



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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Senior Pastor:

Fr. Nicholas Speier
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Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova
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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

February 24, 2013

Tone 5 / Eothinon 5

**First and Second Discoveries of the Forerunner's
Honorable Head and
Sunday of the Publican and Pharisee**



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not
Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour ~ we'd love to meet you!*

Calendar for this Week

Sunday, February 24

PUBLICAN & PHARISEE

- 8:45 a.m. Rel. Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal
4:00 p.m. St. Barbara Monastery
Friends Gathering

**The church office will be closed this week.
If you have an emergency, please call
Fr. Nicholas' direct phone line at the
church: 685-5495.**

Monday, February 25

- 6:45 a.m. Daily Matins
10:30 a.m. Religious Ed.-Level I Atrium
4:15 p.m. St. Brigid Outreach dinner at
St. Michael's in Isla Vista
7:00 p.m. Financial Peace University

Tuesday, February 26

- 5:30 p.m. Daily Vespers

Wednesday, February 27

- 6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, February 28

- 5:30 p.m. Daily Vespers

Friday, March 1

- 6:45 a.m. Daily Matins

Saturday, March 2

- 8:00 a.m. Icon Guild
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, March 3—PRODIGAL SON

- 8:45 a.m. Rel. Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Coffee Hour
Book signing, Jane Meyer
"The Hidden Garden"

Sunday Morning Ministries Schedule

Eucharist Bread

- February 24 Giordani
March 3 Meyer
March 10 Thomas
March 17 Hedges

Coffee Hour

- February 24 Dillon
March 3 Franzen Family
March 10 Meatfare Picnic
March 17 Cheesefare Potluck

Greeters

- February 24 Genatone/Morrison
March 3 C. & C. Giordani
March 10 D. Washburn/D. Lewis
March 17 K. & L. Jacobs

Ushers

- February 24 S. & L. Speier, P. Brunner
March 3 D. Meyer, R. Barre
March 10 C. & G. Speier, Rita Schneider
March 17 J. King, G. Braun Jr.

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
**(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

AT THE LITTLE ENTRANCE WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 5

(Music on p. 47 of Liturgy Book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for St. John the Baptist

Tone 4

The head of the Forerunner has shone from the earth,
sending forth rays of incorruption and healings to the faithful.
It gathers together a multitude of Angels above
and summons the human race below//
to send up glory with one voice to Christ our God.

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion

Tone 4

Let us flee from the pride of the Pharisee!

Let us learn humility from the Publican's tears!

Let us cry to our Savior:

“Have mercy on us, //

O only merciful One!”

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 5

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

Epistle Reading— 2 Corinthians 4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," Who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you.

Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that He who raised the Lord Jesus will raise us also

with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth
I will make known Thy faithfulness to all generations. (Ps 88/89:1)
Alleluia...

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2) **Alleluia...**

Gospel Reading— Luke 18:10-14

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God—p. 27 of Liturgy book)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

The righteous shall be in everlasting remembrance! He shall not fear evil tidings!

(Ps 111/112:6)

Communion of the People (Liturgy Book page 33)

Receive the Body of Christ, taste the fountain of immortality.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.

SAVE THE DATE!

St. Athanasius

ANNUNCIATION TEA

for women and girls of all ages

SATURDAY, MARCH 23, 2013
1-3 P.M.

Guest speaker: Kh. Elizabeth Sommer
“Discovering the Mother of God”
\$10 adults/\$5 girls 12 years and under

Proceeds will benefit the Antiochian Village
Tornado Relief Fund.

Ladies, we need help in a variety of ways. If you would like to volunteer, please contact Cheryl Washburn-Lander at cherylynn.sb@gmail.com or Michelle Madrigal at gianniandbella@cox.net.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

FRIENDS OF ST. BARBARA MONASTERY WILL MEET TODAY, FEB. 24TH AT 4:00 P.M.

Fr. Lawrence Russell from Holy Annunciation Orthodox Church in Santa Maria will give a presentation on the work of Tsigie Gobezie, one of his parishioners, who returned to Ethiopia to build a home for the indigent aged and who does other work among the poor in her hometown of Adwa.

BOOK SIGNING NEXT SUNDAY — MARCH 3rd AFTER LITURGY

The Hidden Garden, by Jane G Meyer, illustrated by Masha Lobastov has finally hit the shelves! This children's picture book has been in the works for over three years and Jane is so excited to share this story with you and the children in your lives! Terri Speier is helping organize a book signing and book sale on March 3rd during coffee hour. Jane is hoping to also do a reading during coffee hour that same day for anyone who is interested. Please share this news with your friends and family and help spread the message of the book—that our hearts are worth the mighty effort it takes to make them virtuous and beautiful--and be a welcome home to Christ! <http://www.janegmeyer.com/page/books/6>

MARK YOUR CALENDAR

March 10 Meat Fare Sunday

GET OUT YOUR PICNIC BASKET! Our traditional Meatfare picnic will be next door at the Elk's Lodge this year on the patio. All families are asked to bring their own meat to grill (the barbecue will be fired up), a salad or side dish to share and a beverage of your choice. Paper dishes, cups, napkins and plastic cutlery will be provided. Please bring your own plates and cutlery if you need something sturdier than plastic.

March 17 Cheese Fare Sunday

Cheesy Potluck after Liturgy

Vespers of Forgiveness—6:00 p.m.

Bring the whole family to this beautiful once-a-year Rite of Forgiveness, celebrated on the night before we begin our Lenten journey together. If you have never attended this powerful service, consider making it a priority this year.

March 15-16—LENTEN SEMINAR

The parish is offering a two-day seminar to help us to prepare for Great Lent, which begins on March 18th. The schedule is as follows:

Friday, March 15 — 7-9 p.m. at the church

Fr. Nicholas will do a teaching on Repentance & Forgiveness.

Repentance is the doorway to spiritual health and forgiveness and a breakthrough of the Kingdom of God into our fallen world. We will look at both in preparation for Great Lent.

Saturday, March 16 — “Christ in the Wilderness” Contemplative Program

REGISTRATION REQUIRED—Limited to first 24 registrants. Please register through the church office: 685-5400 or office@stathanasius.org.

The program will be from 10:00 a.m.—4:00 p.m. at Sage Hill Campground, 5050 Paradise Rd., Santa Barbara 93105. Bring a sack lunch, water bottle, beach chair or something to sit on, walking stick (if needed) and wear comfortable shoes and clothing. Participants will have the option of walking the trail during private reflection time. **Free-will donation requested to cover costs for speaker's travel and program materials.**

Our day in the wilderness will be led by Fred Krueger from Santa Rosa, CA. Fred serves as Executive Director for the Orthodox Fellowship of the Transfiguration, an organization endorsed by the Episcopal Assembly of Bishops. Professionally he has worked as a Serbian linguist and as a Russian intelligence analyst for the National Security Agency, as a political campaign manager, a clergyman, magazine editor, author, and wilderness guide. He operates tropical reforestation projects in Guatemala, organizes the annual National Prayer Breakfast for Creation Care in Washington DC, and now plans a series of expeditions to articulate a Christian ethic of the oceans. Concurrent with his tasks for the Orthodox Church, he also serves as Executive Coordinator for the National Religious Coalition on Creation Care.

“One never comes to the mystical side of Orthodoxy without the contemplation of nature.”
- +HB Patriarch Ignatius IV of Antioch

"The desert fathers and mothers went to wild places to flee the corruption of cities, to wage war with their passions, but especially to encounter the holy. To me the town is a prison, and solitude is paradise."
- St. Jerome

JOIN A GROUP FROM OUR PARISH FOR LIFE NETWORK'S "THE GREAT TURNAROUND" ON THURSDAY, MARCH 7TH!

Fr. Nicholas has tickets for this year's "Great Turnaround" event at the Arlington Theatre on Thursday, March 7th at 7:00 p.m. If you are interested in attending, let Fr. Nicholas know.

From Betsy Gray, Executive Director of Life Network of Santa Barbara:

You are invited to help us STAND IN THE GAP for the most innocent among us, March 7th at the Arlington Theater! We believe the heart of the Father is to unite the church in a *great turnaround* for life by upholding pregnancy centers across the country. In 2012, we saw the beginning of this divine work. In 2013, we will continue by *standing in the gap* with your help. Please attend and bring a friend to again make history for LIFE in our city.

40 DAYS FOR LIFE—LET'S HAVE AN ORTHODOX PRESENCE THIS YEAR!

Santa Barbara and Goleta will again be taking part in 40 Days for Life (February 13-March 23). If you would like to take part in the vigil in front of Planned Parenthood you can sign up on the website (40daysforlife.com/santabarbara) or contact Dee Kern (968-1719, dee.kern@cox.net). The hours of the vigil are Mondays (8am-5pm), Tuesdays (8am-8pm), and Wednesdays-Saturdays (8am-5pm). Sign up and bring a friend!

CELEBRATIONS for THIS WEEK

Birthdays

2/25 Asia Ballew
2/26 Anya Johnson
2/28 Ciara Giordani
3/3 Mark Kern

PREPARATION FOR LENT

Long before the actual beginning of Lent, the Church announces its approach and invites us to enter into the period of pre-Lenten preparation. It is a characteristic feature of the Orthodox liturgical tradition that every major feast or season—Easter, Christmas, Lent, etc.—is announced and “prepared” in advance. Why? Because of the deep psychological insight by the Church into human nature. Knowing our lack of concentration and the frightening “worldliness” of our life, the Church knows our inability to change rapidly, to go abruptly from one spiritual or mental state into another. Thus, long before the actual effort of Lent is to begin, the Church calls our attention to its seriousness and invites us to meditate on its significance. Before we can *practice* Lent we are given its *meaning*. This preparation includes five consecutive Sundays preceding Lent, each one of them—through its particular Gospel lesson—dedicated to some fundamental aspect of repentance.

TEEN SCENE

RITE -13 plus (Grades 7-9)

Friday/Saturday, March 8-9—Annual Rite-13 Retreat at St. Barbara's Monastery.

YAC (Young Adults in Church- Grades 10-12)

Sunday, March 10—5:00 p.m.—Fire on Father at Fr. Nicholas & Jan's house.

Saturday, March 16—Service Project —Work Day at St. Barbara Monastery.

Saturday, March 30—Bowling after Vespers

Sunday, April 21—5:00 p.m.—Fire on Father at Fr. Nicholas & Jan's house.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise. You may resubmit requests after 40 days. **Send prayer requests for the bulletin to: office@stathanasius.org.**

Please pray for the health of:

Fr. Alexander Atty

Mother Victoria

Fr. Jim K.

Fr. Gordon & Mary Sue W.

Greg & Margaret Y.

Olga G.

Leona G.

Presbyteria Katherine H.

Mick K. & Family

Sari W.

Mary & Susan

Duane F.

Christ K.

Dave L.

Kent F.

Carla H.

Tom & Darbi J.

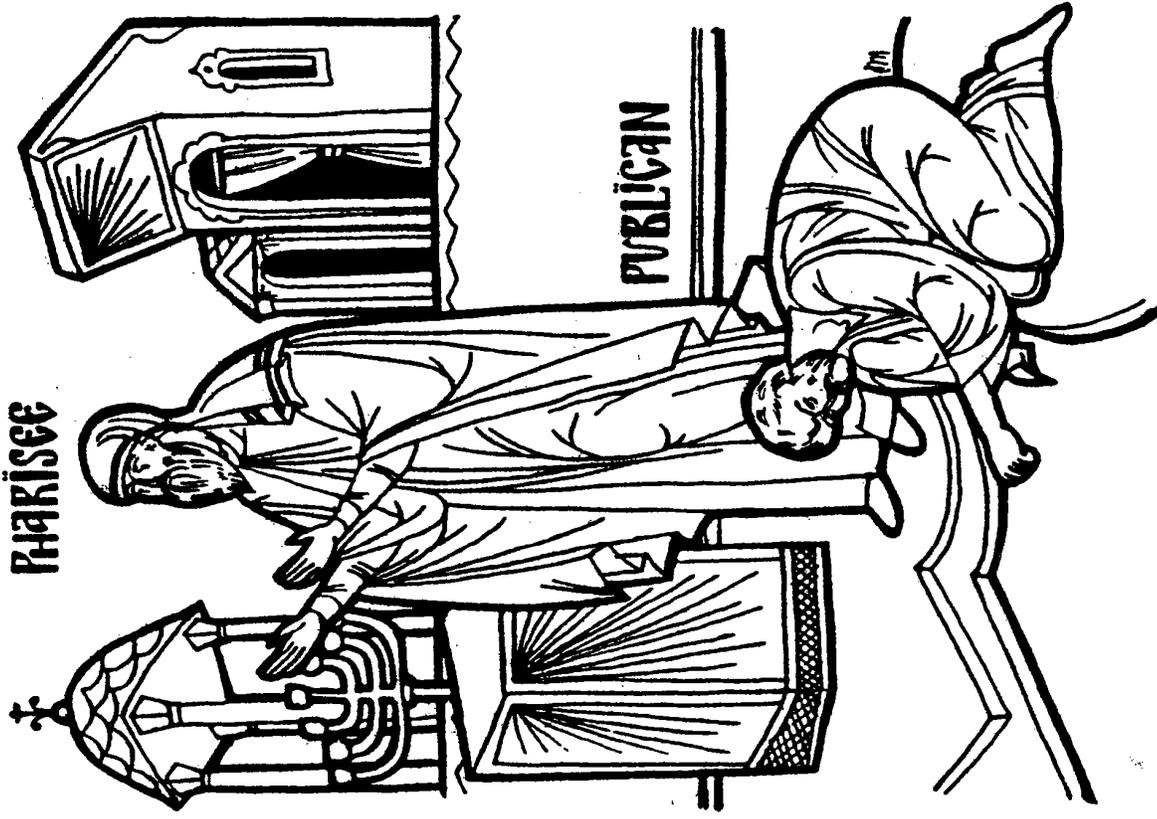
For repose of the souls of: Bethann R., Betty A.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall.

The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.



-For the children to color during
the homily or at home -