



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Benjamin Hedges
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 24, 2016

**Tone 4 / Eothinon 5; Fifth Sunday after Pentecost
& Fifth Sunday of Matthew**
Great-martyr Christina of Tyre;
New-martyrs Athanasios of Ikia and Theophilos of
Zakynthos; Athenagoras the Confessor;
Passion-bearers Boris (Roman) and Gleb (David)



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.
Please join us at Breakfast ~ we'd love to meet you!*

Calendar for this Week

Sunday, July 24

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, July 25

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, July 26

5:30 p.m. Daily Vespers

Wednesday, July 27

6:45 a.m. Daily Matins
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group
5:45 p.m. Outreach Team Meeting

Thursday, July 28

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday July 29

6:45 a.m. Daily Matins

Saturday July 30

6:00 p.m. Great Vespers/Confessions

Sunday, July 31

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends

Sunday Morning Ministries Schedule

Eucharist Bread

July 24 Washburn
July 31 Fr. Nicholas
August 7 Hedges
August 14 Dn. G. Braun

Coffee Hour

July 24 Lander
July 31 Ballew
August 7 AbuGhazaleh/Simonsen
August 14 HOST NEEDED

Greeters

July 24 K. & L. Jacobs
July 31 P. King/L. Baker
August 7 G. Shannon/K. King
August 14 D. Genatone/P. Morrison

Ushers

July 24 C. Berari, G. Shannon, S. Speier
July 31 P. Brunner, P. King, D. Meyer
August 7 R. Barre, D. Lewis, C. Speier
August 14 J. King, D. Washburn, C. Berari

Readers

July 24 D. Meyer
July 31 V. Gish
August 6 T. Harris (Transfiguration Liturgy)
August 7 H. Lange
August 13 M. Kern (Vespers)
August 14 R. Barre (Dormition)

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection (Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

Troparion for Martyr Christina of Tyre

Our lamb Christina calls out to You, O Jesus, in a loud voice:
“I love You, my Bridegroom, and in seeking You I endure suffering.
In baptism I was crucified so that I might reign in You,
And I died so that I might live with You.
Accept me as a pure sacrifice, for I have offered myself in love.”
Through her prayers save our souls, since You are merciful.

Tone 4

Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine Melody
harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

Tone 4 Byzantine melody
harmonized by F. Karam

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy book)

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.
(Ps 103/104:24)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

THE EPISTLE READING

Romans. (10:1-10)

Brethren, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 64 of Liturgy book)

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of
truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness.
(*Ps 44/45:8*)

GOSPEL READING

Matthew. (8:28-9:1)

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

On August 25th, the Church commemorates the Falling Asleep of the Righteous Anna, the mother of the Theotokos. Saint Anna was the daughter of the priest Matthan and his wife Mary. She was of the tribe of Levi and the lineage of Aaron. According to Tradition, she died peacefully in Jerusalem at age 79, before the Annunciation to the Most Holy Theotokos. During the reign of St Justinian the Emperor (527-565), a church was built in her honor at Deutera. Emperor Justinian II (685-695; 705-711) restored her church, since St Anna had appeared to his pregnant wife. It was at this time that her body and maphorion (veil) were transferred to Constantinople. Portions of St Anna's holy relics may be found on Mount Athos: Stavronikita Monastery (part of her left hand), St Anna's Skete (part of her incorrupt left foot), Koutloumousiou Monastery (part of her incorrupt right foot). Fragments of her relics may also be found in her Monastery at Lygaria (Greece) and in the Monastery of St John the Theologian at Sourota. Part of the saint's incorrupt flesh is in the collection of Saints' relics of the International Catholic Crusaders. The church of St. Paul outside the Walls in Rome has one of the saint's wrists. (St Anna is also commemorated on September 9.)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.



Today our good friend and Orthodox composer, Nazo Zakkak, will be wed to Katie Braun, the daughter of Tim and Sue Braun, and the granddaughter of Fr. Jon and Mary Ellen Braun. The Braun family and a number of our choir members are in Orange County for the wedding today.



May God grant Nazo and Katie many years! Pictured here from last summer's Sacred Music Institute are Catherine Braun, Verne Gish, Nazo Zakkak and our Music Director, Valerie Yova.

LOST GOLD CROSS

Several weeks ago Fay Young lost the gold cross and chain that she received at her chrismation. If anyone found a cross, would you please let the church office know or contact Fay directly. Thank you.

MEMORY ETERNAL

A memorial service for Dana Alexander's father, William Alexander, who fell asleep in the Lord on June 30th, will be held in the Theatre at Valle Verde Retirement Community, 900 Calle de Los Amigos on July 30, 2016 at 3pm. In lieu of flowers, donations can be made to the Santa Barbara Rescue Mission. To read a tribute to William, who contributed in so many ways to the good of the Santa Barbara community, go to:

<http://www.legacy.com/obituaries/newspress/obituary.aspx?n=william-c-alexander&pid=180703726>)

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/27 Zach & Sarah Brasel

Birthdays

7/29 Douglas Meyer, Phoebe Lenhart

7/30 Emily King, Dean Papazacharioudakis, Jackson Stetler, Nikolai Rice

Patronal Feast Days

7/24 **St. Christina the Martyr** Kristin King, Christina Papazacharioudakis,
Christie Robinson, Christina Shackelford,
Jordan Williams

7/25 **St. Anna the Mother of the Theotokos (Dormition of Anna)**
Anna Grace Butler

7/30 **St. Angelina of Serbia** Angel Speier

UPCOMING FEAST DAY CELEBRATIONS

LOOKING AHEAD...

FEAST OF THE TRANSFIGURATION OF THE LORD

Divine Liturgy Saturday, August 6th at 8:30 a.m.

FEAST OF THE DORMITION (ASSUMPTION) OF THE MOTHER OF GOD

Divine Liturgy Sunday, August 14th (transferred from Aug. 15)



INCOME FOR MAY 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$40,133	\$ 12,549

INCOME FOR JUNE 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$29,735	\$ 5,504

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Mike, Trevor & Adam
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
Jared E.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: William, Victims of the shooting in Orlando, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *

