



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)
Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
Mary Denny
David Dillon
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 20, 2020

Tone 6 / Eothinon 4

Sunday after the Elevation of the Holy Cross

Great-martyr Eustathios and his Family;
Venerable-martyr Hilarion of St. Anne Skete on Athos;
Venerable John of Crete; Martyrs Michael, Prince of Chernigov,
and his Councilor Theodore



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, September 20

Blessing of Students & Teachers

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. “Holy Heroes: Stories of Awe
and Wonder” for children
ages 3 yrs—Kindergarten
11:45 a.m. Welcome Reception for
Fr. Symeon & Family

Monday, September 21

6:45 a.m. Daily Matins
5:00 p.m. Akathist by Zoom
7:00 p.m. Men’s Firepit

Tuesday, September 22

5:30 p.m. Daily Vespers with Canon of
Reconciliation from the
Fellowship of St. Moses the Black

Wednesday, September 23

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, September 24

10:00 a.m. Showers of Blessing
(no refreshments served by our team yet)
5:30 p.m. Daily Vespers
6-7:30 p.m. Jr. High Youth Group
6:30-8 p.m. High School Youth Group

Friday, September 25

6:45 a.m. Daily Matins
6:00 p.m. Great Vespers and Litia for
Feast of St. John the Theologian

Saturday, September 26

Feast of St. John the Theologian

6:00 p.m. Great Vespers/Confessions

Sunday, September 27

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. “Holy Heroes: Stories of Awe
and Wonder” for children
ages 3 yrs—Kindergarten

**Fr. Nicholas will continue to give Confession
and/or Communion by appointment.**

**Fr. Nicholas & Kh. Jan will be away
September 20-24.**

Sunday Morning Ministries Schedule

EUCCHARIST BREAD

Sept. 20	Sieck
Sept. 27	Morrison
Oct. 4	Cocores
Oct. 11	D. Washburn

READERS

Sept. 19	D. Meyer
Sept. 20	Rdr. H. Lange
Sept. 27	Rdr. J. Butler
Oct. 4	M. Braun
Oct. 10	Rdr. M. Kern (Vespers)
Oct. 11	Rdr. V. Gish

USHERS

Sept. 20	C. Speier, S. Speier
Sept. 27	D. Washburn, M. Loulias
Oct. 4	P. King, J. King
Oct. 11	C. Berari, D. Meyer

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

First Antiphon verses for the Feast of the Cross with refrain:

Vs. O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

First Antiphon

Serbian Chant
arr. P. Drobac

Tone 2

Melody

Ison

Through the prayers_ of the The - o - to - kos, O

Sav-iour, save_____ us! save_____ us!

Final refrain ending

My God, I will cry by day, and wilt Thou not hearken? But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. **[Refrain]**

Vs. Glory...now & ever...Amen. **[Refrain]**

Second Antiphon verses for the Feast of the Cross & refrain

Vs. O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

Second Antiphon

Tone 2

Melody

Ison

O Son of God,_____ cru - ci - fied_ in_ the_ flesh,

save us who_ sing to You:_____ "Al - le - lu - ia!"

Vs. This is Mount Zion wherein Thou hast dwelt. **[Refrain]**

VS. God is our King before the ages, He hath wrought salvation in the midst of the earth.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON verses for the feast of the Cross (MUSIC ON NEXT PAGE)

Vs. The Lord is king, let the peoples rage; He sitteth on the Cherubim,
let the earth be shaken.

Refrain:

**O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.**

Vs. The Lord is great in Zion, and He is high above all peoples.

Vs. Let them confess Thy great Name, for it is terrible and holy.

LITTLE ENTRANCE

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

**Troparion of the Holy and Life-giving Cross
(MUSIC ON NEXT PAGE)**

Tone 1


O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.

Troparion Elevation of the Cross

Tone 1 Byzantine


Priest Mark Sahady
arr. by Priest John Finley

Soprano
Alto



O Lord, save Thy peo - ple and bless_ Thine in - her - i - tance,

Tenor
Bass



S.
A.




grant - ing vic - to - ry ov - er all ad - ver - sar -

T.
B.

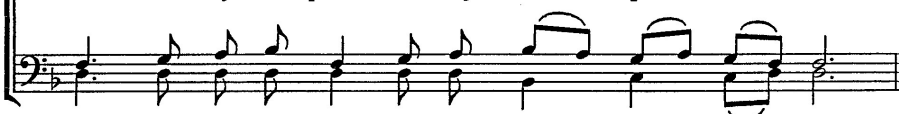


S.
A.



ies. And by the pow'r of Thy Cross pro - tect_ us.

T.
B.



Troparion of Eustathius and His Family

Tone 4

Your holy martyr Eustáthius and his wife and sons, O Lord,
through their sufferings have received incorruptible crowns from You, our God.
For having Your strength, they laid low their adversaries,
and shattered the powerless boldness of demons.//
Through their intercessions, save our souls!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Cross**Tone 4**

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

Galatians 2:16-20

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

Alleluia before the Gospel**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)**Verse:** He gives great deliverance to His King, and shows mercy to His anointed,
to David and his seed forever. (*Ps 17/18:50*)**Mark 8:34-9:1**

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

LITURGY OF THE FAITHFUL**Meglynarion (Hymn to the Mother of God) for the feast of the Cross**

You are a mystical paradise, O Birthgiver of God, in which Christ blossomed.
Through Him, the life-bearing wood of the Cross was planted on earth.
Now, at its elevation, as we bow in worship before it, we glorify You.

Hymn sung as the clergy receive the Eucharist for the feast of the Cross

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
The light of Your countenance has shone on us, O Lord. (*Ps 4/5:6*) Alleluia (3x)

**A PRAYER FOR PROTECTION
AND HEALING**

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in Thine ineffable goodness, look down upon us, Thy people gathered in Thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord Who lovest mankind, deliver us from this Corona Virus. Send Thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and frontline workers and preserve those who are healthy. Heal the wounds in our society created by racial tensions, bringing us all to a true love of neighbor. Enable us to continue to serve our suffering brothers and sisters in peace, that together we may glorify Thy most honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

ANNOUNCEMENTS

- **Fr. Nicholas & Jan will be away September 20-24.**
- **TODAY THERE WILL BE A BLESSING FOR ALL TEACHERS AND STUDENTS** at the end of the Liturgy.
- **SINCERE CONDOLENCES** to Howard Lange, whose father, Melvin, passed away on September 12th. May God forgive him and give him rest.
- **THIS MONDAY EVENING, SEPTEMBER 21, the Men's Firepit** gathering will take place at 7:00 p.m. at the home of Troy and Carla Harris.
- **THE AKATHIST SERVICE (VIA ZOOM) that was on Fridays last semester has been moved to Mondays at 5:00 p.m. from now through the end of October.** If you want to participate, contact Dorothy Alexander at dotaalexander@westmont.edu.
- **CANON FOR RACIAL RECONCILIATION**
For the rest of the Tuesdays of September, we will pray the Canon of for Racial Reconciliation during Daily Vespers at 5:30 p.m. The text to the Canon can be found at: <http://mosestheblack.org/resources/canon/>
- **THIS FRIDAY EVENING AT 6:00 p.m.** we will celebrate Great Vespers with Litia and Artoklasia for the Feast of St. John the Theologian.
- **ON SATURDAY, OCTOBER 3rd at 4:30 p.m. WE WILL BEGIN AN ORTHODOX STUDY GROUP.** This class will cover a wide variety of topics, and is open to all adults 18 years and older. It is not our regular Catechism class, but inquirers and catechumens are invited and strongly encouraged by the clergy to attend as a part of their preparation. More information to come.

FRIENDLY REMINDER:

We ask that those attending services continue to wear facial masks. If you decide not to wear a mask, we ask that you stay a **SIGNIFICANT DISTANCE** from the rest of those present at worship services. Please continue to observe **SOCIAL DISTANCING** during services, **IN THE COMMUNION LINE**, and while socializing after services.

We will continue to practice the same safety protocols that we have been observing since June until we receive other guidelines from our Metropolitan and local health authorities. Thank you so much for your patience and cooperation.

SUNDAY RELIGIOUS EDUCATION FOR YOUR YOUTH

CATECHESIS OF THE GOOD SHEPHERD (ATRIUM) FOR CHILDREN GRADES 1-6 BEGINS TODAY!

You should have received an email from Joanne Gish with important details for this year's religious education program. If not, please email her at jgish@westmont.edu.

CATECHESIS LEVELS II AND III

Level II (grades 1-3) and LIII (grades 4-6) will meet *in person* this fall on Sundays from 9:00-10:00 a.m.

CATECHESIS LEVEL I

Level I will NOT meet this semester on Tuesdays. The Level I catechists will be visiting each of the children at home this semester on a monthly basis to do personal presentations.

BEGINNING TODAY for the TOTS:

On Sundays right after the dismissal at the end of the Liturgy, Fr. Symeon will meet with the Level I children (ages 3-6 years) for “Holy Heroes: Stories of Awe and Wonder.” He will do a very brief teaching on a saint or Biblical story relevant to the church calendar.

SUNDAY RELIGIOUS EDUCATION FOR TEENS will begin the first Sunday of October, and will take place right after the Eucharist.

JOIN US TODAY AFTER THE LITURGY

for a brief Welcome Reception
for

Fr. Symeon, Kh. Cayce-Marie & Niko Halsell!



Beverages
Cupcakes by Lucy & Company
Music & More!

**WE HONOR and THANK the
TEACHERS/EDUCATORS
IN OUR PARISH**

**for their heroic efforts during this pandemic
in adapting to the online classroom,
teaching in new and innovative ways, and caring deeply about
the welfare of their students and students' families!**

Subdn. Stephen Butler
Mary Denny
Margaret Easbey
Steve Gross
Julie Gross
Carla Harris
Liz Hoppe
Lara Jacobs
Gloria Morrison
Delaney Newhouse
Timmy Palmer
David Vander Laan



**GOD BLESS OUR RELIGIOUS EDUCATION STAFF
FOR THE COMING SCHOOL YEAR!**

Joanne Gish—Catechesis Coordinator & Level II Catechist
Jane Meyer—Level III Catechist
Carla Harris & Kate Vander Laan, Level I Catechists
Catechesis Assistants: Dorothy Alexander, Asia Ballew, Kristi King

TEEN CLASS:

Craig Speier assisted by Gianni Madrigal, Tatiana Speier, and Elleney King

**...And God bless all of our parents who have been home
schoolers and classroom supervisors
for the past SIX months!**

FINANCIAL SNAPSHOT—January-August, 2020

Goal for Tithes January-August, 2020	\$ 313,547
Actual Tithes January-August, 2020	\$ 347,151

Building Fund Goal for Jan.-August, 2020	\$ 112,960
Actual Building Fund donations Jan.-August, 2020	\$ 94,123

Monthly tithe goal	\$39,193
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Tithes received per month:

January	\$30,384	May	\$33,572
February	\$85,781	June	\$26,607
March	\$39,386	July	\$47,946
April	\$33,096	August	\$50,380

Total operating income for 8 months	\$383,483
Total operating expenses for 8 months	\$347,996

For the first 8 months, we are operating at \$20,000 less than budgeted. That includes some one-time off-budget expenses such as bookshelves for the new library.

CELEBRATIONS THIS WEEK

Birthdays

9/20	Dan Braun
9/21	Alexis Rae Florez
9/22	Alec de Bruin

Patronal Saint Feast Days

9/24	St. Thekla the Protomartyr	Courtney Shannon, Melissa Braun, Kh. Jan Finley
9/25	St. Sergius of Radonezh	Brian Sieck
9/26	St. John the Theologian	Douglas Meyer, Johnnie Heiduk, Robert Rauchhaus

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Zac B.
Monsignor J. Yanek
Kent F.
Bob N.

Fr. Jon-Stephen H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Michael K.
David W.
Dn. Gary B.
Harvey G.
Stephen B.
Kris F.

Dn. Gary B.

The Ethiopian Orthodox Church
The Church & people in Lebanon

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Melvin L., Fr. Raphael J., Bonita M., Manuel
All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.