



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, April 22, 2018

Tone 2 / Eothinon 4

Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathaea & Righteous Nicodemus



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, April 22-Sunday of Myrrhbearers

9:00 a.m. Religious Education 6-18 yr. olds
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
1:00 p.m. College/Young Adult
Fire on Father

Monday, April 23

6:45 a.m. Daily Paschal Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, April 24

2:30 p.m. Level I Catechesis
5:30 p.m. Daily Vespers

Wednesday, April 25

6:45 a.m. Daily Paschal Matins
12:00 p.m. Intercessory Prayer Group

Thursday, April 26

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:30 p.m. Youth Group Activity—
both groups

Friday, April 27

6:45 a.m. Daily Paschal Matins

Saturday April 28

9:30 a.m. Memorial service in front of
Planned Parenthood downtown
6:00 p.m. Vespers/Confession

Sunday, April 29-Sunday of the Paralytic

9:00 a.m. Religious Education 6-18 yr. olds
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

April 22 Dn. G. Braun
April 29 Kern
May 6 Hedges
May 13 Jacobs

Coffee Hour

April 22 D. McCalmont in memory of
Natalia Nikolenko Lambert
April 29 Angelina Speier in memory of
Kevin Speier
May 6 Dn. Scott & Karen Jacobs
in honor of St. Irene
May 13 Michael & Margaret Easbey

Greeters

April 22 K. & L. Jacobs
April 29 D. Washburn/D. Lewis
May 6 Lange/Andonian
May 13 Morrison/Genatone

Ushers

April 22 D. Lewis, C. Speier, J. King
April 29 D. Washburn, C. Berari, G. Shannon
May 6 S. Speier, P. Brunner, P. King
May 13 D. Meyer, R. Barre, D. Lewis

Readers

April 22 D. Alexander
April 29 R. Barre
May 2 V. Gish (Liturgy for Mid-Feast)
May 6 T. Harris
May 13 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

*The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds
“Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal
Troparion and censes the west side of the Altar Table.*

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and
unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the
tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the
tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give
glory to His praise!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe
before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High!
[Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of the Resurrection

Tone 2

(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea

Tone 2

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,

and placed it in a new tomb.
But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women

Tone 2

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory
Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to
Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)**

Tone 2

The Lord is my strength and my song. He has become my salvation.

Verse. The Lord has chastened me severely but He has not given
me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy and Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

Instead of “We have seen the true light, we sing: “Christ is risen” ONE time.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

He is risen indeed!

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahn!

Hakken kahn!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

CHANGE IN DAILY TRISAGION PRAYERS

1. From Pascha until Pentecost, do not say, "O Heavenly King..."
2. From Pascha until Ascension, replace "Holy God, Holy Mighty..." with "Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life."

THE "MEALS FOR NEW MOMS" MINISTRY is now being headed by Margaret Easbey. If you know of a new mom in the parish who could use some help with meals during the first few weeks after giving birth, please let Margaret know: cell 805-266-9110 or mveasbey@gmail.com.

THANK YOU TO CARLA BRUNSTEAD, who has taken on the role of liaison between the church and the landscape maintenance company.

PARISH COUNCIL CORNER

- The Parish Council approved a landscaping clean-up and plant replacement project, based on recommendations made by our landscape designer. She is working with our Festal Decorating team to plant some things that we will be able to use in decorating for feast days.
- It was suggested that we create a page on the parish website describing our landscaping in detail, since all of the trees and shrubs are not only drought tolerant but many were chosen because of their connection to the Holy Land or because of some spiritual significance.
- The Council will research the cost of glass protection over the large icons on the iconostasis, as a means of protecting our newly restored icons from future damage.
- The Council will research and take into consideration the hiring of a person to lead the College & Young Adult Ministry.
- The design/plan for the enlarged patio with a shade structure has gone back to the County with the modifications they required us to make. We are awaiting approval to begin construction.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

4/22 Owen J. & Monica Finley

Birthdays

4/22 Dn. Gary Braun, Elias Woodrow Hedges

4/24 Christie Robinson, Julianna Ballew, Sydney Hedges

Patronal Feast Days

4/23 **St. George the Great Martyr** Richard Ballew

4/25 **St. Mark the Evangelist** Mark Kern

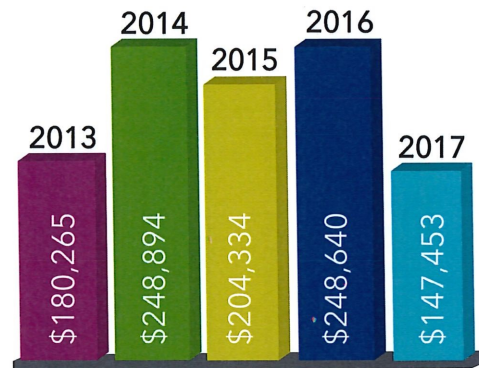
ANNUAL REPORT

2017

SAOC BUILDING FUND

2017 ACCOMPLISHMENTS

- \$76,836 principle paid
- Preserved \$100K in reserve
- Successful golf tournament
- Raised \$150,000 for kitchen from last 2 golf fundraisers
- Committee formed to explore options for our property



BUILDING FUND CONTRIBUTIONS

2018 GOALS

For 2018, our goals are to complete the patio improvements and submit plans for our kitchen build-out.

Many thanks to all who gave to the building fund last year. Please remember the building fund for 2018!

GOLF INCOME

2017

\$82,237

for more information visit
www.stathanasius.org

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

4/26/18 6:30-8:30 p.m.—Special Event/Combined Youth Group:
Meet for dinner at the church followed by Network Medical Event.

THE BENHAM BROTHERS: UNSHAKABLE

Two identical twin brothers, entrepreneurs and best-selling authors will share their rags to riches story of how their uncompromising Christian faith and integrity have helped them to fulfill their dreams and grow God's Kingdom.

THURSDAY, APRIL 26, 2018

7:00-8:30 P.M.

AT THE GRANADA THEATRE

ALL ARE WELCOME!

LET FR NICHOLAS KNOW IF YOU WOULD LIKE TO ATTEND!

5/3/18 Regular Youth Group times
5/10/18 Regular Youth Group times (Fire on Father)
5/17/18 Regular Youth Group times
5/24/18 Special Activity—Both groups from 6-8 p.m.
5/31/18 Regular Youth Group times



Youth Group Evening of Broomball—March 31, 2018

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
 Mother Victoria
 Met. Paul & Abp. John
 Fr. Romanos (O.C.M.C. priest, Congo)
 Fr. Jon Braun
 Dn. Richard E.
 Kh. Diane C.
 Fr. Patrick and Vanessa K.
 Greg & Margaret Y.
 Hoppe Family
 Gail S.
 Dean & Penny B.
 Angelina, Jase & Alina S.
 Rich and Susan B.
 Duane F.
 Galina, Nikolai & Nataliya

Joan T.
 Friesen family
 Ethan & Cole K.
 Tony C.
 Paul F. and Family
 Justin B.
 Fr. Anthony Y. and Family
 Tony E.
 Alma G.
 Guadalupe
 Phyllis M.
 John D.
 Fr. Wayne W. & Family
 Fr. Dimitrie V.
 Monsignor John Y.

Antonio
 Steve (Zach Brasel’s father)
 Gaylen C.
 Zac B.
 Dotte G.
 Fay Y.
 Terri Lynn & Hannah Rose
 Lauren
 Cheryl G.
 Jerry J.
 All those suffering and
 in danger in Ukraine,
 Africa, and the Middle East

For repose of the souls of: Bette F., Merrily M., Alyson, Dawn
 All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

 * **ST. ATHANASIUS BOOK CENTER** *
 * The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, *
 * etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books *
 * are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or *
 * chain. Payment should be made at time of purchase and placed in brown lockbox on wall next *
 * to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in *
 * the rack are FREE, as are the 12-month liturgical calendars.) *
 *
 * **All proceeds go to the parish Building Fund.** *
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THE MYRRHBEARERS

