



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young  
Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 28, 2013

**Tone 4 / Eothinon 5; Fifth Sunday after Pentecost  
& Fifth Sunday of Matthew**

Prochorus, Nicanor, Timon and Parmenas, Deacons and Apostles  
of the Seventy; Venerable Paul, Founder of Xeropotamou and St. Paul  
Monasteries on Athos; Venerable Irene Chrysovalantou; Pitirim,  
Bishop of Tambov



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not  
Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### **Sunday, July 28**

#### **ARCHDIOCESE NATIONAL CONFERENCE IN HOUSTON ENDS**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal  
4:00 p.m. Friends Gathering at  
St. Barbara Monastery

### **Monday, July 29**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michaels'  
University Church in Isla Vista

### **Tuesday, July 30**

5:30 p.m. Daily Vespers

### **Wednesday, July 31**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### **Thursday, August 1**

5:30 p.m. Daily Vespers with Paraklesis  
7:00 p.m. Choir Rehearsal  
7:00 p.m. Parish Council Meeting

### **Friday, August 2**

6:45 a.m. Daily Matins with Paraklesis

### **Saturday, August 3**

6:00 p.m. Great Vespers/Confession

### **Sunday, August 4**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour at Hollister Property

## *Sunday Morning Ministries Schedule*

### **Eucharist Bread**

July 28 Meyer  
August 4 Gish  
August 11 Tinyayeva  
August 18 Thomas

### **Coffee Hour**

July 28 Gray/Matthews  
August 4 Finley/Morrison for Fiesta  
at the Hollister property  
August 11 Religious Education Team  
(Farewell Party for Monge Family)  
August 18 Dn. G. Braun Family

### **Greeters**

July 28 C. & C. Giordani  
August 4 D. Washburn/D. Lewis  
August 11 K. & L. Jacobs  
August 18 S. & C. Shackelford

### **Ushers**

July 28 C. Speier, Rita Schneider, P. King  
August 4 J. King, G. Braun Jr., P. King  
August 11 S. & L. Speier, P. Brunner  
August 18 D. Meyer, R. Barre, D. Lewis

**At the conclusion of Matins, we sing THE GREAT DOXOLOGY**

**followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL**

#### **Troparion of the Resurrection (Music on page 45 of Liturgy Book)**

**Tone 4**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Troparion to St. Athanasius**  
**(Music on page 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Feast of the Transfiguration of Our Lord**

**Tone 7**

You were transfigured on the mountain, O Christ God,  
and Your disciples saw Your glory as far as they were able,  
so that when they saw You crucified,  
they might know that You suffered voluntarily,  
and might proclaim to the world  
that You are truly the radiance of the Father.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon)**  
**(Music on page 59 of Liturgy Book)**

**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.  
(Ps 103/104:24)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

## THE EPISTLE READING

### Romans 10:1-10

Brethren, my heart's desire and prayer to God for them is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the Law, that everyone who has faith may be justified.

Moses writes that the man who practices the righteousness, which is based on the Law, shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith, which we preach). Because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

### Alleluia before the Gospel (Page 57 of Liturgy Book)

**Tone 4**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** Draw Thy bow and prosper and reign, in the cause of  
truth, meekness and righteousness. (*Ps 44/45:5*)

**Verse:** Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

## GOSPEL READING

### Matthew 8:28-9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have You to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If You cast us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
Alleluia, Alleluia, Alleluia!

## ***CELEBRATIONS for THIS WEEK***

### **Anniveraries**

**7/29** Matthew & Kristen Roberts

### **Birthdays**

**7/29** Phoebe Lenhart, Douglas Meyer, Jordan Schaefer, Mihaela Schmitz

**7/30** Emily King, Nikolai Rice (Tinyayeva), Jackson Stetler

**8/03** David Vander Laan

**8/04** Doug Giordani, Lauren Shackelford

### **Patron Saint Commemorations**

**7/30** St. Angelina of Serbia

Angel Speier

**8/3** St. Lydia

Lydia Sieck

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**ST. BARBARA MONASTERY WILL HAVE ITS MONTHLY FRIENDS GATHERING TODAY** beginning with a presentation at 4:00 p.m. by Fr. Jousuf Hassam on “The Hope of the Resurrection: The Resurrection in the Scriptures.” The presentation will be followed by Vespers and a potluck supper.

**NEXT GATHERING AT THE CHURCH BUILDING SITE:** Coffee Hour on Sunday, August 4th, will be hosted by the Finleys/Morrison in honor of Fiesta, and held at the construction site on Hollister. Those in attendance will be given the opportunity to sign the inside of one of the walls of the church.

**THE PARISH COUNCIL** will meet on Thursday, August 1 at 7:00 p.m.

**PRAYER REQUEST:** Please keep Duane Franzen in your prayers. He will have a stem cell transplant this Thursday, August 1st at UCLA Medical Center. He will be staying down in Los Angeles until the beginning of September.

**DORMITION FAST** begins on August 1st and ends on August 14th at the conclusion of the Vespers-Liturgy for the feast.

**PARAKLESIS TO THE MOTHER OF GOD** will be prayed at Daily Matins (Monday, Wednesday, Friday) and Daily Vespers (Tuesday and Thursday) from August 1st to August 14th.

### **UPCOMING FEAST DAY CELEBRATIONS:**

Monday, August 5th at 6:00 p.m.      Vespers Liturgy for **Transfiguration**  
of our Lord with Blessing of the Grapes

Wednesday, August 14 at 6:00 p.m.      Vespers Liturgy for the **Dormition**  
of the Mother of God

(Vespers Liturgies are Eucharistic services, and are done on the eve of the feast.)





*it's that time again!*

Time to sign up to host a

**Coffee Hour**

during the 2013-2014 Liturgical Year!

We ask that each parish family /household host or co-host a Coffee Hour once during the year. Most of us could never host our entire parish family at our homes, so this is our chance to offer hospitality and to provide the opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member.

Some financial assistance is available in the form of reimbursement (upon submittal of receipts) so don't let finances be an obstacle to volunteering. Singles are asked to take a turn at hosting Coffee Hour. Please consider enlisting a group of 3-4 singles to co-host one Sunday together.

Here's what is currently asked of the hosts:

- Bring 12-14 dozen servings of refreshments
- Bring half-n-half (3 quarts) and during Lent other liquid creamers
- Bring 1 gallon of juice for the children
- Plug in coffee and tea pot at 10:00 a.m. (They will be set up already.)
- Put all food out on the table and set out large coffee pot after Communion
- Clean up fellowship hall and kitchen after Coffee Hour (no vacuuming or trash emptying necessary)

Please consult your family calendar, see the sign-up board in the fellowship hall and sign up by August 17. You can also e-mail a preferred date to [office@stathanasius.org](mailto:office@stathanasius.org).

**Many thanks to all of our hosts for 2012-2013, and to all who contributed to our many potlucks during the year!**

Have you seen  
the photos from this year's  
**Pascha Picnic?**

Visit the parish website and view hundreds of photos of our  
worship community in action at:

<http://www.stathanasius.org/media/photo-gallery/>



## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

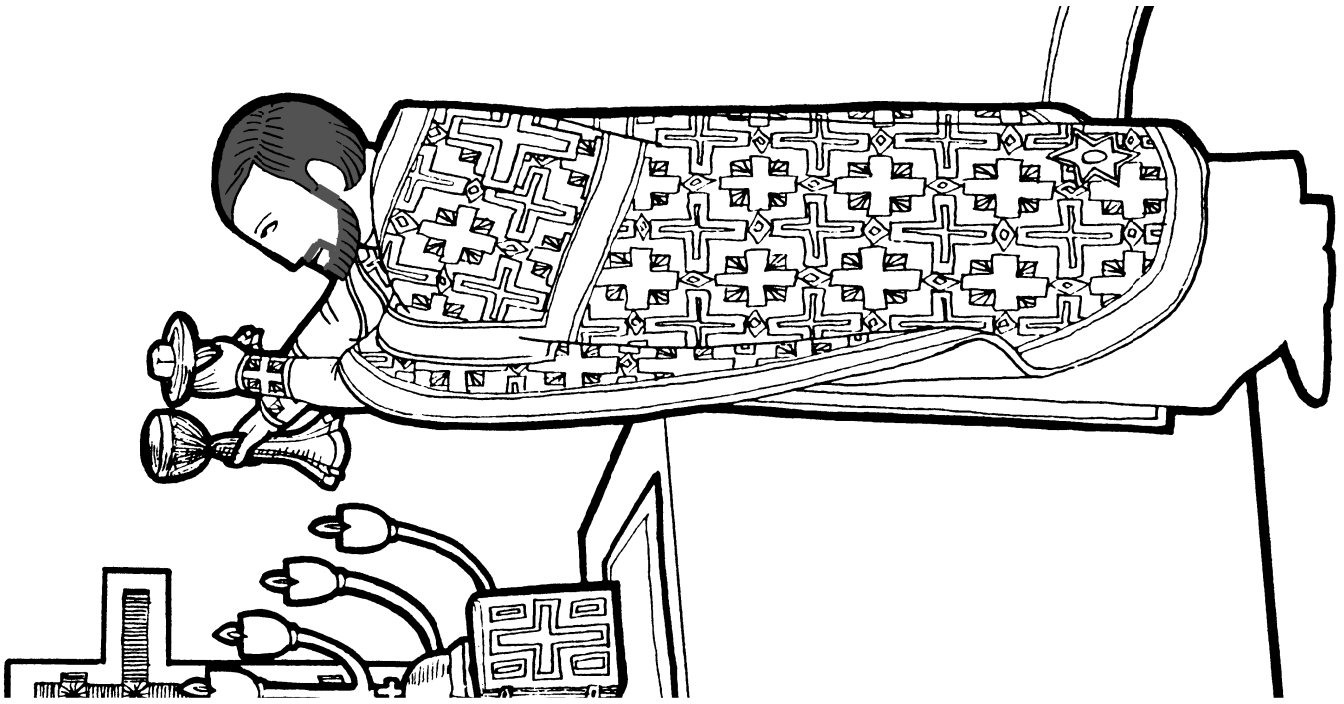
**Please pray for the health of:**

Fr. Alexander Atty	Olga G.	Tom & Darbi J.
Mother Victoria	Leona G.	Marna D.
Met. Paul & Abp. John who have been kidnapped by terrorists in Turkey.	Presbytera Katherine H. Mick K. & Family Alissa, Amanda & Ben T. Mary & Susan	Alexi Frank G. Patrick B. Baby Christian F.
Fr. Jim K.	Duane F.	Audrey L.
Fr. Gordon & Mary Sue W. Greg & Margaret Y. Gail S.	Dave L. Kent F. Carla H.	

**For repose of the souls of:** Bodhi, Charles T., Fr. George, Sari W., Charlene S.

### \*\*\*\*\* \* **ST. ATHANASIUS BOOK CENTER** \* \*\*\*\*\*

\* The church bookstore is located in the fellowship hall. The two  
\* enclosed cabinets hold icons, books, jewelry and other items that  
\* are FOR SALE. Payment should be made at time of purchase and  
\* placed in the brown lock box. Make checks payable to “St. Atha-  
\* nasius Book Center.”  
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FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME -