



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

Deacons:

Dn. Howard Shannon

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 22, 2012

Tone 6 / Eothinon 7; Seventh Sunday after Pentecost

& Seventh Sunday of Matthew

Mary Magdalene, Myrrh-bearer and Equal-to-the-Apostles

Virgin-martyr Markella of Chios



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour ~ we'd love to meet you!

Calendar for this Week

Sunday Morning Ministries Schedule

Sunday, July 22

St. Brigid Fellowship Sunday

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday July 23

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal

Tuesday, July 24

5:30 p.m. Daily Vespers

Wednesday July 25

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday July 26

5:30 p.m. Daily Vespers

Friday July 27

6:45 a.m. Daily Matins

Saturday July 28

6:00 p.m. Vespers/Confession

Sunday, July 29

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Eucharist Bread

July 22 Thomas
July 29 Hedges
August 5 D. Braun
August 12 McConnell

Coffee Hour

July 22 Harris
July 29 Shannon
August 5 Finley/Morrison
August 12 Youth

Greeters

July 22 S. & C. Shackelford
July 29 D. & D. Alexander
August 5 P. Morrison/D. Genatone
August 12 E. Fryer/L. Shackelford

Ushers

July 22 Scott & Luke Speier, P. Brunner
July 29 D. Meyer, Barre, Lewis
August 5 Craig & Gabe Speier, K. Jacobs
August 12 Jon King, G. Braun Jr., P. King

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.

**(“Glory to You, Who have shown us the light...” - complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High;
To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Resurrectional Troparion

Tone 6

(Music is on page 49 of Liturgy Book.)

When Mary stood at Thy grave looking for Thy most pure body,
angelic pow'rs shone above Thy revered tomb,

and the soldiers who were to keep guard became as dead men.

Thou led Hades captive and wast not tempted there-by,

Thou did meet the Virgin and didst give life to the world.

O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion to St. Mary Magdalene

Tone 1

By keeping His commandments and laws, holy Mary Magdalene,
you followed Christ, Who for our sake was born of the Virgin,

and in celebrating your most holy memory today, //

we receive forgiveness of sins by your prayers.

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Tone 6

O Lord save Thy people and bless Thine inheritance. (*PS 27/28:9*))

Verse: *To Thee will I cry, O Lord, O my God,
do not be silent unto me. (PS 27/28:1)*

THE EPISTLE READING

Romans 15:1-7

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached Thee fell on Me." For whatever was written in former days was written for our instruction, that by stead-

fastness and by the encouragement of the Scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ.

Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

Alleluia Refrain and Psalm verses before the Gospel

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) *Alleluia*

Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) *Alleluia*

GOSPEL READING

Matthew 9:27-35

At that time, when Jesus was passing by, two blind men followed Him, crying aloud and saying, "Have mercy on us, Son of David." When He entered the house, the blind men came to Him; and Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then Jesus touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread His fame through all that district.

As they were going away, behold, a dumb demoniac was brought to Jesus. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons."

And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity of the people.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

7/27/97 Subdn. Stephen & Seraphima Butler
7/29/07 Matt & Kristin Roberts

Birthdays:

7/27 Leann Easbey
7/29 Phoebe Lenhart, Douglas Meyer, Mihaela (Mia) Schmitz

Patronal Feast Days

7/22 **St. Mary Magdalene** — Madeleine Meyer
7/24 **St. Christina the Martyr**
 Kristin King, Christie Robinson, Christina Shackelford, Jordan Williams
7/25 **(Dormition of) St. Anna, the Mother of the Virgin Mary**
 Anna Grace Butler, Jordan-Ann Krauss
7/26 **St. Jacob of Alaska** — Diego Monge
7/29 **St. Seraphima** — Tracy Brunner

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

COFFEE HOUR SIGN-UP TIME

It's that time again: time to choose a Sunday between September 2012 and August 2013 when you and/or your family will host or co-host a Coffee Hour. Coffee Hour is an important 60 minutes in the weekly life of our parish. It is when we break bread with each other and have time to bond as a family. We need each household to host at least once during the Liturgical Year. If you are single, please join forces with a few other single friends and host a Coffee Hour together. Some reimbursement is available to hosts, but we hope that you will consider making your Coffee Hour a gift to your parish family. You are welcome to host in honor of a special occasion or in memory of a loved one.

We have had an excellent response in the past several years on the sign-up board, and we thank all of you who have hosted this past year!

CONGRATULATIONS & MANY YEARS to Carla and Troy Harris, who became grandparents on July 4th, when their daughter Jessica and her husband, David Sneed, welcomed their little girl, Juliana Morgan into the world.

ST. BRIGID FELLOWSHIP—

OUR PARISH OUTREACH TO NEIGHBORS IN NEED

St. Brigid Fellowship will continue to serve the poor and needy of our community, in spite of a decrease in funding for the coming year from both the County and our parish. We have closed the St. Brigid office in Isla Vista, and will focus our outreach efforts on the Monday evening meals, which are being served at St. Michael's Episcopal Church (6586 Picasso in Isla Vista).

Today we will all have the opportunity to sign up to cook and/or serve at one of the Monday evening meals in August or September. Please consider participating in this important ministry, which has been lovingly created, sustained and nurtured by members of our parish community.

Many thanks to our current St. Brigid Team members for their ongoing commitment to representing our Lord, Jesus Christ on behalf of all of us to those in need:

Fr. Jon-Stephen Hedges	Jill Wallerstedt	Jennifer Ferraez	Kerry San Chirico
Duane Franzen	Richard Barre	Sara Monge	Rebekah Cash
Debbie McQuade	Pat Matthews	Obadiah Robinson	

SUMMER SCHOOL 2012

Many thanks to all of the teachers, assistants, parents and students who made this year's Summer School a success! We had 42 children from 3-12 years old participating this year, and we could not have done it without competent leadership and dedicated volunteers.

God bless all of you for your dedication and love of our children!

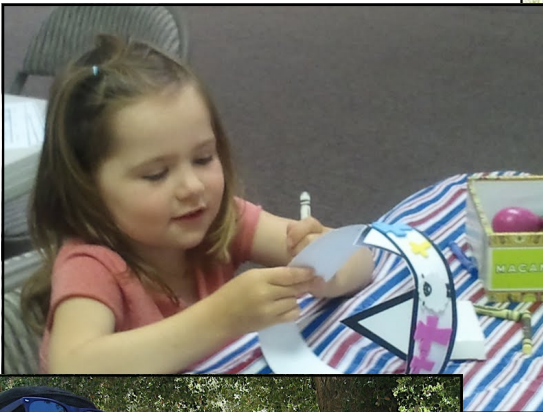
Teachers:

Fr. Nicholas Speier, Director
Libby Kinman, Asst. Director
Lara Jacobs
Stephanie Braun
Chris Dillon
Valerie Yova, Music

Assistants:

Noelle Ballew
Asia Ballew
Joe Ballew
Nicole Berari
Elsa Fryer

Elleney King
Gianni Madrigal
Toni Shackelford
Jordan Williams



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan PHILIP	John H.	Alex R.
Archbp. JOSEPH	Leona G.	Dn. Howard S.
Kh. Marilyn G.	Presbyteria Katherine H.	Jill B..
Fr. Alexander Atty	Mick K.	Keith V.
Mother Victoria	Cole K.	Kh. Terri Elizabeth B.
Fr. Gordon & Mary Sue W.	Richard & Elizabeth	Fran R.
John Weldon H.	Jeanette	Brian S.
Josh & Dayli B.	Nataliya T. & Family	
Greg & Margaret Y.	Sari W.	
Olga G.	Mary & Susan	

For repose of the souls of: Ellie D., Esther S., Fr. Peter G.

Life Network Annual "Walk for Life" Fundraiser

Saturday July 28, 9-11 a.m. — Chase Palm Park

1 mile walk. Hot coffee, pastries, juice etc.

Raffle prizes: **new iPad4's, \$500 gift certificates, Kindle Fires, etc.**

Need not be present to win!

Buy \$25 raffle tickets from David Washburn this Sunday, or go on-line

to www.friendsoflifenetwork.org

and click on "Donate Now" at bottom of page.

Receive 1 free Raffle ticket for participating in the "Walk for Life"

Life Network offers Free Services such as:

Pregnancy tests

Ultrasound

STD testing and treatment

Consultation on options for making an informed decision on pregnancy

View inspiring video of women helped by Life Network at www.friendsoflifenetwork.org

Thanks for your support!




iASKSAYIDNA.live

His Eminence,
Archbishop Joseph
Live Chat....IN PERSON



iMail



iBook



iText



iPhone

WHO: HIGH SCHOOL & COLLEGE AGE
FROM ST. NICHOLAS CATHEDRAL & ST.MICHAEL CHURCH, VAN NUYS

WHY: SAYIDNA WANTS TO SPEND TIME AND LISTEN TO YOU

WHEN: SATURDAY, SEPTEMBER 29, 2012

WHERE: ST. NICHOLAS CATHEDRAL, LOS ANGELES

WHAT TIME:	HIGH SCHOOL SESSION	10:00 AM – 12:00 PM
	LUNCH - BOTH GROUPS	12:00 PM – 1:00 PM
	COLLEGE AGE SESSION	1:00 PM – 3:00 PM



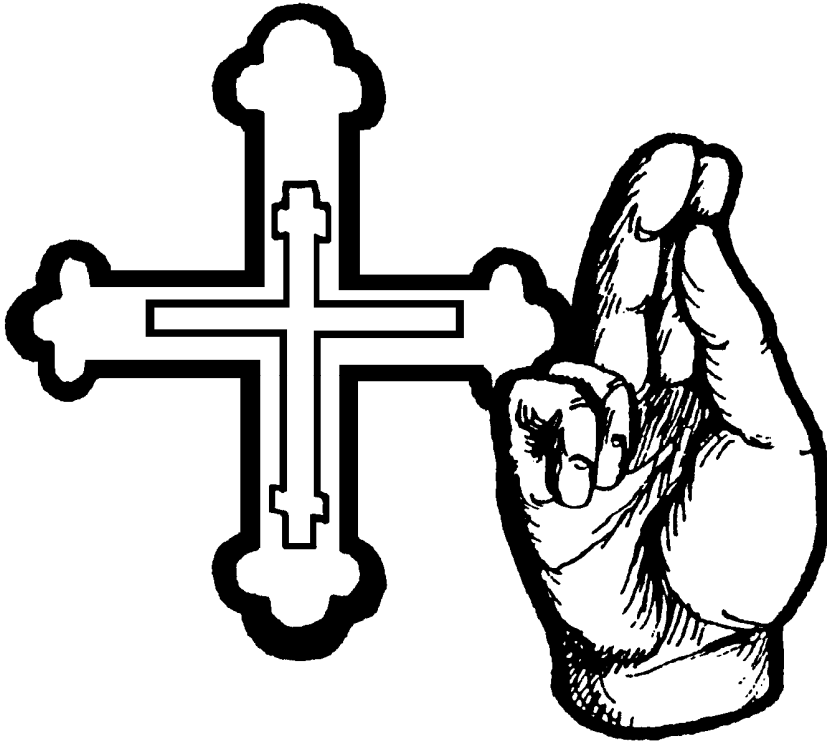
RSVP NO LATER THAN SEPTEMBER 15TH TO iASKSAYIDNA@antiochianladiocese.org

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

The Sign of the Cross

This year during Summer School, we learned a song to help us make the Sign of the Cross:



When we make the sign of the cross,
we remember that God is the boss.

We say, "Hallow my thoughts,
and cleanse my heart,
take the heavy weight off of my
shoulders."

Watch my hands as they go,
up and down, to and fro...

Hallow my thoughts and cleanse my
heart, take the heavy weight off of my
shoulders.

3 is for the Trinity, 2 for the natures
of Christ; fully God and fully man,
Now wouldn't you say that was nice?