



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

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## Parish Council:

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Richard Barre  
Catherine Braun  
Dottie Genatone  
Benjamin Hedges  
Karen Jacobs  
Dr. Jon King

**LITURGY OF ST. JOHN CHRYSOSTOM**  
**Sunday, April 24, 2016**

## **GREAT & HOLY PASCHA**



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not  
Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Breakfast ~ we'd love to meet you!*

## ***Calendar for this Week***

### **Sunday, May 1—PASCHA**

- 5:00 a.m. Procession, Paschal Matins & Liturgy  
7:45 a.m. Break-fast  
9:30 a.m. Agape Vespers  
3:00 p.m. Pascha Picnic at Tucker's Grove

### **Monday May 2 —FAST-FREE WEEK**

- 6:45 a.m. Matins of Bright Week  
5:00 p.m. Outreach Meal at St. Michael University Church in Isla Vista

### **Tuesday, May 3—NO CATECHESIS**

- 5:30 p.m. Agape Vespers

### **Wednesday May 4**

- 6:45 a.m. Matins of Bright Week  
12:00 p.m. Intercessory Prayer Group

### **Thursday May 5**

- 5:30 p.m. Agape Vespers

### **Friday May 6**

- 6:45 a.m. Matins of Bright Week

### **Saturday May 7**

NO CATECHISM

- 6:00 p.m. Vespers/Confession

### **Sunday, May 8—THOMAS SUNDAY**

**St. John the Theologian, MOTHER'S DAY**

- 9:00 a.m. Religious Education  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
1:00 p.m. Blessing of the Graves at Goleta Cemetery

If you have not paid for the Pascha breakfast and/or picnic, you may pay before you enter the line for food. (Breakfast and picnic combined \$20/person, breakfast only—\$15, Children-\$10 flat fee, Family package price-\$80)

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

- May 1 M. Kern (Pascha)  
May 8 Dillon  
May 15 Tinyayeva  
May 22 Thomas

### **Coffee Hour**

- May 1 PASCHA Breakfast  
May 8 McCalmont  
May 15 Jacobs  
May 22 Lewis

### **Greeters**

- May 1 K. & L. Jacobs  
May 8 P. King/L. Baker  
May 15 G. Shannon/Kristin King  
May 22 P. Morrison/D. Genatone

### **Ushers**

- May 1 D. Meyer, R. Barre, D. Lewis  
May 8 C. Speier, J. King, D. Washburn  
May 15 G. Shannon, S. Speier, P. Brunner  
May 22 P. King, D. Meyer, R. Barre

### **Readers**

- May 1 V. Gish (Pascha)  
May 8 T. Harris  
May 15 H. Lange  
May 22 D. Meyer

## PROCESSION AND PACHAL MATINS

### ***At the lighting of the candles:***

**Choir:** Come ye take light from the light that is never overtaken by night. Come glorify Christ risen from the dead.

### ***At the Procession:***

Thy Resurrection, O Christ our Savior, The angels in heaven sing.  
Enable us on earth To glorify Thee in purity of heart.

### ***At the Doors:***

**GOSPEL: Mark 16:1-8**

**(Refrain:)** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

**Priest:** Let God arise and let His enemies be scattered and let those who hate Him flee from His face. (Christ is risen...)

**Priest:** As smoke vanishes, let them vanish; as wax melts before the fire. (Christ is risen...)

**Priest:** So let the sinners perish before God, but let the righteous rejoice. (Christ is risen...)

**Priest:** This is the day which the Lord has made; let us rejoice and be glad in it. (Christ is risen...)

**Priest:** Glory to the Father, and to the Son, and to the Holy Spirit (Christ is risen...)

Priest: Now and ever, and unto ages of ages. Amen. (Christ is risen...)

## GREAT LITANY

**Priest:** Lift up your gates, O ye princes, and be lifted up, O eternal gates, and the King of Glory shall enter in.

**Responder:** Who is the King of Glory?

**Priest:** The Lord Who is strong and mighty; the Lord mighty in battle. Lift up your gates, O ye princes, and be lifted up O eternal gates, and the King of Glory shall enter in. (2x)

**Responder:** Who is the King of Glory?

**Priest:** The Lord of Hosts - He is the King of Glory.

*As the procession into the Church commences, we sing the Paschal Troparion:*

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (Repeat)

### ODE 1

**Chanters:** It is the day of Resurrection, be illumined people. Pascha, the Lord's Pascha. From death unto life, from the earth to Paradise has Christ our God led us, singing the song of Victory!

**All:** [Refrain] **Christ is risen from the dead**

**Chanters** Let us purify our senses, and we shall see Christ shining in the unapproachable light of His Resurrection. We shall clearly hear Him say: Rejoice, as we sing the song of Victory. [Refrain]

**Chanters:** Let the heavens be glad, and let the earth rejoice. Let the whole world, visible and invisible, keep the feast. For Christ is risen, our eternal joy.

**Troparion**

**People:** Christ is risen...

### ODE 3

**Irmos:**

**Chanters:** O come let us drink a beverage new, not miraculously brought forth from an old and barren rock. But streaming from the tomb of Christ, in whom we are established.

[Refrain] **Christ is risen from the dead.**

**Troparion:**

**Chanters:** Now all is filled with Light: heaven and earth and the lower regions. Let all creation celebrate the rising of Christ. In Him we are established.

[Refrain]

**Chanters:** Yesterday I was buried with Thee, O Christ. Today I arise with Thee in Thy resurrection. Yesterday I was crucified with Thee. Glorify me with Thee, O Savior, in Thy kingdom.

**Troparion**

**People:** Christ is risen...

## LITTLE LITANY

### HYPAKOE

**Choir:** Before the dawn, Mary and the women came and found the stone rolled away from the tomb. They heard the angelic voice: Why do you seek among the dead as a man the one who is everlasting light? Behold the clothes in the grave. Go, and proclaim to the world: The Lord is Risen, He has slain death as He is the Son of God, saving the human race.

### ODE 4

**Irmos:**

**Chanters:** May inspired Habakkuk now stand with us in holy Vigil, and show us a radiant angel, saying with thrilling voice, today salvation has come to the world, for Christ is risen as almighty.

**[Refrain] Christ is risen from the dead.**

**Troparion:**

**Chanters:** Christ our Pascha has appeared as a male child, the son that opens a virgin womb. He is called the Lamb as one destined to be our food, unblemished for He has not tasted of defilement, and perfect for He is our true God.

**[Refrain]**

**Chanters:** Christ, the crown with which we are blessed, has appeared as a yearling lamb. Freely He has given Himself as our cleansing paschal sacrifice. From the tomb He has shown forth once again, our radiant sun of righteousness.

**Troparion:**

**People:** Christ is risen...

### ODE 5

**Irmos:**

**Chanters:** Early in the morning let us arise and bring to the Master a hymn instead of myrrh, and we shall see Christ, who has raised up life for all.

**[Refrain] Christ is risen from the dead!**

**Troparion:**

**Chanters:** The souls bound in the chains of hell, O Christ, seeing thy compassion without measure, pressed onward to the light with joyful steps, praising the eternal Pascha. **[Refrain]**

**Chanters:** Let us go with lamps in hand to meet Christ, who comes from the tomb like a bridegroom. And with the festive ranks of angels, let us celebrate the saving Pascha of God.

**Troparion:**

**People:** Christ is risen...

**ODE 6**

**Irmos:**

**Chanters:** Thou didst descend to the nether regions of the earth O Christ, and shattered the eternal bars that held us prisoners captive, and as Jonah from the whale, Thou hast risen as almighty.

**[Refrain] Christ is risen from the dead!**

**Troparion:**

**Chanters** Thou didst arise, O Christ, and yet the tomb remained sealed, as at Thy birth the Virgin's womb remained unharmed; and Thou hast opened for us the gates of paradise.

**[Refrain] Christ is risen from the dead!**

**Chanters:** O my Savior, as God Thou didst bring Thyself freely to the Father, a victim living and un-sacrificed, resurrecting Adam, the father of us all, when Thou didst arise from the grave.

**Troparion:**

**People:** Christ is risen...

***LITTLE LITANY***

***Choir: Kontakion of Pascha***

You descended into the tomb O Immortal. Thou destroyed the pow'r of death. In victory Thou arose, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thy apostles, and bestowing resurrection on the fallen.

***Oikos***

To the Sun before the sun, as it set for a time in the grave, the ointment-bearing maidens came at dawn, seeking Him as they would the day. And they shouted one to another, "Come, let us, O friends, anoint with spices the life-bearing body, now buried; the body that raiseth fallen Adam, lying in the supulchre. Come, let us hasten, as did the Magi, and fall down in worship; let us offer of our spices like unto their offerings, to Him who is no longer wrapped in swaddling clothes, but in finest linen. Let us lament; let us weep; and let us cry, Master, arise, O thou who dost grant resurrection to the fallen!"

- *Synaxarion* -

***Having Beheld the Resurrection***

Having beheld the Resurrection of Christ, let us worship the Holy Lord Jesus, the only sinless one. We venerate Your Cross, O Christ, and we praise and glorify Your holy Resurrection for You are our God and we know no other than You, we call on Your Name. Come, all you faithful, let us worship Christ's holy Resurrection, for behold through the Cross joy has come into all the world. Let us ever bless the Lord, praising His Resurrection, for by enduring the Cross for us, He has destroyed death by death.

**ODE 7**

**Irmos:**

**Chanters:** He who delivered the children from the furnace and became man, and suffered as a mortal, and through His suffering, clothes the mortal in the dignity of immortality, He is the only blessed God of our fathers.

**[Refrain] Christ is risen from the dead!**

**Troparion:**

**Chanters:** The godly women hastened to Thee with myrrh, O Christ. In tears they had sought Thee as a dead man, but in joy they worshipped Thee as the living God and proclaimed the mystical Pascha to Thy disciples. [Refrain]

**Chanters:** We celebrate the death of death and the over-throw of hell, the beginning of another life which is eternal, and in exultation we sing the praises of its source. He alone is blessed and most glorious: the God of our fathers.

**Troparion:**

**People:** Christ is risen...

**ODE 8**

**Irmos:**

**Chanters:** This is the chosen and holy day, first of Sabbaths, royal and supreme, the feast of feasts, holy day of holy days on which we bless Christ forever.

**[Refrain] Christ is risen from the dead.**

**Troparion:**

**Chanters:** Come on this chosen day of the resurrection, let us partake of the new fruit of the vine. Let us share in the divine rejoicing of the kingdom of Christ, praising Him as God forevermore.

[Refrain] Christ is risen from the dead.

**Refrain:** Most holy Trinity, our God, glory to Thee.

**Chanters:** Father almighty, Word, and Spirit, one nature in three persons, surpassing essence and divinity. In Thee have we been baptized, and Thee we bless forevermore.

**Troparion:**

**People:** Christ is risen...

**Deacon:** The Theotokos and Mother of the Light, let us honor and magnify in song.

**ODE 9**

**Chanters:** My soul magnifies Him who died of His own free will, and was buried and arose from the tomb on the third day.

**People:** O shine, O shine, O new Jerusalem; for the glory of the Lord is risen upon thee. Rejoice and exult now, O Zion, rejoice and exult thou, O Theotokos, at the Resurrection of the Holy Son.

**Chanters:** My soul magnifies Christ, the Life-giver, who is risen from the tomb on the third day.

**People:** How noble, O how dear, how sweet is Thy voice, O Christ Thou has promised to be with us to the end of the ages. A promise to which we believers hold. A promise we hold as an anchor of hope as we sing rejoicing.

**Chanters:** Verily Christ is the new Pascha, a living sacrifice, the Lamb of God who beareth the sin of the world.

**People:** O Christ, the perfect, most holy Pascha; O Wisdom of God, His Word and His Power. Grant us that we may partake of Thee, partake of Thee more perfectly, in the never ending day of Thy kingdom.

**People:** The angel cried to the lady full of grace: Rejoice, Rejoice, o pure virgin! Again I say rejoice! Your son is risen from his three days in the tomb. With himself he has raised all the dead. Rejoice, rejoice, o ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult now exult and be glad, o Zion. Be radiant, o pure Theotokos, in the resurrection, in the resurrection of your son.



**People:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

### ***LITTLE LITANY***

#### **EXAPOSTILARION**

**Choir:** In the flesh You fell asleep as a mortal man. King and Lord, You arose on the third day, raising Adam from corruption and destroying death. O Pascha of incorruption, the salvation of the world!

#### **THE PRAISES – Tone 1**

**Choir:** Let every breath praise the Lord. Praise the Lord in heaven, praise Him in the highest. To Thee, O God, is due a song.

Praise Him all you angels of His, praise Him, all His hosts; to Thee, O God, is due a song.

**Vs:** Praise Him for His mighty deeds; praise Him according to His exceeding greatness.

**Choir:** We praise Thy saving suffering, O Christ, and we glorify Thy Resurrection.

**Vs:** Praise Him with trumpet sound, praise Him with lute and harp.

**Choir:** Thou didst endure the cross and destroy death by rising from the dead. Give peace to our life, O Lord, as the Almighty One.

**Vs.:** Praise Him with timbrel and dance; Praise Him with strings and pipe.

**Choir:** Thou didst capture Hell, O Christ and resurrect man by Thy Resurrection. Enable us to praise and glorify Thee in purity of heart.

**Vs.:** Praise Him with sounding cymbals; praise Him with loud clashing cymbals; Let everything that breathes praise the Lord!

**Choir:** We glorify Thy divine condescension and we praise Thee, O Christ. Thou wast born of a virgin yet not separated from the Father. Thou hast suffered as a man and voluntarily endured the cross. Thou hast risen from the tomb coming as from a bridal chamber to save the world. O Lord, glory to Thee!

#### **LET GOD ARISE**

**Chanter:** Let God arise, let His enemies be scattered.

**People:** Today a sacred Pascha is revealed to us: A new and Holy Pascha; A mystical Pascha; a Pascha worthy of veneration; A Pascha which is Christ, the Redeemer; A blameless Pascha; A Great Pascha; A Pascha of the faithful; A Pascha which has opened for us the gates of Paradise; A Pascha which sanctifies all the faithful.

**Chanter:** As smoke vanishes so let them vanish.

**People:** Come from that scene O women bearers of glad tidings and say to Zion: receive from us the glad tidings of joy of Christ's resurrection: exult and be glad, and rejoice, O Jerusalem, seeing Christ, the King, who comes forth from the tomb, like a bridegroom in procession.

**Chaner:** So the sinners will perish before the face of God. But let the righteous be glad.

**People:** The Myrrh bearing Women at the break of dawn drew near to the tomb of the Life giver. There they found an angel sitting upon the stone, He greeted them with these words: Why do you seek the Living among the dead? Why do you mourn the incorrupt amid corruption? Go: proclaim the glad tidings to His disciples.

**Chanter:** This is the day which the Lord has made! Let us rejoice and be glad in it.

**People:** Pascha of beauty! The Pascha of the Lord! A Pascha worthy of all honor has dawned for us. Pascha! Let us embrace each other joyously. Pascha, ransom from affliction! For today as from a bridal chamber, Christ has shone forth from the tomb, and filled the women with joy saying: Proclaim the glad tidings to the Apostles!

**Chanter:** Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**People:** This is the day of Resurrection! Let us be illumined by the Feast! Let us embrace each other! Let us call "Brothers" even those that hate us and forgive all by the Resurrection, and so let us cry:

**Troparion:**

**People:** Christ is Risen from the dead trampling down death by death, and upon those in the tombs bestowing life. (3 times)

**Paschal Homily of St. John Chrysostom**

### **Troparion on St. John Chrysostom**

Grace shining forth from your lips like a beacon has enlightened the universe. It has shown to the world the riches of poverty; it has revealed to us the heights of humility. Teaching us by your words, O Father John Chrysostom, intercede before the Word, Christ our God, to save our souls.

## **THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Priest:** Glory to the holy, con-substantial, life-giving and undivided Trinity, now and ever and unto ages of age.

**People:** Amen.

### **Clergy:**

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

**Priest:** Let God arise and let His enemies be scattered and let those who hate Him flee from His face.

**Choir:** Refrain (in **Greek**)

**Priest:** As smoke vanishes, let them vanish. As wax melts before the fire.

**Choir:** Refrain (in **Arabic**)

**Priest:** So let the sinners perish before God, but let the righteous rejoice.

**Choir:** Refrain (in **Spanish**)

**Priest:** This is the day which the Lord has made; let us rejoice and be glad in it.

**Choir:** Refrain (in **Romanian**)

**Priest:** Glory to the Father and to the Son and to the Holy Spirit;

**Choir:** Refrain (in **Slavonic**)

**Priest:** Now and ever and unto ages of ages. Amen.

**People:** Refrain (in **English**)

**\*\*\*Priest Alone:**

Christ is risen from the dead, trampling down death by death and upon those in the tombs...

**People:** bestowing life!

**GREAT LITANY**

**FIRST ANTIPHON**

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

**SECOND ANTIPHON**

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

**THIRD ANTIPHON**

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. **[Refrain]**
- So the sinners will perish before the face of God; but let the righteous be glad. **[Refrain]**
- This is the day which the Lord has made. Let us rejoice and be glad in it. **[Refrain]**

### **LITTLE ENTRANCE**

**Clergy: In the gathering places bless ye God the Lord from the Springs of Israel.**

**People:** O Son of God Who Rose From the dead, save us  
who sing to Thee, Alleluia!

### **Troparion of Pascha**

Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.

### **Hypokoe of Pascha**

Before the dawn, Mary and the women came and found the stone rolled away from the tomb. They heard the angelic voice: Why do you seek among the dead as a man the one who is everlasting light? Behold the clothes in the grave. Go and proclaim to the world: the Lord is risen, He has slain death as He is the Son of God, saving the human race.

### **Kontakion for Pascha**

You descended into the tomb O Immortal. Thou destroyed the pow'r of death. In victory Thou arose, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thy apostles, and bestowing resurrection on the fallen.

### **ANTI-TRISAGION**

**In place of "Holy God" we sing:**

As many as have been baptized into Christ have put on Christ Alleluia, Alleluia, Alleluia. (Repeat 3X)

All glory be to the Father to the Son and Holy Ghost, now and ever and unto ages of ages. Amen.

**Deacon: With strength!**

As many as have been baptized ...

## **Prokeimenon (Preparatory Psalm Verses) before the Epistle      Tone 5**

This is the day which the Lord has made let us rejoice and be glad. Let us rejoice and be glad in it. (Ps. 117)

**VERSE:** Give thanks to the Lord for He is good; For His lovingkindness is everlasting.

### **THE EPISTLE READING**

#### **Acts 1:1-8**

In the first book, O Theophilus, I have dealt with all that Jesus began to do and teach, until the day when He was taken up, after He had given commandment through the Holy Spirit to the Apostles whom He had chosen. To them He presented Himself alive after His passion by many proofs, appearing to them during forty days, and speaking of the kingdom of God. And while staying with them He charged them not to depart from Jerusalem, but to wait for the promise of the Father, which, He said, "You heard from me, for John baptized with water, but before many days you shall be baptized with the Holy Spirit."

So when they had come together, they asked Him, "Lord, will you at this time restore the kingdom of Israel?" He said to them, "It is not for you to know times or seasons which the Father has fixed by His own authority. But you shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the end of the earth."

### **Alleluia before the Gospel**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** *Thou, O Lord, shalt rise up and have pity upon Zion, for it is time to have compassion on her; yea, the time is come. (Ps. 101)*

**Verse:** *The Lord from Heaven hath looked upon the earth, to hear the groaning of them that be in fetters, to loose the sons of the slain.*

### **THE GOSPEL READING**

#### **John 1:1-17**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God; all things were made through Him, and without Him was not anything made that was made. In Him was Life, and the Life was the Light of men. The Light shines in the darkness, and the darkness has not overcome it.

There was a man sent from God, whose name was John. He came for testimony, to bear witness to the Light, that all might believe through him. He was not

the Light, but was to bear witness to the Light. The true Light that enlightens every man was coming into the world. He was in the world, and the world was made through Him, yet the world knew Him not. He came to his own, and his own received him not. But to all who received Him, who believed in His Name, He gave power to become children of God; who were born, not of blood nor of the will of the flesh nor of the will of man, but of God.

And the Word became flesh and dwelt among us, full of grace and truth; we have beheld his glory, glory as of the only Son from the Father. [John bore witness to him, and cried, "This is He of whom I said, 'He who comes after me ranks before me, for He was before me'".] And from his Fullness have we all received, grace upon grace. For the Law was given through Moses; grace and truth came through Jesus Christ.

## **The Liturgy of St. John Chrysostom continues as usual, on page 16 of the Liturgy Book.**

### **Hymn to the Mother of God (Meglynarion)**

#### **Music by Pavel Makarov (adapted by Fr. John Finley)**

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

### **Communion Hymn**

Receive the body of Christ.  
Taste the fountain of immortality.  
Alleluia! Alleluia! Alleluia!

**Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.**

**In place of "Blessed be the name of the Lord," we sing "Christ is risen" 3 TIMES.**  
**At the end of the dismissal prayer** the service then continues with the typical Paschal dialogue, as follows:

*Priest: Christ is risen.*  
*Faithful: Indeed He is risen.*  
*Priest: Christ is risen.*  
*Faithful: Indeed He is risen*  
*Priest: Christ is risen.*  
*Faithful: Indeed He is risen.*  
*Priest: Glory to His third-day Resurrection.*  
*Faithful: Let us worship His third-day Resurrection.*

*Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs*

**Faithful: bestowing life.**

<b>English:</b>	<b>Christ is risen!</b>	<b>He is risen indeed!</b>
Greek:	Christos anesti!	Alithos anesti!
Arabic:	El Messieh kahm!	Hakken kahm!
Slavonic:	Christos voskrese!	Voistinu voskrese!
Romanian:	Hristos a inviat!	Adeverat a inviat!
Spanish:	Christo ha resucitado!	En verdad ha resucitado!

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **SERVICES THIS WEEK**

Bask in the glow of Pascha! Join us for one of the Bright Week services this coming week:

Mon./Wed./Fri. mornings—Paschal Matins at 6:45 a.m.

Tues./Thurs. evenings— Agape Vespers at 5:30 p.m.

### **THERE IS NO FASTING REQUIRED DURING BRIGHT WEEK.**

### **CHANGE IN DAILY TRISAGION PRAYERS**

1. From Pascha until Pentecost, do not say, “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

**MANY YEARS AND WELCOME TO THE NEWLY ILLUMINED, who were welcomed into the Orthodox Faith yesterday** during the Liturgy of Holy Saturday morning. God grant many years to them and to their sponsors:

<b>Edward Severy</b>	Sponsor: Galen Wiley	Patron Saint: St. John of Damascus
<b>Suzi Wiley</b>	Sponsor: Kh. Peggy King	Patron Saint: St. Sidonia of Georgia
<b>Tom Williams</b>	Sponsor: Mitchell Denny	Patron Saint: St. Ignatius of Antioch

### **BLESSING OF THE GRAVES**

Fr. Nicholas will bless the graves of our loved ones buried at Goleta Cemetery on Sunday, May 8th after Coffee Hour.

### **BLESSING OF THE ANIMALS**

On Saturday, May 7th at 10:00 a.m. St. Barbara Greek parish will bless the animals. We are invited to join them in bringing our pets over to their church for a blessing, followed by refreshments (for the humans!)



## **MANY THANKS...**

...to all the good and faithful servants who participated in the annual Lazarus Saturday work party. Your efforts are a gift to the entire parish. May God bless you and grant you many years!

...and to all those who helped to make our Holy Week and Pascha so prayerful, beautiful, and inspiring:

- The clergy, altar servers, singers and chanters;
- Lisa Ballew and the Festal Decorating crew;
- June Easbey and her team (Leslee & Robert Kinman, Brian Sieck, Stan & Donna Friesen, Rachel Friesen, Dorian Easbey, Katie AbuGhazaleh, and ALL those who helped them to organize, set-up and clean-up for our Pascha celebrations;
- All who contributed food for this morning's Paschal breakfast.
- Terri Speier for providing such a wonderful book store;
- All the faithful who participated in the many services, and offered support in so many ways.

***Thanks be to God for the team effort  
that carried us all through Holy Week  
to the joy of the Resurrection!***

## ***CELEBRATIONS for THIS WEEK***

### **Wedding Anniversaries**

5/07 Michael & Margaret Easbey

### **Birthdays**

5/1 Chantél Cappuccilli

5/2 Kristin King

### **Patronal Feast Days**

5/4 **St. Monica, Mother of Augustine**

Monica Brewer, Monica Finley

5/5 **St. Irene of Thessalonica**

Karen Jacobs, Hailey Parodi

5/1 **PASCHA/The Resurrection**

Velislava Nikolov

## **The Blessed Exchange (an excerpt)**

by Protopresbyter Thomas Hopko (May his memory be eternal.)

Orthodox Christian Scriptures proclaim—and the Liturgy celebrates, the Sacraments actualize, the Icons depict, the Canons protect, the Martyrs witness, the Fathers explain, and the Saints live—the Blessed Exchange that God accomplished in the incarnation, crucifixion, resurrection and glorification of His Son Jesus Christ, by the Holy Spirit’s power, for the salvation of humanity and the whole of creation:

**G**od became human to make humans divine.  
God became visible to allow humans to see Him.  
God became touchable to allow humans to touch Him.  
God spoke in human words to allow humans to hear Him.  
God entered earthly time to make humans eternal.  
God took flesh to make human flesh His dwelling.  
God lived on earth as a creature to recreate the whole creation.

**H**is body was broken that we who eat Him could be made whole.  
His blood was shed that we who drink Him could never die.  
He became Sin that in Him we might become the Blessedness of God  
He became a Corpse that in Him we might be forever alive.

**H**e suffered to free us from our sufferings.  
He endured the Passion to free us from our passions. He was tempted, tried and tested as we are, so that we could be victorious in Him.  
He died the vilest death that a man, especially a Jew, could die so that we could live as God intended us to live, both now and in the age to come.

(Great Lent 2012)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Dn. Richard E.  
Kh. Diane Carrillo  
Kh. Mary Sue W.  
Greg & Margaret Y.  
Hoppe Family  
Kh. Mary Ellen B.  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.  
Mary

Susan B.  
Baby Christian F.  
Duane F.  
Temmo K  
Paige  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Mike, Trevor & Adam  
Emily F.  
Joan, Jerry, Brenda  
Kevin O.  
Steve K.

Terri-Lynn & Hannah Rose H.  
Scott  
Rachel D. and family  
Silvia Y.  
Helen  
Trevon  
Fay Y.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Milijana, Christine, All who have died in the conflicts in the Ukraine, Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
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- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -