



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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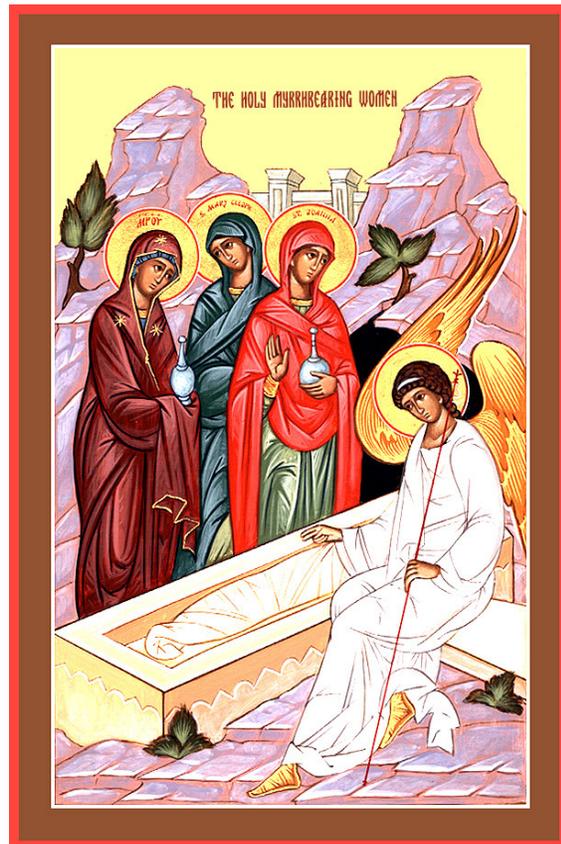
Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 4, 2014

**Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus**
Venerable Martyr Pelagia of Tarsus;
Athanasios, Bishop of Corinth;
Venerable Nikephoros the Solitary of Athos



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, May 4— Sunday of Myrrhbearers

- 9:00 a.m. Religious Ed. 3 yrs-High School
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, May 5

- 6:45 a.m. Paschal Daily Matins
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, May 6

- 5:30 p.m. Paschal Daily Vespers

Wednesday, May 7

- 6:45 a.m. Paschal Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, May 8

- 5:30 p.m. Paschal Daily Vespers with
Canon of St. John

Friday, May 9

- 6:45 a.m. Paschal Daily Matins

Saturday, May 10

- 4:30 p.m. Bible Study—Book of Acts
6:00 p.m. Vespers/Confession
7:00 p.m. Movie Night—Grades 7-8

Sunday, May 11—Sunday of the Paralytic

HAPPY MOTHER'S DAY!!

- 9:00 a.m. Religious Ed. 3 yrs-High School
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

Sunday Morning Ministries Schedule

Eucharist Bread

- May 4 Meyer
May 11 Tinyayeva
May 18 Thomas
May 25 Fr. Nicholas

Coffee Hour

- May 4 Nikolov
May 11 Jacobs
May 18 Potluck
May 25 J. & C. Speier

Greeters

- May 4 Lewis/P. King
May 11 S. & C. Shackelford
May 18 D. & D. Alexander
May 25 Morrison/Genatone

Ushers

- May 4 C. Speier, Rita Schneider, P. King
May 11 Jon King, G. Braun Jr., P. King
May 18 S. & L. Speier, P. Brunner
May 25 D. Meyer, R. Barre, D. Lewis

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Troparion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Your enemies cringe before You. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who arose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

Refrain: **Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

Clergy: **In the gathering places bless ye God the Lord from the Springs of Israel.**

People: O Son of God Who rose from the dead, save us
who sing to Thee, Alleluia!

Troparion of the Resurrection
(Music on page 42 of Liturgy Booklet)

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea**Tone 2**

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord,//
granting the world great mercy.

Troparion of the Myrrh-bearing Women**Tone 2**

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal.
Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God,
proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles,
and bestowing Resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)

Tone 2

The Lord is my strength and my song. He has become my salvation.

Vs. The Lord has chastened me severely but He has not given me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: *May the Lord hear you in the day of trouble!*

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: *O Lord, save the King in the day we call on Thee! (Ps 19/20:9)*

GOSPEL READING—Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joseph saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

IMMEDIATELY FOLLOWING COMMUNION:

Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.

Instead of "Glory...now & ever" at the dismissal, we sing "Christ is risen" THREE times.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen! He is risen indeed!

Greek: Christos anesti! Alithos anesti!

Arabic: El Messieh kahm! Hakken kahm!

Slavonic: Christos voskrese! Voistinu voskrese!

Romanian: Hristos a inviat! Adeverat a inviat!

Spanish: Christo ha resucitado! En verdad ha resucitado!

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

5/07 Michael & Margaret Easbey

Birthdays

5/6 Natalie Rosamund

5/8 Jane (Elizabeth) Meyer

5/11 Benny Madrigal, Brett Williams

Patronal Feast Day Celebrations

5/4 **St. Monica, Mother of Augustine** Monica Finley

5/5 **St. Irene of Thessalonica** Karen Jacobs

5/8 **St. Emilia, Mother of SS. Basil & Gregory** Emily Mason Speier

5/9 **St. Christopher of Lycia** Chris Robinson

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

GOLETA BEAUTIFUL AWARDS TODAY

This afternoon our parish will be honored at the Goleta Beautiful Awards for our contribution to beautifying Goleta with our new building and landscaping. We will be represented by Fr. Nicholas and Jan, Fr. Jon-Stephen and Melissa Hedges, Duane Franzen and Carla Brunstead.

BIBLE STUDY ON BOOK OF ACTS TO BEGIN SATURDAY, MAY 10

Fr. Nicholas will begin a Bible Study at 4:30 p.m. on Saturdays beginning May 10th and going through June 28 on the Book of Acts. Please let Fr. Nicholas know if you will be attending the study. You can tell him in person, or send a message to office@stathanasius or 685-5400.

HOW WE SAY THE TRISAGION PRAYERS FROM NOW UNTIL PENTECOST

When saying the Trisagion Prayers both at the beginning of liturgical services and in our private devotions at home, we follow this format until the Feast of Pentecost:

(Skip "O Heavenly King" until Pentecost, in anticipation of the feast.)

Holy God is replaced by "Christ is risen" 3 times

Glory ... now and ever...Amen.

All Holy Trinity....Glory...now and ever...Amen., Lord's Prayer

MARK YOUR CALENDAR: SUMMER SCHOOL IS JUNE 23-JULY 10!

Summer School is right around the corner. Please reserve the dates for your children in grades 1-6. More information will follow soon about registration.

LITURGY FOR MID-PENTECOST

We will celebrate the Feast of Mid-Pentecost on Wednesday evening, May 14th at 6:00 p.m. This celebration is the midpoint of the fifty days between the Feasts of Pascha and Pentecost. The Troparion of the Midfeast ("In the middle of the Feast, O Savior, fill my thirsting soul with the waters of godliness, as Thou didst cry to all: 'If anyone thirst, let him come to Me and drink.' [John 7:37] O Christ God, Fountain of our life, glory to Thee!") hints at the encounter of Christ and the Samaritan Woman, which we will commemorate right after Mid-Pentecost.

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

Teens in grades 9-12

Sunday, 5/18 at 5 p.m.

Fire on Father

Monday, 6/16

Disneyland Trip

Sunday, 6/22 at 5 p.m.

Fire on Father and end-of-year BBQ

Teens in grades 7-8

Saturday, 5/10 at 7 p.m.

Movie Night

Friday, 6/13

Raging Waters Trip

Saturday, 6/21 at 4 p.m.

Graduation BBQ/Dinner

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|--------------------------------|-------------------|--------------------------|
| Mother Victoria | Dean & Penny | All those suffering and |
| Met. Paul & Abp. John of Syria | Olga G. | in danger in the Ukraine |
| Peggy K. and Family | Mary & Susan | and Syria |
| Fr. Gordon & Mary Sue W. | Baby Christian F. | Kathy B. |
| The Hartung Family | Molly M. | Melina L. |
| Greg & Margaret Y. | Joy | Duane F. |
| Mary Ellen B. | Victoria T. | Susan R. |
| Mother Olga | Frances C. | |
| Gail S. | | |

For repose of the souls of: His Eminence, Metropolitan Philip, Galina, Sharon L., Thomas S., All who have died in the conflict in the Ukraine and Syria

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

-For the children to color during
the homily or at home -

THE MYRRHBEARERS

