



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)  
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2023-2024**

Lara Jacobs, Chair  
Glenn Hoppe, Vice Chair  
Dan Braun, Treasurer  
Asia Ballew, Secretary  
Dominic Dopico  
Kristin King  
Michael Loulias  
Velislava Nikolov

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

February 4, 2024

Tone 2 / Eothinon 2;

**Thirty-second Sunday of Pentecost  
& Fifteenth Sunday of Luke (“Zacchaeus”)**  
After-feast of the Presentation (Meeting) of Christ

Venerable Isidore of Pelusium;  
The Mothers of the Three Hierarchs:  
Emmelia, Nona and Anthousa



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive through prayer and recent Confession. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread.** So that the priest is aware of this, please just say, "*Father, bless*" when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion**

### THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

#### THE GREAT LITANY

#### FIRST ANTIPHON—For the Feast of the Presentation

*(verse)* My heart hath poured forth a good word; I speak of my works to the king.  
My tongue is the pen of a swiftly writing scribe.

**Refrain: Through the intercessions of the Theotokos,  
O Savior, save us.**

*(verse)* Grace hath been poured forth on Thy lips.  
Wherefore God hath blessed Thee forever.

*(verse)* Glory... & Both now...

#### SECOND ANTIPHON—For the Feast of the Presentation

*(verse)* Gird Thy sword upon Thy thigh, O Mighty One, in Thy comeliness and Thy beauty.

**Refrain: O Son of God who was carried in the arms of Simeon the Righteous,  
save us who sing to Thee, Alleluia!**

*(verse)* Bend Thy bow, and proceed prosperously, and be king.

*(verse)* Thine arrows are sharp, O Mighty One, sharp in the heart of the enemies of the king. A scepter of uprightness is the scepter of Thy kingdom.

**Glory to the Father and to the Son and to the Holy Spirit;  
Now and ever and unto ages of ages. Amen.**

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON—For the Feast of the Presentation**

*(verse) Hearken, O daughter, and see, and incline thine ear;  
and forget thine own people and thy father's house.*

**Refrain:**

**Rejoice, O Virgin Theotokos, Full of Grace!  
From you shone the Sun of Righteousness, Christ our God,  
enlightening those who sat in darkness.  
Rejoice and be glad, O righteous Elder,  
you accepted in your arms the Redeemer of our souls,  
Who grants us the Resurrection!**

*(verse) The rich among the people shall entreat thy countenance. [Refrain]*

*(verse) I shall commemorate thy name in every generation. [Refrain]*

**HYMNS SUNG AT THE LITTLE ENTRANCE:**

**Troparion of the Resurrection**

**Tone 2**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy hell with Thy Godly power.  
And when Thou didst raise the dead from beneath the earth,  
all the powers of Heaven did cry aloud unto Thee:  
O Christ, Thou giver of life, glory to Thee.

**Troparion for the Feast of the Presentation of Our Lord**

**Tone 1**

Rejoice, O Virgin Theotokos, who art full of grace;  
for from thee arose the Sun of justice, Christ our God,  
a light to those who dwell in darkness.  
Rejoice and be glad, O righteous Simeon,  
carrying in thine arms the Deliverer of our souls,  
who grants us Resurrection.

**Troparion to St. Athanasius**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of The Feast of the Presentation of Our Lord in the Temple** **Tone 1**

By Thy Nativity, Thou didst sanctify the Virgin's womb!  
And didst bless Simeon's hands, O Christ God.  
Now Thou hast come and saved us through love.  
Grant peace to all Orthodox Christians, O only Lover of Man!

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)** **Tone 2**

The Lord is my strength and my song; He has become my salvation. *(Ps 117/118:4)*  
*v: The Lord has chastened me sorely, but He has not given me over to death.*  
*(Ps 117/118:18)*

**EPISTLE READING**

**Timothy 4:9-15**

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

**Alleluia before the Gospel**

**Tone 2**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)*

*v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)*

**GOSPEL READING**  
**Luke. (19:1-10)**

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, “Zacchaeus, make haste and come down; for I must stay at your house today.” So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, “He has gone in to be the guest of a man who is a sinner.” And Zacchaeus stood and said to the Lord, “Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold.” And Jesus said to him, “Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost.”

**HYMN TO THE THEOTOKOS for the Feast of the Presentation of Our Lord**

O Virgin Theotokos, hope of all Christians, protect, preserve, and save those who hope in you! We faithful saw the figure in the shadow of the Law and the Scriptures: Every male child that opened the womb was holy to God! Therefore, we magnify the first-begotten Son of the unoriginated Father, the first-born Son of the unwedded Mother!

**COMMUNION HYMNS**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

I will receive the cup of salvation and call on the name of the Lord. Alleluia!  
(*Ps 115/116:13*)

**Thanksgiving Prayers after Communion**  
(*Blessing of the Agape Meal will follow the prayers.*)

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that all of your socializing take place outside of the church.**

## **ANNOUNCEMENTS**

**FR. SYMEON WILL BE OUT OF TOWN FEBRUARY 10-11.**

**IF YOU HAVE ANY SERVICE BOOKLETS AT HOME for Great Vespers or Divine Liturgy**, could you please bring them back so that they are available for those attending services. Thank you!

**THE ADULT CATECHISM CLASS FOR THIS WINTER** will begin on Saturday, February 17th at 3:00 p.m. and will meet on the following Saturdays:

February 17 & 24

March 9, 16 & 30

The class will pause during Great Lent and meet again beginning in late May.

### **AKATHISTS/PARAKLESIS ON WEDNESDAYS**

From now until March 6th, we will pray either an Akathist or a Paraklesis Service at 5:30 p.m. on Wednesdays. We will pause during Great Lent, and begin again on May 15th. As weather permits, we will pray the Parakleses out in our field, at the cross that is planted where our temple will stand.

February 7      Paraklesis

February 14     Akathist

February 21     Paraklesis

February 28     Akathist

March 6          Paraklesis

### **SAVE THE DATE—SUNDAY, FEBRUARY 25TH—ALL-PARISH MEETING**

On Sunday, February 25th after the Agape Meal, we will have an all-parish meeting to receive an update on the rezoning situation for our land and next steps to be taken. We will not be voting on anything. It will be an informational meeting.

### **SAVE THE DATE — PRE-LENTEN SEMINAR**

On Saturday, March 9th, we will have our annual Pre-Lenten Seminar directly following the Soul Liturgy (which begins at 9:00 a.m.) and a brief coffee break. The seminar will begin at approximately 10:30 a.m. The topic will be “The Soul’s Cry to the Lord: The Lenten Prayers of St. Ephrem the Syrian, and St. Andrew of Crete’s “Great Canon.”

### **FROM DN. JOHN & FAY YOUNG:**

“Thank you to everyone for the meals during this difficult time. We greatly appreciated them. You are all fantastic cooks!

**THE MONTHLY MEN’S FIRESIDE** will be a week from tomorrow, on Monday, February 12th at 7:00 p.m. at the home of Adam Carralejo. If you need information, contact Howard Lange at [hman3000@verizon.net](mailto:hman3000@verizon.net).

**PLEASE JOIN US**  
in welcoming **Metropolitan SABA** to our parish  
for the first time on



**TUESDAY, FEBRUARY 20, 2024**  
(Please note the change from Feb. 23rd)

**Vespers at 5:30 p.m.**  
**followed by Dinner**

Dearest Faithful of St. Athanasius Parish,

Our Metropolitan continues to write weekly teachings that you can find on the homepage of our Archdiocese's website.  
(<https://www.antiochian.org/home>)

It is a good practice to read these teachings as they are posted. I especially urge all of you to read the latest two weekly teachings, in which His Eminence offers us guidance and wisdom on the topic of *frequent communion*. He addresses our great need prepare ourselves for the great event of receiving our Lord's body and blood.

<https://www.antiochian.org/regulararticle/1909>

<https://www.antiochian.org/regulararticle/1919>

In Christ,

+Fr. Symeon

**YEAR-END FINANCIAL UPDATE  
2023**

Tithe Goal	\$689,532
Total Tithes received	\$645,138
General Donations	\$ 48,906
Other income	<u>\$ 58,341</u>
<b>Total income</b>	<b>\$752,385</b>
Total expenses	\$766,208
Deficit	\$ 13,823
Temple Fund Total Donations	\$182,726
Golf Tournament Proceeds	\$149,502
(\$127,000 earmarked for Temple Fund and \$22,500 for improvements to current building)	
<b>Balance in Temple Fund 12/31/23</b>	<b>\$706,035</b>

**UPCOMING SCHEDULE of FEAST DAYS & Special Activities**

**PRE-LENTEN SEMINAR**

Saturday, March 9	10:30 a.m. (after Soul Liturgy & Coffee Break) “The Soul’s Cry to the Lord: the Lenten Prayers of St. Ephrem and St. Andrew of Crete’s Great Canon.”
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**FEAST OF THE ANNUNCIATION**

Sunday, March 24	6:00 p.m. Pan-Orthodox Vespers at Annunciation Orthodox Church in Santa Maria (This is also the Sunday of Orthodoxy. The Great Vespers will be for the feast of Annunciation.)
Monday, March 25	6:00 p.m. Vespers-Liturgy at our parish



**A PRAYER FOR GOD'S BLESSING OF THE  
LAND DEVELOPMENT**

Almighty God, Creator and Fashioner, who didst found the earth on its firmness, who is the fountain of Wisdom and Tower of Strength, our help and refuge, Thou knowest that we can do nothing without Thy Divine guidance and aid: assist us that we may gird ourselves in simplicity that we may be wise as serpents and gentle as doves. Knowing that Thy wisdom and providence always prevail and are our strength, we ask that Thou dost bless our efforts to establish this land as a dedication to Thee. Thou hast given this earth to us to be a land of peace, and a beacon of salvation for mankind, we ask that this place be founded unshakably so that our children's children may glorify Thee unto the end of this age. Be Thou well pleased to bless us in Thy holy will to bring all our plans to completion, free them from every snare of the adversary that we may build upon this land a holy temple in which we may ascribe glory to Thee and the building up of all that is necessary for our salvation and that of this city and county; for Thine is the dominion, and Thine is the Kingdom, and the Power, and the Glory of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

***CELEBRATIONS THIS WEEK***

**Birthdays**

- 2/4 Megan Dillon, Hannah Sieck
- 2/5 Madison Eberhard, Galyna Tinyayeva
- 2/7 Stan Friesen

**Patronal Feast Days**

- 2/10 **St. Anna of Novgorod** Anya Madrigal

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).  
Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Ignace  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Bob N.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Temmo K.  
Sarah B..  
Dn. John & Fay Y.  
Samantha & Chris N. & Family  
Kevin D. & Family  
Erik L.  
Matthew  
Wade  
Amanda Catherine  
Darcy  
Penny B.  
Nancy & Patrick G.  
Audry D.

For the local agencies and their leaders who are working to fight human trafficking.  
  
The Ethiopian Orthodox Church  
  
All those suffering and in danger in Ukraine, Africa, and the Middle East  
  
Please pray for the raising up and support of long-term missionaries from our parish.

**For repose of the souls of:** Deborah, Fr. Ivan M. Fr. Moses B., Kh. Dina B., Kh. Sally H., Isabel E., Chuck A.

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. You can contact Terri at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org).

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Temple Fund.**

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## CALENDAR FOR THE WEEK

### Sunday, February 4

9:00 a.m. Catechesis for children 3yrs-6th grade  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Education  
11:45 a.m. Agape Meal  
12:15 p.m. Choir Rehearsal  
5:00 p.m. Teen/Young Adult Activity

### Monday, February 5

7:00 a.m. Daily Readers Matins  
6:00 p.m. St. Xenia Prayer Ministry by Zoom  
(Akathist for St. Nikiforos)

### Tuesday, February 6

5:30 p.m. Daily Vespers

### Wednesday, February 7

7:00 a.m. Daily Readers Matins  
12:00 p.m. St. Xenia Prayer Ministry at the church  
5:30 p.m. Paraklesis in the field by the cross

### Thursday, February 8

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers

### **NO YOUTH GROUP**

### Friday, February 9

7:00 a.m. Daily Matins (with a priest)

### Saturday, February 10

5:30 p.m. Vespers/Confession

### Sunday, February 11

9:00 a.m. Catechesis for children 3yrs-6th grade  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Education  
11:45 a.m. Agape Meal  
12:15 p.m. Choir Rehearsal  
3:30 p.m. Young Adult Superbowl Party

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

February 4 Morrison  
February 11 Fr. Nicholas  
February 18 Jacobs  
February 25 Meyer

### READERS

February 4 Alexander  
February 10 Kern (Vespers)  
February 11 Butler  
February 18 Lange  
February 25 Gish

### GREETERS

February 4 L. Baker  
February 11 K.P. King  
February 18 H. Lange  
February 25 G. Hoppe

### USHERS

February 4 P. King/J. King  
February 11 K.L. King/d. Alexander  
February 18 D. Meyer/M. Loulias  
February 25 S. Speier/C. Speier

### AGAPE MEAL HOSTS

February 4 Team Loulias/Cocores  
February 11 Team Wiley  
February 18 Team Lander  
February 25 Team Kawahara

**Fr. Symeon will be away on  
February 10th and 11th.**

**Please continue to pray for all of our catechumens, that their minds and hearts will be  
illuminated as they continue their journey towards baptism and/or chrismation.**

Rebecca Beech	Kevin Duke
Cameron Bobro	Adam English
Natasha Carr	Mark Gross
Paul Carr	Connor Clements
Ethan Salcedo	

“Man offers up worship to God in three different ways: Doxology, Thanksgiving and Petition. For in this triple expression of worship, every emotion and every spiritual disposition is gathered. The totality of all the spiritual dispositions that rise up within us is found in these [three different forms of spiritual worship], because they flow from the principle powers of the soul: the power to know; the power to will; and the power to feel and have emotions.”

From Habitation of Holiness by St. Nektarios