

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

**LITURGY OF
St. John Chrysostom
Sunday, January 13, 2019
Tone 8 / Eothinon 11
Sunday after the Theophany of Christ**

Martyrs Hermyllos and Stratonikos of Belgrade;
Martyrs Pachomios and Papyrinos of Greece;
Venerable Maximos Kafsokalyvitis of Athos;
Venerable Eleazar of Anzersk Island;
Hilarion, Bishop of Poitiers



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, January 13

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, January 14

6:45 a.m. Daily Matins
4:30 p.m. St. Brigid outreach dinner at
St. Michael's Church in Isla Vista

Tuesday, January 15

4:30 p.m. Catechesis Level One
5:30 p.m. Daily Vespers

Wednesday, January 16

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:30 p.m. Parish Council Meeting

Thursday, January 17

11:00 a.m. Showers of Blessing
6:00 p.m. Vespers-Liturgy for Feast of
St. Athanasius followed by
Festive Potluck
7:30-8:30 p.m. Youth Group will hang out
together in the Teen Room.

Friday, January 18-ST. ATHANASIUS

6:45 a.m. Daily Matins
4:45 p.m. Akathist Prayers at
Westmont College in the chapel

Saturday, January 19

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers /Confessions
7:15 p.m. Focus Group in Teen Room for
Single Adults 40 and up

Sunday, January 20

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Focus Group in Teen room for
Adults 39 and under

***Fr. Nicholas & Jan will be
away from January 21-26.***

Sunday Morning Ministries Schedule

Eucharist Bread

January 13 Coccores
January 20 N. Tinyayeva
January 27 Sieck
February 3 Dn. G. Braun

Coffee Hour

January 13 NO HOST
January 20 D. Washburn/K. Fox for St. Xenia
January 27 K. Vogt
February 3 Alexander (for St. Simeon & St. Anna)

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

January 13 L. Baker/Deacon
January 20 K. Fox/P. King
January 27 L. Hoppe/K.P. King
February 3 D. Genatone/P. Morrison

Ushers

January 13 P. King, D. Meyer, D. Lewis
January 20 C. Speier, J. King, C. Berari
January 27 G. Shannon, S. Speier, D. Washburn
February 3 P. Brunner, P. King, D. Meyer

Readers

January 13 D. Alexander
January 17 Rdr. H. Lange (V.L. for St. Athanasius)
January 20 D. Meyer
January 27 D. Washburn
February 2 Rdr. Verne Gish
February 3 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

First Antiphon—Psalm Verses for the Feast with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

**Refrain: Through the intercessions of the Theotokos,
O Savior, save us.**

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon— Psalm Verses for the Feast with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.
Because He inclined His ear to me, therefore I will call on Him as long as I live.

**Refrain: O Son of God baptized in the Jordan, save us who sing to Thee,
Alleluia!**

Verse: The snares of death encompassed me; the pangs of hell laid hold on me.
I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Psalm Verses with Troparion as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

**Refrain: When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world,
glory to You!**

Verse: Let the house of Israel say: for He is good,
For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,
For His mercy endures forever! [refrain]

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Troparion of the Resurrection

Tone 8

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of Epiphany

Tone 1 (Byzantine Chant)

When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world, glory to You!

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is
equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakian of Epiphany

Tone 4 (Slavic Chant)

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself, //
O unapproachable Light.”

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 1

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
 (Ps 32/33:1)

EPISTLE READING

Ephesians 4:7-13

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore, it is said, “When He ascended on high He led a host of captives, and He gave gifts to men.” (In saying, “He ascended,” what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God
our Savior. **(Alleluia refrain)**

Verse: Come before His countenance with thanksgiving, and with psalms let us
shout in jubilation unto Him. **(Alleluia refrain)**

GOSPEL READING

Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of Heaven is at hand."

LITURGY OF THE FAITHFUL

Meglynarion for the Feast of Epiphany
(Hymn to the Mother of God—p. 27 of Liturgy book)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.
But since you are good, accept our faith;
for you know our love inspired by God!
You are the defender of Christians, and we magnify you.

COMMUNION HYMN

Praise the Lord from the heavens, praise Him in the highest. (Ps. 148)
The grace of God has appeared for the salvation of all. (Verses from Ps. 118/119)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ADULT CATECHISM

Saturdays from 4:30-6:00 p.m.

All adults are welcome to any and all classes.

January -April 2019

January 5	Sacraments I	Accessing the Divine Energies
January 12	Sacraments II	Accessing the Divine Energies
January 19	Cycle of Prayer/Church Year	Redeeming the Time
January 26	Church Year	Redeeming the Time
February 2	Liturgy	Understanding the Mystery
February 9	Music	Accessing Beauty
February 16	Virtues	Drawing Near to God
February 23	Beatitudes	As a Guide to Life
March 2	PRE-LENTEN SEMINAR	NO CLASS at 4:30 p.m.
March 9	Lent	Bright Sadness
March 16	Virtues	Living a Holy Life
March 23	Morality	Keeping Body and Soul Healthy
March 30	Church Ministry	Participating in the Life of the Church
April 6	Holy Week	Walking with Christ through His Passion
April 13	Confession	Forgiveness, Strength, Healing
April 19 (Friday)	Canon of Lazarus	6:00 p.m.
April 20	Lazarus Saturday Liturgy	8:30 a.m.
April 27	Great and Holy Saturday	8:30 a.m. Vespers-Liturgy with Baptisms and Chrismations
April 28	PASCHA	5:00 a.m. Procession, Rush Service/Liturgy

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on **VIEW CALENDAR** at the bottom left.

It is the time of year when we bless our dwellings again and pray for God's protection in the coming year. Don't forget to call one of our priests to set up a time to have your home blessed!

We need more volunteers to be in the rotation for ushering and greeting on Sunday mornings. Please see Peggy King for more information if you are willing to help out. Currently, ushers and greeters serve about once a month. We would like to add at least 4 new volunteers to each of the teams.

The Parish Council wants to hear from you!

Thank you for participating in the World Café in October and the online survey last month! Our final feedback opportunity will be in the form of **focus groups**. We want to make sure every member is heard. During these focus groups, we will address some specific challenges that came up in the survey and discuss ideas for creative solutions.

Please consider joining us for the group that is most appropriate for you:

<u>Group</u>	<u>Facilitator(s)</u>	<u>Time and Place</u>	
Families with children 10 & under	Karen Jacobs	January 27	4:00-6:30pm Scott & Terri Speier Home Free Baby/Kid-sitting
Adults 39 & under	Craig Speier	Jan 20	11:45 during coffee hour Teen Room
Married ages 40-75	Zak Landrum Drew MacDonald	Feb 2	4:00-5:30 before Vespers Teen Room
Singles Adults 40+	Michael Easbey	Jan 19	After Vespers Teen Room
Adults 75+	Dorothy Alexander Laurie Baker	Jan 26	9:00 – 10:30am Camino Real, On the Alley

St. Barbara Monastery is sponsoring a raffle to raise funds for their building project. There will be a table in the foyer after liturgy for the next 3 Sundays where you can purchase tickets. The drawing is on January 30th. Tickets are \$25 for one, or \$100 for 5. The prize is passage for two on the Orthodox cruise to Alaska, September 7-14, 2019. Please support our beloved monastery.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/14 David & Kate Vander Laan
 1/15 John & Elizabeth Heiduk
 1/20 Fr. Nicholas & Jan Speier

Birthdays

1/14 Sabina Shackelford
 1/14 Viktoria Hedges
 1/15 Sophia Johnson, Thomas Ballew
 1/19 John Wallace
 1/20 Evonne Chala

Patron Saint Commemorations

1/14	St. Mungo/Kentigern	Kent Fox
1/14	St. Nina	Gail Shannon
1/17	St. Anthony the Great	Beau Brunner, Evonne Chala, Troy Harris
1/18	St. Cyril of Alexandria	Owen J. Finley

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Thursday, January 17 6:00 p.m.	Vesperal-Liturgy for Feast of St. Athanasius the Great, followed by celebration potluck
Saturday, February 2 8:30 a.m.	Liturgy for Presentation of the Lord in the Temple followed by Coffee Hour
Friday, March 1-Saturday, March 2	Pre-Lenten Seminar: “On Behalf of All and for All:” Liturgy & Life Greg Abdalah, Guest Presenter More details TBA next week

TEEN SCENE

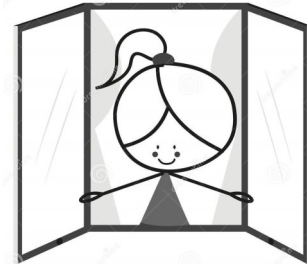
Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

- 1/17 6:00 p.m. Vespers-Liturgy for feast of St. Athanasius,
followed by a Potluck supper for all.
We will hang out together in the Teen Room until 8:30 p.m.
1/24 Regular Youth Group
1/31 Regular Youth Group

WOMEN'S FELLOWSHIP WINDOW

WOMEN'S BOOK STUDY
on Wednesdays from 6:30-8:00 p.m.
January 23—February 27.

"The Sweetness of Grace" by Constantina Palmer



WOMEN'S SEMINAR

Ladies high school age and up,
join us for a day of inspiration, growth and fellowship!

**"Relationships Done God's Way:
with Others, with Yourself and with Him."**

Presenter: Michelle Moujaes of Faithtree.Org

February 9, 2019 8:30 a.m.-2:30 p.m.
St. Athanasius Orthodox Church

Continental breakfast and lunch will be served.
Registration for the day is \$20, and \$10 for our High School ladies

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Gail S.
Duane F.
Joan and Steve T.
Richard and Susan B.
Fr. Jon and Kh. Elizabeth S.

Regina M.
Ethan & Cole K.
Tony E.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma

Evonne C.
Elizabeth H.
Tyler A.
All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of:

Richard F.
All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS: Richard F.

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

EPIPHANY CELEBRATION 2019

