



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111

Office hours: Tues-Fri.

12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President

Dan Braun, Treasurer

Benjamin Hedges, Secretary

Laurie Baker

Corina Berari

David Dillon

Dottie Genatone

Verne Gish

Terri Speier

LITURGY OF ST. JOHN CHRYSOSTOM

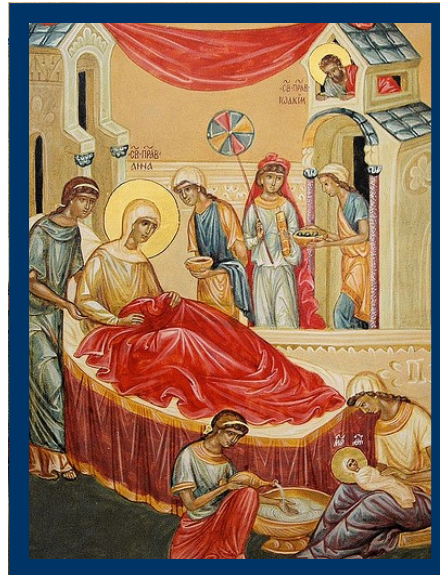
Sunday, September 10, 2017

Tone 5 / Eothinon 3

Sunday before the Elevation of the Holy Cross

After-feast of the Nativity of the Theotokos

Martyrs Menodora, Metrodora and Nymphodora of
Bithynia; Empress Pulcheria; Peter, Bishop of Nicaea



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, September 10

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, September 11

6:45 a.m. Daily Matins
5:00 p.m. St. Brigid Outreach Dinner
at St. Michael's in Isla Vista

Tuesday, September 12

5:30 p.m. Daily Vespers

Wednesday, September 13

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry
6:00 p.m. Vespers Liturgy for the
Feast of the Cross

Thursday, September 14

11:00 a.m. Showers of Blessing Ministry
5:30 p.m. Daily Vespers
6-7:30 p.m. Jr. High Youth Group
6:30-8:30 p.m. High School Youth Group

Friday, September 15

ANNUAL GOLF TOURNAMENT

6:45 a.m. Daily Matins

Saturday, September 16

6:00 p.m. Great Vespers, Confessions

Sunday, September 17—Blessing of Students

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

September 10 Kern
September 17 Tinyayeva
September 24 Washburn
October 1 Meyer

Coffee Hour

September 10 G. Shannon
in memory of Dn. Howard
September 17 NEED A HOST
September 24 NEED A HOST
October 1 NEED A HOST

Greeters

September 10 D. Lewis, D. Washburn
September 17 K. Fox, K.P. King
September 24 K. & L. Jacobs
October 1 L. Baker, P. King

Ushers

September 10 D. Lewis, C. Speier, J. King
September 17 D. Washburn, C. Berari, G. Shannon
September 24 S. Speier, P. Brunner, P. King
October 1 D. Meyer, R. Barre, D. Lewis

Readers

September 10 T. Harris
September 13 R. Barre (Feast of Cross Vesp-Lit.)
September 17 D. Meyer
September 24 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON verses for the feast of the Nativity of the Theotokos with refrain:

Vs. O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;
we found it in the fields of the wood.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Glorious things are spoken of thee, O city of God. God is in the midst of her;
she shall not be moved. **[Refrain]**

Vs. *Glory...now & ever...Amen. [Refrain]*

SECOND ANTIPHON verses for the feast of the Nativity of the Theotokos & refrain

Vs. The Lord hath sworn in truth unto David; and He will not turn from it. Of the
fruit of thy body will I set upon thy throne.

**Refrain: O Son Of God Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. There will I make the horn of David to bud; I have ordained a lamp for mine
anointed. **[Refrain]**

Vs. For the Lord hath chosen Zion; He hath desired it for His habitation.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

Third Antiphon verses for the feast of the Nativity of the Theotokos & refrain

Vs. Here will I dwell, for I have desired it.

Refrain:

**Your nativity, O Virgin,
has proclaimed joy to the whole universe!
**The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.****

Vs. The most high hath sanctified his tabernacle. **[Refrain]**

Vs. Holy is Thy temple, and wonderful in righteousness. **[Refrain]**

FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Tone 5 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Feast of the Nativity of the Theotokos

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Tone 4

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Nativity of the Theotokos **Tone 4** Slavic Chant

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin,
celebrate and sing to You:
“The barren woman gives birth to the Theotokos,
the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) **Tone 6**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me. (Ps. 28:1)*

EPISTLE READING for the DAY
Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Vs. 1 I have exalted one chosen out of My people. **Alleluia** (Ps 88/89:20)

Vs. 2 For My hand shall defend him, and My arm shall strengthen him.
Alleluia (Ps 88/89:22)

GOSPEL READING for the DAY
John. 3:13-17

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him."

Meglynarion for the Nativity of the Theotokos (Hymn to the Mother of God)

Magnify, O my soul, the Virgin Mary, born of a barren womb.
Virginitv is foreign to mothers; Childbearing is strange to virgins.
But in you, O birthgiver of God, both were accomplished.
Therefore, all the earthly nations unceasingly glorify You.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

For the feast of the Nativity of the Theotokos:

I will receive the cup of salvation and call on the name of the Lord.
(Ps 115/116:13) Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for this WEEK

Birthdays

9/11	Joseph Ballew
9/12	Tom Johnson
9/14	Michael Easbey
9/15	Dean Brunner

Approved by the St. Athanasius Parish Council 2017

Policy on Use of Facilities by Outside Groups and Organizations

The St. Athanasius facilities (including the meeting room, classrooms, chapel, teen room, church nave, and patio) may not be rented or otherwise used by outside groups and organizations of any size. This decision has been made due to management and insurance issues, and to the current regular use of the rooms by the parish for very specific activities. After the completion of our building project, this matter will be revisited.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Our sincere condolences to Melissa Braun at the falling asleep of her mother, Kh. Mary Sue Walker, on August 27th. Our sympathies go out, also to Dn. Gary, all of the Braun children and the extended Walker family. May her memory be eternal!



UPCOMING FEAST DAY SERVICES

Wednesday, September 13

Vesperal-Liturgy for the Feast of the Elevation of the Holy Cross—6:00 p.m.

SUNDAY RELIGIOUS EDUCATION START-UP

All Sunday Religious Education classes will begin **NEXT Sunday, September 17 at 9:00 a.m.**

That would include: Catechesis Level II, Catechesis Level III, Junior High, Senior High

ALL STUDENTS WILL RECEIVE A SPECIAL BLESSING AT THE END OF LITURGY NEXT SUNDAY, SEPTEMBER 17.

ALL MINISTRY TEAM LEADERS will meet on Saturday, September 23rd from 9-11 a.m. at the church. Ministry team leaders will receive a special blessing after Liturgy on September 24th.

ADULT CATECHISM BEGINS on Saturday, Setpember 23rd!

We will meet on Saturdays at 4:30 p.m. Please sign up with Fr. Nicholas if you are interested. All are welcome! It's a great refresher course for all Orthodox Christians, as well as an introduction for inquirers and catechumens.

GOLF TOURNAMENT

LAST DAY TO REGISTER IS

TODAY!

SIGN UP FOR GOLF & DINNER

TODAY!

WANT TO DONATE? SIGN UP

TODAY!

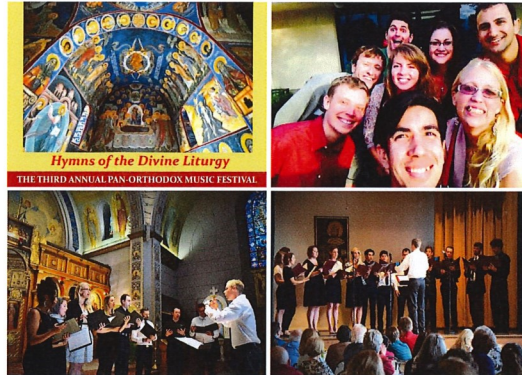
PLEASE SIGN UP **TODAY** AT COFFEE HOUR FOR DINNER AND GOLF IF YOU ARE PLANNING ON COMING!

Over 100 Silent Auction items which include:

BABYSITTING by Lauren Shackelford
CARPENTRY/HANDYMAN SERVICES by Mitch Denny
PHOTOGRAPHY with Paul Wintz
TUTORING with Mary Gish
WATERCOLOR PAINTING by Dorothy Alexander
CINQUAIN WINE and TASTING
HOLDREN'S STEAKS and SEAFOOD
OKTOBERFEST MEAL with CLASSIC BEER PAIRINGS
... just to name a few...

if you didn't get the memo...
TODAY IS THE LAST DAY
to sign up.

OPEN AUDITIONS COMING SEPTEMBER 16 & 30!
The Pan-Orthodox Young Adult Choir of Greater Los Angeles



CALL FOR SINGERS! If you like to sing, consider joining POYAC. The Pan-Orthodox Young Adult Choir in Greater Los Angeles, now in its third year, will be holding open auditions on Saturdays, September 16 & 30, 2017 at 1:00 p.m. or by appointment at Saint Steven's Cathedral in Alhambra, CA. The Choir rehearses just once to twice a month on Saturday afternoons. No sight-reading ability necessary; just a love for singing Orthodox Church Music is all you need to schedule an audition. If you, or someone you know ages 18-35 would like to schedule an audition, please contact POYAC director Jonny Braun by phone at 626.284.9100 or by email: jonnybraun@saintstevens.org. POYAC highlights include performing for the upcoming 25th Anniversary of I.O.C.C., the Annual Pan-Orthodox Sunday of Orthodoxy Festivities and Summer Music Festival of Greater Los Angeles, an annual Christmas concert, and community Christmas caroling! We look forward to hearing from you, and hearing your voice!

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

- 9/14 Regular Youth Group times
- 9/21 Regular Youth Group times
- 9/28 Regular Youth Group times

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.

Mary
Rich and Susan B.
Duane F.
Galina, Nikolai & Nataliya
Joan T.
Friesen Family
Temmo K.
Ethan K.
Tony C.
Mona Z.
Paul F. and Family
Justin B.

Fr. Anthony Y. and Family
Bill & Robin H. and Family
Tony E.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Met. Antonios, Kh. Mary Sue W.

All who have died in the conflicts in the Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

