



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

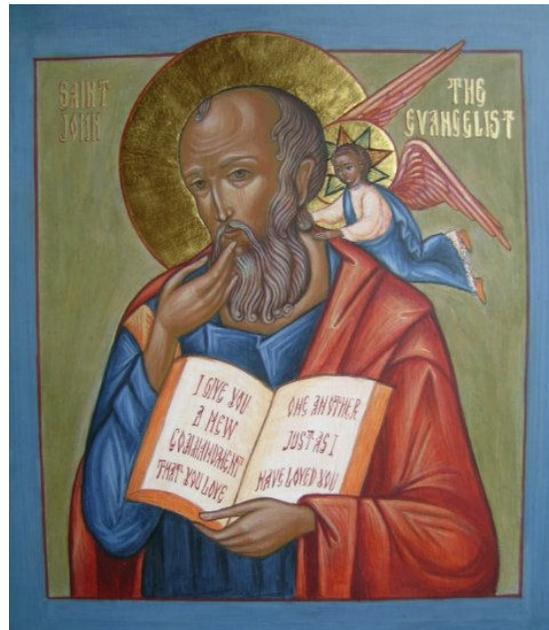
Tyler Speier tyler@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, April 23, 2017

**New Sunday or Anti-Pascha
Sunday of Thomas the Apostle,
Called “The Twin”
Great-martyr George the Trophy-bearer**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Thomas Sunday, April 23

- 9:00 a.m. Religious Education ages 6-18
All children ages 3-12 meet in the Chapel for Celebration of Light
- 9:00 a.m. Matins
- 10:00 a.m. Divine Liturgy
- 11:45 a.m. Coffee Hour
- 1:00 p.m. Blessing of the Graves at Goleta Cemetery

Monday, April 24

- 6:45 a.m. Daily Paschal Matins
- 5:00 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, April 25

- 2:30 p.m. Catechesis Level I
- 5:30 p.m. Daily Vespers

Wednesday, April 26

- 6:45 a.m. Daily Paschal Matins
- 11:00 a.m. Showers of Blessing Ministry
- 12:00 p.m. Intercessory Prayer Group

Thursday, April 27

- 5:30 p.m. Daily Vespers
- 6:00 p.m. Jr. High Youth Group
- 6:30 p.m. High School Youth Group

Friday, April 28

- 6:45 a.m. Daily Paschal Matins

Saturday, April 29

OUTREACH TEAM RETREAT

- 6:00 p.m. Great Vespers/Confessions

Sunday, April 30—Myrrhbearing Women

- 9:00 a.m. Religious Education ages 6-18
- 9:00 a.m. Matins
- 10:00 a.m. Divine Liturgy
- 11:45 a.m. Coffee Hour

**Fr. Nicholas and Jan will be out of town
April 26-28.**

Sunday Morning Ministries Schedule

Eucharist Bread

- April 23 Hedges
- April 30 Dn. G. Braun
- May 7 D. Washburn
- May 10 Kern (Mid-Pentecost)
- May 14 Fr. Nicholas

Coffee Hour

- April 23 C. & J. Speier
- April 30 McCalmont/Sasala
- May 7 Project Mexico Mission Team Fundraiser
- May 14 V. Yova in memory of her mother

Greeters

- April 23 D. Washburn/D. Lewis
- April 30 K. & L. Jacobs
- May 7 L. Baker//P. King
- May 14 K. Fox/G. Shannon

Ushers

- April 23 G. Shannon, S. Speier, P. Brunner
- April 30 P. King, D. Meyer, R. Barre
- May 7 D. Lewis, C. Speier, J. King
- May 14 D. Washburn, C. Berari, G. Shannon

Readers

- April 23 D. Meyer
- April 30 D. Washburn
- May 2 G. Wiley (Liturgy for St. Athanasius)
- May 7 M. Kern
- May 10 M. Kern (Liturgy for Mid-Pentecost)
- May 14 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

Troparion of Antipascha

From the sealed tomb, You shone forth, O Life! Through closed doors You came to Your disciples, O Christ God! Renew in us, through them, an upright spirit, By the greatness of Your mercy, O Resurrection of all!

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of Antipascha

Tone 7

From the sealed tomb,
You shone forth, O Life!
Through closed doors You came to Your disciples, O Christ God!
Renew in us, through them,
an upright spirit,
By the greatness of Your mercy,
O Resurrection of all!

Troparion of St. George**Tone 4**

Since thou art a liberator and deliverer of captives,
a help and support of the poor and needy,
a healing physician of the sick,
a contender and fighter for kings,
O great among Martyrs, the victory-clad George;
intercede with Christ God for the salvation of our souls.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

PREPARATORY PSALM VERSES before the Epistle (Prokeimenon) Tone 8

Great is our Lord, and abundant in power! His understanding is beyond
measure! (Ps 146/147:5)

v: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)

EPISTLE READING—Acts 12:1-11

In those days, Herod the king laid violent hands upon some who belonged to the church. He killed James the brother of John with the sword; and when he saw that it pleased the Jews, he proceeded to arrest Peter also. This was during the days of Unleavened Bread. And when he had seized him, he put him in prison, and delivered him to four squads of soldiers to guard him, intending after the Passover to bring him out to the people. So Peter was kept in prison; but earnest prayer for him was made to God by the Church. The very night when Herod was about to bring him out, Peter was sleeping between two soldiers, bound with two chains, and sentries before the door were guarding the prison; and behold, an angel of the Lord appeared, and a light shone in the cell; and he struck Peter on the side and woke him, saying, "Get up quickly." And the chains fell off his hands. And the angel

said to him, "Wrap your mantle around you and follow me." And he went out and followed him; he did not know that what was done by the angel was real, but thought he was seeing a vision. When they had passed the first and the second guard, they came to the iron gate leading into the city. It opened to them of its own accord, and they went out and passed on through one street; and immediately the angel left him. And Peter came to himself, and said, "Now I am sure that the Lord has sent his angel and rescued me from the hand of Herod and from all that the Jewish people were expecting."

THE GOSPEL READING

John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

ALLELUIA BEFORE THE GOSPEL

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord. Let us shout with jubilation unto God our Savior (Ps. 94:1)

Verse: For the Lord is a great God and a great king over all the earth. (Ps. 94:3)

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy—for Thomas Sunday

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia. (Ps. 147:1)

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

Instead of “We have seen the true light, we sing:“Christ is risen” ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

He is risen indeed!

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahm!

Hakken kahm!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

CHANGE IN DAILY TRISAGION PRAYERS

1. From Pascha until Pentecost, do not say, “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

BLESSING OF THE GRAVES

Fr. Nicholas will bless the graves of our loved ones buried at Goleta Cemetery TODAY after Coffee Hour.

Please support our Project Mexico Mission Team 2017

by going to the team fundraising page and making a donation for one or more team members. Each participant must raise \$690 to cover home-building materials, food, transportation and other trip costs. To make an online donation, go to:
<https://www.stathanasius.org/project-mexico>

We will be hosting a luncheon on Sunday, May 7th after the Liturgy to raise funds for our trip.

You are invited to the consecration of the new chapel at

St. Barbara Orthodox Monastery

Friday, May 5th—Vigil at 4 p.m.

Saturday, May 6th - Consecration at 9:00 a.m.

followed by Hierarchical Divine Liturgy

PLEASE R.S.V.P. at sbmonastery@gmail.com or by calling 805.921.1563.

No parking available on site except for clergy and handicapped.

General parking at Thomas Aquinas & Vida Nueva Church.

Shuttle service will be provided.

HAVE YOU HOSTED A COFFEE HOUR YET THIS YEAR?

We have **NO COFFEE HOUR HOSTS** for the following dates.

May 28	July 2	August 13
June 11	July 9	August 27
June 18 (Father's Day)	July 16	
June 25	July 23	
	July 30	

If you have not hosted yet during this Liturgical year, (September 1, 2016-August 31, 2017) please sign up on line here: <http://www.signupgenius.com/go/20f0a49a5ab2ba6fc1-coffee>
OR

Contact Christie Speier Robinson at: christie.d.robinson@gmail.com.

Keep in mind that you can make it as simple as you like. Donuts are fine. Kids and clergy LOVE donuts! Consider asking another family to host with you, or forming a group of single adults. We all benefit from Coffee Hour, so the hope is that we would all take a turn in hosting. Partial reimbursement is available if needed. Just be sure to save your receipts and turn them in to the church office.

Thanks in advance to all for doing your part as members of our worship family!

CELEBRATIONS for THIS WEEK

Birthdays:

4/23	Cheryl Giordani
4/24	Christie Robinson, Julianna Ballew, Sydney Hedges
4/27	Jennifer Ferraez, Trent Speier
4/29	Kristi King
4/30	John Butler

Patronal Feast Days:

4/23	St. George the Greatmartyr, Victory-bearer and Wonderworker Richard Ballew, Austin Harris
4/25	St. Mark the Evangelist Mark Kern

TEEN SCENE

April, 2017

Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m. in the Teen Room at the church.

4/27 Youth Group

SAVE THE DATES!

SAOC Summer School 2017

for children in grades K-6

Monday, June 19-Thursday, July 6

This year's teaching staff:

Fr. Nicholas

Chris Dillon, Mary Gish, Elleney King

Administrator: Jody Wallace

THOMAS SUNDAY



Some icons depicting this event are inscribed "The Doubting Thomas." This is incorrect. In Greek, the inscription reads, "The Touching of Thomas." The Slavonic inscription is, "The Belief of Thomas." When St. Thomas touched the Life-giving side of the Lord, he no longer had any doubts. This day is also known as "Antipascha." This does not mean "opposed to Pascha," but "in place of Pascha." Beginning with this first Sunday after Pascha, the Church dedicates every Sunday of the year to the Lord's Resurrection. Sunday is called "Resurrection" in Russian, and "the Lord's Day" in Greek.

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.

Baby Emma
Mary
Rich and Susan B.
Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Joan T.
Terri-Lynn & Hannah Rose H.
Jared E. James
Alma G.
Dawn L.

Michael L., Penny C. and Family
Johnny Z.
Carmen G.
Temmo K.
Nancy R.
Ethan K.
Tony C.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Baby Alia, Carmen G., Emily, Molly, Donald S., Kevin S.
All who have died in the conflicts in the Ukraine Africa & the Middle East

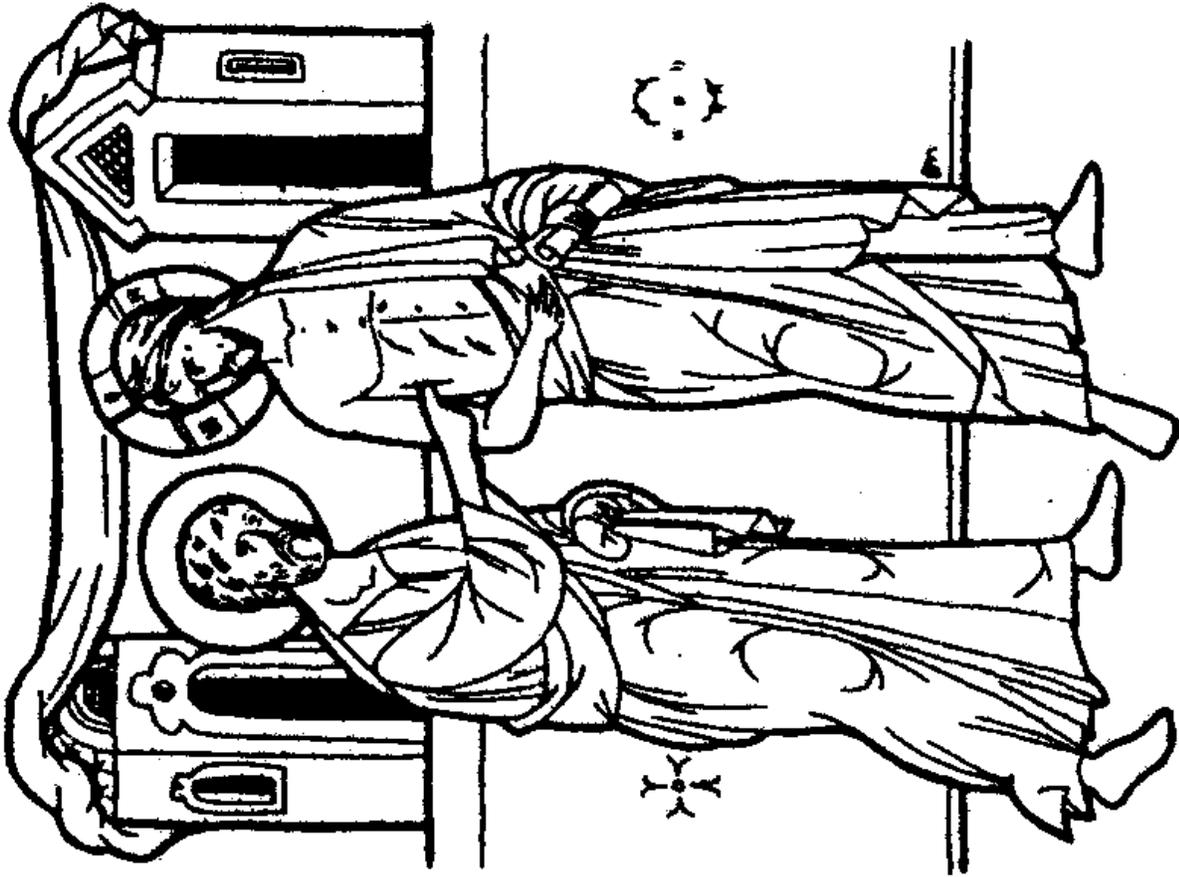
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *
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THE DOUBTING THOMAS



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -