for Presentation)
 February 2 Rdr. V. Gish
 February 9 Rdr. H. Lange
 February 16 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one
of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

Tone 7

(Music on p. 51 of Liturgy book)

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple Tone 1

By Your Nativity You sanctified the Virgin’s womb!
And blessed Simeon’s hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING**Timothy 4:9-15**

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**Tone 7**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

(For the Fifteenth Sunday of Luke—"Zacchaeus")

Luke 19:1-10

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (Ps 148:1) *Alleluia!*

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

YEAR-END FINANCIAL SUMMARY

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal—December	\$ 39,750	\$ 14,120
Monthly Actual - December	\$ 64,282	\$ 19,457
Goal for Tithes January—December 2019	\$ 477,000	
Actual Tithes January-December 2019	\$ 463,997	
Building Fund Goal for January-December	\$ 169,440	
Actual Building Fund donations Jan.-Dec.	\$ 161,516	
GOLF TOURNAMENT PROCEEDS	\$ 101,467	
TOTAL GEN. OPERATING INCOME FOR 2019		\$ 535,255
TOTAL GEN. OPERATING EXPENSE FOR 2019		\$-519,589
		15,666
Off-budget (unexpected) expenses		- 9,777
TOTAL SURPLUS FOR 2019		\$ 5,889

(Surplus operating funds will enable us to complete several special projects in 2020, including icons which have been commissioned for the back wall of the altar.)

Inspirational Speaker Series

Saint Barbara Greek Orthodox Church

Save the date and Join Dr. Mamalakis, Assistant Professor of Pastoral Care at Holy Cross Greek Orthodox School of Theology and author of Parenting Toward the Kingdom, (Ancient Faith, 2016) as he discusses how we can learn about our relationship with God as we explore how we raise our own children. With stories and principles of parenting and life, Dr. Mamalakis will lead us in a retreat, reflection, and discussion as we enter into Great Lent. The presentation is open to all parishioners and the community at large. We hope you will invite your friends and family.

Mark your calendar and plan to attend

DR. PHILIP MAMALAKIS

LIVING LENT AS CHILDREN OF GOD

March 1, 2020

12:15

Lunch will be provided

March 1, 2020 is forgiveness Sunday, the day before Clean Monday and the beginning of Lent.



Dr. Philip Mamalakis with his wife, Georgia, have seven children and live in Boston, Massachusetts where he is the Assistant Professor of Pastoral Care at Holy Cross Greek Orthodox School of Theology. Dr. Mamalakis directs the field education program and teaches classes on pastoral care, marriage and family, grief, death and dying, and topics related to pastoral counseling.

Dr. Mamalakis has a Masters of Divinity from Holy Cross Greek Orthodox School of theology and a Ph.D. from Purdue University in child development and family studies, specializing in marriage and family therapy.

Please call Saint Barbara Greek Orthodox Church at 805-683-4492
or email office@saintbarbara.net to reserve your seat for the presentation.

Saint Barbara Greek Orthodox Church
1205 San Antonio Creek Road
Santa Barbara, CA 93111

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

CONGRATULATIONS AND MANY YEARS to Noelle and Edgar Aviles, who welcomed into the world their daughter, Camila Mary, on January 18th (St. Athanasius' Feast day!). Edgar and Noelle recently moved to the Modesto, CA area. Congratulations to the joyful grandparents, Richard and Lisa Ballew, and the ecstatic grandparents, Deacon John and Fay Young!

ST. BARBARA MONASTERY FRIENDS GATHERING IS TODAY at 4:00 p.m. Deacon Ananias Sorem, professor of Philosophy at Fullerton College, will speak on "An Orthodox Theory of Knowledge."

VALERIE YOVA, our Administrator and Music Director, will be out of town this coming week at an Orthodox conference in Louisville, Kentucky. If you need to get into the church on a weekday, it is best to come when there are daily services going on, or to arrange a time with Fr. Nicholas.

HOUSE BLESSINGS: It is the time of year when we bless our dwellings again and pray for God's protection in the coming year. Don't forget to call one of our priests to set up a time to have your home blessed!

WE NEED MORE VOLUNTEERS to be in the rotation for ushering and greeting on Sunday mornings. Please see Mike Loulias (for greeting) and Penny Brunner (for ushering) for more information if you are willing to help out. Currently, ushers and greeters serve about once a month. We would like to add at least 4 new volunteers to each of the teams.

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Sunday, February 2, 2020 **Feast of the Presentation of Our Lord in the Temple**
Festal Vespers on Saturday at 6:00 p.m.
Festal Matins on Sunday at 9:00 a.m.
Festal Liturgy on Sunday at 10:00 a.m. & POTLUCK

CELEBRATIONS THIS WEEK

Birthdays

1/27 Jeff Petersilia
1/29 Galen Wiley
1/30 Audrey Carrillo, Glenn Hoppe
1/31 Gloria Morrison

Patron Saint Commemorations

1/29	St. Ignatius of Antioch	Tom Williams
1/30	Three Holy Hierarchs	Ben Hedges
2/1	St. Brigid of Kildaire	Regina Moon, Iona West

PARISH COUNCIL CORNER

- Financial Report: Thank you for being faithful in your donations! Boosted by healthy December tithe collections of \$64,282 we were able to make up some of our recent budget shortfall. Non-member donations of \$15,670 served to close the entire budget gap. We finished the year with a bit of a surplus, \$5,889 to be exact.
- Patio Update: We are loving our new patio and want it to be a place we all can gather. The PC approved additional patio furniture to be purchased : 5 umbrellas and stands, 5 folding tables and 11 outside round tables with seating. We are exploring the options for adding lighting so that we can get even more use out of the patio for parish events. Thank you to Jim Morrison (our electrician), Brian Sieck, Jenny Speier and Christie Robinson for your work on this project.
- Tot Lot: Richard Ballew is working on the Tot Lot. He revised the plans, based on input received from the Parish Council. Play equipment options will be selected next.
- Our Music Director, Valerie Yova, will attend the Artefact Institute from January 28-February 3 at St. Michael's Orthodox Church in Louisville, Kentucky. She will be participating in the Masterclass for choral conductors, under the direction of Benedict Sheehan, composer and Music Director of St. Tikhon's Orthodox Seminary in South Canaan, PA.
- PC started discussion on the start up of a couple of small groups, in response to requests from our members during the strategic planning process for more opportunities to get to know each other better. This will be explored more at the February meeting.

with the blessing of His Eminence METROPOLITAN JOSEPH,
please join DLAW's Young Adult Ministry for our

2020 BIG BEAR RETREAT

ORTHODOXY 24/7:

NAVIGATING MODERN LIFE AS AN ORTHODOX CHRISTIAN

featuring Keynote Speaker BISHOP ANTHONY of Toledo & the Midwest
+ other special guests!



FEBRUARY 15-17, 2020

EARLY BIRD RATES (UNTIL 1/21)

WITH LIFT TICKET: \$234
WITHOUT LIFT TICKET: \$139

REGULAR RATES (1/22-2/7)

WITH LIFT TICKET: \$249
WITHOUT LIFT TICKET: \$155

All registration includes lodging, meals, midnight bowling, & fun in the snow! Lift ticket includes ski/snowboard rentals.

register at dlawyoungadults.com

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

1/30 Regular Youth Group

CHURCH ETIQUETTE SOME PIOUS CUSTOMS

- **Crossing oneself**—It is always appropriate to cross oneself at the mention of the Holy Trinity—Father, Son, and Holy Spirit; whenever entering or leaving the church; at the beginning of the Liturgy; when passing in front of the altar; when venerating an icon, the Gospel, or the cross; and at times for personal petitions. **It is not necessary to cross oneself** when the priest is giving a blessing or censuring the congregation. Instead, one should bow to receive the blessing.
- **Bowing**—Orthodox Christians bow when the Theotokos and Christ are petitioned. They also bow to the priest at his blessing, and when he asks forgiveness before the Great Entrance and again before Holy Communion. It is traditional for the Orthodox faithful to bow and cross themselves when they enter and leave the church, and when they pray before the icons.
- **Kneeling**—In some Orthodox traditions there are times when kneeling is a pious practice in the Liturgy, the most notable being at the Consecration of the Holy Gifts. However, kneeling is prohibited during the Paschal season—from Pascha until the Kneeling Vespers service on Pentecost—in honor of the Resurrection.

PLEASE MARK YOUR CALENDAR....

A VERY SPECIAL VISITOR — SUNDAY, FEBRUARY 23, 2020

On Sunday, February 23rd we will be hosting Joseph Black, a missionary from the Orthodox Church of Kenya, Diocese of Kisumu and Western Kenya. Joseph is a Senior Lecturer at St. Paul's University in Limuru, Kenya. He will speak to us briefly at the end of the Liturgy about his ministry in Africa. At 4:00 p.m. that afternoon he will speak at the St. Barbara Monastery Friends Gathering.

After the Liturgy that day, we will have our traditional MEAT FARE Barbecue on the patio. Please consider joining us for this very special day!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Vanessa K. and son Anthony	Lauren K. (military)
Mother Christophora	Tom M.	Chase K. (military)
Fr. Jon B.	Dottie G.	Jeff H.
Joseph B.	Jerry J.	Steve T, Kyle P. & Jeff P.
Dn. Richard E.	Monsignor J. Yanek	Bonita M.
Kh. Diane C.	Neil	Lorena F.
Greg & Margaret Y.	Diana	Olga Marie G.
Hoppe Family	Tyler	Dn. John Y.
Duane F.	Phyllis M.	The Ethiopian Orthodox Church
Richard and Susan B.	Ryder H.	All those suffering and
Regina M.	Kent F.	in danger in Ukraine,
	Bob N.	Africa, and the Middle East

For repose of the souls of:

Fr. Patrick K., Barbara B., Elder Ephraim

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
* **All proceeds go to the parish Building Fund.** *



FEAST OF THE 3 HOLY HIERARCHS—JANUARY 30
St. Basil the Great, St. Gregory the Theologian, and St. John Chrysostom