



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Benjamin Hedges
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 31, 2016

Tone 5 / Eothinon 6; Sixth Sunday after Pentecost

& Sixth Sunday of Matthew

Holy and Just Eudokimos of Cappadocia

Righteous Joseph of Arimathea;

Germanos, Bishop of Auxerre



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Breakfast ~ we'd love to meet you!

Calendar for this Week

Sunday, July 31

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends:
Fr. John Finley will speak on the
teaching of St. Nikolai Velimirovich
on "The Healing of the Soul."

Monday, August 1-Dormition Fast begins

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, August 2

5:30 p.m. Daily Vespers

Wednesday, August 3

6:45 a.m. Daily Matins
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group

Thursday, August 4

5:30 p.m. Daily Vespers

Friday, August 5

6:45 a.m. Daily Matins

Saturday, August 6

8:30 a.m. Liturgy for Feast of Transfiguration
6:00 p.m. Great Vespers/Confessions

Sunday, August 7

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

July 31 Fr. Nicholas
August 7 Hedges
August 14 Dn. G. Braun
August 21 Meyer

Coffee Hour

July 31 Ballew/Younf
August 7 AbuGhazaleh/Simonsen
August 14 Finley Family
August 21 HOST NEEDED

Greeters

July 31 P. King/L. Baker
August 7 G. Shannon/K. King
August 14 D. Genatone/P. Morrison
August 21 K. Fox/H. Lange

Ushers

July 31 P. Brunner, P. King, D. Meyer
August 7 R. Barre, D. Lewis, C. Speier
August 14 J. King, D. Washburn, C. Berari
August 21 G. Shannon, S. Speier, P. Brunner

Readers

July 31 V. Gish
August 6 T. Harris (Transfiguration Liturgy)
August 7 H. Lange
August 13 M. Kern (Vespers)
August 14 R. Barre (Dormition)
August 21 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Troparion for St. Eudokimos

He Who called you from earth to heaven,
keeps your body unharmed after death, holy Eudokimos;
for you lived a sober and holy life
and did not defile your flesh; //
so with boldness intercede with Christ that we may be saved!

Tone 4

Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)

Tone 3 Byzantine Melody
harmonized by Fr. J. Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord **Tone 7 Carpathian Chant**

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

THE EPISTLE READING

Romans. (12:6-14)

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING

Matthew. (9:1-8)

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.*

UPCOMING FEAST DAY CELEBRATIONS

LOOKING AHEAD...

FEAST OF THE TRANSFIGURATION OF THE LORD

Divine Liturgy Saturday, August 6th at 8:30 a.m.

We will sing the Paraklesis to the Theotokos

on Thursday, August 11 at 6:00 p.m.

in preparation for the Feast of the Dormition

FEAST OF THE DORMITION (ASSUMPTION) OF THE MOTHER OF GOD

Divine Liturgy Sunday, August 14th (transferred from Aug. 15)

CELEBRATIONS for THIS WEEK

Birthdays

8/1 Michael Andonian
8/3 David Vander Laan
8/4 Lauren Shackelford

Patronal Feast Days

8/3 St. Lydia, Seller of the Purple Cloth Lydia Sieck



it's that time again!

Time to sign up to host a

Coffee Hour

during the 2016-2017 Liturgical Year!

We need EVERYONE's participation!

We ask that each parish family/household host or co-host a Coffee Hour once during the year. This is our chance to offer hospitality and to provide the opportunity for fellowship for the whole parish after the Sunday Divine Liturgy. Coffee Hour is an important time for bonding and reaching out to each other. It's also a great way to commemorate a birthday, anniversary, name day or to honor the memory of a departed family member.

Wondering what is expected of you?

- Put simply, hosts bring some food and drink, set it up, and clean it up. Some financial assistance is available for those who need it.
- More detailed information will be emailed and posted on the bulletin board.

This past year's coordinators, Christie Speier Robinson and Carla Brunstead, have made it really easy with detailed instructions, reminders the week before you host, and even a **HOW-TO MANUAL with PHOTOS**, located in the little kitchen.

Coffee Hour Advisors

We have a team of Coffee Hour "Advisors" and one of them will be available each Sunday morning to answer any questions the hosts might have. On the team so far: Laurie Baker, Corina Berari, Chantel Cappuccilli, Cheryl Washburn-Lander, Suzi Wiley.

New this past year...

We also have a new team of **SUPERMEN** who rotate each week in helping with set-up and take down of the tables and umbrellas: Michael Andonian, Joe Ballew, Tom Ballew, Nicholas Berari, Ronald Berari, Patrick Gilbert, Tom Jennings, Andre Moskalyk, Edward Severy, David Washburn and Galen Wiley. And Richard Barre, who ALWAYS helps WHEREVER AND WHENEVER NEEDED!!

How to Sign up

Sign-ups will be done online again this year, but you can also sign up on the big bulletin board at the church starting next Sunday. Please consult your family calendar, and then use one list or the other to sign up. We will be emailing the link to you, or you can type it into your computer's browser. You can also e-mail a preferred date to christie.d.robinson@gmail.com. Here is the link:

<http://www.signupgenius.com/go/20f0a49a5ab2ba6fc1-coffee>

Many thanks to all of our hosts for 2015-2016 and to all who contributed to our many potlucks during the year!

And many, many thanks to Carla Brunstead, who is going off the Coffee Hour team after 2 years of tireless work helping us get Coffee Hour up and running in our new building!

PRAYER IN TIME OF DROUGHT

(Kallistos, Patriarch of Constantinople– circa A.D. 1350)

O Master, Lord our God, who having heard the prayer of Elijah the Tishbite, for the sake of his zeal held back rain from the earth, and again for the sake of his prayer, granted fruit-bearing rain: As You are the Master of All, we entreat You: out of Your deep compassion grant abundant rain to Your inheritance; and, overlooking our sins, send down Your rain on this place. Make glad the face of the earth, for the sake of Your needy people, children, and animals and all others, for they trust in You, that You give them nourishment in due season. For You are our God, a God merciful and quick to save, and unto You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages, Amen.



INCOME FOR MAY 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$40,133	\$ 12,549

INCOME FOR JUNE 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$29,735	\$ 5,504

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Mike, Trevor & Adam
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
Jared E.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Fr. Jacques—new Martyr of France, William, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *

