

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

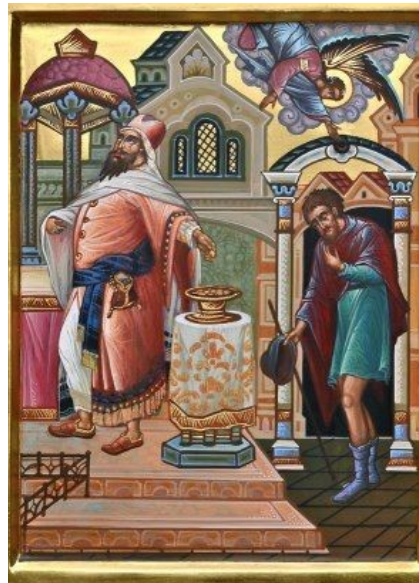
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

LITURGY OF St. John Chrysostom Sunday, February 17, 2019 Tone 5 / Eothinon 5

Sunday of the Pharisee and the Publican
The Holy Great-Martyr Theodore the Soldier ('Tyro');
Emperor Marcian & Empress Pulcheria of Constantinople



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

Calendar for this Week

Sunday, February 17

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal

Monday, February 18

7:00 p.m. Men's Sticks Gathering
at the Harris Residence
6:45 a.m. Daily Matins
4:30 p.m. St. Brigid outreach dinner at
St. Michael's Church in Isla Vista

Tuesday, February 19

4:30 p.m. Catechesis Level One
5:30 p.m. Daily Vespers

Wednesday, February 20

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Group
6:30 p.m. Women's Book Study

Thursday, February 21

11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group

Friday, February 22

6:45 a.m. Daily Matins
4:45 p.m. Akathist Prayers at
Westmont College in the chapel

Saturday, February 23

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers /Confessions

Sunday, February 24

9:00 a.m. Religious Ed. Classes ages 6-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

February 17 Kern
February 24 Fr. Nicholas
March 3 Hedges
March 10 Meyer

Coffee Hour

February 17 Sieck
February 24 S. & T. Speier
March 3 MEATFARE SUNDAY BBQ
at the church
March 10 CHEESEFARE POTLUCK

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

February 17 D. Washburn/D. Lewis
February 24 P. Cocores/M. Loulias/P. King
March 3 K. & L. Jacobs
March 10 L. Baker/H. Lange

Ushers

February 17 D. Washburn, C. Berari, S. Speier
February 24 P. Brunner, P. King, D. Meyer
March 3 D. Lewis, C. Speier, J. King
March 10 D. Washburn, C. Berari, S. Speier

Readers

February 17 M Braun
February 24 Rdr. John Butler
March 2 D. Meyer (Soul Liturgy)
March 3 D. Washburn
March 10 D. Alexander
March 10 M. Braun (Forgiveness Vespers)

At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

THE GREAT LITANY

1 nazo zakkak

Soprano
Alto

Lord, have mer - cy. Lord, have mer - cy.

Tenor
Bass

3 4

Lord, have mer - cy. Lord, have mer - cy.

5 6

Man-y years, - Mas - ter. Most holy The - o - to - kos, save us.

To Thee, O Lord. A - - men.

Detailed description: This is a musical score for the Great Litany, arranged for Soprano/Alto and Tenor/Bass voices. The score is written in a single system with two staves per part. The key signature is one flat (B-flat), and the time signature is 4/4. The lyrics are in English. The score is divided into six numbered phrases. The first phrase includes the instruction 'nazo zakkak' above the Soprano/Alto staff. The music consists of vocal lines with lyrics and piano accompaniment. The lyrics are: 'Lord, have mercy. Lord, have mercy.' (phrases 1 and 2), 'Lord, have mercy. Lord, have mercy.' (phrases 3 and 4), 'Man-y years, - Mas - ter. Most holy The - o - to - kos, save us.' (phrases 5 and 6), and 'To Thee, O Lord. A - - men.' (phrases 7 and 8).

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written in treble clef with a key signature of one flat (B-flat). The Tenor/Bass part is written in bass clef with the same key signature. The lyrics are: "Through the in - ter - cess - ions of the The - o - to - kos, nazo zakkak". A checkmark is placed after the word "kos".

Musical score for Soprano and Tenor/Bass parts. The Soprano part is written in treble clef with a key signature of one flat. The Tenor/Bass part is written in bass clef with the same key signature. The lyrics are: "O Sav - ior save us.".

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee, Alleluia!

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

nazo zakkak

Soprano
Alto

O — Son of God, Who art ris - en from the dead, — ✓

Tenor
Bass

S
A

save us who sing — to Thee, al - le - lu - ia.

T
B

**Chanter: Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.**

Only Begotten Son

nazo zakkak

Soprano
Alto

On - ly Be - got - ten Son and Word of God, Who

Tenor
Bass

S
A

art im - mor - tal, ✓ who for our sal - va - tion

T
B

S A
T B
willed to be in - car - nate of the Ho - ly The - o - to - kos and

S A
T B
ev - er - vir - gin Mar - y, who with - out

S A
T B
change be - came man and wast cru - ci - fied,

S A
T B
ritardando
O Christ our God, and tram - pled down death by death,
ritardando 1. 2 off

S A
T B
a tempo
who art One of the Ho - ly Trin - i - ty,
a tempo

S A
T B
cresc.
glo - ri - fied to - geth - er with the Fa - ther and the
cresc.

S A
T B
Ho - ly Spir - it, *ff* save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER
THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of the Publican & the Pharisee

Tone 3 Slavic-Greek Chant

Let us flee from the pride of the Pharisee!
Let us learn humility from the Publican's tears!
Let us cry to our Savior:
“Have mercy on us,
O only merciful One!”

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.
Deacon: With strength!
Holy God, Holy Mighty, Holy Immortal! Have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 8 Byzantine melody

Pray and make your vows // before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING (For the Publican & Pharisee)

2 Timothy 3:10-15

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (*Ps 88/89:1*)

Verse: For Thou hast said: "Mercy shall be built up forever;

GOSPEL READING

Luke 8:10-14

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

HOMILY

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say, "*Father, bless*" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

A FEW HOUSEKEEPING REMINDERS...

- Don't forget to notify the church office if you are an active member and you have moved or changed contact information. office@stathanasius.org
- If you are not receiving the weekly parish email and would like to receive it, please let the office know.
- Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults.
- If you see something that is broken or needs attention, please let the office know.

Parish Council Corner

Thank you!

On behalf of Fr. Nicholas and the Parish Council, I would like to thank all those who participated in our recent focus groups, as well as those who took the time to fill out the online survey and attend the all-parish meeting in October.

We have gathered excellent input and ideas from our parishioners that will enable the Parish Council, staff and ministry leaders to develop a road map for the next few years.

The Parish Council will meet in March for an all-day retreat to craft a long-term vision and major goals. These will be based on a number of factors, including the views and needs expressed by our parish members, and also based on the current realities of the economy and our resources.

Some time after Pascha, the ministry team leaders will gather for a retreat to brainstorm ideas for incorporating the more general goals into specific ideas, projects, programs and activities.

We will keep you informed as we progress with our strategic plan. If you have not had a chance to look at the summaries of the all-parish meeting and the online survey, you can access the pdf's here:

www.stathanasius.org/ministries/parish-council/

Thank you, again, for your participation! May God guide us as we work to discern His will for our community going forward.

Kristi King, Parish Council President

MINISTRY TEAM SPOTLIGHT

This week's ministry:

Women's Fellowship



**LEADERSHIP TEAM
(From left to right)**

Jan Speier, Karen Jacobs, Christie Robinson (Chairperson), Jody Wallace, Liz Hoppe

Women's Fellowship provides an opportunity to get together as sisters in Christ, in an environment in which our Faith is the common ground. Our goals are to strengthen our relationships with God, our community, and each other.

Our activities this year include book studies, craft days, guest speakers, our wonderful Annunciation Tea, social events and our Christmas Brunch that supports our annual service project.

All of our gatherings are great opportunities to form closer bonds with an amazing group of women. We welcome girls and women of all ages to participate in our activities! What we need most this year is simply for all the women of our parish to attend the events we offer. If cost is ever an obstacle to your participation, please let one of our team members know.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

OUR SINCERE CONDOLENCES to the family of Gail Shannon on her falling sleep in the Lord on Saturday, February 9th. She leaves a huge void and we will miss her terribly in our parish. Not only was she a founding member of our church, but a very active member sacramentally, socially and as a ministry team leader and godmother to many. May her memory be eternal.

VALERIE, our Administrator, will be out of town this week Monday-Thursday. The church office will be closed Monday through Thursday. If you need to get into the building, please come during regular weekly service times.

THE MONTHLY MEN'S STICKS GATHERING will take place tomorrow (Feb. 18) at 7:00 p.m. at the Harris residence.

CHILDCARE MINISTRY

If you have a heart for our young families and would consider helping us to get a new ministry off the ground that would make sure childcare is provided during our various seminars, classes and gatherings for adults, please contact Fr. Nicholas or Kristi King. You would NOT be expected to be the one doing the childcare. What we need is a small team of people who will COORDINATE the hiring of babysitters on a per-event basis.

IMPORTANT 2019 DATES TO NOTE:

SUMMER SCHOOL 2019: June 17-28 with Magic Mountain field trip on July 1st

PROJECT MEXICO MISSION TRIP: June 27—July 3

TEEN RETREAT WEEK—June 10

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Friday, March 1-Saturday, March 2

Pre-Lenten Seminar:
“On Behalf of All and for All:” Liturgy & Life
Greg Abdalah, Guest Presenter

Sunday, March 3 after Liturgy

MEATFARE CELEBRATION on the patio

Sunday, March 10

CHEEFARE POTLUCK after Liturgy
Forgiveness Vespers at 6:00 p.m.

Monday, March 11

GREAT LENT BEGINS

Sunday, March 17

Sunday of Orthodoxy Pan-Orthodox Vespers
6:00 p.m.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

2/19 Ben & Viktoria Hedges

Birthdays

2/19 Jan Finley

2/20 Noelle Ballew, Delaney Catherine Newhouse

2/21 Erik Lawrence, Tyson Shackelford

ADULT CATECHISM

Saturdays from 4:30-6:00 p.m.

All adults are welcome to any and all classes.

January -April 2019

January 5	Sacraments I	Accessing the Divine Energies
January 12	Sacraments II	Accessing the Divine Energies
January 19	Cycle of Prayer/Church Year	Redeeming the Time
January 26	Church Year	Redeeming the Time
February 2	Liturgy (Fr. Jon-Stephen)	Understanding the Mystery
February 9	Music (Valerie Yova)	Accessing Beauty
February 16	Virtues (Fr. John Finley)	Drawing Near to God
February 23	Beatitudes	As a Guide to Life
March 2	PRE-LENTEN SEMINAR	NO CLASS at 4:30 p.m.
March 9	Lent	Bright Sadness
March 16	Spirituality	Living a Holy Life
March 23	Morality	Keeping Body and Soul Healthy
March 30	Church Ministry	Participating in the Life of the Church
April 6	Holy Week	Walking with Christ through His Passion
April 13	Confession	Forgiveness, Strength, Healing
April 19 (Friday)	Canon of Lazarus	6:00 p.m.
April 20	Lazarus Saturday Liturgy	8:30 a.m.
April 27	Great and Holy Saturday	8:30 a.m. Vesperal-Liturgy with Baptisms and Chrismations
April 28	PASCHA	5:00 a.m. Procession, Rush Service/Liturgy

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

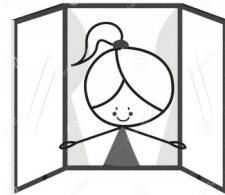
2/21 Regular Youth Group
2/28 Regular Youth Group

Saturday, 3/2—AFTER VESPERS
TEEN CHAT & PIZZA with Pre-Lenten Seminar Speaker,
Greg Abdalah



WOMEN'S WINDOW

UP NEXT ON OUR SCHEDULE:



Women's Fellowship
ANNUAL ANNUNCIATION TEA

More information TBA next week!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Gail S.
Duane F.
Joan and Steve T.
Richard and Susan B.
Fr. Jon and Kh. Elizabeth S.

Regina M.
Ethan & Cole K.
Tony E.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma

Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Gail S.

All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS: Richard F.

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

