



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

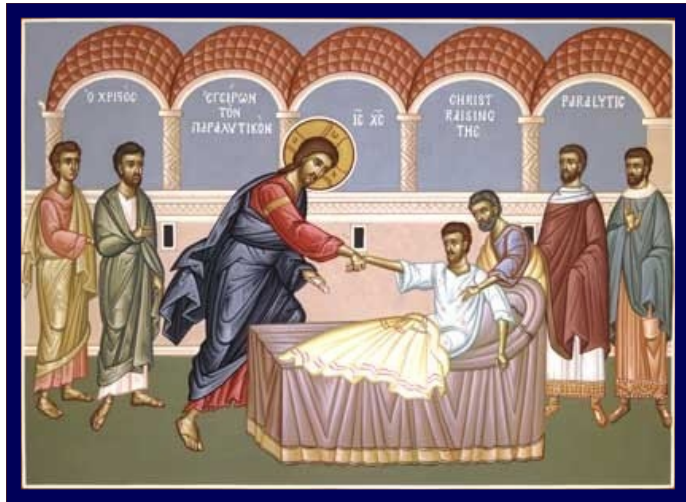
Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 10, 2020

Tone 3 / Eothinon 5; Fourth Sunday of Pascha
Sunday of the Paralytic
Apostle Simon the Zealot; Venerable Laurence of Egypt



CALENDAR FOR THE WEEK

Sunday, May 10—PARALYTIC HAPPY MOTHER'S DAY!

LIVE STREAMED ON FACEBOOK PAGE

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

Wednesday, May 13—MID-PENTECOST

12:00 p.m. Intercessory Prayer Ministry will meet by Zoom. (Contact Dorothy Alexander if you would like to participate: dotalexander@westmont.edu)

Thursday, May 14

7-9 p.m. Youth Group will meet by Zoom.

(Contact Michael Easbey if you want the link and password: measbey@gmail.com)

Friday, May 15

5:00 p.m. Akathist to Our Sweetest Lord Jesus on Zoom (Contact Dorothy Alexander if you would like to participate: dotalexander@westmont.edu)

Sunday, May 17—Samaritan Woman

LIVE STREAMED ON FACEBOOK PAGE

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

Fr. Nicholas will give Confession and/or Communion by appointment this coming week. Please read the pre-Communion prayers at home in preparation for receiving the Eucharist.

Please note:

We have received some new directives from our Metropolitan regarding how to move into Phase One of welcoming our parishioners back into the liturgical and sacramental life of the Church. We hope to be able to initiate a schedule of services beginning the week of May 18th that will enable parishioners to attend services during the week in small groups, and to receive Confession and Communion.

Our Archdiocese has partnered with other Orthodox jurisdictions and Christian communities in petitioning the governor of California for a revision of state policies that do not consider clergy essential workers nor communal worship an essential act. **In the meantime, the Metropolitan asks that we abide by our local and state authorities regarding gatherings.**

We are thankful for everyone's patience, vigilance and prayers. We look forward to gathering again soon, even if it is in small groups for awhile. As always, we will keep you posted and will let you know as soon as we are able to move into Phase One.

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion (“Christ is risen...”) and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

In the gathering places bless ye God the Lord from the Springs of Israel.

O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!

**Troparion of the Resurrection
(Music on p. 44 of Liturgy book)**

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for the Paralytic**Tone 3**

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You:
“Glory to Your power, O compassionate Christ!”

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory
Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace
to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 58 of Liturgy Book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING

Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had

withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy—for Thomas Sunday

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

Instead of "We have seen the true light," we sing "Christ is risen..."

ANNOUNCEMENTS

CHANGE IN DAILY TRISAGION PRAYERS:

1. From Pascha until Pentecost, omit "O Heavenly King..."
2. From Pascha until Ascension, replace "Holy God, Holy Mighty..." with "Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life." (3 times)

A SPECIAL THANK YOU...

...to the many women in our parish who contributed to the special collection for Fresh Start bags. We were able to donate over \$1600 to help young women who want to get out of a life of sex trafficking and "start fresh."

...and to those who have given to the Pastor's Fund to help those in need during this pandemic. We have helped many people and organizations thus far, including 3 monasteries, 1 church, 5 charitable organizations/ministries, and 8 families. If you know of anyone in particular need, please let Fr. Nicholas know.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Ryder H.	Elliott and Family
Mother Victoria	Kent F.	Mitch D. Sr.
Met. Paul & Abp. John	Bob N.	Lorena
Fr. Jacob	Fr. Jon-Stephen H.	Samantha S.
Mother Christophora	Cole K. (military)	Margie N.
Fr. Jon B.	Jeremiah H. (Airforce Academy)	Jeff
Joseph B.	Lauren K. (military)	
Dn. Richard E.	Chase K. (military)	The Ethiopian Orthodox Church
Kh. Diane C.	Jeff H.	All those suffering and
Greg & Margaret Y.	Steve T.	in danger in Ukraine,
Hoppe Family in Albania	Bonita M.	Africa, and the Middle East
Joseph Wm. B. in Kenya	Olga Marie G.	
Duane F.	Dn. John Y.	Please pray for the raising up and
Richard and Susan B.	Azalea, Dahlia, Dominic, Rose	support of long-term missionaries from
Zac B.	Roger R.	our parish.
Kh. Carla Z.	Glenn F.	
Vanessa K. and son Anthony	Loretta V.	
Monsignor J. Yanek		

For repose of the souls of:

Vera, Jeff H., Fuddah S

All who have died in the conflicts in Ukraine Africa & the Middle East

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

5/12 Jim & Gloria Morrison, Larry & Cheryl Lander

Birthdays:

5/11 Benny Madrigal, Brett Williams

5/14 Brian Sieck

Patronal Feast Days

5/16 St. Brendan the Navigator Morgan West