

# St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

### His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

#### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Teen Program Coordinator
Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

### Parish Council 2018-2019:

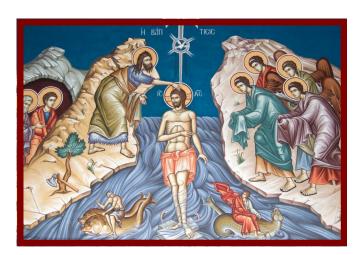
Kristi King, President Dan Braun, Treasurer Terri Speier, Secretary Dorothy Alexander Laurie Baker Corina Berari David Dillon Mary Gish Zak Landrum

### DIVINE LITURGY OF ST. BASIL THE GREAT

Sunday, January 5, 2020 Tone 4 / Eothinon 7

### Theophany of Christ (transferred from Jan 6)

Martyrs Theopemptos the Bishop of Nicomedia and Theonas the former magician; Venerable Syncletica of Alexandria; Venerable-martyr Romanos of Athos



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is

Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

### Calendar for this Week

Sunday, January 5—Co	mmemoration of the
<b>FEAST OF EPIPHANY</b>	(transferred from Jan. 6)

9:00 a.m. Matins 10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

12:30 p.m. Bus leaves for the Harbor

1:00 p.m. Outdoor Blessing of the Water at

Santa Barbara Harbor

### Monday, January 6—EPIPHANY

6:45 a.m. Daily Matins

4:30 p.m. Outreach dinner at St. Michael's

University Church in Isla Vista

### Tuesday, January 7

### Synaxis of St. John the Baptist

3:45 p.m. Catechesis Level One

5:30 p.m. Daily Vespers

### Wednesday, January 8

6:45 a.m. Daily Matins

12:00 p.m. Intercessory Prayer Ministry

### Thursday, January 9

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group

#### Friday, January 10

6:45 a.m. Daily Matins

### Saturday, January 11

4:30 p.m. Adult Catechism 6:00 p.m. Great Vespers

### Sunday, January 12

9:00 a.m. Religious Ed classes for ages 6-12

9:00 a.m. Matins 10:00 a.m. Divine Liturgy

11:30 a.m. Teen Religious Education

11:45 a.m. Coffee Hour

### Sunday Morning Ministries Schedule

### **Eucharist Bread**

January 5	Tinyayeva
January 12	Cocores
January 19	Sieck
January 26	Meyer

### **Coffee Hour**

January 5	Lander
January 12	P. King

January 19 D. Washburn/K. Fox (for St. Xenia) January 26 D. Genatone (in memory of Al)

### **Greeters**

January 5	M. Loulias/P. Cocores
January 12	H. Lange/D. Washburn
January 19	K.P. King/L. Hoppe
January 26	D. Genatone/L. Baker

### **Ushers**

January 5	D. Washburn, D. Meyer. M. Loulias
January 12	D. Lewis, C. Speier, J. King
January 19	P. Brunner, C. Berari, S. Speier
January 26	D. Washburn, D. Meyer, M. Loulias

### Readers

January 5	Rdr. H. Lange
January 12	D. Washburn
January 18	Rdr. M. Kern (Readers Matins)
January 18	D. Alexander (Lit. for St. Athanasius)
January 19	Rdr. J. Butler
January 26	M. Braun

# At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

# THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

### **GREAT LITANY**

### First Antiphon—Psalm Verses for the Feast with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange

language, Judah became his sanctuary, Israel his dominion.

**Refrain:** Through the intercessions of the Theotokos,

O Savior, save us.

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea,

that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

### Second Antiphon-Psalm Verses for the Feast with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.

Because He inclined His ear to me, therefore I will call on Him as long as I live.

Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,

Alleluia!

Verse: The snares of death encompassed me; the pangs of hell laid hold on me.

I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### THIRD ANTIPHON—Psalm Verses with Troparion as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

Refrain: MUSIC ON PAGE 7 OF THIS INSERT.

When You, O Lord, were baptized in the Jordan, worship of the Trinity was made manifest! For the voice of the Father bore witness to You,

calling You his beloved Son.

And the Spirit, in the likeness of a dove confirmed the truth of His Word. Christ our God, Who has appeared

and enlightened the world,

glory to You!

Verse: Let the house of Israel say: for He is good,

For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,

For His mercy endures forever! [refrain]

# AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

### **Troparion of the Resurrection**

Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation, and proudly broke the news to the disciples saying death has been spoiled.

Christ God is risen, granting the world great mercy.

**Troparion of Epiphany** 

When You, O Lord, were baptized in the Jordan, worship of the Trinity was made manifest! For the voice of the Father bore witness to You, calling You his beloved Son. And the Spirit, in the likeness of a dove confirmed the truth of His Word. Christ our God, Who has appeared and enlightened the world, glory to You!

**Tone 4** Byzantine melody

**Tone 1** (Byzantine Chant)

### **Kontakian of Epiphany**

Tone 4

Today You have shone forth to the <u>world</u>, O Lord, and the light of Your countenance has been <u>marked</u> on us. Knowing You, we sing Your <u>praises</u>: "You have come and re<u>vealed</u> Yourself,// O unapproachable Light."

### THE ANTI-TRISAGION HYMN (Sung in place of "Holy God")

As many as have been baptized into Christ have put on Christ. Alleluia. (THRICE)

Glory to the Father, and to the Son, and to the Holy Ghost; now and ever, and unto ages of ages. Amen. ...have put on Christ, Alleluia.

Deacon: With Strength!

As many as have been baptized into Christ have put on Christ. Alleluia.

### Prokeimenon (Psalm verses with refrain before the Epistle) Tone 4

Chanter: Blessed is He that comes in the name of the Lord! God is the Lord and has revealed Himself to us!

**Verse:** O give thanks to the Lord, for He is good; for His mercy endures forever. (Psalm 97/98)

### EPISTLE READING Titus 2:11-15, 3:4-7

Titus, my son, the grace of God has appeared for the salvation of all men, training us to renounce irreligion and worldly passions, and to live sober, upright, and godly lives in this world, awaiting our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, who gave Himself for us to redeem us from all iniquity and to purify for Himself a people of His own who are zealous for good deeds. Declare these things; exhort and reprove with all authority. Let no one disregard you.

But when the goodness and loving kindness of God our Savior appeared, He saved us, not because of deeds done by us in righteousness, but in virtue of His own mercy, by the washing of regeneration and renewal in the Holy Spirit, which He poured out upon us richly through Jesus Christ our Savior, so that we might be justified by His grace and become heirs in hope of eternal life.

### Alleluia Refrain with Psalm verses before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia.

Verse 1. Bring unto the Lord, O Sons of God, bring young rams unto the Lord! (Refrain)

Verse 2. The voice of the Lord is upon the waters! The glory of God thundered, the Lord is upon many waters! (Refrain)

### GOSPEL READING Matthew 3:13-17

At that time Jesus came from Galilee to the Jordan to John, to be baptized by him. John would have prevented Him, saying, "I need to be baptized by You, and do You come to me?" But Jesus answered him, "Let it be so now; for thus it is fitting for us to fulfil all righteousness." Then he consented. And when Jesus was baptized, He went up immediately from the water, and behold, the heavens were opened and He saw the Spirit of God descending like a dove, and alighting on Him; and lo, a voice from heaven, saying, "This is My beloved Son, with whom I am well pleased."

### LITURGY OF THE FAITHFUL

Meglynarion for the Feast of Epiphany (Hymn to the Mother of God—p. 27 of Liturgy book)

Magnify, O my soul, the most-pure Virgin Theotokos, more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos; even Angels are overcome with awe praising you. But since you are good, accept our faith; for you know our love inspired by God! You are the defender of Christians, and we magnify you.

### **COMMUNION HYMN**

The grace of God has appeared for the salvation of all. (Verses from Ps. 118/119)

### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.



### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on VIEW CALENDAR at the bottom left.

Today at 1:00 p.m. we will join St. Barbara (Greek) parish down at the Yacht Club for the Outdoor Blessing of the Water. The bus will leave at 12:30 p.m. from the church parking lot. Seats are first come/first served. Donations will be taken as you board the bus to cover the tip for the driver. A dollar or two is fine.

It is the time of year when we bless our dwellings again and pray for God's protection in the coming year. Don't forget to call one of our priests to set up a time to have your home blessed!

GARY MOON, a former member of our parish, will lead a retreat on Saturday, JAN. 25th, from 8:30 a.m.-2:30 p.m. at Westmont College in the Dallas Willard Center. The retreat is called: "Becoming Fully Human: A Contemplative Retreat inspired by the Life of Dallas Willard." To register, contact McKenna Donner at Westmont's Martin Institute by Jan. 17 at: mdonner@westmont.edu. Gary Moon is a Senior Fellow at the Martin Institute and will receive an award on January 22nd at Westmont for his recently published biography of Dallas Willard. Gary and his wife, Regina, currently live near Atlanta, Georgia.

# PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Saturday, January 18 8:30 a.m.

Liturgy for Feast of **St. Athanasius** the Great, followed by coffee hour

### CELEBRATIONS THIS WEEK

### **Wedding Anniversaries**

1/08 Tyler & Taylor Speier 1/09 Mark & Dee Kern

#### **Birthdays**

1/6 Robert Kinman

1/9 Carla Harris, Chris Seaman

### **Patron Saint Commemorations**

1/5 **Prophet Micah** — Micah Landrum

1/6 **Theophany**—Tiffany Van Wagoner

1/7 St. John the Baptist (Synaxis)

Ron Berari, Fr. John Finley, John Heiduk, Gianni Madrigal, John Ronan Meyer, Johnny Wallace



# Thank you to our parish staff for their leadership in 2019.

From left to right:

Valerie Yova, Administrator/Music Director
Mitchel Denny, Young Adult Coordinator
Fr. Nicholas Speier, Pastor
Carla Brunstead, Office Assistant
Cherie Shea, Bookkeeper
Joanne Gish, Catechesis Coordinator
Michael Easbey, Teen Program Coordinator

## AND A HUGE THANKS TO THE LEADERS OF ALL OF OUR MINISTRY TEAMS!

We begin 2020 with a 5-year strategic plan that will be our guide for all of our efforts, both in sustaining existing programs and developing new ones. Many thanks to all who participated in that planning process!



Three couples had their engagements blessed on Sunday, Dec. 22:

Lauren Shackelford & Lucas Raskon Megan Leiphardt & Gabriel Speier Mary Gish & Mitchell Denny



On Sunday, December 29th
Juliette Iris Macdonald was churched,
and a blessing was given to her
mama, Adrienne, upon entering the church
after childbirth.



Last Sunday, we said "Farewell" to our dear friend and parishioner, Nestan Tsiskaridze, (on the far left in this photo from our recent Nativity service). She has accepted a research position up north at Stanford. We will greatly miss her, and fully expect her to visit often! May God bless this next part of her journey!

ise. Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted

1/9 Regular Youth Group
1/16 Regular Youth Group
1/23 Regular Youth Group
1/30 Regular Youth Group and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

1/9	Regular Youth Group
1/16	Regular Youth Group
1/23	Regular Youth Group
1/30	Regular Youth Group

### Women's Window **WOMEN'S FELLOWSHIP UPCOMING ACTIVITY Drum Circle Fun With Suzi Wiley**

Saturday January 18, 2020

10:00 am to 11:30 am Immediately following the Liturgy for St. Athanasius Feast Day In the Teen Room

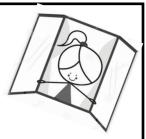
Please watch your e-mail for an Evite from Christie Robinson

### DAY RETREAT FOR ORTHODOX MOMS

Fr. Nicholas and Jan will be leading a retreat for Orthodox moms on SATURDAY, JANUARY 11th at St. Luke Antiochian Orthodox Church in Garden Grove. For more information, go to: <a href="https://www.antiochianladiocese.org/women">https://www.antiochianladiocese.org/women</a>



**Blessing of the graves at Goleta Cemetery** on Sunday, December 29th. Memory eternal!



### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

# Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPHZac B.Fr. Jon-Stephen H.Mother VictoriaLaurenCole K. (military)

Met. Paul & Abp. John Kh. Carla Z. Jeremiah H. (Airforce Academy)

Bishop Neofitos (Diocese of Kenya) Fr. Patrick and Vanessa K. Lauren K. (military)

Mother Christophora Tom M. Jeff H. Fr. Jon B. Dottie G. Steve T, Kyle P. & Jeff P.

Joseph B. Jerry J. Bonita M.
Dn. Richard E. Monsignor J. Yanek Lorena F.
Kh. Diane C. Neil Olga Marie G.

Kh. Diane C. Neil Olga Marie G. Greg & Margaret Y. Diana Dn. John Y. Hoppe Family Tyler

Duane F. Phyllis M. The Ethiopian Orthodox Church Richard and Susan B. Ryder H.

Regina M. Kent F. All those suffering and Bob N. in danger in Ukraine,

For repose of the souls of: Barbara B., Elder Ephraim

All who have died in the conflicts in Ukraine Africa & the Middle East

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

#### \* 米 米 ST. ATHANASIUS CHURCH BOOKSTORE 米 \* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con-\* taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, \*\* ※ etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books ※ are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or ※ ☆ chain. Payment should be made at time of purchase and placed in brown lockbox on wall next ☆ ★ to Fr. Nicholas' office. Make checks payable to S.A.O.C. Bookstore. (The pamphlets in the ★ \*\*\* \*\*\*\* rack are FREE, as are the 12-month liturgical calendars.) All proceeds go to the parish Building Fund. 米 \*

