



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)
Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
Mary Denny
David Dillon
Zak Landrum

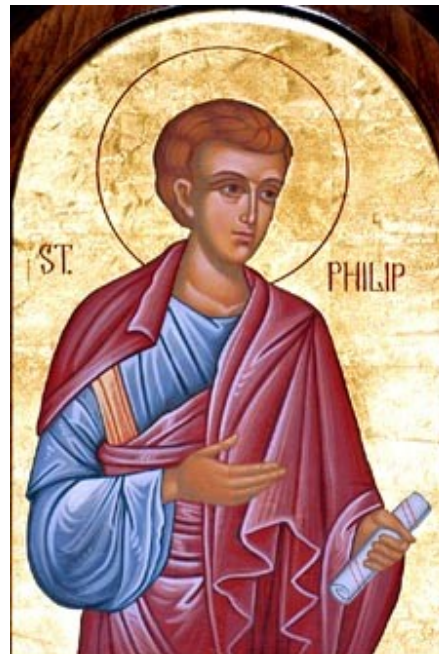
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 11, 2020

Tone 1 / Eothion 7

**Sunday of Holy Fathers of the Seventh
Ecumenical Council
& Fourth Sunday of Luke**

Apostle Philip of the Seventy, one of the Seven Deacons;
Venerable Theophanes the Branded;
Nektarios, Arsakios, Sisinius and Philotheos Kokkinos, Patri-
archs of Constantinople;
Venerable Jonah of Cyprus



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

**Fr. Nicholas and Kh. Jan will be away
from October 8-14.**

Sunday, October 11

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. "Holy Heroes: Stories of Awe
and Wonder" for children age 3-K
11:30 a.m. Teen Religious Education

Monday, October 12

6:45 a.m. Daily Matins
5:00 p.m. Akathist by Zoom

Tuesday, October 13

5:30 p.m. Daily Vespers

Wednesday, October 14

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, October 15

7:45 a.m. Akathist by Zoom
10:00 a.m. Showers of Blessing
(no refreshments served by our team yet)
5:30 p.m. Daily Vespers
6-7:30 p.m. Jr. High Youth Group
6:30-8 p.m. High School Youth Group

Friday, October 16

6:45 a.m. Daily Matins

Saturday, October 17

4:30 p.m. Orthodox Study for Adults
6:00 p.m. Great Vespers/Confessions

Sunday, October 18

9:00 a.m. Catechesis Levels I and II
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. "Holy Heroes: Stories of Awe
and Wonder" for children ages 3-K
11:30 a.m. Teen Religious Education

**Fr. Nicholas will continue to give Confession
and/or Communion by appointment.**

Sunday Morning Ministries Schedule

EUCCHARIST BREAD

Oct. 11 D. Washburn
Oct. 18 Fr. Nicholas
Oct. 25 M. Kern
Nov. 1 Meyer

READERS

Oct. 10 Rdr. M. Kern (Vespers)
Oct. 11 Rdr. V. Gish
Oct. 18 Rdr. H. Lange
Oct. 25 D. Meyer
Nov. 1 D. Washburn

USHERS

Oct. 11 C. Berari, D. Meyer
Oct. 18 C. Speier, S. Speier
Oct. 25 D. Washburn, M. Loulias
Nov. 1 P. King, J. King

A PRAYER FOR PROTECTION AND HEALING

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in Thine ineffable goodness, look down upon us, Thy people gathered in Thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord Who lovest mankind, deliver us from this Corona Virus. Send Thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and frontline workers and preserve those who are healthy. Heal the wounds in our society created by racial tensions, bringing us all to a true love of neighbor. Enable us to continue to serve our suffering brothers and sisters in peace, that together we may glorify Thy most honorable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow’rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion of the Holy Fathers

Tone 8

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Chanter: *Blessed are You, O Lord, God of our fathers,
and praised and glorified is Your name forever.*

Verse: *For You are just in all that You have done for us.*

EPISTLE READING (for the Holy Fathers)

Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

Alleluia before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

GOSPEL READING

Luke 8:5-15

The Lord spoke this parable: “A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold.” And when His Disciples asked Him what this parable meant, Jesus said, “To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience.” As Jesus said this, He called out, “He who has ears to hear, let him hear.”

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1*) *Alleluia!*

FRIENDLY REMINDER:

We ask that those attending services continue to wear facial masks. If you decide not to wear a mask, we ask that you stay a **SIGNIFICANT DISTANCE** from the rest of those present at worship services. Please continue to observe **SOCIAL DISTANCING** during services, **IN THE COMMUNION LINE**, and while socializing after services. We will continue to practice the same safety protocols that we have been observing since June until we receive other guidelines from our Metropolitan and local health authorities. Thank you so much for your patience and cooperation.

ANNOUNCEMENTS

- **THE SLIDESHOW** on the homepage of our parish website has been expanded quite a bit in the past week. Check it out: www.stathanasius.org
- **CHURCH E-MAILS — ARE YOU GETTING THEM?**
If you are on the church e-list and are not seeing the weekly announcements, it is likely that your email program is putting them directly into SPAM, or into a folder in G-mail called “PROMOTIONS.” If you are an active member of the parish and not receiving at least one e-mail per week, please check these folders, and also double check with the church office to make sure that we have your most current e-mail address. You can send your current e-mail address to: VALERIE@STATHANASIUS.ORG
- **Fr. Nicholas and Kh. Jan will be away from October 8-14. If you have an emergency, please contact Fr. Symeon.**
- **ON SATURDAYS AT 4:30 p.m., ALL ADULTS ARE INVITED TO ATTEND AN ORTHODOX STUDY GROUP.** This class will cover a wide variety of topics, and is open to all adults 18 years and older. It is not our regular Catechism class, but inquirers and catechumens are invited and strongly encouraged by the clergy to attend as a part of their preparation.

UPCOMING TOPICS for ORTHODOX STUDY GROUP

October 17

“The One, Holy, Catholic and Apostolic Church.”

CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/13 Verne & Joanne Gish

10/17 Tyson & Sherie Shackelford

Birthdays

10/16 Angelina Speier

10/17 Abigail Simonsen

Patronal Feast Days

10/11 St. Kenneth of Aghaboe

10/13 St. Benjamin

Ken Gomez

Benjamin Ballew, Benny Madrigal,

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Zac B.
Monsignor J. Yanek
Kent F.
Bob N.

Fr. Jon-Stephen H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Michael K.
David W.
Dn. Gary B.
Harvey G.
Stephen B.
Kris F.

Dn. Gary B.

The Ethiopian Orthodox Church
The Church & people in Lebanon

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Hilda, Melvin L.

All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.