



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646

## Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

## Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

## Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 28, 2012

### Tone 4 / Eothinon 10; Twenty-First Sunday after Pentecost & Seventh Sunday of Luke

Martyrs Terence and Neonilla and their children; Venerable Bishop Stephen of Mar Sabbas Monastery in Palestine; Athanasios I, Patriarch of Constantinople; Venerable Job of Pochaev



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.*

*Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### Sunday, October 28—

#### **Director of FOCUS AMERICA VISITING**

8:45 a.m. Religious Ed. Ages 3-17  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery  
Friends Gathering  
Fr. Jon Braun will speak on:  
“The Priority of the Kingdom of  
God in This Election Year”

### Monday October 29

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal served at  
St. Michael’s in Isla Vista

### Tuesday, October 30

10:30 a.m. Catechesis Level I  
5:30 p.m. Daily Vespers

### Wednesday, October 31

6:45 a.m. Daily Matins  
12:00 p.m. Women’s Prayer Group

### Thursday, November 1

5:30 p.m. Daily Vespers  
6:00 p.m. 40-Day Trisagion Prayers  
for Dn. Howard Shannon  
7:00 p.m. Choir Practice  
7:00 p.m. Parish Council Meeting  
(rescheduled from 10-25)

### Friday, November 2

#### **TEEN “YES!” WEEKEND**

6:45 a.m. Daily Matins  
4:00 p.m. Teen Weekend—teens  
sleeping in the fwp. hall

### Saturday, November 3

#### **TEEN “YES!” WEEKEND**

8:00 a.m. Liturgy for St. Raphael  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confessions  
Teen Weekend—teens  
sleeping in the fwp. hall

### Sunday, November 4-TURN CLOCKS BACK!

#### **TEEN “YES!” WEEKEND**

8:45 a.m. Religious Ed. Ages 3-17  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

October 28 Meyer  
November 4 D. Braun  
November 11 McConnell  
November 18 Dillon

### Coffee Hour

October 28 McQuade  
November 4 Brunner (in memory of Cyrus)  
November 11 Harvest Festival  
November 18 Craig & Jenny Speier

### Greeters

October 28 S. & C. Shackelford  
November 4 D. & D. Alexander  
November 11 Genatone/Morrison  
November 18 E. Fryer/L. Shackelford

### Ushers

October 28 Craig & Gabe Speier, P. King  
November 4 J. King, G. Braun, P. King  
November 11 S. & L. Speier, P. Brunner  
November 18 D. Meyer, Barre, Lewis

## **CHANGEABLE TEXTS FOR THE DAY**

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**  
**(Music on page 45 of Liturgy Book)**

**Tone 4**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Troparion to St. Athanasius (Music is on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Page 59 of Liturgy Book)**

**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.  
(*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.  
(*Ps 103/104:1*)

**EPISTLE READING FOR THE DAY**

**Galatians 2:16-20**

Brethren, you know that a man is not justified by works of the Law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things, which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

## Alleluia Refrain and Psalm verses before the Gospel

Tone 4

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** Draw Thy bow and prosper and reign, in the cause of truth, meekness and righteousness. (*Ps 44/45:5*)

**Verse:** Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

### GOSPEL READING

#### Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying.

As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround You and press upon You!" And You say, "Who touched Me?" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace."

While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher anymore." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

### LITURGY OF THE FAITHFUL

#### Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our

God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Hymn sung as the clergy receive the Eucharist:**

Praise the Lord from the heavens; praise Him in the Highest!

**Hymn during Communion of the People**

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

**HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**FINANCIAL SNAPSHOT—September 2012**

**TITHES—GEN. OPERATING**

Monthly Goal: \$ 35,000

Received in Sept.: \$ 26,193

Year-to-date tithe goal: \$315,000

Tithes received YTD: \$252,142

Total expenses Jan-Sept. 2012: \$ 314,649

Total income Jan-Sept: \$ 298,256

**BUILDING FUND**

Monthly Goal: \$12,000

Received Sept. \$ 13,603

Year-to-date goal: \$108,000

Received YTD: \$ 125,865

(not including Golf Tournament)

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **FRIENDS GATHERING TODAY AT ST. BARBARA MONASTERY**

The gathering begins at 4:00 p.m. with a presentation by Fr. Jon Braun on “The Priority of the Kingdom of God in This Election Year,” followed by Vespers and a potluck supper.

### **LITURGY FOR ST. RAPHAEL THIS SATURDAY AT 8:00 A.M.**

On the first Saturday of November, all parishes of the Antiochian Archdiocese commemorate St. Raphael of Brooklyn (1860-1915), who was born Rafla Hawaweeny in Beirut, Lebanon, to Damascene Syrian refugee parents. He was educated at the Patriarchal School in Damascus, the School of Orthodox Theology in Halki Island, Turkey, and at the Theological Academy in Kiev, Russia. In 1904 he became the first Orthodox bishop to be consecrated in North America; the consecration was done by Archbishop St. Tikhon of Moscow and Bishop Innocent in New York City. He served as bishop of Brooklyn, New York until his death. During the course of his ministry as an auxiliary bishop of the Russian Orthodox Church in America, St. Raphael founded the present-day primatial cathedral of the Antiochian Orthodox Christian Archdiocese of North America (St. Nicholas Cathedral), established thirty parishes, and assisted in the founding of St. Tikhon's Orthodox Monastery in South Canaan, Pennsylvania. Bishop Raphael was glorified (numbered among the saints) by the Holy Synod of the Orthodox Church in America in its March 2000 session, and the glorification services by that Holy Synod took place in May of that year at St. Tikhon's Monastery with the participation of bishops representing the Antiochian Orthodox Christian Archdiocese of North America, the Greek Orthodox Archdiocese of America, and the Church of Poland. He is commemorated by the Orthodox Church in America on February 27, the anniversary of his death, and by the Church of Antioch on the first Saturday of November, which is shortly before Raphael's own patronal feast (the Feast of the Archangels, November 8).

### **LAST DAY TO ORDER A CHRISTMAS WREATH!**

Annunciation Parish in Santa Maria is selling live Christmas wreathes again for \$20 each. The wreathes are made of noble fir, berried juniper and incensed cedar, and come with a water-proof red bow and red faux holly berries. Orders and payment must be given to our church office by the end of the day today and the wreathes will be delivered by December 2nd. **Please put your check made out to Annunciation Church or cash in the large, manila envelope on the front desk in the church office, or hand it to Valerie during Coffee Hour.**

### **PRAYER REQUEST**

Please keep Mick Kronman and family (Ginger and Cole) in your prayers. Mick's kidney transplant was cancelled 72 hours before the surgery due to an immunology problem. His team of doctors met last week to discuss future treatment options. If you are interested in making a donation to help with Mick's medical expenses, a transplant account has been set up at Santa Barbara Bank & Trust. Donations can be mailed to: Michael Kronman Transplant Fund, P.O. Box 60645, Santa Barbara, CA 93160-0645. As an alternative, you can visit any branch of the Santa Barbara Bank & Trust to personally donate.

## **MEN'S FELLOWSHIP SCHEDULE**

Men's Fellowship will meet on Tuesday, November 13 and Tuesday, Dec. 11. The evening begins with Vespers at 5:30 p.m., followed by a teaching and discussion, and then dinner out together. Adult men of all ages are welcome!

## ***CELEBRATIONS* for THIS WEEK**

### **Anniversaries**

10/28            Andy & Alyssa Simonsen  
11/04            Troy & Carla Harris

### **Birthdays**

10/28            Penny Brunner  
11/01            Kate Vander Laan  
11/02            Richard Easbey

### **Patronal Feast Day Celebrations**

10/28            St. Paraskeva the Martyr  
                     Penny Brunner

*Dearest Church family,*

*The Shannon family wants to thank each of you for your love, prayers, donations and support during this sorrowful time in our lives with the passing of our beloved Howard. Your beautiful cards, calls, meals and hugs have kept our spirits lifted and given us peace. Life will not be the same without Howard's presence here physically but please know that he is praying for each of you and thanks you too for all the love you have given to his family. We are truly blessed!*

*With all our love and gratitude.*

*Gail and family*

*(We will say the 40-day Trisagion Prayers for Dn. Howard on Thursday, November 1st at 6:00 p.m., immediately following Daily Vespers.)*

## **TEEN SCENE**

### **RITE 13 plus (Grades 7-9)**

**Friday-Sunday/November 2<sup>nd</sup>-4<sup>th</sup>**—YES Weekend hosted in Santa Barbara, sleep-over at the church on Friday and Saturday nights (More info coming soon.)

**Saturday, Nov. 17th 6 p.m.**—Vespers & “Fire on Father”

### **YAC (Young Adults in Church- Grades 10-12)**

**Friday-Sunday/November 2<sup>nd</sup>-4<sup>th</sup>**- YES Weekend hosted in Santa Barbara, sleep-over at the church on Friday and Saturday nights (More info coming soon.)

**Sunday November 11<sup>th</sup> 5 pm- 7 pm-** “Fire on Father”

**Monday December 3rd 4:15pm- 7 pm-** Provide dessert and serve for St. Brigid’s Outreach meal, Out to dinner as a group afterwards. **[NOTE EARLIER TIME FOR WINTER.]**

**Saturday December 29<sup>th</sup> 6 pm- 9 pm** – Vespers/Dinner/Christmas Party

**Monday January 7th 4:15pm- 7 pm-** Provide dessert and serve for St. Brigid’s Outreach meal, out to dinner as a group afterwards. **[NOTE EARLIER TIME FOR WINTER.]**

**Saturday Jan 19<sup>th</sup> or 26<sup>th</sup>** (Depending on when Bishop Joseph visits)  
**4 pm-10 pm-** Vespers @ St. Herman’s in Oxnard/Dinner/Sky High

## **IT'S FALL HARVEST FEST TIME!** **Sunday, November 11th after Divine Liturgy**

BBQ, Activities for the Kids, Farmer’s Market  
& Bookstore Specials  
All proceeds will go to Building Fund.

Please bring fresh produce from your garden and home baked goodies to be sold. More information coming this week.

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan PHILIP	Olga G.	Mary & Susan
Archbp. JOSEPH	John H.	Fran R.
Fr. Alexander Atty	Leona G.	Brian S.
Mother Victoria	Presbytera Katherine H.	Jim M.
Fr. Gordon & Mary Sue W.	Mick K. & Family	Frank A.
John Weldon H.	Richard & Elizabeth	Pat M.
Greg & Margaret Y.	Sari W.	Martha C.

**For repose of the souls of:** Dn. Howard George, The Nun Juliana, Marion G.,  
Kh. Terri Elizabeth B., Theophano, Roman

### **ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

**All proceeds go to the parish Building Fund.**



-For the children to color during  
the homily or at home -