



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## **LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, May 24, 2015**

**Tone 6 / Eothinon 10**

### **Sunday of the After-feast of the Ascension Commemoration of the Holy Fathers of the First Ecumenical Council**

Venerable Stylites Simeon the Younger of the Mountain of  
Wonders and Nikitas of Pereyaslavl-Zalesski;  
Martyr Meletios the General of Galatia;  
Venerable Vincent of Lerins



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, May 24

#### **AFTER-FEAST OF ASCENSION & FATHERS OF 1st ECUMENICAL COUNCIL**

9:00 a.m. Religious Ed. 3 yrs-High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
5:00 p.m. High School "Fire on Father"

### Monday, May 25-MEMORIAL DAY

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

### Tuesday, May 26

5:30 p.m. Daily Vespers

### Wednesday, May 27

6:45 a.m. Daily Matins (St. Joanna)  
12:00 p.m. Women's Prayer Group

### Thursday, May 28

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

### Friday, May 29

6:45 a.m. Daily Matins

### Saturday, May 30

8:00 a.m. Soul Liturgy  
4:30 p.m. Book Study  
6:00 p.m. Festal Vespers/Confession

### Sunday, May 31—PENTECOST

9:00 a.m. Religious Ed. 3 yrs-High School  
9:00 a.m. Festal Matins  
10:00 a.m. Festal Divine Liturgy/Baptism of Chantel Cappuccilli  
11:45 a.m. Light Coffee Hour  
4:00 p.m. Family Picnic

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

May 24 Kern  
May 31 Meyer  
June 7 Thomas  
June 14 Hedges

### Coffee Hour

May 24 Lander  
May 31 Robinson  
(Light Coffee Hour, Pentecost Picnic at 4:00 p.m.)  
June 7 Gray  
June 14 Baker/Fox

### Greeters

May 24 G. Shannon/K. King  
May 31 D. Genatone/P. Morrison  
June 7 D. Washburn/D. Lewis  
June 14 K. & L. Jacobs

### Ushers

May 24 C. Speier, R. Schneider, P. King  
May 31 J. King, G. Shannon  
June 7 S. Speier, P. Brunner, P. King  
June 14 D. Meyer, R. Barre, D. Lewis

### Readers

May 23 P. Braun (Vespers)  
May 24 V. Gish  
May 30 T. Harris (Soul Liturgy)  
May 30 D. Meyer (Vespers)  
May 31 H. Lange  
June 6 D. Alexander (Vespers)  
June 7 D. Alexander  
June 13 R. Barre (Vespers)  
June 14 P. Braun

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON FOR FEAST OF ASCENSION**

[Verse] Clap your hands, all peoples! Shout to God with loud songs of joy!

**[Refrain] Through the intercessions of the Theotokos, O Savior, save us.**

- For the Lord, the Most High is terrible; a great God over all the earth.  
He subdued people under us, and nations under our feet. [Refrain]
- God has gone up with a shout, the Lord with the sound of a trumpet! [Refrain]
- Glory to the Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

**SECOND ANTIPHON FOR FEAST OF ASCENSION**

[Verse] God is the Lord and greatly to be praised in the city of our God.

**[Refrain] O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.**

- Mount Zion in the far north, is the city of the Great King. Within her citadels God is known  
when He defends her. [Refrain]
- For lo, the kings assembled; they came on together. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.  
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of  
the Holy Theotokos and ever-virgin Mary, who without change didst become man and was cruci-  
fied, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified  
with the Father and the Holy Spirit: save us.

### THIRD ANTIPHON FOR FEAST OF ASCENSION

[Verse] Hear this, all ye people; give ear, all ye inhabitants of the earth.

**Refrain:**

You ascended in glory,  
O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.  
Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

[Verse] My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding.

**[Refrain]**

[Verse] I will incline mine ear to a parable; I will unfold my problem on the harp. **[Refrain]**

### LITTLE ENTRANCE

**People:** Come, let us worship and fall down before Christ. O Son of God Who art risen from the dead, save us who sing to Thee, Alleluia!

**Resurrectional Troparion**

**Tone 6**

When Mary stood at Thy grave looking for Thy sacred body,  
angelic pow'rs shone above Thy revered tomb,  
and the soldiers who were to keep guard became as dead men.  
Thou led Hades captive and wast not tempted there-by,  
Thou did meet the Virgin and didst give life to the world.  
O Thou Who art risen from the dead, O Lord, glory to Thee.

**Troparion of Ascension**

**Tone 4**

You ascended in glory,  
O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.  
Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

**Troparion of the Holy Fathers****Tone 8**

Most glorious are You, O Christ our God!

You have established the Holy Fathers as lights on the earth.

Through them You have guided us to the true Faith.//

O greatly compassionate One, glory to You!

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

**Kontakion for Ascension****Tone 6**

When You had fulfilled the

dispensation for our sake,

and united earth to heaven,

You ascended in glory, O Christ our God,

not being parted from those who love You,

But remaining with them and crying:

“I am with you and no one will

    be against you!”

**TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,

    now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon:       With strength!

People:       Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm Verses before the Epistle (Prokeimenon)

**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us.

### THE EPISTLE READING

Acts 20:16-18, 28-36

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them:

“Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the Church of God which He obtained with the blood of His own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, ‘It is more blessed to give than to receive.’”

And when he had spoken thus, he knelt down and prayed with them all.

### Alleluia before the Gospel **Tone 1**

Chanter: Alleluia, Alleluia, Alleluia

People: Alleluia, Alleluia, Alleluia

**Verse:** *The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)*

**Verse:** *Gather to Me, My venerable ones, who made a covenant with Me by sacrifice! (Ps 49/50:5)*

### THE GOSPEL READING

**John 17:1-13**

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ whom Thou hast sent. I glorified Thee on earth, having accomplished

the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made.”

"I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the Scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves.”

### **HYMN TO THE MOTHER OF GOD (Meglynarion)**

#### **9<sup>th</sup> Ode of the Canon for Ascension:**

Magnify, O my soul, Christ the Giver of Life, Who has ascended from earth to heaven!  
We magnify the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One.

#### **Hymns for Communion of the Clergy:**

Praise the Lord from the heavens! Praise Him in the highest! Alleluia! (*Ps 148:1*)

God has gone up with a shout; the Lord with the sound of a trumpet! (*Ps. 47:5*)

#### **Instead of “We have seen the true light,” we sing the Troparion for Ascension:**

You ascended in glory, O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.

Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

### ***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of*

*this, please just say,  
“Father, bless” when you get to the chalice.*

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **[www.stathanasius.org](http://www.stathanasius.org)**.

## PENTECOST CELEBRATION—NEXT WEEKEND, MAY 30-31

Saturday, May 30	8:00 a.m.—Soul Liturgy
	6:00 p.m.—Festal Great Vespers with Artoklasia (blessing of wheat, wine, oil and sweet bread)
Sunday, May 31	9:00 a.m.—Festal Matins and Liturgy, Light Coffee Hour
	4:00 p.m.—Family Day Celebration on the patio

The children of the Atrium will again provide us with an opportunity to actively engage in the feast day celebration.

**PENTECOST FAMILY DAY, SUNDAY, MAY 31st—4:00 p.m. on the patio**

The Pentecost Family Day will be here soon! Don't miss the fun!  
Taco truck, Tres Leches cake, music for all ages, a special play area  
and games for the kids, and more!  
Adults 13 yrs and older: \$12; Kids 3-12 yrs.: \$6 / Kids 2 and under: free;  
Maximum Family price is \$50.

**TODAY IS THE LAST DAY TO REGISTER.**

**This is a catered event, so advance reservations and payment are required.**

Thank you so much. Looking forward to a great day! - Christie Robinson, Social Chairperson

## HELP US TO "GREEN UP" THE CHURCH FOR PENTECOST!

On Sunday, May 31st, we want to “green up” the sanctuary for the feast of Pentecost, with your help. Please bring anything green from your garden or the garden stand. Fresh flowers are great, too! There will be vases in front of the iconostasis and in other areas of the nave of the church in which you can put them. You can bring your offering to celebrate the feast on Saturday, May 30th before Vespers or when you come for liturgy on Sunday, May 31st. Larger branches need to be delivered to the church on Saturday morning, May 30th, so that we can arrange and place them appropriately. Many thanks, — The Festal Decorating Committee

**SAOC SUMMER SCHOOL** will be from Monday, June 22-Thursday, July 9 this year. Registration forms are available in the foyer, and also online at:  
<https://www.stathanasius.org/ministries/youth-education/summer-school/>



## **SCULPTURE EXHIBIT BY PATRICK GILBERT—May 16-31 at UCSB Museum**

Patrick Gilbert's MFA (Master of Fine Arts) Thesis Exhibition in Sculpture can be viewed at the UCSB Art Museum from now until May 31st. It is the culminating project of his 2 year MFA program. The museum is at 552 University Rd. and is open Wednesday through Sunday from 12:00-5:00 p.m.

**DID YOU KNOW....**St. Athanasius parish has a Facebook page? Consider joining so that you can view photos and be reminded of upcoming services and events.

## **EL CAMINO REAL FESTIVAL—JUNE 13th from 12-3 P.M.**

Four churches in the Hollister Corridor (including ours) are hosting a family event at the Goleta Valley Community Center on Saturday, June 13 from 12-3 p.m. as a way of reaching out to the families living in Old Town Goleta. We will be needing some volunteers to help that day. More information will be available soon.

## **TRISAGION PRAYERS FROM ASCENSION TO PENTECOST**

Until next Sunday, we still eliminate "O Heavenly King" from the Trisagion Prayers and add them back in at Pentecost. We no longer say "Christ is risen" at the beginning, but begin with "In the name of the Father, Son and Holy Spirit..."

## ***CELEBRATIONS for THIS WEEK***

### **Wedding Anniversaries**

5/30 Stan & Donna Friesen

### **Birthdays**

5/25 Alyssa Simonsen

5/25 Tatiana Speier

5/27 Adam King

5/29 Christina Papazacharioudakis

5/31 Dana Alexander

### **LOST AND FOUND**

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

### **AED**

### **(Automated External Defibrillator)**

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish.

Please do not allow anyone, adults or children, to open the device without assistance.

**NOMINATIONS FOR PARISH COUNCIL WILL BE  
OPEN FROM MAY 17-30, 2015.**

There will be one elected and one appointed seat open for 2015-2016.

Please nominate anyone you feel would be a good Parish Council member. We have many important decisions to make over the next several years and the Parish Council will be involved in many of them. The qualifications are as follows:

The candidate must be 25 years or over;  
Have been a member of the Parish for 2 years;  
And be in good standing in the church.

The nominations are reviewed by a nominating committee and then submitted to the Parish for a vote.

**To nominate someone for Parish Council, contact:**

Fr. Nicholas: [frnicholas@stathanasius.org](mailto:frnicholas@stathanasius.org)/685-5495 or  
Douglas Meyer, Pres.: [djmeyer7@icloud.com](mailto:djmeyer7@icloud.com)/680-3310

**Current Parish Council Members are:**

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## INCOME FOR APRIL 2015

### General Operating

### Building Fund

Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$33,908	\$53,427*

\*Includes a one-time special gift of \$42,325.



**At our Ascension Liturgy this past Wednesday, Fr. Nicholas blessed the marriages of all couples who were present, in commemoration of the feast of Saints Constantine & Helen, which was on May 21st. May our Lord bless and preserve all marriages in holiness and love!**

**Congratulations to our Assistant Choir Director, John Butler, on a superb performance as Jean Valjean in Providence Santa Barbara's production of "Les Misérables." Congratulations, also, to cast members Tati Speier and Anna Grace Butler, and Elleney King—Costume Crew.**



## THE GIFTS OF THE HOLY SPIRIT

On Pentecost, fifty days after His glorious resurrection, Jesus gave His friends the promised gift of the Holy Spirit. The Holy Spirit—the treasury of good things and giver of life—brought life-giving gifts. These gifts were not just for Jesus' friends long ago. Jesus promises these gifts to all who ask. These gifts are for us!

- **Wisdom:** knowing the way that pleases God and walking in it
- **Understanding:** seeing clearly with spiritual eyes as a result of listening for God's voice with an open heart
- **Counsel:** helpful words and wise guidance for others
- **Might:** strength and courage to do what's right
- **Knowledge:** knowing more and more of God through prayer, God's Word and God's Creation
- **Fear of the Lord:** living without fear of anyone or anything except the Awesome, Holy, and Almighty God in whom we take refuge
- **Delight:** living in joy and wonder at the recognition of God's presence all around, all the time

"With the descent of the Holy Spirit upon Christ's disciples, the time of salvation, the Divine work of redemption has been completed, the fullness revealed, all gifts bestowed: it belongs to us now to "appropriate" these gifts, to be that which we have become in Christ: participants and citizens of His Kingdom."

- Fr. Alexander Schmemmann

# **The Great Feast of Pentecost**

## **The Celebration**

### **- An Invitation from the Children of Atrium Level III -**

On Pentecost Sunday, we invite you to "ask that you might receive" . . .

Before you enter the sanctuary, you will receive a taper candle.

At the back of the sanctuary there will be a table with seven green candles—each labeled with one of the gifts listed on the front of this insert.

We invite you to **light your own candle from the green candle designating the gift you have chosen** and place your candle in the sand in front of that green candle.

Once you have lit and placed your taper candle, we will give you a **handmade card with the name of the gift and a description** on it. Hopefully this will sit on your altar or some other prominent place to remind you all year long of the gift you have asked for!

Blessed Feast! Oh, and **WEAR GREEN!**





save the date
09.18.15

THE HOWARD SHANNON  
**GOLF TOURNAMENT & DINNER**  
ST. ATHANASIUS ORTHODOX CHURCH BUILDING FUND  
GLEN ANNIE GOLF CLUB    SANTA BARBARA

# TEEN SCENE

## JOURNEY TO ADULTHOOD

### Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator  
at: [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com)

#### High School —Grades 9-12

Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Saturday, June 6	Day Trip	Magic Mountain	Details TBA

#### Junior High School—Grades 7-8

Sunday, June 7		Family Event: Graduation Party	TBA
		and Kick-off Dinner	
Saturday, June 13	Day Trip	Raging Waters	TBA

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH	Mary	All those suffering and
Mother Victoria	Susan B.	in danger in the Ukraine,
Met. Paul & Abp. John	Baby Christian F.	Africa, and the Middle East
Dn. Richard E.	Duane F.	Dan S.
Kh. Peggy K. and Family	Stan and Donna F.	Ryan Family
Fr. Gordon & Kh. Mary Sue W.	Molly M.	Terri-Lynn H.
Greg & Margaret Y.	Mikael M.	Hannah Rose H.
Hoppe Family	Angel, Helen and Family	Cole K.
Kh. Mary Ellen B.	Jim M.	S. Butler
Gail S.	Joy	M. Butler
Dean & Penny	Kh. Marilyn G.	Lisa, Asia, Joe B.

**For repose of the souls of:** Archimandrite Roman B., Steve R., Charyl B., Fr. Thomas H.,  
21 Coptic Christians who were martyred in Libya,  
All who have died in the conflicts in the Ukraine, Africa & the Middle East

### ABOUT OUR PRAYER LISTS:

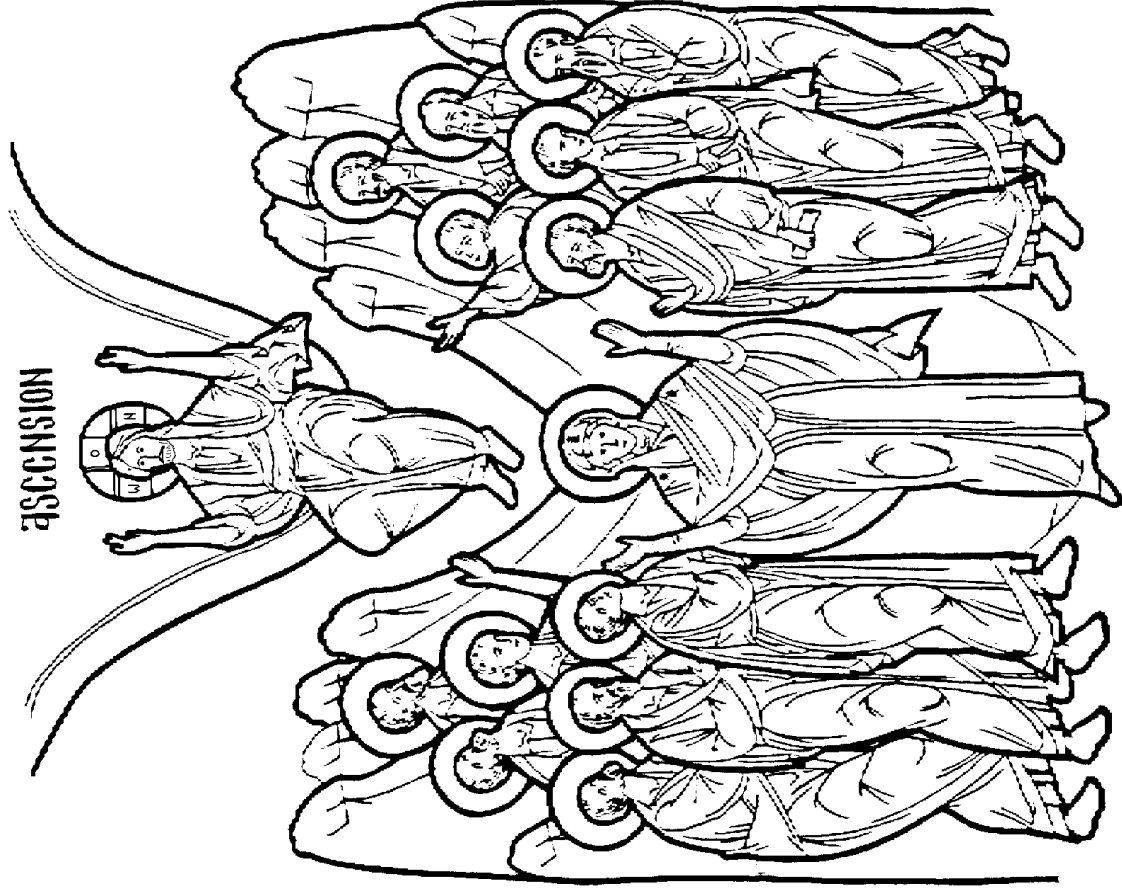
Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

## ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.  
Make checks payable to "St. Athanasius Book Center."

ASCENSION



**THE MISSION AND VISION OF  
ST. ATHANASIUS  
ORTHODOX  
CHRISTIAN CHURCH  
(Ephesians 3:14-21)**

That we would be rooted and grounded in  
FAITH, LOVE AND HUMILITY  
so we might experience and manifest the  
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING AND INTEGRATING new members
- in RETURN OF THE WAYWARD
- in the CARE FOR OUR COMMUNITY

**Unto the inheritance of the  
KINGDOM OF HEAVEN**