



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 14, 2013

Tone 2 / Eothinon 3

Sunday of the Holy Fathers Of Fourth Ecumenical Council

Apostle Aquila of the Seventy; Joseph the Confessor,
Archbishop of Thessalonica; Peter, Bishop of Crete; Venerable
Onesimos of Magnesia and Nicodemus of the Holy Mountain



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not
Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour ~ we'd love to meet you!*

Calendar for this Week

Sunday, July 14

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, July 15

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, July 16

5:30 p.m. Daily Vespers

Wednesday, July 17

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, July 18

5:30 p.m. Daily Vespers

Friday, July 19

6:45 a.m. Daily Matins

Saturday, July 20

6:00 p.m. Great Vespers/Confession

Sunday, July 21

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

- REMAINING FAITHFUL -
\$.A.O.C. BUILDING FUND
Total donations received in the
month of June:
\$17,000!

Sunday Morning Ministries Schedule

Eucharist Bread

July 14 G. Braun
July 21 Dillon
July 28 Meyer
August 4 Gish

Coffee Hour

July 14 N. Tinyayeva
July 21 Gish
July 28 Matthews/Gray
August 4 Finley/Morrison for Fiesta
at the Hollister property

Greeters

July 14 P. Morrison/D. Genatone
July 21 P. King/P. Matthews
July 28 C. & C. Giordani
August 4 D. Washburn/D. Lewis

Ushers

July 14 S. & L. Speier, P. Brunner
July 21 D. Meyer, R. Barre, D. Lewis
July 28 C. & G. Speier, Rita Schneider
August 4 J. King, G. Braun Jr., P. King

PARISH OFFICE HOURS

During the weeks of July 15 and July 22, the church office will be open only on Tuesdays and Thursdays from 1-4 p.m. The church will be open for all regular daily services.

Fr. Nicholas and Jan will be at the Archdiocese National Convention July 18-26.

At the conclusion of Matins, we sing THE GREAT DOXOLOGY

followed by the Matins Dismissal Troparion

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL

Troparion of the Resurrection

Tone 2

(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow’r,
and when Thou didst raise the dead from beneath the earth,
all the pow’rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion of the Holy Fathers

Tone 8

Most glorious are You, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

Verse: For You are just in all that You have done for us.

THE EPISTLE READING

Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the Law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

Alleluia before the Gospel (Page 57 of Liturgy Book)

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Matthew 5:14-19

The Lord said to His disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven.

"Think not that I have come to abolish the Law and the Prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)

Alleluia, Alleluia, Alleluia!

Congratulations and many years...

...to Jared Speier and Emily Mason, who were joined in the sacrament of marriage.

Congratulations, also, to the proud parents, Jenny and Craig Speier, grandparents—Fr.

Nicholas and Jan Speier, and sponsors Libby Kinman and Gabe Speier. May God bless

Jared and Emily with health, peace, and many years!

NEW MEMBER WELCOME

Laurie Baker



Laurie Baker relocated to Santa Barbara in March 2013 from Aurora, Colorado, a suburb of Denver. She had attended St. Mark's Parish in Denver since 1990 and was chrismated into Orthodoxy in 1991 along with the entire congregation. Laurie was active at St. Mark's as a member of the Vestry, Director of the Altar Guild and member of the women's group. Laurie has two grown children, Manda and Brett who reside in Aurora, Colorado. Born in Orange, CA, Laurie

feels a sense of returning home and has family – including aunts, and an uncle, sister-in-law, nieces and nephews (and great nieces and nephews), and numerous cousins – throughout the southern and central coasts. She looks forward to getting reacquainted with them. Laurie is thrilled to have found St. Athanasius and is grateful for the very warm welcome from everyone.

CELEBRATIONS for THIS WEEK

Anniversaries

7/19 Fr. John & Jan Finley

Birthdays

7/15 Juliana Shackelford

7/16 Melissa Braun, Rebekah Dillon, Mary Gish

7/17 Carissa Hampton

Patron Saint Commemorations

7/17 St. Marina

Margaret Easbey

7/18 St. Elizabeth, The New Martyr

Elizabeth Butler, Carla Harris, Jenny Speier

7/20 St. Elias

Chase King

7/20 St. Maria of Paris

Maria Butler

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Fr. Nicholas and Jan will be at the Archdiocese National Convention July 18-26.

NEXT GATHERING AT THE CHURCH BUILDING SITE: Coffee Hour on Sunday, August 4th, will be hosted by the Finleys/Morrisons in honor of Fiesta, and held at the construction site on Hollister. Those in attendance will be given the opportunity to sign the inside of one of the walls of the church.



it's that time again!

Time to sign up to host a

Coffee Hour

during the 2013-2014 Liturgical Year!



We ask that each parish family /household host or co-host a Coffee Hour once during the year. Most of us could never host our entire parish family at our homes, so this is our chance to offer hospitality and to provide the opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member.

Some financial assistance is available in the form of reimbursement (upon submittal of receipts) so don't let finances be an obstacle to volunteering. Singles are asked to take a turn at hosting Coffee Hour. Please consider enlisting a group of 3-4 singles to co-host one Sunday together.

Please consult your family calendar, see the sign-up board in the fellowship hall and sign up by August 17. You can also e-mail a preferred date to office@stathanasius.org.

Many thanks to all of our hosts for 2012-2013, and to all who contributed to our many potlucks during the year!

KIDS 17 yrs and under BOWL FREE AT ZODOS!

May 20-September 15

5925 Calle Real in Goleta

Parents must register on line at https://www.kidsbowlfree.com/center.php?alley_id=6138

Each registered child can bowl 2 free games every day of the summer!

Congratulations to our Bible Bowl 2013 Team!

Josh Dillon, Ciara Giordani, Cole Kronman, Luke Speier

Our Bible Bowl team competed last weekend to the cheering of a crowd (and a candy-tossing Archbishop Joseph!) at the Diocesan Parish Life Conference in Orange County, along with 28 other teams (Jr. High, High School and Adult). The focus this year was the Gospel of Mark. Our team came in 4th out of 13 high school teams, only two points behind Second Place and one point behind Third Place! The winning team was from Eagle River (Anchorage), Alaska, and will go on to compete at the Archdiocese National Conference in Houston at the end of July.

“Elevator Evangelism”

A simple question like, "What is Orthodoxy?" might be the one many Orthodox Christians most dread. We might get that harmless little question from a stranger while chatting in a checkout line, or waiting for a meeting to begin, or possibly while riding an elevator. We know the person is only looking for a quick and simple answer, but how do we condense all that the Orthodox Christian Faith is into the few seconds it takes to ride an elevator, and hopefully have it come out appealing enough that the person might become curious to learn more?

On Saturday, June 22, the Outreach Committee hosted a morning workshop on how to prepare and present an *Orthodox elevator speech*, a tool for answering the simple question "What is Orthodoxy?" in just a few seconds. Fr. Nicholas reviewed the core beliefs of the Orthodox Christian Faith (an expertly crafted and fun mini-catechism class), and Howard Lange followed with practical instructions on how to distill those fundamentals into a personalized 30-second or less statement. Twenty parishioners participated in the workshop, and from all accounts seem to have enjoyed the experience and went away much better prepared to explain in brief what the Orthodox Church is when questioned.

This was the first in the Outreach Committee's planned series of evangelism training workshops for St. Athanasius Church parishioners. Be on the lookout for more topics to come!

From workshop participants:

- “I thought it was excellent and look forward to the upcoming workshops. The discussion was very interesting and helpful, and Fr. Nicholas’ teaching was excellent.”
- “It was very helpful to get to the core of my Faith and to find a way to express not only what I believe, but what I LOVE about Orthodoxy and how it helps me to find peace and stability in an unstable world.”
- I was very impressed with the clear, concise presentations, and then being given the opportunity to put into practice what we learned. With a well rehearsed elevator speech or two, I now feel much more confident sharing my faith when the opportunity presents itself.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

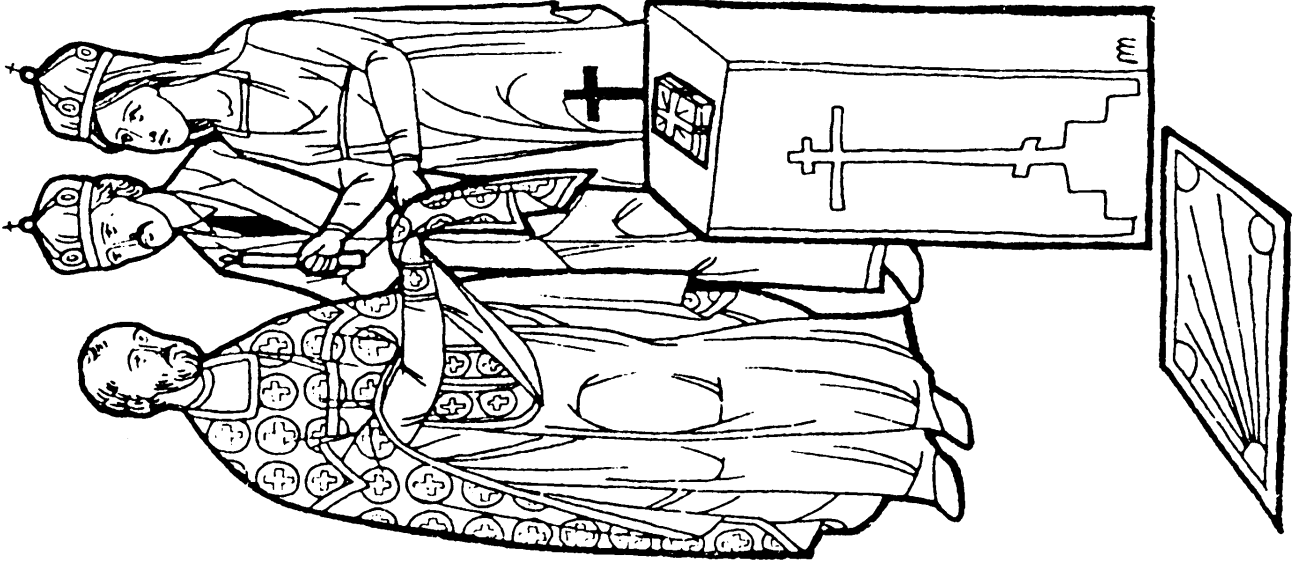
Please pray for the health of:

- | | | |
|--------------------------|--------------------------|-------------------|
| Fr. Alexander Atty | Olga G. | Tom & Darbi J. |
| Mother Victoria | Leona G. | Marna D. |
| Met. Paul & Abp. John | Presbyteria Katherine H. | Alexi |
| who have been | Mick K. & Family | Frank G. |
| kidnapped by terrorists | Alissa, Amanda & Ben T. | Patrick B. |
| in Turkey. | Mary & Susan | Baby Christian F. |
| Fr. Jim K. | Duane F. | Audrey L. |
| Fr. Gordon & Mary Sue W. | Dave L. | Bill |
| Greg & Margaret Y. | Kent F. | |
| Gail S. | Carla H. | |

For repose of the souls of: Bodhi, Charles T., Fr. George, Sari W., Charlene S.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two
enclosed cabinets hold icons, books, jewelry and other items that
are FOR SALE. Payment should be made at time of purchase and
placed in the brown lock box. Make checks payable to “St. Atha-
nasius Book Center.”



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -