



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

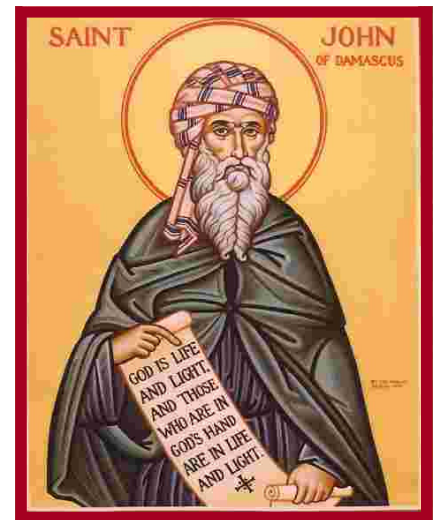
Douglas Meyer, President  
Dan Braun, Treasurer  
Benjamin Hedges, Secretary  
Katie AbuGhazaleh  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Kristi King

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, December 4, 2016

Tone 7 / Eothinon 2

## Great-martyr Barbara of Syria & Tenth Sunday of Luke

Venerable John of Damascus;  
Martyr Juliana; New-hieromartyr Seraphim,  
Bishop of Phanarion in Greece



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour~ we'd love to meet you!*

# ***Calendar for this Week***

## **Sunday, December 4—FEAST OF ST. BARBARA**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

## **Monday, December 5**

6:45 a.m. Daily Matins in the new chapel  
4:30 p.m. St. Brigid Outreach dinner at  
St. Michael's in Isla Vista

## **Tuesday, December 6—ST NICHOLAS**

3:15 p.m. Catechesis Level I  
6:00 p.m. Divine Liturgy for St. Nicholas

## **Wednesday, December 7**

6:45 a.m. Daily Matins in the new chapel  
11 a.m.-1p.m. Shower of Blessings Ministry  
12:00 p.m. Intercessory Prayer Group  
5:00 p.m. Outreach Team Meeting  
6:00 p.m. Advent Paraklesis Service

## **Thursday, December 8**

5:30 p.m. Daily Vespers in the new chapel  
6:00 p.m. Jr. High Youth Group  
6:30 p.m. High School Youth Group  
7:00 p.m. Choir Rehearsal

## **Friday, December 9-Conception of the Theotokos**

6:45 a.m. Daily Matins in the new chapel

## **Saturday, December 10**

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers

## **Sunday, December 11**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal  
6:00 p.m. St. Nicholas Family Night

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

December 4 Sieck  
December 11 Dillon  
December 18 Braun  
December 24 Kern

### **Coffee Hour**

December 4 Berari  
December 11 NEED A HOST  
December 18 NEED A HOST  
December 24 Yova and Elves—Nativity Reception

### **Greeters**

December 4 K. & L. Jacobs  
December 11 P. King/L. Baker  
December 18 G. Shannon/K. King  
December 24 P. King/K. Fox

### **Ushers**

December 4 S. Speier, D. Meyer, P. King  
December 11 R. Barre, D. Lewis, P. Brunner  
December 18 C. Speier, J. King, D. Washburn  
December 24 C. Berari, P. Brunner, P. King

### **Readers**

December 4 T. Harris  
December 11 D. Washburn  
December 17 G. Wiley (Vespers)  
December 18 D. Meyer  
December 24 M. Kern (Royal Hours of Nativity)  
December 24 D. Alexander (Nativity Liturgy)

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]  
Glory to the Father and to the Son and to the Holy Spirit, now and ever, and  
unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be  
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-  
come man and wast crucified, O Christ our God, trampling down death by death, who  
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection (Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

**Tone 7** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion for St. Barbara**

Let us honor the holy Martyr Barbara,  
for, as a bird, she escaped the snares of the Enemy,//  
and destroyed them through the help and defense of the Cross!  
Troparion for St. John of Damascus

**Tone 8** Slavic Chant

**Troparion for St. John of Damascus****Tone 8** Slavic Chant

Champion of Orthodoxy, teacher of purity and of true worship,  
 the enlightener of the universe and the adornment of hierarchs;  
 all wise Father John, your teachings have gleamed with light upon all  
 things.//

Intercede before Christ God to save our souls!

**Troparion to St. Athanasius**  
**(Music on p. 54 of Liturgy book)**
**Tone 3** Byzantine melody  
 harmonized by Fr. J. Finley

Holy Bishop Athanasius,  
 you became a stronghold of Orthodoxy,  
 strengthening the Church through your divine teachings.  
 Opposing the heretical opinion of Arius,  
 you explained and taught that the Son is equal in nature with the Father.  
 O holy Father, intercede with Christ God  
 that He may grant us abundant mercy.

**Kontakion for the Preparation of Christ's Nativity**
**Tone 3** Byzantine melody  
 harmonized by F. Karam

The virgin cometh today to the cave  
 to give birth, ineffably to bring forth the Word eternal.  
 Therefore, rejoice, O earth, at the message;  
 with the angels and shepherds give glory to Him  
 Who shall appear by His own will as a young child,  
 He who is from eternity God.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
 +Glory to the Father and to the Son and to the Holy Spirit,  
 now and ever and unto ages of ages. Amen.  
 Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**
**Tone 7** Byzantine melody  
 harmonized by Fr. J. Finley

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**EPISTLE READING**  
**Galatians. (3:23-4:5) - For St. Barbara**

Brethren, before faith came, we were confined under the Law, kept under restraint until faith should be revealed. So that the Law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth His Son, to redeem those who were under the Law, so that we might receive adoption as sons.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 7**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

**GOSPEL READING**  
**Luke. (13:10-17)**

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, He called her and said to her, "Woman, you are freed from your infirmity." And He laid His hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham, whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all His adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by Him.

## LITURGY OF THE FAITHFUL

### Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance! He shall not fear evil tidings!

(*Ps 111/112:6*) Alleluia, Alleluia, Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### INCOME FOR SEPTEMBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$42,659	\$ 7,521 (plus Golf Tournament)

### GOLF TOURNAMENT PROCEEDS: \$70,021

### INCOME FOR OCTOBER 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$36,997	\$15,675

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**IT'S THAT TIME AGAIN! TIME TO PREPARE FOR OUR ANNUAL CHRISTMAS MORNING OUTREACH BREAKFAST IN ISLA VISTA!!** Please see the sign up list on the bulletin board and help us to continue this beautiful tradition. We need lots of help with set-up, food preparation and clean-up. Bring the whole family and help us share the joy of Christ's birth with our friends in need. We are also collecting new and lightly used clothing again to give as gifts at the breakfast.

**WE ARE OFFERING AN EXPANDED BOOKSTORE** for the next several weeks so that you can purchase Christmas gifts from our wonderful selection of books, jewelry and ornaments. Please try to do your purchasing on your way out to Coffee Hour so that our bookstore volunteers can also get out to Coffee Hour. Thanks!

**THE ST. STEPHEN'S STUDY GROUP** is meeting every other Sunday after church! Please call or email Michael Easbey with any questions - 805-705-6121 or [measbey@gmail.com](mailto:measbey@gmail.com).

### ***CELEBRATIONS for THIS WEEK***

#### **Birthdays**

12/5 Elizabeth Ballew, Nancy Gilbert  
12/7 Lilyana Joelle Williams  
12/9 Jesse Speier

#### **Patron Saint Commemorations**

12/4	St. Barbara the Martyr	Cheryl Washburn-Lander, Christina Salcedo
12/4	St. Juliana	Juliana Friesen, Juliana Shackelford
12/4	St. John of Damascus	Edward Severy
12/6	St. Nicholas the Wonderworker	Nicholas Berari, Nicole Berari, Nicholas Butler, Nikolay Nikolov, Fr. Nicholas Speier, Nikolai Tinyayeva Rice
12/9	St. Hannah, Mother of Prophet Samuel	Hannah Sieck
12/10	St. Angelina of Serbia	Angel Speier

**ADVENT PARAKLESIS SERVICES**  
**will be prayed on the Wednesdays of Advent at 6:00 p.m.:**

December 7 Paraklesis  
December 14 Paraklesis followed by Soup Dinner.  
We will invite the Hollister Corridor churches to join us.  
December 21 Paraklesis





## **SCHEDULE FOR UPCOMING FEAST DAYS & CELEBRATIONS**

### **DIVINE LITURGY FOR FEAST OF ST. NICHOLAS**

Tuesday, December 6 at 6:00 p.m.

### **ST. NICHOLAS FAMILY NIGHT**

Sunday, December 11 at 6:00 p.m.

### **FEAST OF THE NATIVITY OF CHRIST**

**Saturday, December 24**

8:00 a.m. Royal Hours (Complete)

8:00 p.m. Nativity Matins & Liturgy followed by cookies & hot cider

**Sunday, December 25—Christmas Day**

**NO MORNING SERVICE**

10:00 a.m. Outreach Breakfast—St. Michael's University Church  
hosted by St. Brigid Fellowship — all parishioners  
invited!

**Tuesday, December 27—12:00 Noon**

**BLESSING OF THE GRAVES—GOLETA CEMETARY**

**Thursday, December 29 at Daily Vespers—5:30 p.m.**

**COMMEMORATION OF THE INNOCENTS SLAIN BY**

**HEROD—Prayers for the souls of infants** who have died in  
childbirth, were stillborn or who died as a result of an abortion

### **FEAST OF ST. BASIL/NEW YEAR**

**Sunday, January 1**

9:00 a.m. Matins, 10:00 a.m. Liturgy

### **FEAST OF EPIPHANY**

**Thursday, January 5, 2017 at 6:00 p.m.**

Vesperal-Liturgy and Blessing of the Water

**Sunday, January 8, 2017 after Coffee Hour**

**Outdoor Blessing of the Water** at Santa Barbara Harbor

with St. Barbara Greek parish. Bus transportation will be available again.

Please sign up if you would like to ride the Epiphany Bus!

# TEEN SCENE

## NOVEMBER, 2016

Unless specified otherwise, on Thursday evenings the Jr. Highers meet from 6pm - 7:30pm and High Schoolers meet from 6:30pm - 8:30pm.

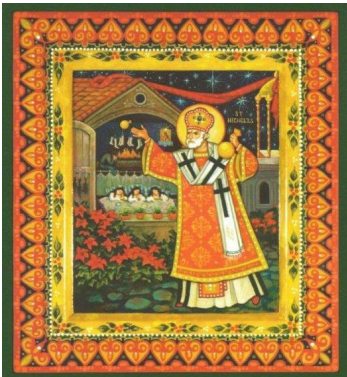
12/8 Thursday Night Youth Group - *Sponsoring a Family in Need*  
Tyler will provide dinner. *Bring a gift for the Diaz Family.*

12/15 Christmas Party at Peter and Tatiana Speier's Home  
6:30pm - 8:30pm (*All teens come at the same time*) *Wear Christmas Pajamas (or an ugly Christmas Sweater) + Bring a White Elephant Gift! Dinner and Dessert will be provided.*

12/22 Christmas Movie Night in the Youth Room  
6:30pm - 8:30pm (*All Teens come at the Same Time*)  
*Please eat dinner before you come - hot cocoa and dessert will be served*

Wednesday, 12/28 - Youth Groupers Meet for Lunch at Camino Real from 12pm to 1pm.  
Bring Cash for lunch, and come to hang out! If any good movies are playing, we may add a movie to this.

**NO YOUTH GROUP THURSDAY, 12/29.**



## ST. NICHOLAS CELEBRATION

### SUNDAY, DECEMBER 11, 2016

6:00 p.m.

**We will celebrate the life of St. Nicholas of Myra with story telling, music, and a fun evening for the whole family. A lenten reception and visit from St. Nicholas will follow the program. Children ages 3-12 will be invited to leave their shoes in the hallway during the program so that St. Nicholas can fill them with treats, and all of the children will participate in welcoming St. Nicholas at the end of the program.**

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.

Baby Emma  
Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.  
Jared E.

James  
Alma G.  
Carla H.  
Carla B.  
Dawn L.  
Zamora Family  
Michael L., Penny C. and Family  
Greg Z.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Silvia Y., Tony S., Gabriel Z.,  
All who have died in the conflicts in the Ukraine, Africa & the  
Middle East

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
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### **Kontakion for the Preparation of Christ's Nativity**

The virgin cometh today to the cave to give birth, ineffably to bring forth the Word eternal. Therefore, rejoice, O earth, at the message; with the angels and shepherds give glory to Him Who shall appear by His own will as a young child,  
He who is from eternity God.

## **2015 St. Nicholas Drive for the Needy**

**ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS** and those in need to be distributed at our outreach breakfast on Christmas morning. Please keep this in mind as you are doing holiday shopping and consider purchasing an item for the collection. We are asking for:

- **white or dark athletic socks**
- **warm hats and mittens**
- **new or gently used/clean sweatshirts**
- **new or gently used/clean sleeping bags or blankets**
- **new or gently used jeans**

Drop your donated items in the large, decorated box in the hallway.

**Please do NOT gift-wrap the donated items, and please limit your gifts to the specific items requested. Thanks!!**