



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Dorothy Alexander

Dan Braun, Treasurer

Dominic Dopico

Glenn Hoppe

Lizabeth Hoppe

Lara Jacobs

Zak Landrum

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

January 15 2023

Tone 6 / Eothinon 9

**Twenty-ninth Sunday after Pentecost
& Twelfth Sunday of Luke**

Venerable Paul of Thebes & John the Hut-dweller

Venerable Martyr Pansophios of Alexandria;

Venerable Gabriel of Lesnovo



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, January 15

9:00 a.m. Matins & Religious Ed. ages 3-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 p.m. Agape Meal
 12:30 p.m. Adult Catechism
 5:00 p.m. Teens/Young Adults
 Paraklesis & Pizza

Monday, January 16

7:00 a.m. Daily Matins
 5:15 p.m. St. Xenia Prayer Ministry—Akathist
 by Zoom
 7:00 p.m. Men's Fireside

Tuesday, January 17

5:00 p.m. Vespers for Feast of St. Athanasius
 6:45 p.m. Liturgy for Feast of St. Athanasius

Wednesday, January 18-ST. ATHANASIUS

7:00 a.m. Daily Matins
 12:00 p.m. St. Xenia Prayer Ministry
 6:00 p.m. Parish Council Meeting

Thursday, January 19

NO LITURGY

7:45 a.m. St. Xenia Prayer Ministry by Zoom
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Jr. High Youth Group
 6:45 p.m. High School Youth Group

Friday, January 20

7:00 a.m. Daily Matins

Saturday, January 21-ST. MAXIMOS

5:30 p.m. Great Vespers/Confessions

Sunday, January 22

9:00 a.m. Matins & Religious Ed. ages 3-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 p.m. Agape Meal
 12:30 p.m. Adult Catechism

SUNDAY MORNING MINISTRIES SCHEDULE

EUCHARIST BREAD

January 15 Meyer
 January 22 Morrison
 January 29 Dn. G. Braun
 February 2 Kern (Feast of Presentation)
 February 5 Dillon

ARTOS

January 17 Fr. J. Finley
 February 1 TBA

READERS

January 15 Kern
 January 17 Gish (Vespers & Liturgy for
 St. Athanasius)
 January 22 Lange
 January 29 Butler
 February 2 Kern (Feast of Presentation)
 February 5 Gish

GREETERS

January 15 P. Cocores/M. Loulias
 January 22 K. Fox/K.P. King
 January 29 D. Washburn/D. Lewis
 February 5 H. Lange/K.P. King

USHERS

January 15 C. Speier/S. Speier
 January 22 K.L. King/D. Washburn
 January 29 M. Loulias/D. Alexander
 February 5 D. Meyer/C. Berari

AGAPE MEAL HOSTS

January 15 Team Washburn-Lander
 January 22 Chala Family
 January 29 Team Kawahara
 February 5 Team Speier
 February 12 Team Hoppe

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Jan. 19 L. Ballew
 Jan. 26 M. Loulias
 Feb. 2 D. Alexander/J. Jones
 Feb. 9 F. Young

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for St. Paul of Thebes

Tone 3

Inspired by the Spirit,
you were the first to dwell in the desert in emulation of Elijah the Zealot;
as one who imitated the Angels,
you were made known to the world by Saint ^Anthony the Great.//
Righteous Paul, entreat Christ God to grant us His great mercy!

Troparion for St. John the Hut-dweller

Tone 4

From your early youth,
you longed with fervor for the things of the Lord.
Leaving the world and its pleasures,
you became an example of monastic life.
Most blessed John, you built your hut at the door of your parents' house
and overcame the devil's guiles.//
Therefore Christ Himself has worthily glorified you.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple**Tone 1**

By Thy Nativity, Thou didst sanctify the Virgin's womb!
And didst bless Simeon's hands, O Christ God.
Now Thou hast come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm verses before the Epistle**Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)
Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING**Colossians. (3:4-11)**

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory.
Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. (*Ps 90/91:1*) **Alleluia**

He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. (*Ps 90/91:2*) **Alleluia**

Luke. (17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!
Alleluia!

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

UPCOMING FEAST DAY SERVICES

FEAST OF ST. ATHANASIUS THE GREAT

Tuesday, January 17

5:00 p.m. Great Vespers

6:00 p.m. Divine Liturgy

FEAST OF THE PRESENTATION OF OUR LORD IN THE TEMPLE

Wednesday, February 1

5:30 p.m. Great Vespers

Thursday, February 2

8:30 a.m. Divine Liturgy

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SAVE THE DATE...

Sunday, January 29, 2023

St. Barbara Monastery Friends Gathering

4:00 p.m. presentation followed by Vespers & Potluck Supper

Speaker: Fr. Symeon Halsell - "What is Man?"

Fr. Symeon will present a condensed version of the series he did in our parish in 2021: "What is Man?" There are many competing beliefs about what it means to be a flourishing human being taught by the world. Fr. Symeon will address the big questions we face today about human life, and how we as Christians may understand and respond to the ever-changing social fabric as little Christs. We will ask the question of God and of ourselves, "What is man, that Thou art mindful of Him?"

Please pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Emma Bobro

Tatianna Calhoun

Kevin Duke

Kaleigh Flores

Gage Salinas

Naomi Siragusa

Mary Wolfington, Alicia & Gabriel

ANNOUNCEMENTS

*(Photos from the Feast of the Theophany have been posted to the website:
<https://www.stathanasius.org/media/photo-gallery/>)*

OUR TEENS AND YOUNG ADULTS will host the youth of St. Timothy's parish (Lompoc) for "Paraklesis and Pizza" this evening at 5pm at the church. All teens and young adults are welcome!

THE NEXT MEN'S FIRESIDE GATHERING is TOMORROW, January 16th at 7:00 p.m. at the church.

ADULT CATECHISM BEGINS TODAY, JANUARY 15th after the Agape Meal and continues on Sundays through April 2nd.

UPCOMING CATECHISM SESSIONS: SALVATION IN CHRIST

January 15	The Initiatory Sacraments: Baptism, Chrismation, & Eucharist
January 22	The Priesthood & Repentance: Confession, Communion, & Spiritual Guidance: Spiritual Fatherhood and Motherhood
January 29	NO CLASS
February 5	The Holy Life: Keeping the Commandments and Teachings of Christ – The Decalog, the Two Greatest, The New Commandment, and the Sermons

WE WILL RESUME OUR TUESDAY BOOK STUDY on January 24, 2023. The January book study series will be on *The Hidden Man of the Heart* by Archimandrite Zacharias of Essex. We will begin each Tuesday session with the Prayers of the Ninth Hour, followed by a simple potluck supper and then the study. The schedule is below:

Session 1 - Jan 24	<i>The Heart and Awakening It</i>
Session 2 - Feb 7	<i>Building Up the Heart</i>
Session 3 - Feb 14	<i>Understanding and Living Repentance</i>
Session 4 - Feb 21	<i>Entering the Heart and the Life of the Spirit</i>

VOLUNTEERS NEEDED FOR POINT-IN-TIME COUNT 2023

The Santa Maria/Santa Barbara County Continuum of Care is recruiting volunteers to conduct interviews with individuals and families during the **Point-In-Time Count on Wednesday, January 25th between 5:00am and 9:00am.**

Volunteers must register online at <https://countyofsb.pointintime.info/> by January 19 and have access to a smart phone. All volunteers are required to attend a virtual training session. In this 1-hour session, you will learn more about the importance of the count, review canvassing best practices, explore the PIT survey tool, FAQs and more! To make this training as accessible as possible, the online trainings are at varied days and times between January 16 - 20. Only one training is required.

St. Athanasius Antiochian Orthodox Church
Invites you to
**A SEMINAR IN PREPARATION FOR
THE BEGINNING OF GREAT LENT**



**GOING TO
CONFESSION:
A BAPTISM OF
TEARS**

V. Rev. James Coles, Presenter
SATURDAY, FEBRUARY 4, 2023
10:00 a.m. – 12:00 Noon

300 Sumida Gardens Ln. in Santa Barbara

Free & open to the public.
No admission charge. No registration necessary.

Archpriest James Coles was born and raised in Dallas, Texas and grew up Roman Catholic. He graduated from Texas Tech in 1989 with a Bachelor of Science degree in Family Studies. After graduation, Fr. James worked as a youth director for Episcopal churches in Tucson, Los Angeles, and Santa Fe. It was while working for Young Life in Santa Fe that Fr. James and his wife, Kh. Karen, converted to Orthodox Christianity. In 2000 they moved to New York to attend St. Vladimir's Orthodox Theological Seminary and on Theophany of 2003, Fr. James was ordained to the Holy Priesthood. Fr. James was the assistant pastor at St. George parish in Houston from 2003-2005 and has been the pastor of Saint Ignatius parish in Mesa, AZ since 2005. He received a Doctorate in Eastern Christian Studies in 2016. **His dissertation was on helping parishioners understand the role and spiritual value of Confession in the parish context.**

REGARDING 2022 TITHES...

All tithe checks and other donations will now be credited to 2023. The books for 2022 have been closed.

Year-end tax statements of your 2022 donations will be sent out by e-mail by the end of January.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/15 John & Elizabeth Heiduk
1/20 Fr. Nicholas & Jan Speier

Birthdays

1/15 Jesse Palmer
1/19 John Wallace
1/20 Evonne Chala
1/21 Jody Wallace

Patron Saint Commemorations

1/17	St. Anthony the Great	Beau Brunner, Lincoln Brunner, Evonne Chala
1/18	St. Cyril of Alexandria	Owen J. Finley
1/21	St. Maximus the Confessor	Dominic Dopico

A PRAYER for STRENGTHENING of our FAITH (Mentioned in Fr. John Finley's sermon on January 1, 2023)

Since Thou hast given us the miracles of Thy holy Martyrs as an invincible battlement, by their entreaties, scatter the counsels of the heathen, O Christ our God, and strengthen the faith of Orthodox Christians, since Thou alone art good and the Friend of man.
Oktoechos, Tone 5, Wednesday Matins, Third Kathisma Martyricon

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Phyllis M.
Abp. Benjamin
Kris F.
Temmo K.
Sarah B.
Jerry J.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Bob
Cheryl F.
Michael V.
Jane M.
Hannah S.
Chrissy M.
David W.
Nina

Kevin
Stephan & Rosa K.
David
Evonne C.
Phyllis M.
Christina S.
Judy A.
Mark K.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and support
of long-term missionaries from our parish.

For repose of the souls of: Fr. Maximos

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

THEOPHANY 2023

