



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 29, 2017

Tone 7 / Eothinon 10
Seventeenth Sunday after Pentecost
& Seventeenth Sunday of Matthew
Translation of the relics of Ignatius the God-bearer of Antioch
New-martyr Demetrios of Chios



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox,
we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, January 29—Zaccheus Sunday

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal
4:00 p.m.	Monastery Friends Gathering

Monday, January 30—Feast of 3 Hierarchs

6:45 a.m.	Daily Matins
4:30 p.m.	St. Brigid Outreach dinner at St. Michael's in Isla Vista

Tuesday, January 31

2:30 –4:15 p.m.	Catechesis Level I
5:30 p.m.	Daily Vespers

Wednesday, February 1

6:45 a.m.	Daily Matins
11 a.m.-1p.m.	Shower of Blessings Ministry
12:00 p.m.	Intercessory Prayer Group
6:00 p.m.	Vesperal-Liturgy for Feast of the Presentation of the Lord and Blessing of Candles

Thursday, February 2-Feast of the Presentation

5:30 p.m.	Daily Vespers
6:00 p.m.	Junior High Youth Group
6:30 p.m.	High School Youth Group
7:00 p.m.	Choir Rehearsal

Friday, February 3

6:45 a.m.	Daily Matins
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Saturday, February 4

7:30 a.m.	Clergy Meeting
4:30 p.m.	Adult Bible Study on Ephesians
6:00 p.m.	Great Vespers/Confessions

Sunday, February 5

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour/Farewell Reception for Jennifer Ferraez

Sunday Morning Ministries Schedule

Eucharist Bread

January 29	Dillon
February 5	M. Kern
February 12	Tinyayeva
February 19	Washburn

Coffee Hour

January 29	Shackelford/Genatone in memory of Al Genatone
February 5	Alexanders-for St. Simeon and St. Anna, Farewell Reception for Jennifer Ferraez
February 12	V. & B. Hedges in honor of Sydney's name day: St. Theodora
February 19	MEATFARE BARBECUE

Greeters

January 29	P. King/L. Baker
February 5	G. Shannon/K. King
February 12	D. Genatone/P. Morrison
February 19	K. Fox/H. Lange

Ushers

January 29	D. Lewis, C. Speier, J. King
February 5	D. Washburn, C. Berari, S. Speier
February 12	P. Brunner, P. King, D. Meyer
February 19	R. Barre, D. Lewis, C. Speier

Readers

January 29	D. Alexander
February 1	V. Gish/P. Braun
February 5	M. Kern
February 12	T. Harris
February 18	R. Barre (Soul Liturgy)
February 19	H. Lange

**AT THE END OF THE MATINS SERVICE, WE SING THE
GREAT DOXOLOGY.**

**(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain: **“Remember us, O Lord, when you come in your Kingdom.”**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

**Troparion of the Resurrection
(Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Tone 7 Byzantine melody
harmonized by Fr. J. Finley

Troparion for Hieromartyr Ignatius of Antioch

By sharing in the ways of the Apostles,
You became a successor to their throne.
Through the practice of virtue, you found the way to divine
contemplation, O inspired one of God;
by teaching the word of truth without error, you defended
the Faith, even to the shedding of your blood.
Hieromartyr Ignatius, entreat Christ God to save our souls.

Tone 4 Slavic chant

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J.

Kontakion of The Feast of the Presentation of Our Lord in the Temple

Tone 1

By Your Nativity You sanctified the Virgin's womb!
And blessed Simeon's hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 7 Byzantine melody
harmonized by Fr. J. Finley

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING

2 Corinthians 6:16-7:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a Father to you, and you shall be My sons and daughters," says the Lord Almighty. Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

Matthew 15:21-28

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her a word. And His disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

WE NEED HELP WITH A REWARDING MINISTRY

You will be “showered with blessings!”

We need three or four folks from our parish who are retired or free during the day from 10:30 a.m.-1:30 p.m. on Wednesdays to help with the Shower of Blessings Ministry. There is already a team of people in place who run the shower truck. We get anywhere from 15—30 people each week who come and receive the blessing of a free shower. What we offer as a parish is a bit of hospitality and friendship. We serve simple refreshments and visit with our guests. That is where we need some help. The commitment of the team members involves:

Brewing a large pot of coffee and filling a dispenser with water

Making sandwiches (usually peanut butter and jelly)

Setting up a 2 tables

Putting out the refreshments (sometimes also goodies left from coffee hour)

Clean-up

The ideal would be for two people to work together each week. **If you are interested, please contact Fr. Nicholas or Valerie Yova. office@stathanasius.org**

Prayer for the Blessing of Candles

on the Feast of the Presentation of our Lord in the Temple

O Lord Jesus Christ, the True Light, Who enlightens everyone born in this world, pour out Your blessing on these candles and sanctify them by the light of Your Grace. Grant also, O Merciful One, that as these lights, kindled with a visible flame, scatter the darkness of night, so may our hearts by an invisible fire – that is, enlightened by the glowing of the Holy Spirit – avoid the blindness caused by every sin. May we see with the cleansed eye of our soul those things that are pleasing to You and necessary for our salvation. Having overcome the darkness of this world, grant us to attain to the light that never fades: For You are our Savior, and to You we send up glory, with Your unoriginate Father, and Your all-holy, good, and life-creating Spirit, now and ever and unto ages of ages. Amen.

CELEBRATIONS for THIS WEEK

Birthdays

1/29	Galen Wiley
1/30	Mia Jacobs
1/31	Gloria Morrison
2/3	Velislava Nikolov
2/4	Hannah Sieck

Patron Saint Commemorations

1/29	St. Ignatius of Antioch	Tom Williams
1/30	Three Holy Hierarchs	Ben Hedges
2/1	St. Brigid of Kildaire	Regina Moon
2/3	St. Anna the Prophetess	Dorothy Alexander, Leslee Kinmann
2/3	St. Simeon the God-Receiver	Dana Alexander, Tyler Speier

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

ST. BARBARA MONASTERY FRIENDS will meet today at 4:00 p.m. Charles Ajalat, founder of FOCUS North America, will speak on “Are We Living Now in the Kingdom of God?” Vespers and a pot-luck supper will follow the presentation.

HOUSE BLESSING APPOINTMENTS

The Grace of God is imparted to us in the holy water (“The Grace of Redemption). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

THE ST. STEPHEN’S STUDY GROUP is meeting today after church! They are currently discussing “The Orthodox Church” by Met. Kallistos Ware. All Are welcome! Please call or email Michael Easbey with any questions - 805-705-6121 or measbey@gmail.com.

A REMINDER ABOUT YOUR MONTHLY DONATION CHECKS:

Please stipulate each month on your check or online payments exactly how you would like the funds allocated. If nothing is noted, the full amount of the donation will go to tithe income.

DID YOU KNOW...you can now purchase the book “**BECOMING ORTHODOX**” in audio with Fr. Peter Gillquist reading it? It is available both on Amazon and Ancient Faith.

<http://store.ancientfaith.com/becoming-orthodox-downloadable-audio-book/>

SCHEDULE FOR UPCOMING FEAST DAYS & CELEBRATIONS

FEAST OF THE PRESENTATION OF OUR LORD in the Temple
Wednesday, February 1, 2017 at 6:00 p.m. Vesperal-Liturgy



30th ANNIVERSARY CELEBRATION **February 17-19, 2017 (Presidents Weekend)**

Friday, Feb. 17

7-8:30 p.m.

Pre-Lenten Seminar: Session I
Paul (Howard) Finley on the Beatitudes
Reception

8:30 p.m.

Saturday, February 18

11:00 a.m.-12:15 p.m.

Pre-Lenten Seminar Session II

12:15 p.m.-1:15 p.m.

Lunch

1:15-2:30 p.m.

Pre-Lenten Seminar Session III

6:00 p.m.

Great Vespers

7:00 p.m.

“Coming Home” video

Introductory remarks by Fr. John Finley

7:45 p.m.

Reception

Sunday, February 19 - Meatfare Sunday

9:00 a.m.

Matins/Divine Liturgy

11:45 a.m.

Group photos taken inside

12:15 p.m.

Luncheon outside (Meatfare BBQ)

1:30 p.m.

Brief musical program inside

2:00 p.m.

Dessert/coffee

TEEN TEEN SCENE

January—February, 2017

Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m.

Thursday, February 2 Regular Youth Group Sessions

Thursday, February 9 Regular Youth Group Sessions

Thursday, February 16 Regular Youth Group Sessions

Thursday, February 23 Combined Youth Group—All Teens 6:30pm - 8:30pm
Meet at Rusty's Pizza on Turnpike at 6:30pm for Dinner. Walk over to Cloud 10 for Dodgeball and Trampoline Fun!

INCOME FOR NOVEMBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$34,874	\$ 14,184

INCOME FOR DECEMBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$53,127	\$ 16,764

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Kevin & Angel S.

Baby Emma
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Jared E.

James
Alma G.
Dawn L.
Michael L., Penny C. and Family
Greg Z.
Carmen G.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Greg M., Ted C. Fr. Paul D., All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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ST. ATHANASIUS BOOK CENTER
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* The church bookstore is located in the foyer of the fellowship hall. The two
* enclosed cabinets hold icons, books, and other items that are FOR SALE.
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay-
* ment should be made at time of purchase and placed in the brown lockbox
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St.
* Athanasius Book Center."
*
All proceeds go to the parish Building Fund.
*
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TOUCHING MAKE HASTE AND COME DOWN
FOR I MUST STAY AT YOUR HOUSE TODAY!