



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell
805-685-5400
frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)
Fr. John Carrillo 805-770-3749 (retired)
Fr. Jon Braun (retired)
Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey (retired)
Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
Mary Denny
David Dillon
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 8, 2020

Tone 5 / Eothion 11

**The Synaxis of the Archangels Michael, Gabriel,
Raphael and all the Bodiless Powers of Heaven
& Seventh Sunday of Luke**



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, November 8—ARCHANGELS

9:00 a.m. Catechesis Levels II & III
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. “Holy Heroes: Stories of Awe and Wonder” for children age 3-K
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee /Beverages on patio

Monday, November 9—ST. NEKTARIOS

6:45 a.m. Daily Matins
 5:00 p.m. Akathist by Zoom

Tuesday, November 10

5:30 p.m. Canon for St. Nektarios

Wednesday, November 11

6:45 a.m. Daily Matins
 12:00 p.m. Intercessory Prayer Ministry

Thursday, November 12

7:45 a.m. Akathist by Zoom
 10:00 a.m. Showers of Blessing
 (no refreshments served by our team yet)
 5:30 p.m. Daily Vespers
 6:00 p.m. Jr. High Youth Group
 6:30 p.m. High School Youth Group

Friday, November 13-ST. JOHN CHRYSOSTOM

6:45 a.m. Daily Matins

Saturday, November 14

4:30 p.m. Orthodox Study for Adults
 6:00 p.m. Great Vespers/Confessions

Sunday, Nov. 15—ADVENT BEGINS

9:00 a.m. Catechesis Levels II & III
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. “Holy Heroes: Stories of Awe and Wonder” for children ages 3-K
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee/Beverages on the patio

Fr. Nicholas will continue to give Confession and/or Communion by appointment.

Sunday Morning Ministries Schedule

EUCCHARIST BREAD

Nov. 8 Dn. G. Braun
 Nov. 15 N. Tinyayeva
 Nov. 22 D. Dillon
 Nov. 29 Morrison

READERS

Nov. 8 Rdr. J. Butler
 Nov. 15 M. Braun
 Nov. 21 V. Gish (Liturgy for Presentation of Theotokos)
 Nov. 22 Rdr. H. Lange
 Nov. 29 D. Meyer

USHERS

Nov. 8 C. Berari, D. Meyer
 Nov. 15 C. Speier, S. Speier
 Nov. 22 D. Washburn, M. Loulias
 Nov. 29 P. King, J. King

LITURGICAL CALENDAR — LOOKING AHEAD

ADVENT BEGINS ON NOVEMBER 15

- Wednesday, November 18 at 6:00 p.m.
Advent Paraklesis
- Saturday, November 21 at 8:30 a.m.
Divine Liturgy for Feast of the Presentation of the Theotokos
- Wednesday, November 25 at 6:00 p.m.
Akathist of Thanksgiving
- Wednesday, December 2 at 6:00 p.m.
Advent Paraklesis

**NO GATHERING THIS YEAR AT
ST. BARBARA MONASTERY FOR THE
FEAST OF ST. BARBARA.**

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion of the Archangels

Tone 4

O Commanders of the heavenly hosts,
we who are unworthy beseech you:
by your prayers encompass us beneath the wings of your immaterial glory,
and faithfully preserve us who fall down and cry out to you://
“Deliver us from all harm, for you are the Commanders of the Powers on high!”

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Presentation of the Theotokos

Tone 4

The most pure Temple of the Savior;
the precious Chamber and Virgin;
the sacred Treasure of the glory of God,
is presented today to the house of the Lord.
She brings with her the grace of the Spirit,
therefore, the Angels of God praise her,

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Prokeimenon before the Epistle

Tone 4

He makes His angels spirits, and his ministers a flame of fire.

VERSE: *Bless the Lord, O my soul. O Lord, my God, thou art very great!*

EPISTLE READING

(for the Archangels)

Hebrews 2:2-10

Brethren, if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him, while God also bore witness by signs and wonders and various miracles and by gifts of the Holy Spirit distributed according to His own Will. For it was not to angels that God subjected the world to come, of which we are speaking. It has been testified somewhere, "What is man that Thou art mindful of him, or the Son of man, that Thou carest for Him? Thou didst make Him for a little while lower than the angels; Thou hast crowned Him with glory and honor, putting everything in subjection under His feet." Now in putting everything in subjection to Him, He left nothing outside His control. As it is, we do not yet see everything in subjection to Him. But we see Jesus, Who for a little while was made lower than the angels, crowned with glory and honor because of the suffering of death, so that by the grace of God He might taste death for everyone. For it was fitting that He, for whom and by whom all things exist, in bringing many sons to glory, should make the Pioneer of their salvation perfect through suffering.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING

Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1*)

He makes His Angels spirits, and His ministers a flame of fire. (*Ps. 103:5*)

ANNOUNCEMENTS

WE WILL CONTINUE TO SERVE BEVERAGES AFTER THE SUNDAY DIVINE LITURGY. If you are able to help pour coffee or juice, please let Suzi Wiley know.

- **ON SATURDAYS AT 4:30 p.m., ALL ADULTS ARE INVITED TO ATTEND AN ORTHODOX STUDY GROUP.** This class will cover a wide variety of topics, and is open to all adults 18 years and older. It is not our regular Catechism class, but inquirers and catechumens are invited and strongly encouraged by the clergy to attend as a part of their preparation.

UPCOMING TOPICS for ORTHODOX STUDY GROUP

Nov. 14	Advent: "Come, Lord Jesus"
Nov. 21	Developing a Spirit of Thanksgiving
Nov. 28	NO CLASS
Dec. 5	Fasting: Building the Virtue of Self-control

- **HOLIDAY CARE PACKAGES FOR THE UNSHELTERED**

Lucy Speier and some of her friends are collecting items to assemble in Christmas care packages for those in our community who are unsheltered, either living in their vehicles or on the streets. They will be collecting the following items between now and December 1st, with collection boxes here at our church:

Toothbrushes, hair brushes, mouth wash, dental floss, water bottles
backpacks, bags, shampoo, soap, facial bars, body wipes, hand sanitizer,
sanitizing wipes, sunscreen, chapstick, lotion, razors, socks, large t-shirts,
feminine products, tissues, gum

If you would like to make a monetary donation towards the purchase of supplies, go to:
<https://www.gofundme.com/f/hh56nt-holidays-for-the-homeless>

If you have any questions, contact Lucy Speier at: lucy.speier18@gmail.com.

- **ORTHODOX LIFE IN KENYA: The Impact of Missions**

Join OCMC for a livestream webinar series on four Thursdays (Nov. 12 & 19, Dec. 3 & 10). Topics include the "Effects of Dependency," "Response to Change," and "Education and Liturgical Needs." Pre-register by email at: orthodoxkenya18@gmail.com

CELEBRATIONS THIS WEEK

Wedding Anniversaries

11/10 Gary and Cheyenne Braun
 11/11 Jason and Jody Wallace

Birthdays

11/8 Justina King
 11/9 John Ronan Meyer
 11/10 David Lewis
 11/11 Keira Landrum
 11/13 Farley Easbey, James Morrison, Leticia Brunner
 11/14 Sophia Roberts

Patron Saint Commemorations

11/8	Archangel Michael	Michael de Bruin Michael Easbey Michael Loulias	Mitch Denny Jimmy Easbey Scott Speier	Dn. Richard Easbey Wesley Brave Speier
11/9	St. Nektarios	Noah Hedges		
11/11	St. Martin of Tours	Bob Gundersen, Brody Hansen		
11/11	St. Victor of Damascus	Viktoria Hedges		
11/13	St. John Chrysostom	John (Chuck) Sasala, Dn. John Young		
11/14	St. Philip the Apostle	Dn. Gary Braun, Gary Braun Jr.		

CONTINUED SAFETY PROTOCOLS

Please note that the local health department continues to mandate social distancing and the wearing of masks in public gatherings. The Parish Council asks the members of the parish to adhere to the following:

- During services, please maintain at least 6 ft. of distance on all sides, including in the Communion line, and wear a mask that covers both YOUR MOUTH AND NOSE. (Families may sit together but should have six feet of space in front and behind them.
- The Sunday Divine Liturgy is being broadcast in the hallway and on the patio for overflow crowd and for those who are not comfortable sitting inside the nave.
- **DURING COFFEE HOUR;** After being served your beverage, please sit down at one of the tables to ensure better distancing and to limit contact. **If you do not sit down, or are not drinking a beverage, please keep your mask on and maintain social distancing while standing in conversation.**

A MESSAGE FROM FR. SYMEON

To the adult men of St. Athanasius Parish,

I would like to expand the opportunities for the men of St. Athanasius parish to meet together, and to support each other in spiritual growth.

I am planning to begin a regular meeting once a month at the church for a couple of hours, to include a short prayer service, a meal, some brotherly fellowship, spiritual reading and practical discussion.

The goal and prayer is that this group will help us to become men with righteous hearts. We will pursue righteousness together through prayer, spiritual reading, and practical discussion that sharpens us into men who watch, stand fast, and are strong in Christ (I Corinthians 16:13) and who support their brothers, their families, and their community.

Our first spiritual reading together will be *Thirty Steps to Heaven: The Ladder of Divine Ascent for All Walks of Life* by Archimandrite Vassilios Papavassiliou. This is a very practical book that distills down the classic of monastic spiritual counsel, *The Ladder of Divine Ascent* by St. John Climacus, and offers its wisdom back to those who are living in the world.

Starting out, we plan to meet once a month. Twice a month is also a possibility, if there is interest.

If you are interested in joining this men's group or have questions, please contact me at: frsymeon@stathanasius.org.

Also, if you are interested, please let me know what the best times are for you to gather with the other men of St Athanasius in this spiritual effort:

- Saturday breakfast
- Saturday lunchtime
- Sunday after Church
- A weekday evening

Also, please let me know if you would be willing to cook or pitch in for a group meal.

I look forward to meeting with our men and getting to know you in the coming year!

In Christ,

Fr. Symeon

PARISH COUNCIL CORNER

NEW PORTABLE BARBECUE GRILL

The PC approved the purchase of a 30" x 60" ranch style BBQ made by JD Fabrications in Santa Maria. We look forward to various ministries being able to use this for outdoor gatherings and celebrations. The holding area/service entrance was cleaned out to allow the BBQ a storage place. Funds were used from the Social Committee as activities have been cancelled the past seven months. Thank you to Chris and Christie Robinson for their work on this project!

LENDING LIBRARY

The PC approved funds for church lending library book shelves. The bookcases are in, books are being catalogued, and more donated books are to arrive soon! Thank you to Margaret Easbey, who recently received a Master's Degree in Library Science, and Dana Alexander who will head this team project.

PATIO EXTENSION/LAWN ADDITION

The PC approved an 1100 square foot patio extension, a new lawn addition (30' x 54') and new planter bed (20' x 25'). A combination of funds will be used from the last golf tournament and monies that have been donated specifically for the project. Thank you to Carla Brunstead for her work on this. Fr. Symeon will now oversee the patio extension.

OUTSIDE PATIOS (front and back)

Outside Patios at the Church (front and back) were recently cleaned and power washed. Extra furniture on the front patio was put away in an effort to discourage folks from camping out.

AUDIO STREAMING OF SUNDAY LITURGY

Sunday Liturgy is being audio streamed on our Facebook page and also by an outdoor speaker to the back patio for those who would like to attend liturgy outdoors. Thank you to Michael Easbey for his help with this!

WARMING KITCHEN PROJECT

The Warming Kitchen plans/drawings have been formally submitted to the County. We hope to hear back with approval in two to six months. Thank you to Dn Scott for his work on this!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Kent F.
Bob N.
Fr. Jon-Stephen H.

Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Steve T.
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Michael K.
David W.
Dn. Gary B.
Harvey G.
Stephen B.
Kris F.
Dn. Gary B.

David D.
Anneli C.
Kh. Erin K.

The Ethiopian Orthodox Church
The Church & people in Lebanon

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Zac B., Hilda, Robert M.

All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

Holidays for the Homeless

Organized by Mia Bazzani, Lucia Metcalfe, Lucy Speier, and Annelise Fuhrer

Please help us reach our goal of \$2,800 in order to fill individualized packages with basic necessities and small gifts to be distributed throughout the community starting December 1st! This fundraiser is our way of inspiring hope in our community.

We have been fortunate enough all our lives to never have to worry about whether or not we would wake up to presents on Christmas morning. We want to share this same joy with those who aren't as fortunate. Every person deserves to feel special, cared for, and loved on the most joyful holiday of the year and we want to provide that happiness this holiday season! The holidays are for giving, cheer, and helping those in need. Depending on how much we are able to raise, we want to help as many people as possible.

We would love to donate things such as.....

Toothbrushes, hair brushes, mouth wash, floss, toothpaste, deodorant, water bottles, backpacks, bags, shampoo, soap, facial bar, body wipes, hand sanitizer, sanitizing wipes, sunscreen, chapstick, lotion, razors, socks, large t-shirts, feminine products, tissues, gum etc.

We want to encourage and support local homeless shelters so all gifts will be distributed there.

If you would like to help us on our journey, please donate to our GoFundMe by typing in this link, or searching the name "Lucy Speier" into the GoFundMe search:

<https://www.gofundme.com/f/hh56nt-holidays-for-the-homeless>

or drop any new, unopened supplies at St. Athanasius Orthodox Church (300 Sumida Gardens Lane, Santa Barbara, CA 93111).

There will be a bin inside to collect donations at these hours:

Tuesday/Thursday 5:00-6:00 p.m.

Saturday 4:30-7:00 p.m.

Sunday 8:00 a.m.-1:00 p.m

If you have any questions, please contact:

Lucy: lucy.speier18@gmail.com Mia: mimibearbazzani@gmail.com

Lucia: luciametcalfe@gmail.com Anna: annelise.fuhrer@gmail.com

**DEADLINE FOR
PHYSICAL
DONATIONS IS
12-1-20.**

