



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

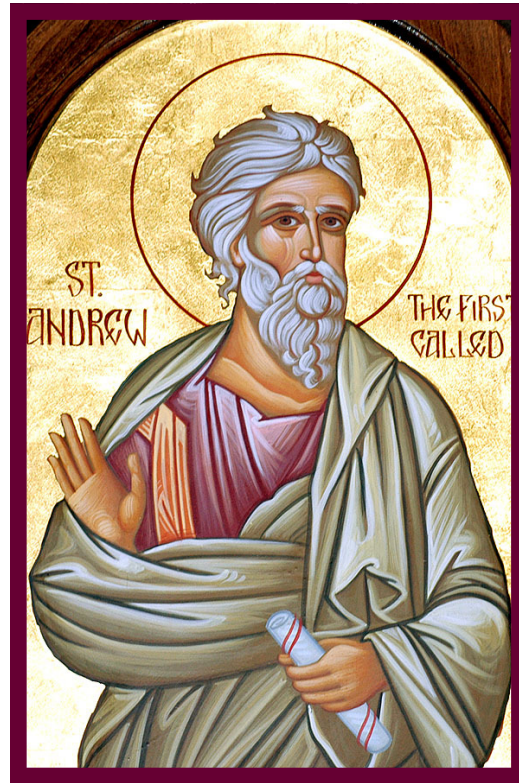
Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 30, 2014

The Holy Apostle Andrew the First-Called

Frumentios, Archbishop and Enlightener of Ethiopia;
Alexander, Bishop of Methymna



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, November 30

NO RELIGIOUS EDUCATION CLASSES

9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Music rehearsal with children 3-12 yrs
12:15 p.m.	Choir Rehearsal

Monday, December 1

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Meal at St. Michael's University Church in Isla Vista

Tuesday, December 2

5:30 p.m.	Daily Vespers
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Wednesday, December 3

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group
4:00 p.m.	Vigil for Feast of St. Barbara at St. Barbara Monastery
6:00 p.m.	Vespers for Feast of St. Barbara at St. Barbara Greek Parish

Thursday, December 4—ST BARBARA FEAST

9:00 a.m.	Matins at St. Barbara Greek Parish
9:45 a.m.	Hours at St. Barbara Monastery
10:00 a.m.	Divine Liturgy at both St. Barbara Greek Parish & Monastery

Friday, December 5

6:45 a.m.	Daily Matins
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Saturday, December 6

4:00 p.m.	Choir Rehearsal
4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers

Sunday, December 7

9:00 a.m.	Religious Education
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

November 30	Kern
December 7	Meyer
December 14	Tinyayeva
December 21	Hedges

Coffee Hour

November 30	Thanksgiving POTLUCK
December 7	A. & K. Speier
December 14	Teens
December 21	Cocores/Loulias

Greeters

November 30	K. & L. Jacobs
December 7	S. & C. Shackelford
December 14	C. Robinson, K. Fox
December 21	P. Morrison/D. Genatone

Ushers

November 30	S. Speier, P. Brunner, P. King
December 7	D. Meyer, R. Barre, D. Lewis
December 14	C. Speier, R. Schneider, P. King
December 21	J. King, G. Braun Jr., G. Shannon

Readers

November 30	M. Kern
December 7	V. Gish
December 13	P. Braun (Vespers)
December 14	D. Meyer
December 20	T. Harris (Vespers)
December 21	D. Washburn

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY (FOR ADVENT)

S. Smolensky
adapted by J. Erickson

1. * 2.

Soprano Alto

A - men. Lord, have mer - cy. Lord, have mer - cy.

Tenor Bass

3. 4. 5.

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

6.

Lord, have mer - cy. To — Thee, — O Lord.

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by a quartet, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

LITTLE ENTRANCE

AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Tone 8 (Byzantine melody)

harmonized by Fr. J. Finley)

Troparion for the Apostle Andrew

Andrew, first-called of the Apostles,
and brother of the foremost disciple,
entreat the Master of all
to grant peace to the world,//
and to our souls great mercy!

Tone 4 (Slavic Chant)

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 (Byzantine melody)

harmonized by Fr. J. Finley)

Kontakion for the Preparation of Christ's Nativity

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

Tone 3 (Byzantine melody)

harmonized by F. Karam)

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

A *Slowly* **Trisagion** *M. Aprahamian*

p Ho - - - ly God; Ho - - - ly Migh - ty;
Ho - - - ly Immor - tal have mer - cy on us.

Preparatory Psalm Verses before the Epistle
(Page 62 of Liturgy Book)

Tone 8 (Byzantine melody
harmonized by Fr. J. Finley)

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING— 1 Corinthians 4:9-16

Brethren, God has exhibited us Apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill-clad and buffeted and homeless, and we labor, working with our own hands. When reviled, we bless; when perse-

cuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the offscouring of all things.

I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the gospel. I urge you, then, be imitators of me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING— John 1:35-51 "The Calling of Andrew"

At that time John was standing with two of his disciples; and he looked at Jesus as He walked, and said, "Behold, the Lamb of God!" The two disciples heard him say this, and they followed Jesus. Jesus turned, and saw them following, and said to them, "What do you seek?" And they said to Him, "Rabbi" (which means Teacher), "where are You staying?" He said to them, "Come and see." They came and saw where He was staying; and they stayed with Him that day, for it was about the tenth hour. One of the two who heard John speak, and followed Him, was Andrew, Simon Peter's brother. He first found his brother Simon, and said to him, "We have found the Messiah" (which means Christ). He brought him to Jesus. Jesus looked at him, and said, "So you are Simon the son of Jonah? You shall be called Cephas" (which means Peter).

The next day, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Him, "How do You know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you

under the fig tree, do you believe? You shall see greater things than these." And He said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymns sung as the clergy receive the Eucharist for the feast of the Cross

- Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
- Their proclamation has gone out into all the earth, and their words to the ends of the universe! (*Ps 18/19:4*)
- The Jesus Prayer: "O Lord Jesus Christ, Son of God, have mercy on me, a sinner."

CHURCH ETIQUETTE CORNER

Participation in the Divine Liturgy

The Divine Liturgy begins with the priest quietly praying for the Holy Spirit to be present and then he proclaims, "Blessed is the Kingdom of the Father, Son and Holy Spirit..." We should make every effort to be present for this moment, to join with each other and with the saints and angels, inaugurating our participation in that heavenly worship of the Holy Trinity at the glorious throne of God with our first resounding "Amen!"

If, however, you do arrive late, try to enter quietly, being sensitive to what is happening in the service. If you enter during the Epistle, Gospel, Homily, or the processions of the Little or Great Entrance, please wait until the liturgical action is completed to take a seat.

During the Liturgy, make an effort to remain throughout the entire service. Perhaps use the restroom and freshen up before entering so that, all together, we can praise and honor God.

The worship of the Church is a therapeutic method by which we come to our senses and find life, healing, and the rediscovery of our true identity. It is our time to stop and come together for this purpose — and to give thanks to our God who grants forgiveness of sins and immortal life!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Fr. Nicholas and Jan will be in New York from December 5-9 for the Enthronement of Metropolitan Joseph of the Antiochian Archdiocese.

THE FEAST OF ST. BARBARA IS THIS WEEK!

Wednesday, December 3, 2014	6:00 p.m.	Vespers at St. Barbara Greek Parish
	4:00 p.m.	Vigil at St. Barbara Monastery/light supper
Thursday, December 4, 2014	9:00 a.m.	Matins at St. Barbara Greek Parish
	10:00 a.m.	Divine Liturgy at St. Barbara Greek Parish
	9:40 a.m.	Hours at St. Barbara Monastery
	10:00 a.m.	Divine Liturgy at St. Barbara Monastery followed by lunch

ALL-PARISH MEETING ON SUNDAY, DECEMBER 7th at 12:00 p.m.

Please join the Parish Council for a brief update on the building project and a summary of the results from our all-parish workshop regarding the priorities going forward.

WOMEN'S FELLOWSHIP GATHERING SATURDAY, DECEMBER 20

All women of the parish are invited to a holiday gathering on Saturday, December 20th from 9:00-11:00 a.m. We will prepare toiletry gift bags to be given out at this year's St. Brigid Christmas Day Breakfast in Isla Vista for the homeless. After working on our service project, we will have some time of fellowship and refreshments. Look for an E-vite in the next week.

CELEBRATIONS for THIS WEEK

Birthdays

12/1	Anya Madrigal, Lydia Sieck
12/3	David McCalmont
12/5	Elizabeth Ballew, Nancy Gilbert
12/7	Lilyana Joelle Williams

Patron Saint Commemorations

11/30	St. Andrew the Apostle	Johannes De Bruin, Ryan Franzen, Lee Jacobs, Andrew Meyer, Andy Simonsen
12/4	St. Barbara the Martyr	Cheryl Washburn-Lander, Christina Salcedo
12/4	St. Juliana	Juliana Friesen, Juliana Shackelford
12/6	St. Nicholas the Wonderworker	Nicholas Berari, Nicole Berari, Nicholas Butler, Nikolay Nikolov, Fr. Nicholas Speier, Nikolai Rice (Tinyayeva)

SCHEDULE FOR UPCOMING FEAST DAYS & CELEBRATIONS

ST. NICHOLAS CELEBRATION

Sunday, December 14 at 5:30 p.m.

We will celebrate the life of St. Nicholas of Myra on Sunday, December 14th at 5:30 p.m. by telling the story of his saintly life in narration, pictures and music. It will be a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will participate at the end of the program.

FEAST OF THE NATIVITY OF CHRIST

Wednesday, December 24—Christmas Eve

8:00 a.m. Royal Hours (Complete)

8:00 p.m. Nativity Matins & Liturgy

Thursday, December 25—Christmas Day

NO MORNING SERVICE

10:00 a.m. Outreach Breakfast—St. Michael's University Church
hosted by St. Brigid Fellowship — all parishioners invited!

COMMEMORATION OF THE INNOCENTS SLAIN BY HEROD

Saturday, December 27 at Vespers—6:00 p.m.

Prayers for the souls of infants who have died in childbirth, were stillborn or who died as a result of an abortion

BLESSING OF THE GRAVES

Sunday, December 28 at 1 p.m.—Goleta Cemetery Visit

with prayers and caroling

ST. BASIL/NEW YEAR

Tuesday, December 31

6:00 p.m. Vespers Liturgy for St. Basil

7:30 p.m. Family New Year's Celebration/Potluck

Countdown at 9:00 p.m. **BRING THE KIDS!**

2014 St. Nicholas Drive for the Needy

ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS to be distributed at our outreach breakfast on Christmas morning. Please keep the homeless in mind as you are doing holiday shopping and consider purchasing an item for the collection. We are asking for:

- **white tube socks**
- **warm hats and mittens**
- **new or gently used/clean sweatshirts**
- **new or gently used/clean sleeping bags or blankets**

Drop your donated items in the large, decorated box in the fellowship hall.

Please do NOT gift-wrap the donated items.

Please limit your gifts to the specific items requested. Thanks!!

Outreach Breakfast on Christmas Morning

Once again, our St. Brigid Ministry Team will be coordinating the lovely Christmas breakfast for the homeless and needy on Dec. 25th at 10:00 a.m. at St. Michael's University Church in Isla Vista. We need lots of help with set-up, clean-up, food preparation, and entertainment, so please sign up to lend a hand in whatever way that you are able. The list is posted on the large bulletin board in the foyer.

If it is impossible to bring food directly to the breakfast on Christmas morning, food items may be brought to the church on Christmas Eve. Hot food items may be dropped off at our church on Christmas morning between 9:00-9:30 a.m. and someone will transport it to the breakfast in Isla Vista. Please drop off food items in the storage room off the patio (future kitchen).

Bring the entire family that day and enjoy an extra special Christmas morning blessing by opening your hearts to those in need!

Diocese of Los Angeles and the West Enthronement Gala Celebration of

HIS EMINENCE, METROPOLITAN JOSEPH
ARCHBISHOP OF NEW YORK AND
METROPOLITAN OF ALL NORTH AMERICA

Saturday, January 31, 2015

Sheraton Universal Hotel – Universal City, California
Benefitting St. Nicholas Camp and Youth Education Programs

3:30 PM Clergy and Clergy Wives Reception

5:00 PM Vesper Service

6:00 PM Cocktail Reception

7:30 PM Dinner and Program

Youth and Young Adult Brunch with Metropolitan JOSEPH
Saturday 11:00 AM

Hierarchical Divine Liturgy beginning with Orthros
Sunday 9:15 AM

Both of these events will take place at St. Nicholas Cathedral
2300 West 3rd Street, Los Angeles, CA 90057

Tickets: \$185.00 per person
\$100 for a Young Adult Ticket (Ages 18-30 yrs.)
which includes the Young Adult Brunch Saturday morning.

To order tickets online visit: www.antiochianladiocese.org

Studies in the Faith: Worship & Sacrifice

Have you ever wondered how the Divine Liturgy came to be? How did St. John Chrysostom know what to include, or did he leave anything out? How about Holy Communion? Why is it important? How do I prepare? And why is there so much emphasis on sin? Wasn't Christ's message about love? This class provides you with an opportunity to find answers to these questions.

This class is intended for those who would like to learn more about Christianity, for those who wish to become Orthodox, and for those who are already Orthodox but would like to broaden and deepen their faith. Please join us at the:

Saint Barbara Orthodox Center

with Rev. Father Simon Thomas

Tuesday, December 2nd at 6:30 p.m. – Sacrifice in the Old & New Testament

Tuesday, January 6th at 6:30 p.m. – An Explanation of the Divine Liturgy

Tuesday, February 3rd 6:30 p.m. – Holy Communion: Meaning, Preparation, & Frequency

Tuesday, March 3rd at 6:30 p.m. – Confession: Sin and Repentance

Tuesday, April 7th at 6:30 p.m. – Holy Tuesday/No Class

Tuesday, May 5th at 6:30 p.m. – Conclusion

Bible Study: The Book of Revelation (Apocalypse)

No book of the Bible has captured the imagination more than the book of Revelation, also known as the Apocalypse. The imagery and symbolism of the last book of the Bible has made common knowledge many words used in today's time: Armageddon, Antichrist, Babylon, the Beast, the Dragon, 666, and the New Jerusalem. We also hear that the prophecies of this book are coming true today, and that we can expect anytime the Rapture and the End of Days.

But what if our understanding of this is all wrong? What if pop culture and Hollywood have created an understanding of the Book of Revelation that has nothing to do with the vision Saint John had on the island of Patmos? What does the Book of Revelation actually say?

Saint John, the writer of the Gospel of the same name, was imprisoned on the island of Patmos for his Christian beliefs. He received a revelation one Sunday, and was commanded to "write in a book what you see" (Revelation 1:10). This vision is what we will study on the **3rd Tuesday of every month at 6:30 pm.** The early Church understood the important message found in the words of the book of Revelation. Unfortunately, due shady theology from previous centuries, and attempts at entertainment in modern times, that message has been lost. Join us, as we rediscover the Book of Revelation!



TEEN SCENE

JOURNEY TO ADULthood

Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator
at: cpejacobs@gmail.com

High School —Grades 9-12

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|---------------------|---|
| Sunday, December 7 | Small Group Gatherings
Girls 4:30-6:00 p.m., Boys 6:00-7:30 p.m.
Both will be in the “Elephant Room” (teen room). |
| Sunday, December 14 | St. Nicholas Night Details TBA |
| Sunday, December 21 | X-mas Party & Fire on Father 5:00 p.m. in Teen Room
Teens should bring a white elephant gift of \$10 or less. |

Junior High School—Grades 7-8

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| Saturday, December 13 | Christmas Tree Decorating Time TBA |
| Sunday, December 14 | St. Nicholas Night Details TBA |

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
of Syria
Fr. Thomas H.
Dn. Richard E.
Dn. Scott J.
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family

Greg & Margaret Y.
Mary Ellen B.
Gail S.
Dean & Penny
Mary & Susan
Baby Christian F.
Duane F.
Larry L.
Sandy S.
Drew W.

Katie Zoe
Yvette B.
Marliese Z.
All those suffering and
in danger in the Ukraine,
Nigeria, and the
Middle East
Cheri W.
Hoppe Family
Kh. Marilyn G.

For repose of the souls of:

Fr. Michael R., Fr. John H., Fr. Gabe. A., Susan M.
All who have died in the conflicts in the Ukraine,
Syria and Palestine

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.
Make checks payable to "St. Athanasius Book Center."



**FOR THE CHILDREN TO COLOR
DURING THE HOLIDAY OR AT HOME -**