



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

## Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

## Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, June 1 2014

Tone 6 / Eothinon 10

## Sunday of the After-feast of the Ascension

Commemoration of the Holy Fathers of the First Ecumenical Council

Martyr Justin the Philosopher & companions at Rome;

Archimandrite Justin Popovic of Serbia; Hieromartyr and Bishop Pyrrus

the Virgin; Martyr Thespesios of Cappadocia;

Venerable Dionysios the Wonderworker of Glushetsk



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, June 1

#### **AFTER-FEAST OF ASCENSION & FATHERS OF 1st ECUMENICAL COUNCIL**

- 9:00 a.m. Religious Ed. 3 yrs-High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/Crowning of  
Jim & Gloria Morrison  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

### Monday, June 2

- 6:45 a.m. Daily Matins for St. Seraphim  
5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista

### Tuesday, June 3

- 5:30 p.m. Daily Vespers  
7:00 p.m. Women's Bible Study

### Wednesday, June 4

- 6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### Thursday, June 5

- 5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

### Friday, June 6

- 6:45 a.m. Daily Matins

### Saturday, June 7

- 4:30 p.m. Bible Study—Book of Acts  
6:00 p.m. Festal Vespers/Confession

### Sunday, June 8—PENTECOST

- 9:00 a.m. Religious Ed. 3 yrs-High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/Brunner Baptism  
11:45 a.m. Potluck and Musical Program

## LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

## AED

### (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

- June 1 G. Braun  
June 8 Gish  
June 15 Dillon  
June 22 Meyer

### Coffee Hour

- June 1 Kern/Ballew  
June 8 PENTECOST POTLUCK  
June 15 Easbey  
June 22 Project Mexico Team

### Greeters

- June 1 K. & L. Jacobs  
June 8 D. Washburn/D. Lewis  
June 15 S. & C. Shackelford  
June 22 D. & D. Alexander

### Ushers

- June 1 C. Speier, Rita Schneider, P. King  
June 8 Jon King, G. Braun Jr., P. King  
June 15 S. & L. Speier, P. Brunner  
June 22 D. Meyer, R. Barre, D. Lewis

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

## **THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

### **GREAT LITANY**

#### **FIRST ANTIPHON FOR FEAST OF ASCENSION**

[Verse] Clap your hands, all peoples! Shout to God with loud songs of joy!

**[Refrain] Through the intercessions of the Theotokos, O Savior, save us.**

- For the Lord, the Most High is terrible; a great God over all the earth. He subdued people under us, and nations under our feet. [Refrain]
- God has gone up with a shout, the Lord with the sound of a trumpet! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

#### **SECOND ANTIPHON FOR FEAST OF ASCENSION**

[Verse] God is the Lord and greatly to be praised in the city of our God.

**[Refrain] O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.**

- Mount Zion in the far north, is the city of the Great King. Within her citadels God is known when He defends her. [Refrain]
- For lo, the kings assembled; they came on together. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

## THIRD ANTIPHON FOR FEAST OF ASCENSION

[Verse] Hear this, all ye people; give ear, all ye inhabitants of the earth.

### Refrain:

You ascended in glory,  
O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.  
Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

[Verse] My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding.

[Refrain]

[Verse] I will incline mine ear to a parable; I will unfold my problem on the harp. [Refrain]

## LITTLE ENTRANCE

**People:** Come, let us worship and fall down before Christ. O Son of God Who art risen from the dead, save us who sing to Thee, Alleluia!

### Resurrectional Troparion

**Tone 6**

When Mary stood at Thy grave looking for Thy sacred body,  
angelic pow'rs shone above Thy revered tomb,  
and the soldiers who were to keep guard became as dead men.  
Thou led Hades captive and wast not tempted there-by,  
Thou did meet the Virgin and didst give life to the world.  
O Thou Who art risen from the dead, O Lord, glory to Thee.

### Troparion of Ascension

**Tone 4**

You ascended in glory,  
O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.  
Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

**Troparion of the Holy Fathers****Tone 8**

Most glorious are You, O Christ our God!

You have established the Holy Fathers as lights on the earth.

Through them You have guided us to the true Faith.//

O greatly compassionate One, glory to You!

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

**Kontakion for Ascension****Tone 6**

When You had fulfilled the

dispensation for our sake,

and united earth to heaven,

You ascended in glory, O Christ our God,

not being parted from those who love You,

But remaining with them and crying:

“I am with you and no one will

    be against you!”

**TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,

    now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon:       With strength!

People:       Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm Verses before the Epistle (Prokeimenon)

**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us.

### THE EPISTLE READING

Acts 20:16-18, 28-36

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them:

“Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the Church of God which He obtained with the blood of His own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, ‘It is more blessed to give than to receive.’”

And when he had spoken thus, he knelt down and prayed with them all.

### Alleluia before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia

People: Alleluia, Alleluia, Alleluia

**Verse:** *The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)*

**Verse:** *Gather to Me, My venerable ones, who made a covenant with Me by sacrifice! (Ps 49/50:5)*

### THE GOSPEL READING

**John 17:1-13**

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ whom Thou hast sent. I glorified Thee on earth, hav-

ing accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made.”

“I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the Scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves.”

**HYMN TO THE MOTHER OF GOD (Meglynarion)**  
**9<sup>th</sup> Ode of the Canon for Ascension:**

Magnify, O my soul, Christ the Giver of Life, Who has ascended from earth to heaven!  
We magnify the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One.

**Hymns for Communion of the Clergy:**

Praise the Lord from the heavens! Praise Him in the highest! Alleluia! (*Ps 148:1*)  
God has gone up with a shout; the Lord with the sound of a trumpet! (*Ps. 47:5*)

***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
“Father, bless” when you get to the chalice.*

**Instead of “We have seen the true light,” we sing the Troparion for Ascension:**

You ascended in glory, O Christ our God,  
granting joy to Your disciples by the  
promise of the Holy Spirit.  
Through the blessing they were assured  
that You are the Son of God,  
the Redeemer of the world!

## *CELEBRATIONS* for THIS WEEK

### Wedding Anniversaries

6/02 Brian & Corie Sieck  
6/04 Douglas & Jane Meyer

### Birthdays

6/2 Jill Wallerstedt  
6/4 Nadine de Bruin  
6/7 Michelle Madrigal  
6/8 Greyson AbuGhazaleh

### Patronal Feast Days

6/1	St. Justin the Philosopher	Justin Brunner
6/3	St. Kevin (of Ireland)	Kevin DeBree
6/4	St. Martha, Sister of Lazarus	Dottie Genatone

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **SUMMER OPPORTUNITY FOR TEENS**

If any high school or junior high students would like to volunteer to help during Summer School this year, please contact Lara Jacobs at [cpejacobs@gmail.com](mailto:cpejacobs@gmail.com).

### **BOOK STUDY—EARLY CHURCH HISTORY**

Fr. Nicholas is leading a book study on Saturdays at 4:30 p.m. from now through June 28 on Early Church History in the conference room at the church.

**MIDDLETON INTERNATIONAL SUMMER CAMPS are looking for host families for students 14-18 years old from Spain from July 7-25, 2014.** Host families receive a \$300 stipend. Students are gone all day Monday-Friday, and transportation is provided for them by the camp. On weekends they are with the host families unless the camp has an excursion planned. For more information, contact Emma Filippidi at [filippidi@mrl.ucsb.edu](mailto:filippidi@mrl.ucsb.edu).

**FR. NICHOLAS AND DAN BRAUN will attend the special Convention** of our Archdiocese from June 4-6 in Chicago to nominate 3 candidates for the new Metropolitan, to be considered by the Patriarchal Synod. Please pray for their safe journey, and that the Holy Spirit will guide all of the clergy and delegates present for this historic meeting.

## PENTECOST CELEBRATION—NEXT WEEKEND

Saturday, June 7      6:00 p.m.—Festal Great Vespers  
with Artoklasia (festal procession and blessing  
of sweet bread, wheat, wine and oil)

Sunday, June 8      9:00 a.m.—Festal Matins and Liturgy  
followed by POTLUCK LUNCHEON  
and MUSICAL PROGRAM on the patio  
**BRING A BLANKET & SIT ON THE LAWN!**

### HELP US TO "GREEN UP" THE CHURCH FOR PENTECOST!

On Sunday, June 8th, we want to “green up” the sanctuary for the feast of Pentecost, with your help. Please bring anything green from your garden or the garden stand. Fresh flowers are great, too! There will be vases in front of the iconostasis and in other areas of the nave of the church in which you can put them. You can bring your offering to celebrate the feast on Saturday, June 7th before Vespers or when you come for liturgy on Sunday, June 8th. Larger branches need to be delivered to the church on Saturday morning, June 7th, so that we can arrange and place them appropriately. Many thanks, — The Festal Decorating Committee

### *Dear Parish Family,*

We look forward to celebrating Pentecost this year with **LOTS of GREEN FOOD**. Please bring your **fully prepared contribution** (there's not enough room in the kitchen for last-minute preparations) to the **kitchen area near the office** and place it on the **counter, in the refrigerator**, or on the **cart**. The children will set the food out after communion. If you bring a salad, leave your bottle of salad dressing right on top of your salad and we will add it for you at the last minute.

For food ideas, check out our Pinterest board: <http://www.pinterest.com/katevanderlaan/pentecost-potluck-menu/>

Consider bringing a **BLANKET** to spread out during coffee hour, so you can relax and enjoy the food and some music presented by the children and others.

Thanks again for your enthusiastic support! - Kate Vander Laan

# TEEN SCENE

## JOURNEY TO ADULTHOOD Schedule of Activities and Service Projects

Monday, 6/16  
Sunday, 6/22 at 5 p.m.

### Teens in grades 9-12

Disneyland Trip  
End-of-school-year BBQ

Friday, 6/13  
Sunday, 6/29 at 5 p.m.

### Teens in grades 7-8

Raging Waters Trip  
End-of-school-year BBQ at home of Jon & Kristin King

Sunday, 7/13 after church  
Friday, 8/8 at Noon

### All Teens and their Families

Family Bowling Party  
Family Beach Day

## WORK PARTY AT MONASTERY Saturday, June 14, 2014

There will be a work party at St. Barbara Monastery on Saturday, June 14 beginning at 9:00 a.m. (following Matins at 7:00 a.m. and breakfast). There are tasks of all kinds to be done for volunteers of all ages, including:

- Staining of outside cedar walls of the house
- Weeding and harvesting of lavender
- Assembling lavender sachets
- Sanding in the wood shop



The work day will end with Vespers at 4:30 p.m. Lunch will be served. Please let the monastery know if you are planning to attend:

[sbmonastery@gmail.com](mailto:sbmonastery@gmail.com) or 805-921-1563

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Mother Victoria  
Met. Paul & Abp. John of Syria  
Peggy K. and Family  
Fr. Gordon & Mary Sue W.  
The Hartung Family  
Greg & Margaret Y.  
Mary Ellen B.  
Mother Olga  
Gail S.

Dean & Penny  
Olga G.  
Mary & Susan  
Baby Christian F.  
Molly M.  
Joy  
Victoria T.  
Frances C.  
Kathy B.

Melina L.  
Duane F.  
Susan R.  
All those suffering and  
in danger in the Ukraine  
and Syria  
The girls kidnapped in  
Nigeria  
Merian I.

**For repose of the souls of:** Galina, Sharon L., Thomas S., Tommy M.,  
All who have died in the conflict in the Ukraine and Syria

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to “St. Athanasius Book Center.”

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-For the children to color during  
the homily or at home -

