



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 4, 2020

Tone 8 / Eothion 6;

**Seventeenth Sunday after Pentecost
& Second Sunday of Luke**

Hieromartyr Hierotheos, Bishop of Athens;

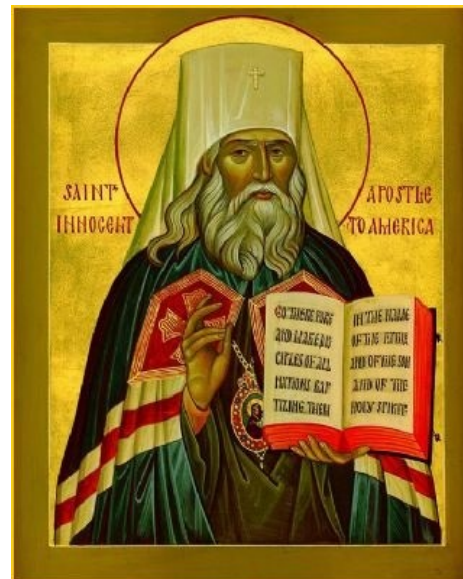
Hieromartyr Peter of Capitolia in Syria;

Martyrs Domnina and her Daughters of Syria;

Gurios, First Archbishop of Kazan

and Barsanouphios, Bishop of Tver;

and Martyrs Stephen (Stiljanovich) and Elizabeth of Serbia



GLORIFICATION OF ST. INNOCENT OF ALASKA—OCTOBER 6

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

**Fr. Nicholas and Kh. Jan will be away
from October 8-14.**

Sunday, October 4

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. "Holy Heroes: Stories of Awe
and Wonder" for children age 3-K
11:30 a.m. **TEEN RELIGIOUS ED. BEGINS**

Monday, October 5

6:45 a.m. Daily Matins
5:00 p.m. Akathist by Zoom

Tuesday, October 6

St. Innocent of Alaska, Apostle Thomas
5:30 p.m. Daily Vespers

Wednesday, October 7

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, October 8

7:45 a.m. Akathist by Zoom
10:00 a.m. Showers of Blessing
(no refreshments served by our team yet)
5:30 p.m. Daily Vespers
6-7:30 p.m. Jr. High Youth Group
6:30-8 p.m. High School Youth Group

Friday, October 9

6:45 a.m. Daily Matins

Saturday, October 10

4:30 p.m. Orthodox Study for Adults
6:00 p.m. Great Vespers/Confessions

Sunday, October 11

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. "Holy Heroes: Stories of Awe
and Wonder" for children ages 3-K
11:30 a.m. Teen Religious Education

**Fr. Nicholas will continue to give Confession
and/or Communion by appointment.**

Sunday Morning Ministries Schedule

EUCCHARIST BREAD

Oct. 4 Cocores
Oct. 11 D. Washburn
Oct. 18 Fr. Nicholas
Oct. 25 M. Kern

READERS

Oct. 4 M. Braun
Oct. 10 Rdr. M. Kern (Vespers)
Oct. 11 Rdr. V. Gish
Oct. 18 Rdr. H. Lange
Oct. 25 D. Meyer

USHERS

Oct. 4 P. King, J. King
Oct. 11 C. Berari, D. Meyer
Oct. 18 C. Speier, S. Speier
Oct. 25 D. Washburn, M. Loulias

A PRAYER FOR PROTECTION AND HEALING

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in Thine ineffable goodness, look down upon us, Thy people gathered in Thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord Who lovest mankind, deliver us from this Corona Virus. Send Thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and frontline workers and preserve those who are healthy. Heal the wounds in our society created by racial tensions, bringing us all to a true love of neighbor. Enable us to continue to serve our suffering brothers and sisters in peace, that together we may glorify Thy most honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 8 Byzantine melody

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING
2 Corinthians 6:16-7:1

Brethren, we are the temple of the living God; as God said, “I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them,” says the Lord, “and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters, says the Lord Almighty.” Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING
Luke 6:31-36

The Lord said: “As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful.”

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1*) *Alleluia!*

FRIENDLY REMINDER:

We ask that those attending services continue to wear facial masks. If you decide not to wear a mask, we ask that you stay a **SIGNIFICANT DISTANCE** from the rest of those present at worship services. Please continue to observe SOCIAL DISTANCING during services, IN THE COMMUNION LINE, and while socializing after services. We will continue to practice the same safety protocols that we have been observing since June until we receive other guidelines from our Metropolitan and local health authorities. Thank you so much for your patience and cooperation.

CELEBRATIONS THIS WEEK**Wedding Anniversaries**

10/4 Corina and Adrian Berari
10/07 Benny & Michelle Madrigal

Birthdays

10/6 Holden Dillon, Todd Easbey
10/8 Troy Harris
10/9 Jason Wallace, Jennifer Speier
10/10 Michiel de Bruin

Patronal Feast Days

10/6 **Apostle Thomas** Thomas Ballew, Thomas Johnson, Craig Speier

ANNOUNCEMENTS

- **TEEN RELIGIOUS EDUCATION** begins today after the Eucharist.
- **Fr. Nicholas and Kh. Jan will be away from October 8-14. If you have an emergency, please contact Fr. Symeon.**
- **THERE ARE LOTS OF NEW PHOTOS ON THE SLIDESHOW** on the homepage of our parish website. Check it out: www.stathanasius.org
- **ON SATURDAYS AT 4:30 p.m., ALL ADULTS ARE INVITED TO ATTEND AN ORTHODOX STUDY GROUP.** This class will cover a wide variety of topics, and is open to all adults 18 years and older. It is not our regular Catechism class, but inquirers and catechumens are invited and strongly encouraged by the clergy to attend as a part of their preparation.

UPCOMING TOPICS for ORTHODOX STUDY GROUP

October 10

“Prayers for the Departed.”

October 17

“The One, Holy, Catholic and Apostolic Church.”

- **THE AKATHIST SERVICE (VIA ZOOM)** that was on Fridays last semester has been moved to Mondays at 5:00 p.m. and Thursdays at 7:45 a.m. from now through the end of October. If you want to participate by ZOOM, contact Dorothy Alexander at: dotalexander@westmont.edu.

LOVE YOUR ENEMY (Wisdom from St. John Chrysostom)

- Do not begin with the injustice.
- Do not vindicate yourself.
- Do not retaliate. (Quiet yourself.)
- Give up more than the other/take the High Road.
- Do them good.
- Do not hate. (Anger is the enemy.)
- Pray for them.
- Love them.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Zac B.
Monsignor J. Yanek
Kent F.
Bob N.

Fr. Jon-Stephen H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Michael K.
David W.
Dn. Gary B.
Harvey G.
Stephen B.
Kris F.

Dn. Gary B.

The Ethiopian Orthodox Church
The Church & people in Lebanon

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Melvin L., Fr. Raphael J., Bonita M., Manuel
All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.