



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

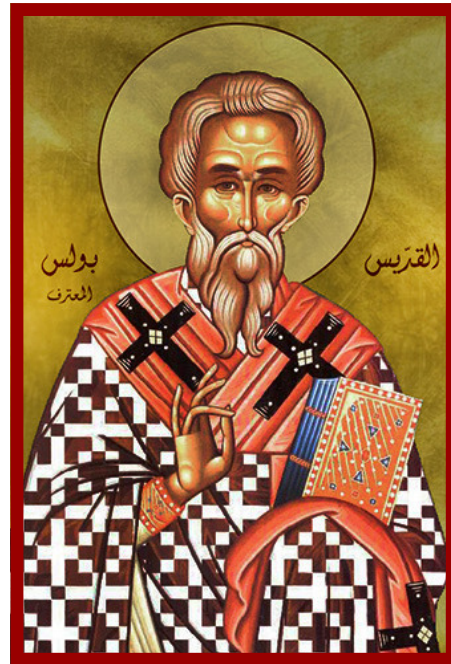
Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Benjamin Hedges  
Kristi King

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 6, 2016

**Tone 3 / Eothinon 9;**  
**Twentieth Sunday after Pentecost**  
**& Seventh Sunday of Luke**  
Paul the Confessor, Archbishop of Constantinople  
Venerable Luke of Sicily;  
Paul of Corinth, the Fool-for-Christ; Martyr Nicander;  
Venerable Barlaam of Khutyn; Herman, Bishop of Kazan



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour~ we'd love to meet you!*

# ***Calendar for this Week***

## **Sunday, November 6—Set clocks back an hour**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

## **Monday, November 7**

6:45 a.m. Daily Matins in the new chapel  
7:00 p.m. Give Thanks Goleta! Gathering  
at Goleta Community Center  
with Hollister Corridor Churches

## **Tuesday, November 8**

3:15 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers in the new chapel

## **Wednesday, November 9**

6:45 a.m. Daily Matins in the new chapel  
11 a.m.-1p.m. Shower of Blessings Ministry  
12:00 p.m. Intercessory Prayer Group

## **Thursday, November 10**

5:30 p.m. Daily Vespers in the new chapel  
7:00 p.m. Choir Rehearsal  
6:00-7:30 p.m. Jr. High Group  
6:30-8:30 p.m. High School Group

## **Friday, November 11-ARTS FESTIVAL**

6:45 a.m. Daily Matins in the new chapel  
5:00 p.m. Church tours/icon exhibit  
6:30 p.m. Session for children: Book reading  
by Jane G. Meyer  
7:00 p.m. Keynote Address—Bp. Irenei  
Beauty that Transfigures  
8:30 p.m. Reception

## **Saturday, November 12-ARTS FESTIVAL**

12:00 p.m. Church Tours/Icon Exhibit  
1:00 p.m. Ancient Architecture—Christ Kamages  
3:00 p.m. Fighting for Beauty—Jane G. Meyer  
6:00 p.m. Great Vespers  
7:00 p.m. Encountering the Beautiful—Bp. Irenei  
8:30 p.m. Reception

## **Sunday, November 13-ARTS FESTIVAL**

9:00 a.m. Religious Education ages 6-18 yrs.  
9:00 a.m. Matins  
10:00 a.m. Hierarchical Divine Liturgy  
11:45 a.m. Coffee Hour  
2:00 p.m. Choir warm-up  
3:00 p.m. Festival Concert & Reception

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

November 6 Hedges  
November 13 Braun  
November 20 Fr. Nicholas  
November 27 Kern

### **Coffee Hour**

November 6 P. Brunner in memory of Cyrus Brunner  
November 13 Subdn. S. Butler (Donut Sunday!)  
November 20 NEED A HOST  
November 27 Thanksgiving Potluck

### **Greeters**

November 6 D. Genatone/P. Morrison  
November 13 L. Baker/K. Fox  
November 20 C. Berari, D. Washburn  
November 27 H. Lange/D. Lewis

### **Ushers**

November 6 G. Shannon, S. Speier, P. Brunner  
November 13 P. King, D. Meyer, R. Barre  
November 20 D. Lewis, C. Speier, J. King  
November 27 D. Washburn, C. Berari, G. Shannon

### **Readers**

November 6 D. Washburn  
November 12 G. Wiley (Vespers)  
November 13 D. Alexander  
November 19 R. Barre (Vespers)  
November 20 V. Gish  
November 27 Kern

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be  
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-  
come man and wast crucified, O Christ our God, trampling down death by death, who  
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:  
**“Remember us, O Lord, when you come in your Kingdom.”**

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**(Music on p. 44 of Liturgy book)**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion for St. Paul the Confessor**

For confessing the divine faith,  
among her priests the Church has likened you to another Paul.  
Abel cries out to the Lord together with you,  
as does the righteous blood of ^Zachariah.//  
Venerable Father, entreat Christ God to grant us His great mercy.

**Tone 3** Slavic/Greek Chant

#### **Troparion to St. Athanasius**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

**Kontakion - Ordinary Sundays****Tone 4 Byzantine melody**

O undisputed intercessor of Christians,

harmonized by F. Karam

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Music on p. 58 of Liturgy book)****Tone 3** Byzantine melody  
harmonized by Fr. J. FinleySing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)**Verse:** Clap your hands all you peoples!Shout to God with a voice of joy! (*Ps 46/47:1*)**EPISTLE READING****Galatians 1:11-19**

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

## Preparatory Psalm Verses with Alleluia Refrain Before the Gospel      **Tone 3**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

### **GOSPEL READING**

#### **Luke 8:41-56**

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind Him, and touched the fringe of His garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround Thee and press upon Thee! And Thou sayest, 'Who touched Me?'" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace." While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

## Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia.

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the

priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Please help us to spread the word,  
and invite your friends to attend our

## Concert of Sacred Music

**Sunday, November 13 at 3:00 p.m.**

**at St. Athanasius Orthodox Church**

Including Gregorian Chant, Georgian Chant,  
Orthodox Liturgical Music by Nazo Zakkak, Negro Spirituals and more!

**featuring:**

**The St. Athanasius Parish Choir, Valerie Yova - Conductor**  
**The Santa Barbara Catholic Mission Schola, Roy Spicer - Conductor**  
**Adelfos Ensemble, Temmo Korisheli - Conductor**

Reception following the concert.

(\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **GIVE THANKS, GOLETA!**

This Monday night, November 7, at 7:00 p.m. the Hollister Corridor churches will come together to give thanks for the blessings we have shared in our community this year. Fr. Nicholas and some of our singers will be praying part of the Akathist service for Thanksgiving. Please join us at the Goleta Community Center: 5679 Hollister Avenue.

### **NEED HELP WITH ARTS FESTIVAL RECEPTION**

We need some help with the Sunday reception on November 13 after the choral concert. Please see the sign-up board if you can bring cookies or help, or contact Christie Speier Robinson at [christie.d.robinson@gmail.com](mailto:christie.d.robinson@gmail.com).

### **NEED IMMEDIATE HELP—PROJECT MEXICO SANTA'S HELPERS**

Dearest church family,

I have volunteered, on behalf of our church, to "be Santa" this Christmas to one of the boys living at Saint Innocent Orphanage in Mexico. His name is Andres, and he is in 10th grade. Time is of the essence, as we only have two weeks to purchase the gifts and get them in the mail. If you are willing to help our parish to provide the items on Andres' list, please leave cash or checks in the tithe box, (MADE OUT TO ST. ATHANASIUS with a memo that says, "Santa's Helpers") or make a donation through our parish website so I can shop for all of Andres' needs! If you are interested in doing the shopping yourself, please email me at [njosephinegilbert@gmail.com](mailto:njosephinegilbert@gmail.com) so I can send you his wish list. Many

basic needs are on his wish list, such as white shirts, socks, pants, etc. I would need to have clothing items by November 20th. Thank you so much. With love & thanks,

- Nancy Mary Magdalene Gilbert



## **TAKE 3! Or more!**

Today, the greeters have given you three copies of the Liturgical Arts Festival flyer. Please help us to publicize the festival by passing them along to a few neighbors, friends, colleagues, or anyone who might take interest in part or all of the weekend's activities.



# *CELEBRATIONS* for THIS WEEK

## Wedding Anniversaries

11/08 Scott and Melissa Williams  
11/11 Jason & Jody Wallace

## Birthdays

11/6 Kirsten Franzen  
11/8 Justina King  
11/9 John Ronan Meyer  
11/10 David Lewis  
11/11 Lauren King

## Patron Saint Commemorations

11/8	<b>Archangel Michael</b>	Michael de Bruin	Mitch Denny	Dn. Richard Easbey
		Michael Easbey	Jimmy Easbey	Kent Jacobs
		Mick Kronman	Michael Loulias	Kevin Speier
		Scott Speier	Trent Speier	Scott Williams
11/9	<b>St. Nektarios</b>		Noah Hedges	
11/11	<b>St. Martin of Tours</b>		Bob Gundersen, Brody Shannon	
11/11	<b>St. Victor of Damascus</b>		Viktoria Hedges	

## **ADVENT PARAKLESIS SERVICES will be prayed on the Wednesdays of Advent at 6:00 p.m.:**

November 16 (followed by a light supper and a talk by Frederica Mathewes-Green)  
November 23 (We will pray the Akathist of Thanksgiving instead of Paraklesis on this evening, followed by a brief reception. Bring your friends & family!)

November 30  
December 7

December 14 (Followed by Soup Dinner. We will invite the Hollister Corridor churches to join us.)

December 21

# TEEN SCENE

## NOVEMBER, 2016

Unless specified otherwise, on Thursday evenings the Jr. Highers meet from 6pm - 7:30pm and High Schoolers meet from 6:30pm - 8:30pm.

- November 10            Youth Group—Fire on Father (Dinner provided by Kh. Jan)
- November 11-13        Liturgical Arts Festival
- Wed. November 16    Teens & their parents will attend Paraklesis at 6 p.m. followed by light supper and a presentation by Frederica Mathewes-Green
- November 24            Thanksgiving—NO YOUTH GROUP

### PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

- Friday, Nov. 11-Sunday, Nov. 13    **Liturgical Arts Festival**
- Wednesday, Nov. 16 at 6:00 p.m.    Paraklesis service, light supper,  
**Frederica Mathewes Green** will speak on  
“The Incarnational Stream: The Sacramental Life,”  
sponsored by the Martin Institute (Westmont College).
- Wednesday, Nov. 23 at 6:00 p.m.    **Akathist of Thanksgiving** followed  
by a reception—PLEASE INVITE  
FAMILY, FRIENDS, COLLEAGUES!
- Thursday, Nov. 24                        **Thanksgiving outreach dinner** hosted  
by Hollister Corridor churches; See  
sign-up list on bulletin board. They  
need help with set-up, clean-up and baking of turkeys.
- December 2-4                              **Feast of St. Barbara** (services at  
Monastery on Friday/Saturday)

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.

Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.  
Jared E.  
James  
Alma G.

Carla H.  
Carla B.  
Dawn L.  
Zamora Family  
Michael L., Penny C. and Family  
Greg Z.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

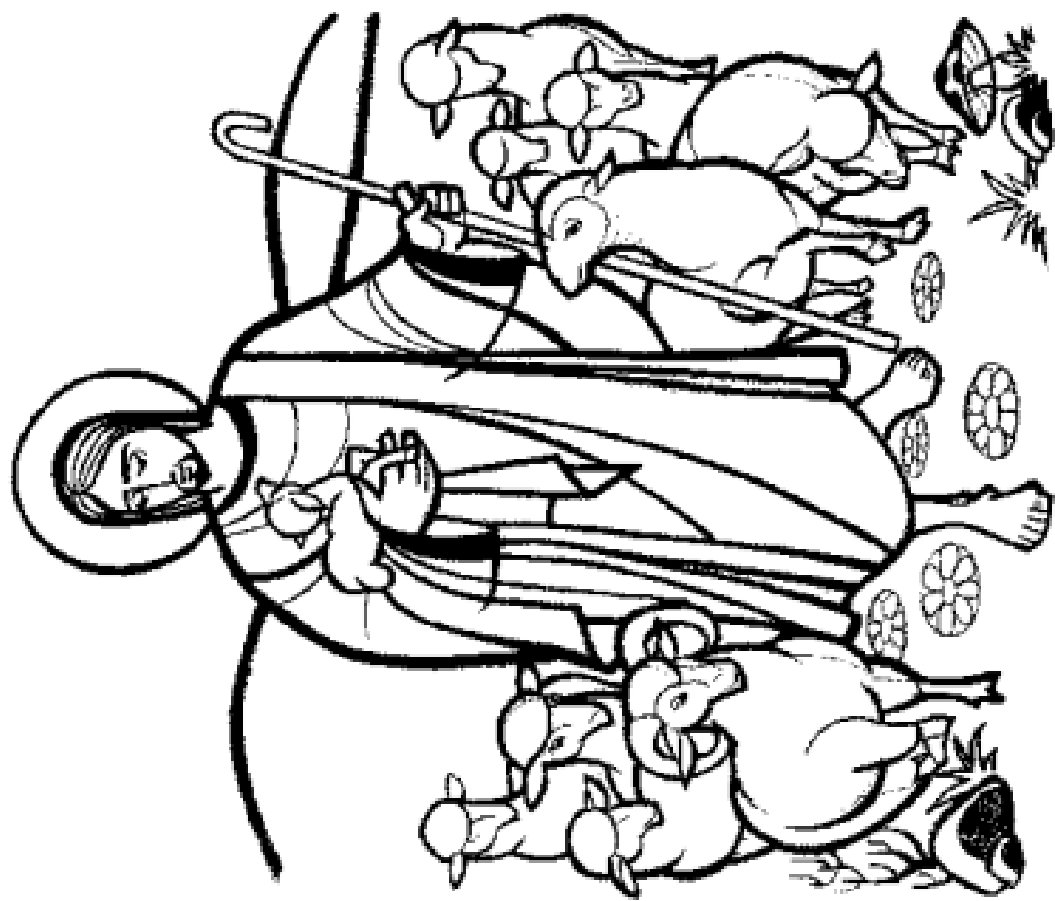
**For repose of the souls of:** Silvia Y., Tony S., Gabriel Z.,  
All who have died in the conflicts in the Ukraine, Africa & the  
Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
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For the children to color during the sermon or at home.