



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
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Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

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Teen Program Coordinator

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Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 23, 2018

Tone 8 / Eothinon 6;

**Conception of the Forerunner and Baptist John
& First Sunday of Luke**

Martyr Raidos of Egypt;
New-martyrs Nicholas the Grocer and John of Brachorion;
Venerable Xanthippa and Polyxena of Spain



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, September 23

Blessing of Ministry Leaders & Parish Council

9:00 a.m. Religious Ed. Grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
1:00 p.m. College/Young Adult Fire on Father

Monday, September 24

6:45 a.m. Daily Matins
5:00 p.m. Outreach dinner at St. Michael's
Church in Isla Vista

Tuesday, September 25

4:00 p.m. Catechesis Level One

NO VESPERS

Wednesday, September 26

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group

Thursday, September 27

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, September 28

6:45 a.m. Daily Matins
4:45 p.m. Weekly Akathist at Westmont
College in the Chapel

Saturday September 29

6:00 p.m. Vespers/Confession

Sunday, September 30

Blessing of Chanters & Choir Members

9:00 a.m. Religious Ed.—grades 1-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy/Trisagion Prayers for
His Grace, Bishop ANTOUN
11:45 a.m. Coffee Hour
12:30 p.m. Coffee Hour Team Meeting
4:00 p.m. St. Barbara Monastery Friends

**Fr. Nicholas & Jan will be
away September 24-25.**

Sunday Morning Ministries Schedule

Eucharist Bread

September 23 Jacobs
September 30 Kern
October 7 Fr. Nicholas
October 14 Sieck

Coffee Hour

September 23 Harris
September 30 CHOIR
October 7 Cocores/Loulias
October 14 NEED A HOST

Greeters

September 23 Morrison/Genatone
September 30 P. King/K.P. King
October 7 K & L Jacobs
October 14 H. Lange/L. Baker

Ushers

September 23 D. Lewis, C. Speier, J. King
September 30 D. Washburn, C. Berari, G. Shannon
October 7 S. Jacobs, P. Brunner, P. King
October 14 D. Meyer, D. Lewis, C. Speier

Readers

September 23 Rdr. H. Lange
September 30 D. Meyer
October 7 D. Washburn
October 14 R. Barre

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Today the choir will be introducing some new music during the Liturgy of the Word.

GREAT LITANY

1 Lord, have mer - cy. Lord, have mer - cy. nazo zakkak

2 Lord, have mer - cy. Lord, have mer - cy.

3 Lord, have mer - cy. Lord, have mer - cy.

4 Lord, have mer - cy. Lord, have mer - cy.

6 Most holy The - o - - - kos, save us.

To Thee, O Lord. A - - - men.

The musical score is written for Soprano/Alto and Tenor/Bass. It consists of six numbered sections. Section 1 is a two-measure phrase: 'Lord, have mer - cy. Lord, have mer - cy.' with a circled '1' above the first measure and a circled '2' above the second measure. Section 2 is identical to section 1. Section 3 is identical to section 1. Section 4 is identical to section 1. Section 6 is a two-measure phrase: 'Most holy The - o - - - kos, save us.' with a circled '6' above the first measure. The final system is a two-measure phrase: 'To Thee, O Lord. A - - - men.' with a circled '6' above the first measure. The lyrics are in English, with the Greek phrase 'nazo zakkak' appearing at the end of the first system. The music is in a simple, homophonic style with a bass line consisting of sustained notes and a soprano line with moving eighth and quarter notes.

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written on a treble clef staff with a key signature of one flat (B-flat). The Tenor and Bass parts are written on a bass clef staff with the same key signature. The lyrics are: "Through the in - ter - cess - ions of the The - o - to - kos, nazo zakkak". A checkmark is visible at the end of the Soprano line.

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written on a treble clef staff with a key signature of one flat (B-flat). The Tenor and Bass parts are written on a bass clef staff with the same key signature. The lyrics are: "O Sav - ior save us." The Soprano part ends with a double bar line and a fermata.

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

SECOND ANTIPHON REFRAIN

nazo zakkak

Soprano Alto

O Son of God, Who art ris - en from the dead, ✓

Tenor Bass

Soprano Alto

save us who sing to Thee, al - le - lu - ia.

Tenor Bass

**Chanter: Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.**

Only Begotten Son

nazo zakkak

Soprano Alto

On - ly Be - got - ten Son and Word of God, Who

Tenor Bass

Soprano Alto

art im - mor - tal, ✓ who for our sal - va - tion

Tenor Bass

S
A
willed to be in - car - nate of the Ho - ly The - o - to - kos and
T
B

S
A
ev - er - vir - gin Mar - y, who with - out
T
B

S
A
change be - came man and wast cru - ci - fied,
T
B

ritardando
S
A
O Christ our God, and tram - pled down death by death,
T
B
ritardando

a tempo
S
A
who art One of the Ho - ly Trin - i - ty,
T
B
a tempo

cresc.
S
A
glo - ri - fied to - geth - er with the Fa - ther and the
T
B
cresc.

S
A
Ho - ly Spir - it, *ff* save us.
T
B

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER
THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion for Conception of St. John the Baptist

Tone 4

Rejoice, O barren one, who formerly did not bear a child,
for you have conceived the Lamp of the Sun, Who is to illumine
the whole universe darkened by blindness!
Rejoice, O Zachariah,
and cry out with boldness:
“The Prophet of the Most High desires to be born!”

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 7

Reader: The righteous shall rejoice in the Lord and shall hope in Him. (*Ps 63/64:10*)

Choir: The righteous shall rejoice in the Lord and shall hope in Him. (*Ps 63/64:10*)

Reader: Hear my voice, O God, in my complaint; preserve my life from dread of the enemy.

People: The righteous shall rejoice in the Lord and shall hope in Him. (*Ps 63/64:10*)

Reader: The righteous shall rejoice in the Lord ... (*Ps 63/64:10*)

People: ...and shall hope in Him.

**EPISTLE READING (For the Conception of John the Baptist)
Galatians (4:22-27)**

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married."

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)**

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING

Luke (5:1-11)

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)
The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (Ps 111/112:6)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the*

*priest is aware of this, please just say,
"Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Annual Autumn Ministry Leaders Meeting Saturday, September 15, 2018



A Heartfelt Thank you...

Our family would like to thank everyone from our church community who has supported us in prayer throughout Dean's long illness. Although we will miss him, we are so grateful he is finally at peace, no longer constrained by his failing mind and body. A special thanks to Fr. Nicholas for his faithfulness to Dean, Valerie Yova and the entire choir, Verne Gish, Jim Morrison, Catherine Braun, Jan Speier, Mary Gish, Doug King, and Brian Sieck for special music. Tyler Speier for the extraordinary flowers; Grandson Brett, Olivia Barroca and Judy Braun for photography and my selfless and all capable daughter, Jami, who made sure all details were handled in a timely manner and tirelessly helped Brett with Dean's video. Also for Fr. Jon Braun who was Dean's mentor as well as his beloved friend and painting partner, Dean's niece Corie Sieck, Marilyn Brunner his cousin, and Dan Braun his dear and close friend, who all added so much depth and humor speaking about Dean after our Trisagion prayers. And to everyone else who helped make his funeral, graveside service and beautiful reception such a wonderful celebration of his life and homegoing. Memory Eternal!

- Penny Brunner and Family



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

FR. NICHOLAS AND JAN WILL BE AWAY SEPTEMBER 24-25.

ALL MINISTRY LEADERS AND PARISH COUNCIL MEMBERS will receive a special blessing at the end of the Divine Liturgy TODAY.

ADULT CATECHISM BEGINS on Saturday, September 29th from 4:30-6:00 p.m.

AKATHIST TO SWEET JESUS ON FRIDAYS AT WESTMONT COLLEGE

Dorothy Alexander and Zak Landrum are leading a group of Westmont students who are gathering on Friday evenings at 4:45 p.m. to pray the beautiful Akathist to Sweet Jesus. Some of our parish members who are on the faculty and staff and/or who live in the neighborhood have also joined them. All are welcome. Please note the parish calendar for Fridays when they will not meet due to holidays.

DONATED CLOTHING

The Showers of Blessing ministry is still in need of clothing, however they are asking for **ONLY JEANS, T-SHIRTS and HOODED SWEATSHIRTS. No women's clothing, please, and no dress clothes.** Donated clothing should be put in the area by the copier (the hallway between the two offices) and **CLEARLY MARKED for either the Showers or Christmas.**

TO SIGN UP ONLINE TO HOST A COFFEE HOUR IN 2018—19, GO TO:

<http://www.stathanasius.org/coffee-hour/>

You can also contact Suzi Wiley: suziwiley@cox.net Cell: 805-448-2787

PARISH COUNCIL CORNER

The Parish Council kicked off the new Liturgical Year with a dinner meeting and orientation for new members on Wed., Sept. 12. Please note the following:

1. A sub-committee headed by Cheryl Washburn-Lander has approved the basic layout and appliances for the warming kitchen, and this has been given to the architect so that drawings can be rendered and submitted to the County for approval. Best case scenario for start of construction is 7-9 months, but it could be longer, depending upon the permitting process.
2. A sub-committee was appointed to review and revise a number of older policies and procedures and to bring them back to the Parish Council for endorsement, including:
 - Policy on advertising/marketing to parish members of events, products or services that are not related to the parish.
 - Policy on extended parking in the church parking lot.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

9/28 Michiel & Andrea de Bruin

Birthdays

9/24 Katy AbuGhazaleh, Paul Franzen

9/27 Gianni Madrigal, Sherie Shackelford

9/28 Amanda Morrison, Jessica Berari, Dn. John Young

9/29 Nicole Berari, Elijah Landrum

Patronal Saint Feast Days

9/24 **St. Thekla the Protomartyr** Courtney Shannon, Melissa Braun,
Kh. Jan Finley

9/25 **St. Sergius of Radonezh** Brain Sieck

9/26 **St. John the Theologian** Douglas Meyer, Johnnie Heiduk

9/28 **St. Jerome** Tyson Shackelford

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.

and High School teens meet from 6:30-8:30 p.m.

on Thursdays in the Teen Room at the church, unless noted otherwise.

9/27 Regular Youth Group times

10/4 Regular Youth Group times

10/11 Regular Youth Group times

10/18 Regular Youth Group times

10/25 Regular Youth Group times

10/31 - WEDNESDAY NIGHT

All Hallow's Eve Party

Both groups at 6pm—location TBA

INVITING ALL PARISH MEMBERS...

We need your input as we begin a strategic planning process to set our goals for the next five years.

Please join us for an **important**

PARISH FAMILY GATHERING

Sunday, October 7th

4:00-6:00 p.m.—Meeting of all members

Teens are welcome!

**6:00 p.m.—Supper on the patio
& ice-cream brownie sundaes**

Childcare will be available during the meeting.

We will divide into several focus groups and engage in discussion about topics specific to each group.

Fr. Nicholas will then share with us the overall **VISION** for our parish, those basic values and beliefs that guide all of our other decisions, activities, ministries, expenses and building project.

There will be an opportunity for questions and clarification about the vision.

Keep an eye out for an E-vite to this parish gathering.

Please R.S.V.P. to the E-vite so that we know how many to plan for.

It is very important that we begin this process with as much participation as possible from our parish family, including members of ALL ages and generations.

May God grant us wisdom as we celebrate our past and prepare for the road ahead!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Romanos (O.C.M.C. priest, Congo)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Gail S.
Penny B. and Family
Duane F.
Joan and Steve T.
Friesen family

Ethan & Cole K.
Tony E.
Fr. Dimitrie V.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Jerry J.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Gabriel M.
Devin

Kh. Carla Z.
Sharmaine & Emma
Sue & Tim B.

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

For repose of the souls of:

Dean B., Kevin A.

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

**Thank you, thank you, thank you
...to all of our parishioners who
supported our
2018 Howard Shannon Golf Tournament!
A report will follow soon.**



**Blessing of Students and Teachers
September 16, 2018**

