



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

**Assistant Pastor:**

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2019-2020:**

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

## **DIVINE LITURGY OF ST. BASIL THE GREAT**

**Sunday, April 11, 2021**

**Tone 3 / Eothinon 11**

**Fourth Sunday of Great Lent**

**Commemoration of John Climacus,**

**Author of "The Ladder"**

Hieromartyr Antypas, Bishop of Pergamum;  
Righteous Mothers Tryphaina and Matrona of Cyzicus



**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## **CALENDAR FOR THE WEEK**

### **Sunday, April 11—St. John Climacus**

9:00 a.m.        Matins  
 10:00 a.m.        Divine Liturgy  
                       Trisagion for Fr. Jon-Stephen Hedges  
 11:45 a.m.        Coffee Hour (beverages only)

### **Monday, April 12**

6:45 a.m.        Daily Matins  
 5:00 p.m.        Akathist by Zoom  
 6:00 p.m.        Great Compline

### **Tuesday, April 13**

9:00 a.m.        St. Xenia Prayer Ministry  
 6:00 p.m.        Parish Council Meeting

### **Wednesday, April 14**

6:45 a.m.        Daily Matins  
 6:00 p.m.        Presanctified Liturgy

### **Thursday, April 15**

7:45 a.m.        Akathist by Zoom  
 10 a.m.-1p.m.    Showers of Blessing  
 6:00 p.m.        Little Compline and Canon of  
                       St. Andrew

### **Friday, April 16**

6:45 a.m.        Daily Matins  
 6:00 p.m.        Akathist to the Mother of God

### **Saturday, April 17**

8:30 a.m.        Men's Fellowship of St. John  
 5:00 p.m.        Adult Study: "Practical Aspects of  
                       Spirituality in Life and Death"  
 6:00 p.m.        Great Vespers/Confessions

### **Sunday, April 18—St. Mary of Egypt**

9:00 a.m.        Matins  
 10:00 a.m.        Divine Liturgy  
 11:45 a.m.        Coffee Hour (beverages only)

**Fr. Symeon & Family  
 will be away April 14-18 at an  
 Orthodox homeschooling conference.**

## ***SUNDAY MORNING MINISTRIES SCHEDULE***

### **EUCCHARIST BREAD**

April 11	Meyer
April 18	Dillon
April 24	Kern (Lazarus Saturday)
April 25	Morrison
May 2	Jacobs (Pascha)

### **READERS**

April 7	D. Washburn (Presanctified)
April 10	D. Alexander (Soul Liturgy)
April 11	Rdr. J. Butler
April 14	D. Meyer (Presanctified)
April 18	Rdr. H. Lange
April 21	Rdr. M. Kern (Presanctified)
April 24	D. Washburn (Lazarus Sat. Lit.)
April 24	D. Alexander (Great Vespers)
April 25	M. Braun
April 27	D. Meyer (Presanctified)
April 28	Rdr. M. Kern (Presanctified)
April 28	D. Alexander (Unction)
April 29	M. Braun (Institution Liturgy)
April 30	All readers who are available
	ROYAL HOURS
April 30	D. Meyer (Vespers)
April 30	Rdr. H. Lange (Lamentations)
May 1	Kern, Gish, Butler, Lange (Liturgy)
May 2	Rdr. J. Butler (PASCHA)

### **USHERS**

April 11	S. Speier, C. Speier
April 18	D. Washburn, M. Loulias
April 25	C. Berari, D. Meyer
May 2	P. King, J. King

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **HYMNS FOR THE DAY at the LITTLE ENTRANCE:**

#### **Troparion of the Resurrection**

**Tone 3**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

#### **Troparion for St. John Climacus (of the Ladder)**

**Tone 1**

Dweller of the desert and angel in the body,  
you were shown to be a wonderworker, O our God-bearing Father John.  
You received heavenly gifts through fasting, vigil and prayer,  
healing the sick and the souls of those drawn to you by faith.  
Glory to Him Who gave you strength!  
Glory to Him Who granted you a crown!//  
Glory to Him Who through you grants healing to all!

#### **Troparion to St. Athanasius**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Kontakion of Annunciation****Tone 8**

To thee, our Queen, leader in battle and defender.  
We thy people delivered from all peril,  
offer hymns of vict'ry and thanksgiving, O Theotokos.  
Since thou dost possess invincible power,  
set us free from ev'ry calamity.  
That we may cry unto thee: Hail O bride without bridegroom.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle      Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**EPISTLE READING****Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

## Preparatory Psalm Verses with Alleluia Refrain Before the Gospel      Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:**            Come, let us rejoice in the Lord, let us shout with jubilation unto God  
   our Savior.

**Verse:**            Come before His countenance with thanksgiving, and with psalms let  
   us shout in jubilation unto Him.

### GOSPEL READING

**Mark. (9:16-30)**

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

### Meglynarion—Hymn to the Mother of God

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

### COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
The righteous shall be in everlasting remembrance! He shall not fear evil  
tidings! (*Ps. 111:6*)

**We remember in prayer at each of our services:**  
Fr. Paul Abernathy (LEFT) and the community of St. Moses Orthodox Church in Pittsburgh, Pennsylvania, and Fr. Turbo Qualls (RIGHT) and the community of St. Mary of Egypt Orthodox Church in Kansas City, Missouri.



**SAOC SUMMER SCHOOL IS BACK!**  
**FOR CHILDREN WHO HAVE JUST COMPLETED GRADES K-6**

Monday, June 14-Friday, June 25 (weekdays only)

8:45-11:30 a.m. — Class time

11:30 a.m.-12:30 p.m. — Lunch

12:30-2:00 p.m. — Special Activity

**MORE INFORMATION COMING SOON ABOUT HOW TO REGISTER.**

**HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest

is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **ANNOUNCEMENTS**

**Fr. Symeon and Family will be away April 14-18 at an Orthodox Home Schooling Conference.**

**CONGRATULATIONS to Mitch and Mary Denny** on the birth of their son, Levi Harvey Silouan, born April 2, 2021, 4 lbs. 6 ounces, 17 inches long. Mom and dad are getting used to feeding him in the NICU around the clock. All doctors and nurses say he's an "overachiever." He's been eating and breathing on his own since he came out!

Mitch and Mary thank you for your continued prayers for their tiny guy and can't wait for him to meet the St. Athanasius family and all who helped pray his healthy arrival into existence.

### **MUSIC FOR THE KIDS**

Children ages 3-8 years are invited to join us at the church on Wed. April 21 from 3:30—4:00 p.m. as we “make a joyful noise!” We’ll learn about rhythm and melody, and we will sing several versions of “Christ is risen.” We hope to continue the class on a regular basis after Pascha.

### **LAZARUS SATURDAY WORK PARTY — HELP NEEDED**

Once again, we will be cleaning, polishing and decorating on Lazarus Saturday, April 24th, at 10:30 a.m. (after the Divine Liturgy) to get the Church ready for Palm Sunday and Pascha. The Festal Decorating Team needs LOTS of extra hands for putting up palms and making palm crosses. Please stay after the Liturgy, if you are able. If you have questions, contact Lisa Ballew: lisaballew8@gmail.com.

### **UPCOMING LITURGICAL SERVICES**

Monday, April 12 at 6:00 p.m.  
Wednesday, April 14 at 6:00 p.m.  
Thursday, April 15 at 6:00 p.m.  
Friday, April 16 at 6:00 p.m.

Great Compline  
Presanctified Liturgy  
Little Compline/Canon of St. Andrew  
Akathist to the Mother of God

**During Great Lent, we do not have Tuesday/Thursday Daily Vespers.**

### **HELP NEEDED – SHOWERS OF BLESSING**

The Showers of Blessing needs 3 volunteers to help with laundry. Each volunteer would help once a month. The volunteer would be asked to launder 2 baskets of towels and cleaning cloths and return them any time during the week to any of the sites where showers are offered. The

pick up time would be one Tuesday a month at 12:45 p.m. Please reply to Sally Hamilton at [sallyshamilton2@gmail.com](mailto:sallyshamilton2@gmail.com) if you are able to help.



### **JOIN US FOR COFFEE ON THE PATIO!**

We are serving beverages after the Liturgy on Sundays. Join us for some fellowship time out in the fresh air!



# PASCHA CELEBRATION

*Sunday, May 2, 2021*

- 5:00 a.m. Paschal Procession & Rush (Matins) Service
- 6:15 a.m. Paschal Liturgy and Blessing of Meat, Cheese and our Baskets
- 7:45 a.m. Break-fast on the patio — Bring your own basket.  
Coffee, juice, Pascha cheese, bread, strawberries provided by the church.  
Sorry...no buffet table this year for sharing food items.
- 8:15 a.m. Egg Hunt for the kids in the field behind the church
- 9:00 a.m. Agape Vespers with the Gospel read in many languages  
**NO PICNIC AT THE PARK THIS YEAR.**

**PARENTS:** For the egg hunt please bring one dozen **FILLED PLASTIC EGGS** for each child (preschool through Grade 6) who will be participating. Bags will be provided for the kids to use when collecting eggs. Filled eggs need to be brought to the church **no later than 6:00 a.m. on Pascha morning.** There will be a cart in the hallway near the church office where you can drop off eggs throughout Holy Week. Questions? Contact Christie Robinson: [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com)



**If you do not have children participating but would like to donate eggs for the hunt for children who might be visiting that day, or for a particular family in the parish, your donations are welcome! Please let Christie know.**

**Today we commemorate St. John Climacus** and his work “The Ladder of Divine Ascent,” both of which have had a great impact on the Holy Orthodox Church through their influence on the monastic community and on the Church at large. St. John was given the name “Climacus” because of his writings. “Climacus” means “ladder” and thus his name is a nod to the work by that name. From a very young age, John desired to serve God with all of his heart. He became a monk at the Mt. Sinai Monastery when he was only 16 years old, and he served there faithfully for years before going into the desert to live a hermit’s life.

The fight against the devil and his passions was difficult, but John faithfully prayed and focused on Christ, and over time he became holier because of his refusal to give in to those passions. His holiness drew people to John, and even monks would come to him to ask for advice. God gave him the gift to be able to help people who were severely tempted and/or upset to be at peace.

God used John to work some miracles during his lifetime. For example, one time his disciple Moses was far from their dwelling, searching for dirt for their garden, when he got very hot and tired, so he took a rest under a big rock. As this was happening, John was back at his cell, praying, when he had a revelation that Moses was in danger. John began to pray fervently for his disciple. Later in the evening, when Moses returned home, he told John that while he had been sleeping under the rock, he heard John calling him, so he woke up and moved quickly, just as the huge rock crashed down right where he had been sleeping! God had heard John’s prayers and saved Moses with this miracle.

Many years passed, and John continued to faithfully pray and read from the lives of the saints. He continued to live a holy life. At age 74, he was made the abbot at the Mt. Sinai Monastery. The monks there asked him to write down all of the rules that he’d followed for his whole life, so that they could follow his example. He wrote about thirty steps that can lead monks (and any Orthodox Christian) closer to God. He called the steps “The Ladder of Divine Ascent.” Although this book was written about 1,400 years ago, it is still considered the ultimate guide to the Christian ascetic life.

<http://ww1.antiochian.org/lenten-sundays-series-sunday-st-john-climacus>

## ***CELEBRATIONS THIS WEEK***

### **Wedding Anniversaries**

4/15 Robert & Leslee Kinman

### **Birthdays**

4/12 Gabriel Speier

4/14 Olga Marie Gabrie

4/15 Corie Sieck, Ysabella Madrigal

4/16 Maria Butler, Nicholas Butler

4/17 Giana Grace Brunner, Adriana deBruin

### **Patronal Feast Days**

4/16 St. Galena Paige Zidek

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)

Chase K. (military)  
Nick & Kristine J. (military)  
Steve T,  
Dn. John Y.  
Mitch D. Sr.  
Dn. Gary B.  
Harvey G.  
Stephen B.  
Kh. Erin K.  
Nina  
Dasha  
Wendy R.  
Bev R.  
Phyllis M.  
Christina & Anthony  
Lee Family  
Fr. Wayne W.  
Audrey  
Sarah G. and Family

Zack  
Keith  
Kent F.  
S. Washburn & Family  
L. Jacobs  
Scott L.  
Samantha and Chris N.  
Dan A.  
Doreen  
John S.  
Earle L.  
  
The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

### **For repose of the souls of:**

Fr. George M., Fr Jon-Stephen, Fr. Vladimir L., Jim R., Betty  
All who have died in the conflicts in Ukraine Africa & the Middle East  
Those who lost their lives in the explosion in Lebanon

## **ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

## **SAFETY PROTOCOLS—March 2021**

Metropolitan Joseph asks that we continue to adhere to the following:

- During services, please maintain at least 6 ft. of distance on all sides, including in the Communion line, and wear a mask that covers both YOUR MOUTH AND NOSE. (Families may sit together but should have six feet of space in front and behind them.

The Sunday Divine Liturgy is being broadcast in the hallway and on the patio for overflow crowd and for those who are not comfortable sitting inside the nave.

**Please do not linger inside the building after the services unless you are buying something from the Bookstore.**