



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council:

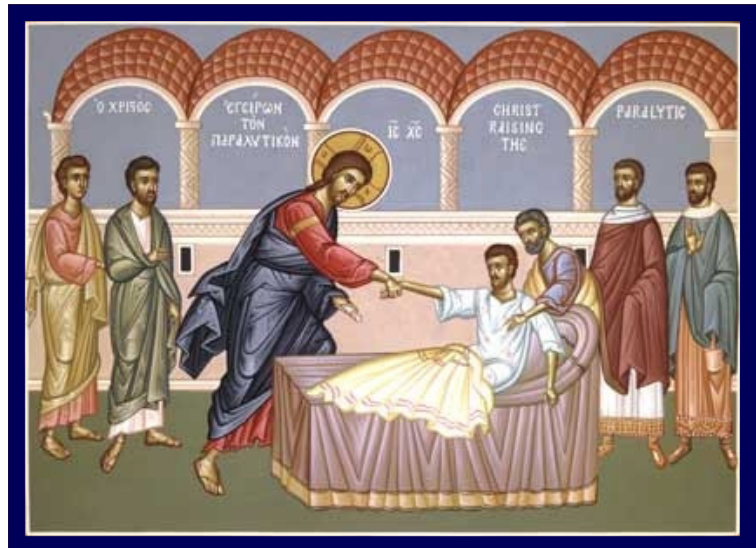
Douglas Meyer, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 7, 2017

Tone 3 / Eothion 5; Fourth Sunday of Pascha Sunday of the Paralytic

Appearance of the Sign of the Precious Cross in the heavens
above Jerusalem (351 A.D.);
Martyr Akakios the centurion at Byzantium;
John of Beverly, Bishop of York;
Priest Alexis Toth of Wilkes-Barre, confessor and defender
of Orthodoxy in America



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, May 7—Sunday of the Paralytic

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Project Mexico Fundraiser
Coffee Hour

Monday, May 8

6:45 a.m. Daily Paschal Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista
6:00 p.m. Clergy & Wives Dinner

Tuesday, May 9

2:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, May 10

6:45 a.m. Daily Paschal Matins
11:00 a.m. Showers of Blessing Ministry
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Liturgy for Mid-feast of Pentecost

Thursday, May 11

5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
7:00 p.m. Choir Rehearsal

Friday, May 12

6:45 a.m. Daily Paschal Matins

Saturday, May 13

6:00 p.m. Great Vespers/Confessions

Sunday, May 14—Sunday of the Blind Man

HAPPY MOTHER'S DAY!

9:00 a.m. Religious Education ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy & Trisagion Prayers
for all of our deceased mothers
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

May 7 D. Washburn
May 10 Kern (Mid-Pentecost)
May 14 Hedges
May 21 Sieck
May 28 Dillon

Coffee Hour

May 7 Project Mexico Mission Team Fundraiser
May 14 V. Yova in memory of her mother
and all of the deceased mothers of our
parish members
May 21 S. Wiley/L. Baker
May 28 NEED A HOST

Greeters

May 7 L. Baker//P. King
May 14 K. Fox/G. Shannon
May 21 D. Genatone/P. Morrison
May 28 H. Lange, M. Andonian

Ushers

May 7 D. Lewis, C. Speier, J. King
May 14 D. Washburn, C. Berari, G. Shannon
May 21 S. Speier, P. Brunner, P. King
May 28 D. Meyer, R. Barre, D. Lewis

Readers

May 2 G. Wiley (Liturgy for St. Athanasius)
May 7 M. Kern
May 10 M. Kern (Liturgy for Mid-Pentecost)
May 14 D. Alexander
May 21 R. Barre
May 24 V. Gish (Ascension Wed. Liturgy)
May 27 D. Meyer (Vespers)
May 28 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

Verse: That we may know Thy way upon the earth, and Thy salvation among all nation!
[Refrain]

Verse: Let the people give thanks to Thee, O God! Let all the people give thanks to Thee!
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit now and ever and unto
ages of ages. Amen

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee
from before His face.

Refrain: **Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [**Refrain**]
- So the sinners will perish before the face of God; but let the righteous be glad. [**Refrain**]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [**Refrain**]

LITTLE ENTRANCE

In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!

Troparion of the Resurrection
(**Music on p. 44 of Liturgy book**)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for the Paralytic**Tone 3**

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You:
“Glory to Your power, O compassionate Christ!”

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 58 of Liturgy Book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING— Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the

Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, `Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, `Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy and Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.

Alleluia! Alleluia! Alleluia!

Instead of "We have seen the true light, we sing:" "Christ is risen" ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

DOZENS OF PHOTOS from Holy Week and Pascha have been posted to the parish website. Check them out: <https://www.stathanasius.org/media/photo-gallery/>
Thanks to Hani AbuGhazaleh, Nataliya Tinyayeva, Judy Braun, Jami Brunner, John Butler and Valerie Yova for taking photos to document this season.

PLEASE SUPPORT OUR MISSION TEAM TO MEXICO

Our Mission Team will be hosting Coffee Hour TODAY to raise funds for their 2017 mission trip! Please offer your financial support generously today.

CHANGE IN DAILY TRISAGION PRAYERS

1. From Pascha until Pentecost, do not say, “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”

MID-FEAST OF PENTECOST

We will celebrate the Mid-feast this Wednesday, May 10th at 6 p.m. with Divine Liturgy.

SUMMER SCHOOL is June 19-July 6. Registration forms are available online on the church website and in the foyer. <https://www.stathanasius.org/ministries/youth-education/summer-school/>

MADELEINE MEYER, daughter of Douglas and Jane, has released an EP of her latest music on iTunes and Spotify. You can access it here: <https://itun.es/us/2gKBjb>
OR <https://open.spotify.com/album/481nTwJtJGTokrduhuWoqW>

WELCOME TO THE WORLD AND MANY YEARS!!

Aza Dean VanWagoner, son of Tiffany (Brunner) and Jamie VanWagoner was born on April 27th. Congratulations to Tiffany and Jamie, big brother Zavien and sister Kassiana. Aza is the 23rd grandchild for Dean and Penny Brunner! God grant them all many years!

PASCHAL SEASON CONCERT ON TUESDAY, MAY 16 AT 6:30 P.M.

We have had a last minute opportunity to host the St. Petersburg Men’s Ensemble in a concert of liturgical hymns and folk music. We set an early time for the concert so that those who have work or school the next day might be able to attend. Please support this Orthodox quartet of very talented young men. Kids are welcome! A reception will follow the concert, and the group will have many beautiful items from Russia on sale. Admission is free. An offering will be taken during the concert to help the group cover their travel expenses for this U.S. tour.

HAVE YOU HOSTED A COFFEE HOUR YET THIS YEAR?

We have **NO COFFEE HOUR HOSTS** for the following dates.

May 28	July 23	August 13
June 4	July 30	August 27
June 18 (Father's Day)		

If you have not hosted yet during this Liturgical year, (September 1, 2016-August 31, 2017) please sign up on line here: <http://www.signupgenius.com/go/20f0a49a5ab2ba6fc1-coffee>
OR Contact Christie Speier Robinson at: christie.d.robinson@gmail.com.

THANK YOU TO THOSE WHO HAVE RESPONDED IN THE PAST FEW WEEKS TO THE CALL FOR HELP!! EIGHT MORE SUNDAYS TO COVER.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries:

5/07	Michael & Margaret Easbey
5/12	Jim & Gloria Morrison
5/12	Larry & Cheryl Lander
5/13	Hani & Katie AbuGhazaleh

Birthdays:

5/8	Jane (Elizabeth) Meyer
5/11	Benny Madrigal
5/11	Brett Williams
5/14	Brian Sieck

Patronal Feast Days:

5/9	St. Christopher of Lycia	Chris Robinson
-----	--------------------------	----------------

TEEN SCENE

April, 2017

Unless noted otherwise, the Junior Highers meet from 6:00-7:30 p.m. on Thursdays, and the High Schoolers meet from 6:30-8:30 p.m. in the Teen Room at the church.

- 5/11 Thursday Night Youth Group
- 5/18 Thursday Night Youth Group
- 5/25 Thursday Night Youth Group
- 6/1 (Thursday) Fire on Father at Fr. Nicholas and Jan's House
- 6/8 No Thursday Night Youth Group
Instead we will attend the various junior high and high school graduations happening around town in support of our fellow teens who are graduating.

INCOME FOR MARCH, 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$38,289	\$ 7,879



FUTURE PRIESTS??

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.

Baby Emma
Mary
Rich and Susan B.
Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Joan T.
Terri-Lynn & Hannah Rose H.
Jared E. James
Alma G.
Dawn L.

Johnny Z.
Temmo K.
Nancy R.
Ethan K.
Tony C.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Baby Alia, Carmen G., Emily, Molly, Donald S., Kevin S.
All who have died in the conflicts in the Ukraine Africa & the Middle East

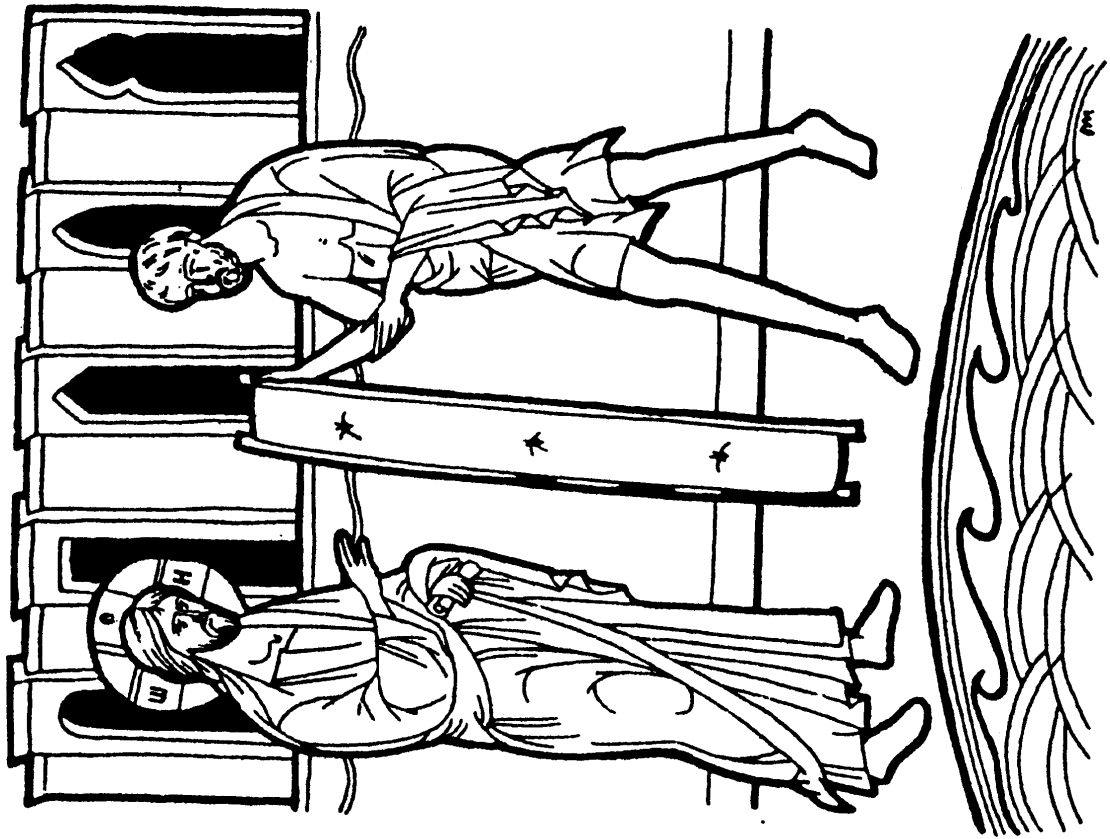
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

*
*
ST. ATHANASIUS BOOK CENTER
* The church bookstore is located in the foyer of the fellowship hall. The two
* enclosed cabinets hold icons, books, and other items that are FOR SALE.
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay-
* ment should be made at time of purchase and placed in the brown lockbox
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St.
* Athanasius Book Center."
*
All proceeds go to the parish Building Fund.
*
*

HEALING OF THE PARALYTIC



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -

The Fourth Sunday after Pascha is dedicated to Christ's healing of the Paralytic (*John 5*). The man is healed by Christ while waiting to be put down into the pool of water. Through baptism in the church we too are healed and saved by Christ for eternal life. Thus, in the church, we are told, together with the paralytic, to "sin no more that nothing worse befall you" (*John 5:14*). Our Lord's question to the man, "Do you want to be healed?" is directed to us as well, reminding us that the gift of life and illumination through the Resurrection brings with it responsibilities. It must be nurtured and shared with others.

In the middle of the Fourth Week, there is a day which is called by the Church, the Feast of Mid-Pentecost. On this day we recall that Christ, "in the middle of the feast" teaches men of His saving mission and offers to all "the waters of immortality" (*John 7:14*). Again we are reminded of the Master's presence and His saving promise: "If anyone is thirsty let him come to Me and drink" (*John 7:37*).