St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m. www.stathanasius.org

His Eminence, Metropolitan SABA

Pastor:
Fr. Symeon Halsell
805-685-5495
frsymeon@stathanasius.org

Priests attached to the parish:
Fr. Nicholas Speier (Pastor Emeritus)
Fr. John Carrillo (Retired)
Fr. Jon Braun (Retired)
Fr. John Finley (Retired)

Deacons:
Dn. Gary Braun
Dn. Scott Jacobs (retired)
Dn. John Young (retired)
Subdeacons:
Stephen Butler
Michael Easbey

Parish Council 2026-2027
Cheryl Washburn-Lander, President
Jared Speier, Vice President
Margaret Easbey, Secretary
Dan Braun, Treasurer
Peter Braun
Sydney Hedges
Suzi Wiley
Zac Wood

Music Director/Administrator:
Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator
Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Activities Coordinator
Zac Wood
zac.wood9@gmail.com

Maintenance Supervisor-Chris Robinson
maintenance@stathanasius.org

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 29, 2026

Tone 1 / Eothinon 4;

Twenty-sixth Sunday after Pentecost & Thirteenth Sunday of Luke

Martyr Paramonos and the 370 Martyrs in Bithynia;
Martyr Philoumenos of Ancyra; Venerable Akakios of Sinai

WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal.
We'd love to meet you!

We welcome children of all ages in our worship.
"Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and cabinets contain items that are FOR SALE. If you need a cross or chain and jewelry is not displayed on Sunday, contact **Terri Speier at: bookstore@stathanasius.org.** Payment should be made at the time of purchase. Cash and checks may be placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**. Online payment can be made at www.stathanasius.org. (Select "MAKE A DONATION," and then use the dropdown earmark for BOOKSTORE.)

All proceeds go to the parish Temple Fund.

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

SECOND ANTIPHON—Psalm verses with refrain

Refrain: O Son of God Who rose from the dead, save us who sing to Thee, Alleluia!

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers,
for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you,
and shall say all manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

Troparion of the Resurrection **Tone 1**

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion to St. Athanasius **Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ's Nativity **Tone 3**

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) **Tone 1**

Reader: Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)
Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

EPISTLE READING

Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore, it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

Alleluia Refrain and Psalm Verses before the Gospel **Tone 1**
Chanter: Alleluia, Alleluia, Alleluia! **People: Alleluia, Alleluia, Alleluia!**

GOSPEL READING

Luke 18:18-27

At that time, a man came testing Jesus and asking, "Good Teacher, what shall I do to inherit eternal life?" And Jesus said to him, "Why do you call Me good? No one is good but God alone. You know the commandments: 'Do not commit adultery. Do not kill. Do not steal. Do not bear false witness. Honor your father and mother.'" And the man said, "All these I have observed from my youth." And when Jesus heard it, he said to him, "One thing you still lack. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me." But when the man heard this he became sad, for he was very rich. Jesus, seeing him sad, said, "How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." Those who heard it said, "Then who can be saved?" Jesus said, "What is impossible with men is possible with God."

Meglynarion (Hymn to the Mother of God)
It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns
Praise the Lord from the heavens, praise Him in the highest! *(Ps 148:1)*

HOLY COMMUNION

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, *"Father, bless."* After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

SAVE THE DATE!

Monday, January 18, 2027 – FEAST OF ST. ATHANASIUS

(and Martin Luther King Jr. Day)

Hierarchichal Visit of Metropolitan SABA

9:00 a.m. – Matins 10:00 a.m. – Hierarchichal Divine Liturgy 12:00 p.m. -- Reception

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin and St. Xenia Prayer Ministry to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. James in Nigeria (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Greg & Margaret Y.
Hoppe Family (OCMC Headquarters)
MacDonald Family in Albania-OCMC
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Chase K. (military)
Nick & Kristine J. (military)
Julianna & Zaron D. (military)
Peter S. (military)
Steve T.
Dn. John & Fay Y.
Kh. Peggy K.
Kh. Janet Henderson
Fr. Joseph A.
Galeyna T.
Shirley D. and Family
Penny B.
Justin & Amber B.
Cameron B.
Max
Jerry J.
Samantha & Chris N. & Family

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church
All those suffering and in danger in Ukraine, Africa, and the Middle East

For repose of the soul of: *Hieromonk Siloan*
10/20/26

OUR CATECHUMENS preparing for Baptism and/or Chrismation:

Capri Acquistapace
Musa Kaan Ataman
Lucas Benenati
Ben & Tiphanie Brymer & Florence
Kelley Brymer
Ben Comilang
Daisy Cruz
Sofia De La Cruz
Tanner Diamond
Joshua Dunford
Kevin Fry
Roman Garcia
Nicole Gow
Grace Hettinger
Kartik Kommu
Lucy Mangum
Blake Manning, Gia & Benjamin
Kyle McConnell, & Kane
Katty Moskalyk
Ryley Oroku
Sahit Rampilla
Jacob Salas
Tricia Travers
Tyler Vrem
Joshua Weiss (currently lives abroad)
Sarah Wildwood
Shane Wilerberger
Luke Williams
Nathan Wright, Owain & Gavin

ANNOUNCEMENTS

THERE ARE NO RELIGIOUS EDUCATION CLASSES TODAY for children or teens.

THIS COMING WEEK WE WILL CELEBRATE THE FEAST OF ST. BARBARA WITH OUR BROTHERS AND SISTERS at St. Barbara Monastery and St. Barbara Greek parish. See the schedule on our weekly calendar on the next page or on the parish website.

THE BOOKSTORE NOW HAS 2027 CALENDARS, with the liturgical commemorations of saints, feast days, fasting days and daily scripture readings. It is a slightly upgraded version of the calendar we have offered in previous years, a bit larger with more icons. The calendars are available for $5.45 and should be purchased through the bookstore, either with cash or with a payment online through our website. https://www.stathanasius.org/donate Please select the dropdown earmark: BOOKSTORE.

OUR PARISH IS WORKING WITH THE TELOS PROJECT TO MORE DEEPLY ENGAGE OUR YOUNG ADULTS! Help us kick off this effort!

- **ON SATURDAY, DECEMBER 19th at 3:45 p.m., we will have an all-parish gathering at the church, hosted by our YOUNG ADULT FELLOWSHIP.**
- We will participate in guided small-group discussions as part of this national program aimed at helping the young adults in our Orthodox parishes assimilate more deeply into parish life. Please join us, whether you are new to the parish or you have been here for decades. Young and old are welcome!
- Beverages and hearty snacks will be provided by our Young Adult Fellowship.

Join our whole parish for community building, powerful conversation, and fellowship!
Let's grow stronger together, across generations!

CELEBRATIONS THIS WEEK

Birthdays

11/30	Arianna Salcedo
12/1	Anya Madrigal, Antwan Mashhour, Lydia Sieck
12/3	David McCalmont, Christina Salcedo
12/5	Elizabeth (Lisa) Ballew, Lucas Rascon

Patron Saint Commemorations

11/30	St. Andrew the Apostle	Andrew Macdonald
12/2	St. Porphyrios	Karti Adimulam, Jordan Denny
12/4	St. Barbara the Martyr	Cheryl Washburn-Lander, Christina Salcedo, Alicia Wolfington, Marleynna Worthington
12/4	St. Juliana	Juliana Brunner, Juliana Shackelford

UPCOMING SPECIAL SERVICES

Wed. 12/2, 12,/9, 12/16, 12/23	ADVENT PARAKLESIS	5:30 p.m.
Saturday, 12/5	VESPERS FOR ST. NICHOLAS	5:30 p.m.
	Nativity Play and Reception	6:15 p.m.
Thurs. 12/24	Royal Hours of Nativity	9:00 a.m.
	Matins & Divine Liturgy of Nativity	10:00 p.m.

CALENDAR FOR THE WEEK

Sunday, November 29
NO CLASSES FOR CHILDREN OR TEENS
10:00 a.m. Divine Liturgy
10:45 a.m. Adult Catechism
11:45 a.m. **THANKSGIVING POTLUCK**

Monday, November 30—ST. ANDREW
3:00 p.m. St. Xenia Prayer Ministry by Zoom (Akathist for St. Nikiforos)

Tuesday, December 1
5:30 p.m. Daily Vespers
6:00 p.m. Bible Study – Book of Job

Wednesday, December 2
10:00 a.m. Showers of Blessing
11:50 a.m. St. Xenia Prayer Ministry
5:30 p.m. **ADVENT PARAKLESIS**

Thursday, December 3
7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
4:00 p.m. **Vigil at St. Barbara Monastery**
6:00 p.m. **Vespers at St. Barbara Parish**
6:00 p.m. Middle School Youth Group
6:45 p.m. High School Youth Group

Friday, December 4—ST. BARBARA
8:30 a.m. **Orthros at St. Barbara Parish**
9:30 a.m. **Liturgy at St. Barbara Parish**
9:30 a.m. **Hours at St. Barbara Monastery**
10:00 a.m. **Liturgy at St. Barbara Monastery**

Saturday, December 5
5:30 p.m. Great Vespers for **St. Nicholas**
6:30 p.m. Nativity Play/Reception

Sunday, December 6—ST. NICHOLAS
9:00 a.m. Matins & Catechesis age 3-grade 6
10:00 a.m. Divine Liturgy
10:45 a.m. Adult Catechism
11:30 a.m. Teen Religious Ed. after Eucharist
11:45 a.m. Agape Meal

Thank you to our Sunday Morning volunteers!

EUCHARIST BREAD
November 29 Frangos
December 6 Fr. Nicholas
December 13 Morrison
December 20 Wolfington

READERS
November 29 Alexander
December 5 Wood (Vespers for St. Nicholas)
December 6 Butler
December 13 Gish
December 19 Meyer (Vespers)
December 20 Clements

AGAPE MEAL HOSTS
November 29 **THANKSGIVING POTLUCK**
December 6 Team Alexander/Hedges
December 13 Team Wayne/Hampton
December 20 Team Aviles/Wood

WELCOMING MINISTRY

GREETERS
November 29 A.G. Salinas/C. Clements
December 6 A. Nikolov/D. Rangel
December 13 G. & M. Hammell
December 20 C. W.-Lander/G. Perekrestova

USHERS
November 29 P. King/J. King
December 6 D. Washburn/D. Alexander
December 13 M. Loulias/D. Meyer
December 20 C. W-Lander/K.L. King

STEWARDSHIP MONTH

Stewardship Commitment Cards will be available where you pick up the bulletin and service booklets, and next to the tithe box through the month of December. We ask that each active member/household fill out a form and put it in the tithe box, or hand it to Fr. Symeon.

On Sunday, January 3, 2027, all of the cards received will be put on the altar table during the Liturgy as an "offering," and we will pray that our commitments for the coming year will be blessed.

Commitment Cards will be collected each week from the tithe box, and until 9:45 a.m. on Sunday, December 3rd. All of the cards received in December will be presented that day as an offering.

How does Stewardship help The Church?

Money is a necessary tool for ministry. Every act of giving, no matter the size, makes a difference. Generosity is contagious. The Church's mission of salvation and evangelism depends directly on our generosity.

Our Parish's many ministries, including The Catechesis of the Good Shepherd, Teen Program, Teen & Adult Religious Education, Music Ministry, St. Brigid Fellowship (Outreach to the Unsheltered), monthly donations to Orthodox Missions work, and support of many local charities — are all funded by our stewardship.

Stewardship is vital to our Church and, among many things, helps to:
· Provide religious services and sacraments
· Provide religious counseling
· Provide visitations to the hospitalized and shut-ins
· Minister to the community outside of our Church walls
· Offer help and support to those in need
· Support those who serve us
· Support our Archdiocese
· Keep our Church grounds and buildings in good condition

"Let everyone give as his heart tells him, neither grudgingly, nor under compulsion, for God loves a cheerful giver. (II Corinthians 9:7)