



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, July 5, 2015 Tone 4 / Eothion 5; Venerable Athanasius of Athos & Fifth Sunday of Matthew

Venerable Lampados of Irenoupolis;
Hieromartyr Cyprian of St. George Kelli on Athos;
Synaxis of the 23 martyrs of Lesbos;
Uncovering of relics of Sergios the Wonderworker of Radonezh



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

The parish office is closed this week.

Sunday, July 5

PARISH LIFE CONFERENCE

9:00 a.m. Matins/**NO RELIGIOUS ED**
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
11:00 a.m. Farewell Potluck for Fr. Simon
Thomas at St. Barbara's parish

Monday, July 6

6:45 a.m. Daily Matins
8:45-11:30 a.m. Summer School
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, July 7

8:45 a.m.-2 p.m. Summer School
5:30 p.m. Daily Vespers

Wednesday, July 8

6:45 a.m. Daily Matins
8:45-11:30 a.m. Summer School
12:00 p.m. Women's Prayer Group

Thursday, July 9

**SUMMER SCHOOL:
TRIP TO MAGIC MOUNTAIN**
5:30 p.m. Daily Vespers

Friday, July 10

6:45 a.m. Daily Matins

Saturday, July 11

6:00 p.m. Vespers/Confessions

Sunday, July 12

9:00 a.m. Matins/**NO RELIGIOUS ED**
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

July 5 M. Kern
July 12 N. Tinyayeva
July 19 Dn. G. Braun
July 26 C. Sieck

Coffee Hour

July 5 Gish
July 12 Young/Madrigal
July 19 Sieck
July 26 Cocores

Greeters

July 5 G. Shannon/K. King
July 12 Dottie G./P. Morrison
July 19 D. Washburn/D. Lewis
July 26 K. Fox/P. King

Ushers

July 5 S. Speier, P. Brunner, P. King
July 12 D. Meyer, R. Barre, D. Lewis
July 19 C. Speier, R. Schneider, P. King
July 26 J. King, G. Shannon

Readers

July 4 Mark Kern (Vespers)
July 5 M. Kern
July 12 D. Meyer
July 18 H. Lange
July 19 D. Washburn
July 26 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:
“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on page 45 of Liturgy Book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Tone 4 (Byzantine melody
harmonized by Fr. J. Finley)

Troparion for St. Athanasius of Athos

The Angels’ ranks were awed by thy life in the flesh,
how, though corporeal, and clad with earthly clay,
thou didst set forth with courage to invisible wars and wrestlings
and didst boldly smite the hordes
of the demons with mortal wounds.
Wherefore, Christ rewarded thee
with abundant gifts in return.
Entreat Him that our souls find salvation,
O most renowned Father Athanasius.

Tone 3 (Byzantine Chant from
St. Anthony Monastery Music Project)

Troparion to St. Athanasius (Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 (Byzantine Melody
harmonized by Fr. J. Finley)

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
 O mediatrix, who is unrejected by the creator.
 Turn not away from the voice of our petitions, though we be sinners.
 Come to us with aid in time, who cry unto thee in faith,
 for thou art good. Hasten to us with intercessions, O Theotokos,
 who dost always intercede for those who honor thee.

Tone 4 (Byzantine melody
 harmonized by F. Karam)

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
 +Glory to the Father and to the Son and to the Holy Spirit,
 now and ever and unto ages of ages. Amen.
 Holy Immortal have mercy on us.

Deacon: With strength!
 People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy Book)**

Tone 4 (Byzantine melody
 harmonized by Fr. J. Finley)

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)
 Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

THE EPISTLE READING
Galatians 5:22-6:2

Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another.

Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.

**Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 64 of Liturgy Book)**

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of
 truth, meekness and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

THE GOSPEL READING
Matthew 8:28-9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have You to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If You cast us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

Meglynarion—Hymn to the Mother of God [SEE NEW MUSIC ON NEXT PAGE.]

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.*

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

INCOME FOR JUNE 2015

	General Operating	Building Fund
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$34,448	\$10,044

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.

Valerie, our Administrator, will be away this week and the parish office will be closed.

CONGRATULATIONS TO DOTTIE GENATONE, who was elected as our new Parish Council representative!

FR. SIMON AND PRESBYTERA STEPHANIE THOMAS and family are being transferred to Memphis, TN, where they will be closer to both of their families. They will be leaving this coming week. St. Barbara's parish is having a farewell potluck for them today right after the Divine Liturgy. Their liturgy begins at 9:30 a.m. so the potluck will begin around 11:00 a.m. We are invited to stop by St. Barbara's after our own Liturgy has concluded. All are welcome to bring a dish or dessert to share.

CONGRATULATIONS AND MANY YEARS!

Dn. Scott & Karen & Aunt Lara Jacobs are over the moon happy to announce two new grandchildren, Charlotte Sophia and Sienna Elisabeth, born June 18 to Kent and Amanda. Mother and daughters are home and thriving. Thanks be to God.

ARCHDIOCESE SACRED MUSIC INSTITUTE

From July 7-12 our Music Director, Valerie, along with Fr. John Finley and 3 members of our choir (John Butler, Verne Gish and Catherine Braun) will be attending the 30th Annual Sacred Music Institute of our Archdiocese at the Antiochian Village in Pennsylvania. Please pray for safe travels for our team and that God will bless their time at the conference..

PLEASE SUPPORT OUR PROJECT MEXICO MISSION TEAM!

HOME-BUILDING TRIP—AUGUST 13-19, 2015

We have a beautiful new Missions page on our website (thank you, Hani, our amazing webmaster!) so please log on and watch the moving video created by our 2015 mission team members. From that page, you can make a donation towards the trip or order a t-shirt and join the support team of "Prayer Warriors" who will be praying here at home for our team's safety and spiritual edification. The deadline for ordering t-shirts is July 19. Shirts will arrive by August 4th.

Here is the link to the website page: <https://www.stathanasius.org/missions/project-mexico/>

MISSION TEAM FUNDRAISER SATURDAY, JULY 18th

The Project Mexico team is sponsoring a fundraiser in the church parking lot on Saturday, July 18th to raise money to help cover the \$9,000 plus in expenses for the team, including the cost of the building materials for the house they will construct. The fundraiser will include a garage sale, bake sale, and small farmer's market.

It Is Truly Meet

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CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/10 Chris & Christie Robinson

Birthdays

7/5 Beau Brunner, Daniel Giordani

7/7 Ekaterina Nikolov

7/9 Laurie Baker

7/11 David Washburn, Dayli Braun, Fr. John Carrillo

Patronal Feast Days

7/8 Saints Priscilla and Aquila Julie Gross

Summer School 2015

Week 2—Health & Wellness



Dayli Braun taught about her company, Pizza Guru, and its commitment to health and the environment, including buying from local organic farmers as much as possible. The students brainstormed new pizza recipe ideas for Pizza Guru's menu. (Like chocolate crust with ice cream on top!)



Dr. Jon King talked about the connection between dental health and hygiene and our overall wellness, and he gave out free tooth brushes!



Stephanie Braun taught on vitamins and exactly how each one helps us to be healthy, Everyone got to sample a DELICIOUS and nutritious smoothie!

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Mary	All those suffering and
Mother Victoria	Susan B.	in danger in the Ukraine,
Met. Paul & Abp. John	Baby Christian F.	Africa, and the Middle East
Dn. Richard E.	Duane F.	Ryan Family
Kh. Peggy K. and Family	Stan and Donna F.	Terri-Lynn H.
Fr. Gordon & Kh. Mary Sue W.	Molly M.	Hannah Rose H.
Greg & Margaret Y.	Mikael M.	Cole K.
Hoppe Family	Angel, Helen and Family	Subdn. Stephen B.
Kh. Mary Ellen B.	Jim M.	Maria B.
Gail S.	Joy	Lisa, Asia, Joe B.
Dean & Penny	Kh. Marilyn G.	Joanne G.
		Holly C.
		Valeria

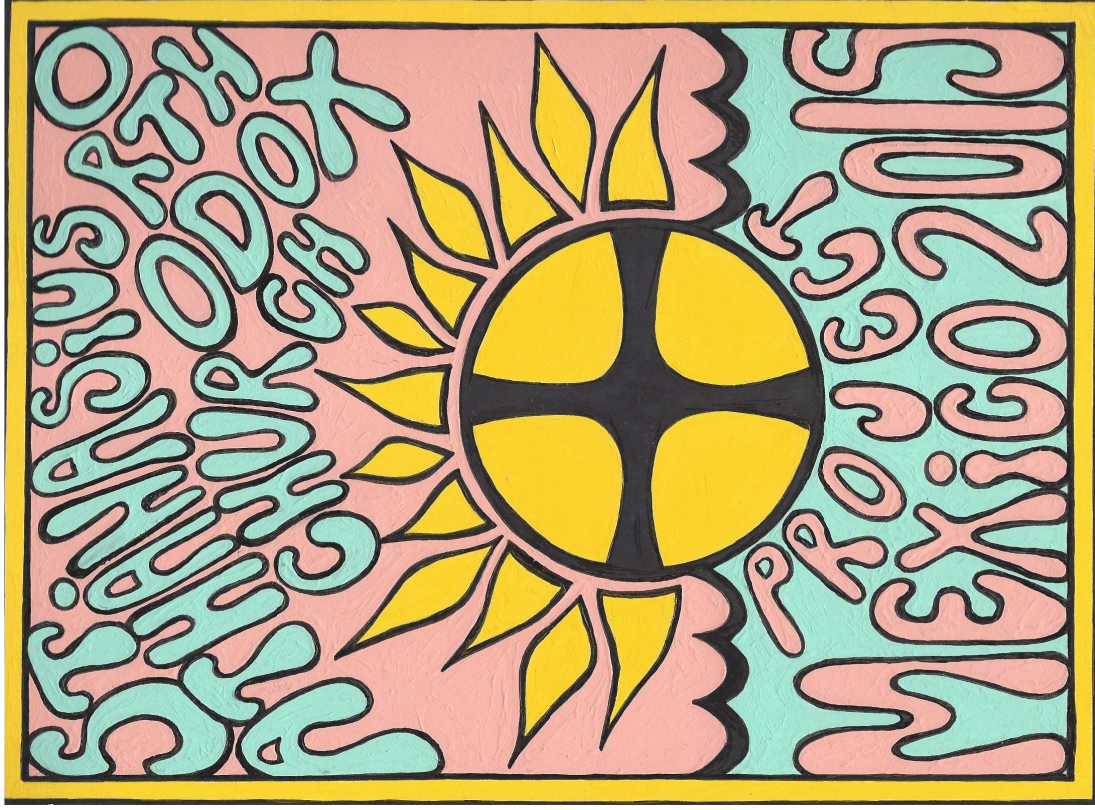
For repose of the souls of: Sohei, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the fellowship hall. The two *
* enclosed cabinets hold icons, books, jewelry and other items that *
* are FOR SALE. Payment should be made at time of purchase and *
* placed in the brown lock box ON THE BOOKSTORE SHELF. *
* Make checks payable to "St. Athanasius Book Center." *



**THE MISSION AND VISION
OF
ST. ATHANASIUS
ORTHODOX
CHRISTIAN CHURCH
(Ephesians 3:14-21)**

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING AND INTEGRATING new members
- in RETURN OF THE WAYWARD
- in the CARE FOR OUR COMMUNITY

**Unto the inheritance of the
KINGDOM OF HEAVEN**

**ORDER A T-SHIRT AND SUPPORT
OUR 2015 MISSION TEAM!**

Order online at:

<https://www.stathanasius.org/missions/project-mexico/>

T-shirts will arrive by August 4th.