



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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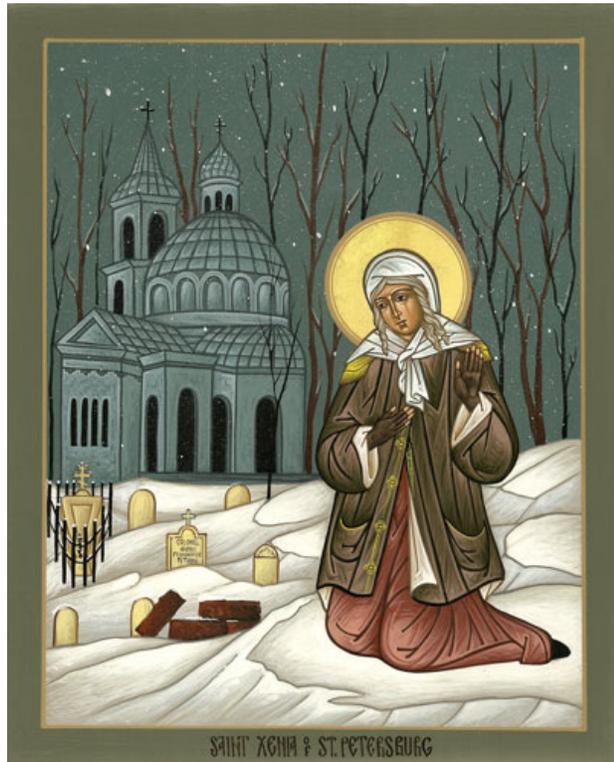
Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 24, 2016

**Tone 1 / Eothion 1; Thirty-first Sunday
after Pentecost & Fourteenth Sunday of Luke**
Blessed Xenia of St. Petersburg, Fool-for-Christ
Righteous Mother Xenia the Merciful of Rome;
Hieromartyr Babylas of Sicily;
Venerable Philotheos, Founder of Philotheou Monastery on
Athos



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, January 24-St. Xenia of St. Petersburg

9:00 a.m.	Religious Education ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Choir Rehearsal
2:00 p.m.	Project Mexico Team Meeting

Monday, January 25-Gregory the Theologian

6:45 a.m.	Daily Matins
4:30 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, January 26

3:30 p.m.	Catechesis Level I
5:30 p.m.	Daily Vespers

Wednesday, January 27

6:45 a.m.	Daily Matins
11:00 a.m.	Shower Truck Ministry

Thursday, January 28-St.Ephraim the Syrian

12:00 p.m.	Intercessory Prayer Group
5:30 p.m.	Daily Vespers
7:00 p.m.	Choir Rehearsal

Friday, January 29

6:45 a.m.	Daily Matins
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Saturday, January 30-Three Hierarchs

4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers/Confessions

Sunday, January 31-Commemoration of the Feast of the Three Hierarchs

9:00 a.m.	Religious Education ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Choir Rehearsal

Fr. Nicholas and Jan will be out of town from Monday, January 25 through Wednesday, January 27. Happy Anniversary & Many Years!

Sunday Morning Ministries Schedule

Eucharist Bread

January 24	Hedges
January 31	Fr. Nicholas
February 7	M. Kern
February 14	Dn. G. Braun

Coffee Hour

January 24	J. Wallerstedt/D. Washburn
January 31	NEED HOST
February 7	Alexander (for SS. Simeon & Anna)
February 14	Vander Laan

Greeters

January 24	K. Fox, H. Lange
January 31	D. Washburn, D. Lewis
February 7	K. & L. Jacobs
February 14	P. King/L. Baker

Ushers

January 24	P. Brunner, P. King, D. Meyer
January 31	R. Barre, D. Lewis, C. Speier
February 7	J. King, D. Washburn, G. Shannon
February 14	S. Speier, P. Brunner, P. King

Readers

January 24	R. Barre
January 31	P. Braun
February 2	V. Gish (Feast of the Presentation)
February 7	M. Kern
February 14	T. Harris

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses is sung by antiphonal choirs, the choir and congregation sing the refrain:
“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow’rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Tone 1 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion for St. Xenia of St. Petersburg

Having lived as a stranger in the world,
you outwitted the deviser of evil
by your pretended foolishness, O Xenia.
You received the grace from God
to foresee and foretell things to come.//
Now as you have been translated from earth to heaven,//
you are numbered with the choirs of the Angels.

Tone 5

Kontakion of The Feast of the Presentation of Our Lord in the Temple**Tone 1**

By Your Nativity You sanctified the Virgin's womb!

And blessed Simeon's hands, O Christ God.

Now You have come and saved us through love.

Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 1** Byzantine melody
harmonized by Fr. J. Finley

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING**Timothy (1:15-17)**

Timothy, my son, the saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners. And I am the foremost of sinners; but I received mercy for this reason, that in me, as the foremost, Jesus Christ might display His perfect patience for an example to those who were to believe in Him for eternal life. To the King of Ages, immortal, invisible, the only God, be honor and glory to the ages of ages. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (Ps 17/18:50)

GOSPEL READING

Luke (18:35-43)

At that time, as Jesus drew near to Jericho, a blind man was sitting by the roadside begging; and hearing a multitude going by, he inquired what this meant. They told him, "Jesus of Nazareth is passing by." And he cried, "Jesus, Son of David, have mercy on me!" And those who were in front rebuked him, telling him to be silent; but he cried out all the more, "Son of David, have mercy on me!" And Jesus stopped, and commanded him to be brought to Him; and when he came near, Jesus asked him, "What do you want me to do for you?" He said, "Lord, let me receive my sight." And Jesus said to him, "Receive your sight; your faith has made you well." And immediately he received his sight and followed Him, glorifying God; and all the people, when they saw it, gave praise to God.

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

1/25 John & Nadine de Bruin

Birthdays

1/24 Melissa Williams, Fay Young

1/25 Terri Speier

1/27 Jeff Petersilia

1/29 Galen Wiley

1/30 Mia Jacobs

Feast Day Celebrations

1/24 St. Xenia of St. Petersburg

Dayli Braun, Zennia Braun, Darbi Johnson
Melissa Williams

1/30 Three Holy Hierarchs

Ben Hedges

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

HOUSE BLESSING APPOINTMENTS

The Grace of God is imparted to us in the holy water (“The Grace of Redemption”). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

UPCOMING FEAST DAY—MARK YOUR CALENDAR

Tuesday, February 2, 2016 Feast of the Presentation of our Lord in the Temple
Divine Liturgy at 6:00 p.m.

Thursday, March 24, 2016 Feast of the Annunciation
Vespers-Liturgy at 6:00 p.m.

LADIES: SAVE THE DATE! Annunciation Tea, Saturday, March 26th at 9:30 a.m.
This year’s Tea will be in the morning. More details to follow.

Seeking Life, Mercy, and Healing
A Common Statement by Orthodox and Catholic Bishops
on the 43rd Anniversary of Roe v. Wade

On January 22, Catholic and Orthodox Christians will once again stand in solidarity on the occasion of the 43rd anniversary of Roe v. Wade. As our communities firmly believe in the sanctity of life, the faithful—along with many people of other traditions and good will—lament the legal circumstances that facilitate abortion and the cultural phenomena that present abortion as the only choice for expectant mothers experiencing difficult conditions.

We recognize that the choice to abort an unborn child ultimately reflects the broken condition of humanity.

We remind the world of our common teaching that life begins at the earliest moments of conception and that life, at all stages of its development, is sacred. We denounce the termination of a life as a response to unwanted pregnancies or as a method of overcoming social and economic challenges. We embrace the mothers and the couples who, in spite of difficulties, choose to bring their pregnancy to term. At the same time, however, we invite those who may have undergone or facilitated an abortion to turn to Christ with contrite hearts, seeking to overcome their grief through His forgiveness, mercy and healing.

His Eminence Archbishop Demetrios of America
Chairman, Assembly of Canonical Orthodox Bishops of the USA

Most Reverend Joseph E. Kurtz
Archbishop of Louisville
President, U.S. Conference of Catholic Bishops

Metropolitan Savas of Pittsburgh
Chairman, Committee for Church and Society
Assembly of Canonical Orthodox Bishops of the USA

Timothy Michael Cardinal Dolan
Archbishop of New York
Chairman, Committee on Pro-Life Activities

SUPPORT FOR MISSIONS

Our parish supports missions around the world on an ongoing basis
with monthly contributions to:

- **OCMC (Orthodox Christian Mission Center) “Support a Mission Priest” program.**

**So far, we have supported the following priests
and we continue to pray for them each week:**

Fr. John Njiru Njagi at St. Matthew Church in Makengi, Kenya (2012)

Fr. Athanasios Akunda at St. Raphael and St. Nicholas parishes in South Africa (2013)

Fr. Lawrence Kabui Gitau at SS. Mark & Makarios Church in Kangemi, Kenya (2014)

Fr. Timothee Kwakwa at St. John the Baptist parish in Kawayongo, Congo (2015)

Fr. Evlogios Adade at Holy Transfiguration Cathedral in Accra, Ghana (2016)

- **OCMC missionaries Nathan & Gabriela Hoppe and their family, who are doing mission work in Albania. They visited us this past August and gave a presentation.**

Nathan and Gabriela are working to inspire, train, equip and lead Albanians to proclaim the Gospel and make disciples in Albania. They feel a tremendous urgency to follow Christ's command to make disciples of all nations in this land where less than a generation ago, complete atheism was enforced by the totalitarian communist government.

- **Project Mexico/St. Innocent Orphanage**

A pan-Orthodox non-profit organization that builds homes for impoverished families in the Tijuana area, and that provides a safe home for orphaned Mexican boys who would otherwise be on the street and without any family.

In addition to sending a monthly donation from our parish, we have sent many mission teams to build homes in Mexico. Our team for Summer 2016 is getting ready to launch their fundraising campaign. Stay tuned for more information!

Dear father Nicholas,

January 18, 2016

We wish you and the entire parish of St. Athanasius a blessed and joyful feast today. We are very grateful for your partnership with us and we are honored to represent you as missionaries in Albania. Thank you for your support and your prayers for us. Please greet the parish on our behalf.

In Christ,

Nathan Hoppe & Family, OCMC Missionaries in Albania

TEEN SCENE

Activities—Autumn 2015

Junior High School

Saturday, February 27	Progressive Dinner after Vespers
March	Movie Night (Date TBA)
Friday, April 1	Retreat at St. Barbara Monastery
Friday, May 13	Pool Party and Barbecue
June	End of year trip (Date TBA)

Church Etiquette Corner—Some Reminders

We are encouraged to stand while the Holy Gifts (The Body and Blood of Christ) are present in the nave out of respect and honor for the presence of Christ among us (until the clergy return with the chalice to the altar after Communion).

We should all make an effort to be present at the beginning of the Divine Liturgy, but if we DO come late, we are asked to enter quietly and without disrupting the service or those in attendance. Please minimize: movement in general, and entering and leaving during the reading of the Epistle or Gospel, or during the Homily. If you enter while these things are already taking place, please stand in the back and take a seat after the reading or sermon are finished.

After partaking of Holy Communion, it is important to remain to the end of the Liturgy to thank our Lord and receive the final blessing from the priest.

Women and young ladies are asked to remove lipstick or lip gloss before kissing icons or receiving the Eucharist.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Diane Carrillo
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary

Susan B.
Baby Christian F.
Duane F.
Temmo K
Paige
Galina, Nikolai & Nataliya
Olga Marie G.
Mike, Trevor & Adam
Emily F.
Joan, Jerry, Brenda
Kevin O.
Steve K.

Terri-Lynn & Hannah Rose H.
Scott
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Michel C., All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

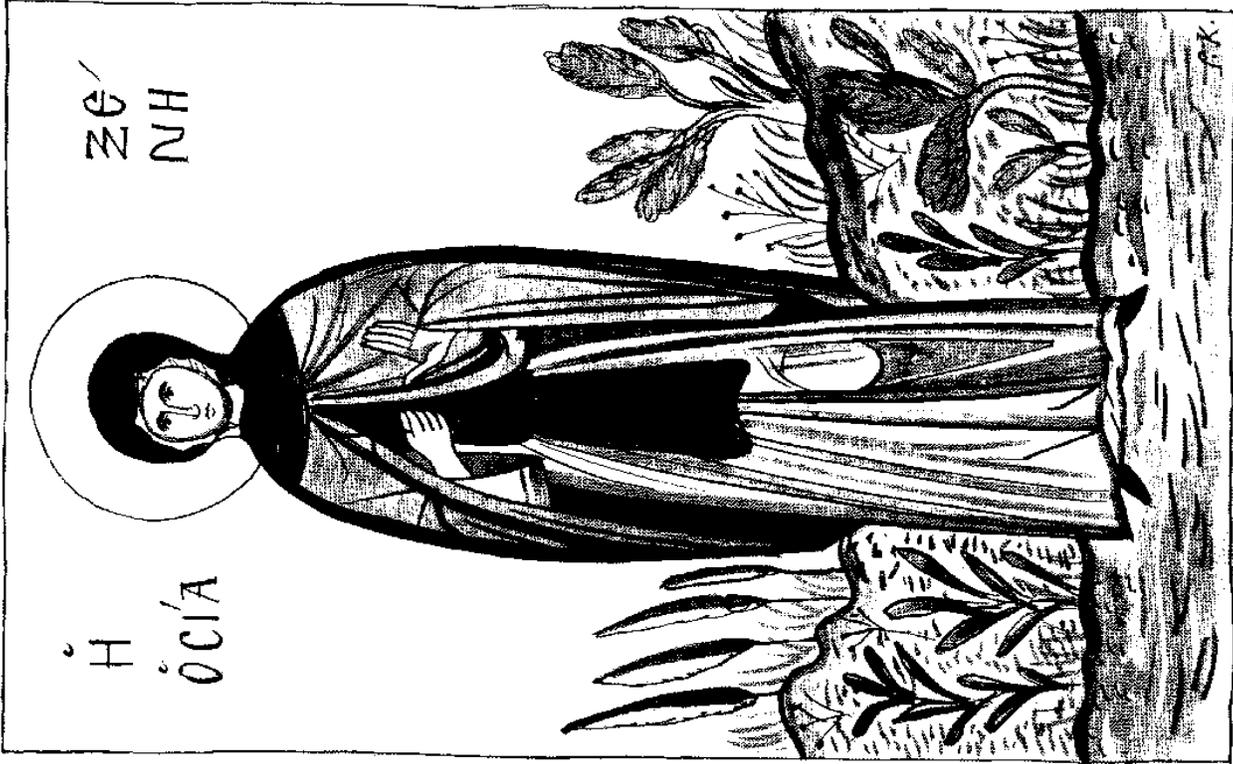
Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *

* The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center." *

* **All proceeds go to the parish Building Fund.** *



FOR THE CHILDREN TO COLOR
 DURING THE HOMILY OR AT HOME -

**THE MISSION AND VISION
 OF
 ST. ATHANASIUS
 ORTHODOX
 CHRISTIAN CHURCH
 (Ephesians 3:14-21)**

That we would be rooted and grounded in
 FAITH, LOVE AND HUMILITY
 so we might experience and manifest the
 FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING new members, catechumens,
 inquirers and visitors
- In SHARING THE ANCIENT FAITH with our
 community, the wayward and seekers
- In LOVING AND CARING FOR OUR COMMU-
 NITY

**Unto the inheritance of the
 KINGDOM OF HEAVEN**