



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
Goleta, CA 93111-1646

## Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

## Deacons:

Dn. Howard Shannon

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

## Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

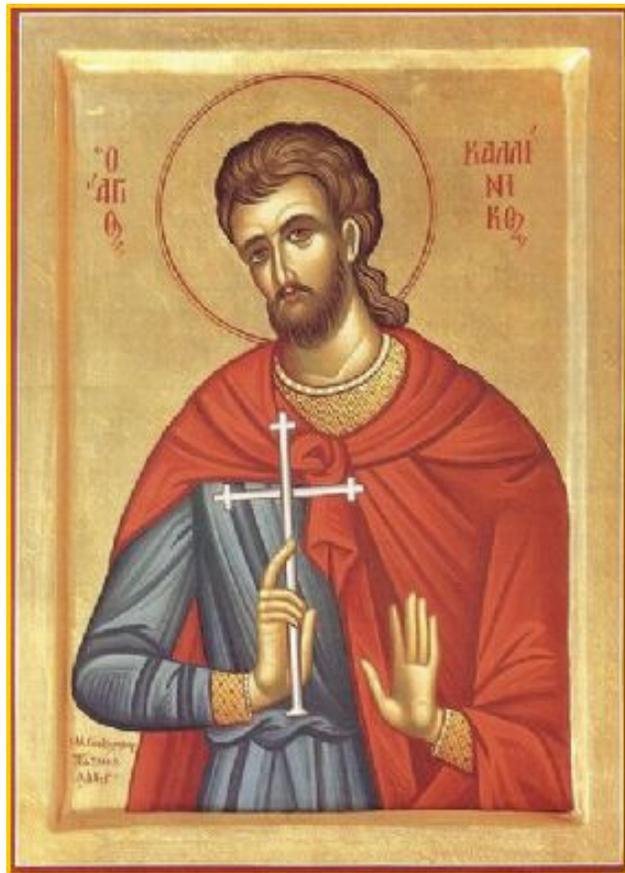
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

July 29, 2012—Tone 7 / Eothinon 8;

**Eighth Sunday after Pentecost  
& Eighth Sunday of Matthew**

Martyrs Kallinikos of Gangra & Theodota of Bithynia; Theodosios the pious emperor; Constantine, patriarch of Constantinople; Lupos the Confessor, bishop of Troyes



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.*

*Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### **Sunday, July 29**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery  
Friends Gathering  
Speaker: Fr. Michael Laffoon  
on "The Love of God"

### **Monday July 30**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal

### **Tuesday, July 31**

5:30 p.m. Daily Vespers

### **Wednesday, August 1**

#### **Dormition Fast begins**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### **Thursday, August 2**

5:30 p.m. Daily Vespers

### **Friday, August 3**

6:45 a.m. Daily Matins

### **Saturday, August 4**

8:00 a.m. Icon Guild Class  
6:00 p.m. Vespers/Confession

### **Sunday, August 5**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

July 29 Hedges  
August 5 D. Braun  
August 12 McConnell  
August 19 Dillon

### **Coffee Hour**

July 29 Bagel Brigade  
August 5 Finley/Morrison  
August 12 Youth  
August 19 Dn. Gary & Melissa Braun

### **Greeters**

July 29 D. & D. Alexander  
August 5 P. Morrison/D. Genatone  
August 12 E. Fryer/L. Shackelford  
August 19 K. & P. King

### **Ushers**

July 29 D. Meyer, Barre, Lewis  
August 5 Craig & Gabe Speier, K. Jacobs  
August 12 Jon King, G. Braun Jr., P. King  
August 19 Scott & Luke Speier, P. Brunner

## ***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

## CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**

**(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **THE GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High;  
To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 7**

**(Music is on p. 51 of liturgy book.)**

Thou didst shatter death by Thy Cross;

Thou didst open paradise to the thief;

Thou didst turn the sadness of the

ointment bearing women into joy,

and didst bid Thine apostles proclaim

a warning that Thou hast risen, O Christ,

granting the world the great mercy.

**Troparion to St. Athanasius (Music is on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Feast of the Transfiguration of Our Lord**

**Tone 7**

You were transfigured on the mountain, O Christ God,  
and Your disciples saw Your glory as far as they were able,  
so that when they saw You crucified,  
they might know that You suffered voluntarily,  
and might proclaim to the world  
that You are truly the radiance of the Father.

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Music on p. 62 of Liturgy Book)**

**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

**Vs:** Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**THE EPISTLE READING**  
**1 Corinthians 1:10-17**

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I

baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

## **Alleluia Refrain and Psalm verses before the Gospel**

**Tone 7**

**(Music on p. 65 in liturgy book.)**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

## **GOSPEL READING**

**Matthew 14:14-22**

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And Jesus said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children.

Then Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

## Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### *CELEBRATIONS for THIS WEEK*

#### **Wedding Anniversaries**

7/29/07 Matt & Kristen Roberts

#### **Birthdays:**

7/29 Phoebe Lenhart, Douglas Meyer, Mihaela (Mia) Schmitz

7/30 Emily King, Jackson Stetler, Nikolai Rice (Tinyayeva)

8/03 David Vander Laan

8/04 Doug Giordani, Lauren Shackelford

#### **Patronal Feast Days**

7/29 St. Seraphima — Tracy Brunner

7/30 St. Angelina of Serbia—Angel Speier

8/3 St. Lydia—Lydia Sieck

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **FR. NICHOLAS & JAN WILL BE OUT OF TOWN AUGUST 2-6.**

If you have an emergency and need a priest, please contact one of the priests listed on the front of the bulletin.

### **ST. BARBARA MONASTERY FRIENDS GATHERING TODAY**

The Friends of the Monastery meet on the last Sunday of each month for a teaching, Vespers, a meal and fellowship. Today Fr. Michael Laffoon from St. Luke's parish in Garden Grove speaks on "The Love of God, according to St. Ignatius Branchianinov." The teaching is at 4:00 p.m., followed by Vespers and a potluck meal. Please bring a dish to share. If you need directions to the monastery, see their website. <http://www.stbarbaramonastery.org>

There are also directions on the long table in the narthex of the church.

**ST. BARBARA ORTHODOX CHURCH GREEK FESTIVAL** is this weekend at Oak Park, Saturday and Sunday Noon to 7 p.m. Don't miss the Greek cuisine, music, dance, and fun for the whole family!

<http://www.saintbarbara.net/events/festival.php>

### **UPCOMING FEAST DAY CELEBRATIONS**

We will celebrate the Feast of the **Transfiguration** of Christ on Sunday, August 5th at the morning Liturgy.

We will celebrate the **Feast of the Dormition of the Mother of God** with Vespers-Liturgy on Tuesday, August 14th at 6:00 p.m.

The **Dormition Fast** begins on Wednesday, August 1st and ends on August 15th. We will read the **Paraklesis to the Mother of God** at all of the daily services during that time.



## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).

Please pray for the health of:

Metropolitan PHILIP

Archbp. JOSEPH

Kh. Marilyn G.

Fr. Alexander Atty

Mother Victoria

Fr. Gordon & Mary Sue W.

John Weldon H.

Josh & Dayli B.

Greg & Margaret Y.

Olga G.

John H.

Leona G.

Presbytera Katherine H.

Mick K.

Cole K.

Richard & Elizabeth

Jeanette

Nataliya T. & Family

Sari W.

Mary & Susan

Dn. Howard S.

Jill B..

Keith V.

Kh. Terri Elizabeth B.

Fran R.

Brian S.

*For repose of the souls of:* Ellie D., Esther S., Fr. Peter G., Alex R., Badia

## TAKE ME OUT TO THE BALL GAME!

We are starting a co-ed slow pitch softball team (18 yrs. and older) to play Tuesday nights starting the first week of September. The registration fee will be approximately \$50 per player.

Games are at Elings Park at either 6:30 7:40 or 8:50 on Tuesdays and they are a little over an hour. We will have an organizational meeting on Sunday, August 12th after Coffee Hour.

If you are interested, please contact:

Christie Robinson: [christie\\_d\\_robinson@gmail.com](mailto:christie_d_robinson@gmail.com), 453-7914

or

Libby Kinman: [libn8r@hotmail.com](mailto:libn8r@hotmail.com), 680-2520



iASKSAYIDNA.live

His Eminence,  
Archbishop Joseph  
Live Chat....IN PERSON



iMail



iBook



iText



iPhone

WHO: HIGH SCHOOL & COLLEGE AGE  
FROM ST. NICHOLAS CATHEDRAL & ST.MICHAEL CHURCH, VAN NUYS

WHY: SAYIDNA WANTS TO SPEND TIME AND LISTEN TO YOU

WHEN: SATURDAY, SEPTEMBER 29, 2012

WHERE: ST. NICHOLAS CATHEDRAL, LOS ANGELES

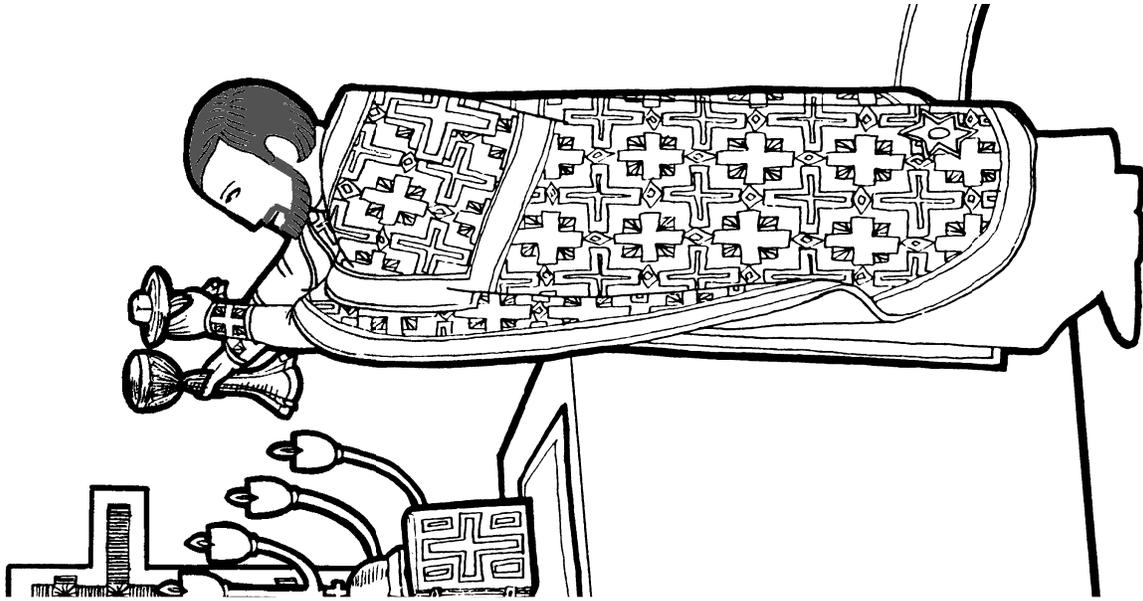
WHAT TIME:	HIGH SCHOOL SESSION	10:00 AM – 12:00 PM
	LUNCH - BOTH GROUPS	12:00 PM – 1:00 PM
	COLLEGE AGE SESSION	1:00 PM – 3:00 PM



RSVP NO LATER THAN SEPTEMBER 15<sup>TH</sup> TO [iASKSAYIDNA@antiochianladiocese.org](mailto:iASKSAYIDNA@antiochianladiocese.org)

### ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -