



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

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Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

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Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

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Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

DIVINE LITURGY OF ST. BASIL THE GREAT

Sunday, March 15, 2020

Tone 6 / Eothinon 6

Second Sunday of Great Lent

**Commemoration of Gregory Palamas,
Archbishop of Thessalonica**

Martyr Agapios of Palestine and those with him;

Apostle Aristoboulos of the Seventy, first bishop of Britain;

New-martyrs Manuel of Crete and Parthenios



The
Family of
St. Gregory
Palamas
(He led all
of them to
monasticism.)

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

Calendar for this Week

Sunday, March 15—St. Gregory Palamas

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour

Monday, March 16

6:45 a.m. Daily Matins
 5:00 p.m. Outreach dinner at St. Michael's
 University Church in Isla Vista
 6:00 p.m. Great Compline
 7:00 p.m. Men's Firepit

Tuesday, March 17—St. Patrick

3:45 p.m. Catechesis Level One
 NO VESPERS

Wednesday, March 18

6:45 a.m. Daily Matins
 12:00 p.m. Intercessory Prayer Ministry
 6:00 p.m. Presanctified Liturgy

Thursday, March 19

10:00 a.m. Showers of Blessing
 NO VESPERS
 7:00 p.m. Network Medical Event at Granada

Friday, March 20—St. Photini

6:45 a.m. Daily Matins
 6:00 p.m. Akathist to the Mother of God

Saturday, March 21

HIGH SCHOOL RETREAT

8:30 a.m. Liturgy for the Departed
 10:15 a.m. Memorial in front of Planned
 Parenthood
 11 a.m.-1 p.m. Choir Rehearsal
 4:30 p.m. Adult Catechism
 6:00 p.m. Great Vespers

Sunday, March 22—Sunday of the Cross

HIGH SCHOOL RETREAT

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

March 15 M. Kern
 March 22 Cocores
 March 29 Sieck
 April 5 Jacobs

Coffee Hour

March 15 Kern/Young/de Bruin
 March 22 NEED A HOST
 March 29 NEED A HOST
 April 5 NEED A HOST

Greeters

March 15 D. Genatone/L. Baker
 March 22 K. & L. Jacobs
 March 29 D. Lewis/H. Lange
 April 5 Fox/Deacon

Ushers

March 15 D. Lewis, C. Speier, J. King
 March 22 P. Brunner, C. Berari, S. Speier
 March 29 D. Washburn, D. Meyer, M. Loulias
 April 5 D. Lewis, C. Speier, J. King

Readers

March 15 D. Washburn
 March 18 Rdr. M. Kern (Presanctified Liturgy)
 March 21 Rdr. V. Gish (Soul Liturgy)
 March 22 Rdr. J. Butler
 March 25 Rdr. H. Lange (Annunciation V-Lit.)
 March 28 D. Meyer (Soul Liturgy)
 March 29 Rdr. H. Lange
 April 1 D. Alexander (Presanctified Liturgy)
 April 5 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion to St. Gregory Palamas

Tone 8

O light of Orthodoxy, teacher of the Church, its confirmation,
O ideal of monks and invincible champion of theologians,
O wonderworking Gregory, glory of Thessalonica and preacher of grace,//
always intercede before the Lord that our souls may be saved!

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of Annunciation**Tone 8**

To thee, our Queen, leader in battle and defender.
We thy people delivered from all peril,
offer hymns of vict'ry and thanksgiving, O Theotokos.
Since thou dost possess invincible power,
set us free from ev'ry calamity.
That we may cry unto thee: Hail O bride without bridegroom.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)****Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

**EPISTLE READING
Hebrews 1:10-2:3**

“In the beginning, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end.” But to what angel has He ever said, “Sit at My right hand, until I make Thine enemies a stool for thy feet”? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

**Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)****Tone 6**

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

GOSPEL READING

Mark 2:1-12

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk?' But that you may know that the Son of Man has authority on earth to forgive sins" -- He said to the paralytic -- "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

Meglynarion—Hymn to the Mother of God

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

The Second Sunday of Great Lent

This Sunday was originally dedicated to Saint Polycarp of Smyrna (February 23). After his glorification in 1368, a second commemoration of Saint Gregory Palamas (November 14) was appointed for the Second Sunday of Great Lent as a second “Triumph of Orthodoxy.”

St. Gregory Palamas, one of the pillars of Orthodoxy, was born in 1296, probably to a noble Anatolian family in Constantinople. He and his brother went to Mount Athos in around 1318, and lived in Vatopedi and Esphigmenou Monasteries. Gregory also successfully persuaded his widowed mother, brothers and sisters to become take up the monastic life. With the encroachment of the Turks, he was forced to flee to Thessalonica, being ordained a priest there in 1326. Afterward, he took up the eremitic life at a mountain near Beroea, and eventually returned to Athos in 1331.

St. Gregory lived in very difficult times, for many heresies were creeping into the Church, and the Ottoman Empire was ever expanding, taking over Byzantine lands. In the early 1300’s he wrote on the nature of the Holy Spirit, showing the errors of the Latin view while living at the hermitage of Saint Savvas on Mount Athos. He became known as a preeminent theologian early in life, due to his many writings and for his beliefs on hesychasm.

— www.orthochristian.com

God is Light

On this day, the Holy Church speaks to us about the mystery of light, which we must come to know, if we want to behold the Resurrection of Christ. St. Gregory of Thessalonica and the theological arguments of the fourteenth century connected with his name taught that the light of the Transfiguration is uncreated light. Refuting the heresies of the western theologians, this teaching reminded Christians of the words of the Scripture stating that God is light. By confessing God the Father and God the Son, Light from Light, true God of true God, we believe that God the Light created another light—the one described in the book of Genesis: “God said, let there be light.”

These dogmatic questions were not abstract or removed from the life of the Church. They should not be removed from us, either. It is wrong to look at them as simple theological or scholarly discussions that have no relation to our life. That would mean only one thing: that the light about which God speaks to us—the light in which there is no darkness—will remain unseen to us, and we do not regret or repent that we remain in darkness. All the problems in the Church are, in the final analysis, bound up with the fact that certain mysteries of faith become abstract. They cease to be living, essential questions that decide our fate; and we lose the depth of faith, and the fullness of our Christian calling, which we should be realizing in the Church. — *Archpriest Alexander Shargunov*

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

THE NEXT MONTHLY MEN'S FIREPIT is tomorrow, March 16th, at 7:00 p.m. at the home of Carla and Troy Harris. For more information contact Howard Lange. (hman3000@verizon.net)

OUR ST. BRIGID MINISTRY needs two additional volunteers to help with the Showers of Blessing every other Thursday from 11:00am-1:15pm. Tasks include light food service and cleanup, and interaction with our guests. You would be serving on a team with others from our Church. If you have a heart for our neighbors without housing -- or would like to develop one -- and would be available midday on Thursdays, please contact Howard Lange: at hman3000@verizon.net.

THE SHOWERS OF BLESSING ministry that we host every Thursday morning is in need of **men's jeans**, particularly in **smaller sizes**. If you have gently used jeans (blue is preferred) to donate, please leave them with a note in front of the church office door, by the copier. Thanks!

COFFEE HOUR HOSTS STILL NEEDED

Thanks to all of you who have signed up to host a coffee hour so far this year! Thanks to you, we have had hosts for almost every coffee hour so far this year. However, there are many openings coming up between March 15 until August 30 that we need to fill. **THIRTEEN Sundays**, to be exact. If you have not yet signed up to host a coffee hour this year, please consider choosing one of the open dates. If you have already hosted a coffee hour, and had so much fun you want to do it again, we'd love to have you host again! You can sign up on-line at www.stathanasius.org/coffee-hour or contact Suzi Wiley (805-448-2787).

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the **"40 Days for Life Vigil" - February 26-April 5, 2020**)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

MEMORIAL at PLANNED PARENTHOOD (518 Garden Street)

On Saturday, March 21st at 10:15 a.m. Fr. Nicholas will pray a memorial in front of the Planned Parenthood facility in downtown Santa Barbara. All are welcome to attend. This is not a protest and we do not hold signage. It is just a prayer service for the babies who have lost their lives and for all of those involved in making the decisions to abort and carrying it out.

CELEBRATIONS THIS WEEK

Birthdays

3/15 Peter Speier
3/15 Ryan Franzen
3/16 Adrian Berari
3/16 Leah Wallace
3/18 Doug King
3/21 Jacob Wallace

Patronal Feast Days

3/15	St. Keira/Cera/Ciara	Keira Landrum
3/17	St. Lazarus of the Four Days, Bishop of Kition in Cyprus	Luke Hoppe
3/20	St. Photini the Samaritan Woman	Sarah Brasel

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Mondays March 16, 23 & 30 and April 6	6:00 p.m.	Great Compline (On Monday, March 30th we repeat the Canon of St. Andrew of Crete.)
Wednesdays, March 18 & Apr. 1	6:00 p.m.	Presanctified Liturgy <i>Soup dinner on March 18</i>
Wednesday, March 25	6:00 p.m.	Vesper-Liturgy for the Feast of the Annunciation & Soup Dinner
Wednesday, April 8	6:00 p.m.	Presanctified Liturgy <u>at St. Barbara Church</u>
Fridays, March 20, 27 & April 3	6:00 p.m.	Akathist to the Mother of God
Saturdays, March 21,& 28	8:30 a.m.	Soul Liturgy (commemorating the departed)

SOUTHWEST
SPRING REGIONAL RETREAT



FAITH WITH WORKS

LIVING THE FAITH VS KNOWING THE FAITH

FR. CHRISTIAN BURKHARD

MARCH 27-29
ST. NICHOLAS RANCH | DUNLAP, CA

COLLEGE STUDENTS AGES 18-25
COST \$25

REGISTER OCF.NET/EVENTS

QUESTIONS JEANINE @ SOUTHWESTSTUDENT@OCF.NET

   **@OCFMINISTRY**

Please Join Us
for
the Women's Fellowship Annual
Annunciation Tea

St. Athanasius Orthodox Church
300 Sumida Gardens Lane Santa Barbara, CA 93111

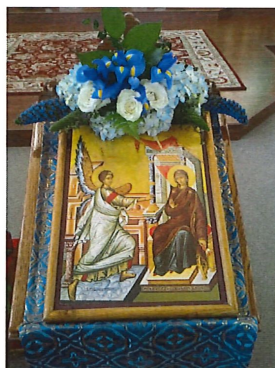
Saturday, March 28, 2020
11:30 a.m.-1:30 p.m.



Featuring "Tea with the Theotokos,"
a presentation by iconographer Dorothy Alexander

Donation paid at the door:
Adults \$10
Girls under 10 yrs. old \$ 5

- Salad bar lunch, Lenten desserts, Beverages -
- Raffle (Tickets available for purchase at the door.) -



Proceeds benefit the Santa Barbara County Interfaith
Collaborative against Human Trafficking
and the Antiochian Women's Shared Act of Mercy:
Education Support for Disadvantaged Children.

*Please respond to the Evite by
Wednesday, March 25th*

*If you did not receive the Evite and would like to attend,
contact: Christie at 805-455-4312*

ARTEFACT INSTITUTE 2020—LOUISVILLE, KENTUCKY

From January 30-February 2 I had the great joy of attending the first ever Artefact Institute, hosted by St. Michael's Antiochian Orthodox Church in Louisville, Kentucky, and coordinated by the newly incorporated Artefact Institute, a non-profit company started by Orthodox artists including Benedict and Maria Sheehan, Dn. Nicholas Kotar, and Jonathan Pageau.

I spent four days in intensive conducting classes, and in choral rehearsals with 80 other singers, preparing for a concert performed for the public on Saturday evening. We also sang for the Divine Liturgy on Sunday morning, February 2nd, the Feast of the Presentation of our Lord. Every day began with the singing of folk songs right after breakfast, sometimes accompanied by guitars, accordions, and other instruments. The entire conference was focused around the theme of the Feast of the Presentation. There were 4 different sections of study: Conducting, Vocal Technique, Byzantine Chant, and Story Writing/Telling, and the participants in all four tracks performed together for the final concert.

We also attended a session about "Conviviality," which is basically "How to throw a great party!" The institute culminated in a grand celebration of the Feast of the Presentation on Sunday evening with a gourmet Greek dinner, folk dancing, and folk singing. The conference participants came at 3:00 p.m. that day to help turn St. Michael's fellowship hall into a beautifully magical setting.

I am so grateful to our parish for making it possible for me to attend this amazing conference and for the opportunity to continue to hone my skills as an Orthodox liturgical musician!

Valerie Yova, Music Director



Conducting lessons with Benedict Sheehan



With my California music colleagues
Zoe Turton, Yumi Larsen & Teri Stevens

A bit about Artefact

**the common worship
the common work
the common feast**

**A life rich with meaning and purpose, and true human connection,
is the product of attending to these three essential
components of true culture.**

**Articulating the technique of these components and teaching
participants how to build them up in their own lives
and the lives of those around them is the core mission of Artefact.**

For more information: www.artefactinstitute.com



Folk singing at the grand feast



A visit from Stephanie Braun, who drove up
on Sunday from Nashville



The Artefact Concert on Feb. 1, 2020
HUGE CHOIR!

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

- | | |
|-----------|---|
| 3/19 | Network Medical event at the Granada
Meet at church 6:15 p.m.
Pick up at church 9:00 p.m.
(Let Michael know if you are going.) |
| 3/21-3/24 | High School Retreat |
| 3/26 | Spring Break—NO YOUTH GROUP |

CHURCH ETIQUETTE

This guide is meant for personal reflection, not as a means of judging others. Keep in mind that there are different traditions even among the Orthodox faithful. We come to church to pray and worship God above all else, and that should be our only focus.

RECEIVING THE ANTIDORON (blessed bread)

When receiving the antidoron after Holy Communion or after venerating the cross at the end of Divine Liturgy, do not allow the crumbs to drop, since this is blessed bread. Children will need assistance so that they do not take too many pieces, and so they are not careless in handling the bread. After returning to your seat, you may eat the holy bread as you say the prayers after Holy Communion silently while others are communing.

LEAVING CHURCH

The respectful protocol is to leave the church only after the final blessing, and after kissing or venerating the cross held by the priest at the end of the Divine Liturgy. It is not acceptable to be in the hallway, kitchen or office or on the patio during the Liturgy. Some parishes have church school at the end of the Liturgy. This is the only exception allowed. Those who leave early deprive themselves of a blessing. After walking to the back of the nave of the church, it is customary to face the altar, bow, and make the sign of the cross before exiting.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Zac B.
Kh. Carla Z.

Vanessa K. and son Anthony
Monsignor J. Yanek
Ryder H.
Kent F.
Bob N.
Fr. Jon-Stephen H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren K. (military)
Chase K. (military)
Jeff H.
Steve T.
Bonita M.
Olga Marie G.

Dn. John Y.
Azalea, Dahlia, Dominic, Rose
Roger R.

The Ethiopian Orthodox Church
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Fuddah S., Elder Pavlos of Sinai, Adolfo & Mary Jane
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Building Fund.** *

Celebrating the Sunday of Orthodoxy March 8, 2020

Thank you to all who helped make it a joyous celebration:
clergy, choir, catechists and children,
and our Social Team for the beautiful reception on Sunday evening after Vespers!

