



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York & Met-  
ropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Verne Gish  
Zak Landrum

### LITURGY OF ST. JOHN CHRYSOSTOM Sunday, December 16, 2018

**Tone 4 / Eothinon 7**

**Sunday of the Forefathers  
(Ancestors) of Christ**

Prophet Haggai; Theophania the Empress;  
Modestos, Archbishop of Jerusalem



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!

## ***Calendar for this Week***

### **Sunday, December 16-Ancestors of Christ**

9:00 a.m. Religious Ed. Ages 6-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:00 p.m. Choir Rehearsal

### **Monday, December 17**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach dinner at St. Michael's  
Church in Isla Vista  
7:00 p.m. Men's "Sticks" Gathering

### **Tuesday, December 18**

4:00 p.m. Catechesis Level One  
5:30 p.m. Daily Vespers

### **Wednesday, December 19**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Group  
6:00 p.m. Advent Paraklesis

### **Thursday, December 20**

**St. John of Kronstadt, St. Ignatius**  
11:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Jr. High Youth Group  
6:30 p.m. High School Youth Group  
7:00 p.m. Choir Rehearsal

### **Friday, December 21**

6:45 a.m. Daily Matins

### **Saturday, December 22**

#### **NO CATECHISM**

6:00 p.m. Great Vespers/Confession

### **Sunday, December 23-Sunday before Nativity**

#### **NO RELIGIOUS ED. CLASSES**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:00 p.m. Choir Rehearsal

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

December 16 Fr. Nicholas  
December 23 Hedges  
December 24 Meyer  
December 30 D. Washburn  
January 6 Dillon

### **Coffee Hour**

December 16 Kern/Vander Laan  
December 23 NEED A HOST  
December 30 POTLUCK  
January 6 P. King in memory of Fr. Jim King

**(To sign up to host Coffee Hour, go to:  
[www.stathanasius.org/coffee-hour/](http://www.stathanasius.org/coffee-hour/))**

### **Greeters**

December 16 L. Hoppe/K.P. King  
December 23 P. Morrison/D. Genatone  
December 24 P. King/D. Washburn  
December 30 H. Lange/D. Lewis  
January 6 K. & L. Jacobs

### **Ushers**

December 16 G. Shannon, S. Speier, P. Brunner  
December 23 P. King, D. Meyer, D. Lewis  
December 24 D. Washburn/S. Speier/C. Speier  
December 30 J. King, D. Washburn, C. Berari  
January 6 G. Shannon, S. Speier, P. Brunner

### **Readers**

December 16 Rdr. V. Gish  
December 23 Rdr. H. Lange  
December 24 D. Alexander (Nativity Liturgy)  
December 30 D. Washburn  
December 31 V. Gish (Vespers-Liturgy of St. Basil)  
January 5 M. Braun (Great Vespers of Epiphany)  
January 6 J. Butler

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be  
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-  
come man and wast crucified, O Christ our God, trampling down death by death, who  
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all  
manner of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection (Music on page 45 of Liturgy book)**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Tone 4** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion for the Forefathers (Ancestors) of Christ**

Through faith You justified the Forefathers,  
betrothing through them the Church of the gentiles.  
These saints exult in glory,  
for from their seed came forth a glorious fruit:  
she who bore You without seed.  
So by their prayers, O Christ God, have mercy on us!

**Tone 2** (Slavic Chant)

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Kontakion for the Preparation of Christ's Nativity**

**Tone 3** Byzantine melody  
harmonized by F. Karam

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us

**EPISTLE READING**

**Colossians (3:4-11)**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 4**  
**(Music on page 64 of Liturgy Booklet)**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name. (Ps 99/100:6)*

*v: They called to the Lord and He answered them. (Ps 99/100:6)*

**GOSPEL READING**

**Luke 14:16-24**

The Lord spoke this parable: “A man once gave a great banquet, and invited many; and at the time for the banquet he sent his servant to say to those who had been invited, ‘Come; for all is now ready.’ But, one by one, they all began to make excuses. The first said to him, ‘I have bought a field, and I must go out and see it; I pray you, have me excused.’ And another said, ‘I have bought five yoke of oxen, and I go to examine them; I pray you, have me excused.’ And another said, ‘I have married a wife, and therefore I cannot come.’ So the servant came and reported this to his master. Then the householder in anger said to his servant, ‘Go out quickly to the streets and lanes of the city, and bring in the poor and maimed and blind and lame.’ And the servant said, ‘Sir, what you commanded has been done, and still there is room.’ And the master said to the servant, ‘Go out to the highways and hedges, and compel people to come in, that my house may be filled. For I tell you, none of those men who were invited shall taste my banquet.’ For many are called, but few are chosen.”

**HOMILY**

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

Rejoice in the Lord, O you righteous! Praise befits the just! (Ps 32/33:1)

**PLEASE MARK YOUR CALENDAR  
WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES**

THE ADVENT FAST IS FROM NOVEMBER 15-DECEMBER 24 (after the Festal Liturgy)

Wednesdays during Advent 6:00 p.m. Dec. 19	<b>Advent Paraklesis</b>
Monday, December 24 9:00 a.m. 8:00 p.m.	<b>Royal Hours of Nativity Nativity of our Lord &amp; Savior Jesus Christ Matins and Liturgy Cookies &amp; cider served afterwards.</b>
Tuesday, December 25 10:00 am.	<b>Outreach Breakfast in Isla Vista</b>
Saturday, December 29 after Vespers	<b>Commemoration of the Holy Innocents</b> Memorial prayers for infants who have died in childbirth or as a result of abortion.
Sunday, December 30 after Coffee Hour	<b>Blessing of the graves at Goleta Cemetery</b>
Monday, December 31 6:00 p.m.	<b>Vesperal Liturgy for St. Basil/Circumcision Refreshments served afterwards.</b>
Sunday, January 6	<b>Feast of Epiphany/Theophany and Outdoor Blessing of the Water</b>

**HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On the homepage, click on **VIEW CALENDAR** at the bottom left.

**THE MONTHLY MEN'S "STICKS" GATHERING** will take place tomorrow evening (Dec. 17) at 7:00 p.m. at the home of Troy and Carla Harris.

### LOST AND FOUND

Lots of very nice things have been left at the church over the past year. Please take a look at the Lost and Found displayed in the hallway today and see if any of them belong to you or one of your children. (Lots of children's clothes left during Summer School.)

**WE HAVE NO COFFEE HOUR HOST for December 23.** If you have not signed up yet for the 2018-19 Liturgical Year, please consider stepping up to host on one of these Sundays. You can sign up online at: <http://www.stathanasius.org/coffee-hour> or contact Suzi Wiley at: [suziwiley@cox.net](mailto:suziwiley@cox.net).

**WE STILL NEED SOME HELP WITH OUR ANNUAL CHRISTMAS OUTREACH BREAKFAST**, including set-up and clean-up on Christmas morning, and folks to bring food items for the meal (eggs, ham, bacon, sweet rolls, fruit salad, potatoes) The link to an online sign-up list went out this past week to parish members. Please consider participating in this beautiful outreach event for the needy of our community! If you have questions, contact Susan Barre at: [sohello123@gmail.com](mailto:sohello123@gmail.com).

### 2018 St. Nicholas Drive for the Needy

**ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS and those in need** to be distributed at our outreach breakfast on Christmas morning. Please keep this in mind as you are doing holiday shopping and consider purchasing an item for the collection. We are asking for:

- white or dark athletic cotton socks (preferably dark)
  - warm hats, scarves and mittens
  - new or gently used/clean sweatshirts, hoodies, warm sweaters and jackets (Both men's & women's)
- PLEASE NO PANTS OR SHIRTS -

Drop your donated items in the large, decorated box in the hallway.

**Please do NOT gift-wrap the donated items, and please limit your gifts to the specific items requested. Thanks!!**



## ***CELEBRATIONS THIS WEEK***

### **Wedding Anniversaries**

12/18 Gary & Regina Moon

### **Birthdays**

12/17 Jon King, Austin Nachbur

12/18 Dorothy Alexander

12/20 Hudson Zidek

12/22 Zoe Macdonald, Alexander Nikolov, Zachary Nikolov

### **Patron Saint Commemorations**

12/17 **St. Miriam** Miriam Vander Laan

12/16 **Sunday of the Forefathers (Ancestors) of Christ  
King David**

David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

**Daniel the Prophet**

Dan Braun, Garrett Gish, Jase Daniel Speier, Dan Washburn

**Jesse** Jesse Speier

**Adam** Adam King

**Rachel** Rachel Friesen

**Rebekah** Rebekah Dillon

**Ruth** Liz Hoppe, Fay Young

**Judith** Judy Braun

**Aaron** Howard Lange, Aaron Simonsen

12/18 **St. Zoe of Rome** Zoe Macdonald

12/20 **St. John of Kronstadt** Jill Wallerstedt

12/22 **Great Martyr Anastasia** Anastasia Brunner

**The expanded BOOKSTORE will be set up until NEXT  
Sunday, December 23rd. Be sure to check out all of the  
new books and lovely Christmas items!**

**FREE ORTHODOX CALENDARS  
ARE NOW AVAILABLE  
IN THE FOYER.**

## ***Women's Fellowship Advent Project***

This year we are supporting the three young ladies currently living at Villa Majella of Santa Barbara as they carry their babies to term. Due to all of the women of SAOC and their amazing generosity, each young lady will receive a gift box that includes: A Christmas blanket, fuzzy sock, shampoo & conditioner, a hairbrush, scented body wash & lotion, a loofah sponge, cards of encouragement filled out by our ladies at the Christmas Brunch, Guardian Angel & Good Shepard Icons from our bookstore and \$100 gift card.

Thank you ALL!!!

The Women's Fellowship Team



**S.A.O.C. CHOIR VISIT TO  
SAMARKAND RETIREMENT COMMUNITY**

**Saturday, December 8, 2018**



## **ST. NICHOLAS FAMLY NIGHT**

**2018**

*Thank you to all who made this year's St. Nicholas Night  
such a beautiful and fun evening!*

*-Fr. Nicholas & Zak Landrum—Narrators*

*-Jan Speier, Verne Gish, Valerie Yova—Music Preparation*

*-Erik Lawrence—Pianist*

*-The S.A.O.C. Choir*

*-Nataliya Tinyayeva—Photographer*

*-Our spur-of-the-moment improvisation volunteers*

*-The children of the parish (who stole the show, as usual!)*

*-Christie Speier & the Social Team for the Reception*





## TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

12/20– Regular Thursday Night Youth Group

12/27 - CHRISTMAS PARTY! More details to come.

## WOMEN'S FELLOWSHIP WINDOW



Women's Book Study on Wednesdays from  
7-8:30 p.m. January 23—February 27.  
"The Sweetness of Grace" by Constantina Palmer

We will be hosting guest speaker, Michelle  
Moujaes on

### INCOME FOR OCTOBER 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$37,500	\$ 14,120
Monthly Actual	\$30,241	\$ 11,284

### INCOME FOR NOVEMBER 2018

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 37,500	\$ 14,120
Monthly Actual	\$ 32,316	\$ 7,490

Goal for Tithes January-November 2018	\$ 412,500	
Actual Tithes January-November 2018	<u>\$ 399,571</u>	Shortfall = \$ 12,929

Building Fund Goal for Jan.-Nov.	\$155,320	
Actual Building Fund donations Jan.-Nov.	<u>108,585</u>	Shortfall = \$46,735

<b>GOLF TOURNAMENT PROCEEDS</b>	<b>\$89,453</b>
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**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Romanos (O.C.M.C. priest, Congo)  
Mother Christophora  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Penny B. and Family  
Duane F.  
Joan and Steve T.  
Friesen family  
Richard and Susan B.  
Fr. Jon and Kh. Elizabeth S.

Ethan & Cole K.  
Tony E.  
Fr. Dimitrie V.  
Monsignor John Y.  
Gaylen C.  
Zac B.  
Terri Lynn & Hannah Rose  
Lauren  
Cheryl G.  
Jerry J.  
Elka  
Elizabeth J.  
Jimmy  
Phoebe L.  
Gabriel M.

Devin  
Kh. Carla Z.  
Sharmaine & Emma  
Sue & Tim B.  
Glenn H.  
Evonne C.  
Miguel, Rachel, Naomi, Miki & Roman  
Alissa and children  
Elizabeth H.  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East  
The victims of the recent shootings  
and fires  
Please pray for the raising up and sup-  
port of long-term missionaries from our  
parish.

**For repose of the souls of:** All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

\* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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## **RECESSIONALS**

### **O come, O come, Emmanuel**

O come, O come, Emmanuel,  
and ransom captive Israel,  
that mourns in lonely exile here,  
until the Son of God appear,  
Rejoice! Rejoice!

Emmanuel shall come to thee, O Israel!

### **Come, Thou long expected Jesus**

Come, Thou long expected Jesus  
born to set Thy people free;  
From our fears and sins release us,  
let us find our rest in Thee.  
Israel's strength and consolation,  
hope of all the earth Thou art;  
Dear desire of every nation,  
joy of every longing heart.