



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

LITURGY OF St. John Chrysostom Sunday, March 10, 2019 Tone 8 / Eothinon 8

Sunday of Forgiveness (Cheese Fare)

Martyr Kodratos of Corinth and his five companions; Anastasia the
patrician of Alexandria; New-martyr Michael of Thessalonica



The Expulsion of Adam & Eve from the Garden of Eden

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, March 10—Cheesefare Sunday

| | |
|------------|---------------------------------|
| 9:00 a.m. | Religious Ed. Classes ages 6-18 |
| 9:00 a.m. | Matins |
| 10:00 a.m. | Divine Liturgy |
| 11:45 a.m. | CHEESEFARE POTLUCK |
| 5:00 p.m. | Choir Rehearsal |
| 6:00 p.m. | Vespers of Forgiveness |

Monday, March 11-GREAT LENT BEGINS

| | |
|-----------|---|
| 6:45 a.m. | Daily Matins |
| 5:00 p.m. | St. Brigid outreach dinner at St. Michael's Church in Isla Vista |
| 6:00 p.m. | Great Compline with Canon of St. Andrew (partial) |

Tuesday, March 12

| | |
|-----------|---|
| 4:30 p.m. | Catechesis Level One |
| 6:00 p.m. | Little Compline with Canon of St. Andrew (partial) |

Wednesday, March 13

| | |
|------------|--|
| 6:45 a.m. | Daily Matins |
| 12:00 p.m. | Intercessory Prayer Group |
| 6:00 p.m. | Presanctified Liturgy followed by Soup Dinner |

Thursday, March 14

| | |
|------------|--|
| 11:00 a.m. | Showers of Blessing |
| 6:00 p.m. | Reconciliation Retreat Preparation Session (Catechesis) |
| 6:00 p.m. | Little Compline with Canon of St. Andrew (partial) |

Friday, March 15

| | |
|-----------|------------------|
| 6:45 a.m. | Daily Matins |
| 6:00 p.m. | Akathist Service |

Saturday, March 16-RUMMAGE SALE

| | |
|-----------|----------------------------|
| 8am-12pm | Mission Team Rummage Sale |
| 4:30 p.m. | Adult Catechism |
| 6:00 p.m. | Great Vespers /Confessions |

Sunday, March 17—Sunday of Orthodoxy

| | |
|------------|---|
| 9:00 a.m. | Religious Ed. Classes ages 6-18 |
| 9:00 a.m. | Matins |
| 10:00 a.m. | Divine Liturgy |
| 11:45 a.m. | Coffee Hour |
| 6:00 p.m. | Pan-Orthodox Vespers for the Sunday of Orthodoxy at St. Barbara Parish |

Sunday Morning Ministries Schedule

Eucharist Bread

| | |
|----------|----------|
| March 10 | Meyer |
| March 17 | Dillon |
| March 24 | Washburn |
| March 31 | Cocores |

Coffee Hour

| | |
|----------|--|
| March 10 | CHEESEFARE POTLUCK |
| March 17 | Wiley/Baker/Brunstead |
| March 24 | C. Shannon (40 day memorial for Gail Shannon) |
| March 31 | NEED A HOST |

(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)

Greeters

| | |
|----------|-------------------------|
| March 10 | H. Lange/P. King |
| March 17 | K. Fox/Deacon |
| March 24 | L. Hoppe/K.P. King |
| March 31 | P. Morrison/D. Genatone |

Ushers

| | |
|----------|-----------------------------------|
| March 10 | P. King, C. Berari, S. Speier |
| March 17 | P. Brunner, D. Washburn, D. Meyer |
| March 24 | D. Lewis, C. Speier, J. King |
| March 31 | P. King, M. Loulias, C. Berari |

Readers

| | |
|----------|---------------------------------------|
| March 10 | D. Alexander |
| March 10 | M. Braun (Forgiveness Vespers) |
| March 13 | Rdr. H. Lange (Presanctified Liturgy) |
| March 17 | Rdr. J. Butler |
| March 20 | Rdr. V. Gish |
| March 23 | Rdr. M. Kern (Soul Liturgy) |
| March 23 | D. Meyer (Great Vespers) |
| March 24 | Rdr. H. Lange |
| March 27 | D. Alexander (Presanctified Liturgy) |
| March 30 | Rdr. M. Kern (Soul Liturgy) |

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who art risen from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE
ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

(Music on p. 53 of Liturgy book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Tone 8 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3

Kontakion of Cheesefare Sunday

O Master, Teacher of wisdom,
Bestower of virtue,
Who teaches the thoughtless and protects the poor,
strengthen and enlighten my heart!
O Word of the Father,

Tone 6 Slavic Chant

let me not restrain my mouth from crying to You:
“Have mercy on me, a transgressor,
O merciful Lord!”

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
Holy God, Holy Mighty, Holy Immortal! Have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on p. 58 of Liturgy book)**

Tone 3 Byzantine melody

Sing praises to our God, sing praises. // Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING

Romans 13:11-14:4 (For Sunday of Forgiveness)

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

Alleluia before the Gospel (Music on p. 65 of Liturgy Book)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v. It is good to give thanks to the Lord, to sing praises to Your Name, O Most High,... (Ps 91/92:1)

v. ...to declare Your mercy in the morning, and Your truth by night. (Ps 91/92:2)

GOSPEL READING

Matthew 6:14-21

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

HOMILY

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

3/12 Steve & Joan Thomas

Birthdays

3/10 Richard Barre, Chase King, Madeleine Meyer

3/12 Nicholas Berari, Ronald Berari

3/15 Peter Speier, Ryan Franzen

3/16 Adrian Berari, Leah Wallace

Patronal Feast Days

3/12 **St. Simeon the New Theologian** Alan Wallerstedt

3/12 **Aaron the High Priest** Howard Lange, Aaron Simonsen

3/15 **St. Cera/Keira/Ciara** Keira Landrum

Meatfare Picnic—March 3, 2019

Many thanks to Christie Robinson and her Social Team, and all who helped with set-up and clean-up! And thanks be to God for the beautiful, sunny day!



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

DON'T FORGET TO BRING YOUR DONATED ITEMS FOR THE PROJECT MEXICO MISSION TEAM GARAGE SALE to the church this week, Monday-Thursday 12:00-7:30 p.m. The deadline is this Thursday evening.

The mission team will also be selling pie slices during today's potluck as part of their fundraising effort.

SOUP DINNERS AFTER PRESANCTIFIED LITURGIES


We will have soup dinners after the first two Presanctified Liturgies (Wed. March 13 and Wed. March 20). If you can bring soup on March 13, please contact Carla Brunstead. If you can bring soup on March 20, please contact Viktoria Hedges. If the response is good and if people step up to help, we will probably continue with the soup dinners on the Wednesdays of Lent.

WE HAVE SEVERAL FEMALE PARISHIONERS LOOKING FOR ROOMS TO RENT or a roommate situation. If you have any space available to rent, please let Fr. Nicholas know.

Services for the First Week of Great Lent

| | |
|----------------------------------|---|
| Sunday, March 10 at 6:00 p.m. | Lenten Vespers with Rite of Forgiveness |
| Monday, March 11 at 6:00 p.m. | Great Compline with Canon of St. Andrew |
| Tuesday, March 12 at 6:00 p.m. | Little Compline with Canon of St. Andrew |
| Wednesday, March 13 at 6:00 p.m. | Presanctified Liturgy followed by soup dinner |
| Thursday, March 14 at 6:00 p.m. | Little Compline with Canon of St. Andrew |
| Friday, March 15 at 6:00 p.m. | Akathist to Mother of God |
| Sunday, March 17 at 6:00 p.m. | Sunday of Orthodoxy Pan-Orthodox Vespers at St. Barbara Greek Church |

Mondays of Great Lent—Great Compline 6 p.m.
Wednesdays of Great Lent—Presanctified Liturgy 6 p.m.
Fridays of Great Lent—Akathist to the Mother of God 6 p.m.
Soul Liturgies at 8:30 a.m. on Saturdays 3/23, 3/30, and 4/6



The Unthinkable Task

ABOLITION THEN & NOW

GRANADA THEATRE

The abolition of the slave trade was an unthinkable task in the 1700's much like abolishing abortion is today. Join NY Times Best Selling Author, Radio Host and Speaker, Eric Metaxas as he explores then and now.

MARCH 28, 2019

Network Medical Annual Fundraiser

The Unthinkable Task

Abolition Then & Now


THURSDAY, MARCH 28
7:00PM - 8:30PM

MEET ERIC METAXAS!
Catered Meet & Greet - \$50
Granada Upstairs - 6:00 - 6:45pm
Call to RSVP by March 20

Free Admission at Door - \$10 Preferred Seats
Call 805 967-9096 to purchase tickets

Granada Theatre

Doors open at 6:30pm - Live Music - granadasb.org



ERIC METAXAS

Eric Metaxas is a New York Times Best Selling author, Radio Host and sought after Keynote Speaker.

Metaxas is the current voice of Breakpoint, a commentary started by the late Chuck Colson and hosts his own nationally syndicated radio show, "The Show About Everything". Metaxas' eclectic career also includes writing for Veggie Tails, the New York Times and was the Keynote for the 2012 National Prayer Breakfast.

Metaxas, born in NY City in 1963, graduated from Yale, is married and has one daughter. His wife Susanne is CEO of a NY Pregnancy Center.

www.ericmetaxas.com



ANNUAL REPORT

2018

SAOC BUILDING FUND

2019 GOALS

2018 contributions were the lowest since we started our fundraising program. We will need to use some of our reserve this year to pay our mortgage. Minimum fundraising goal for this year to stay on track will be \$145,000.

The good news is our plans are approved to improve the patio and construction will start after Pascha. Also, kitchen improvement plans are in the works and we expect plan approval this summer.

Thank you to all who contributed and please remember the building fund in 2019!

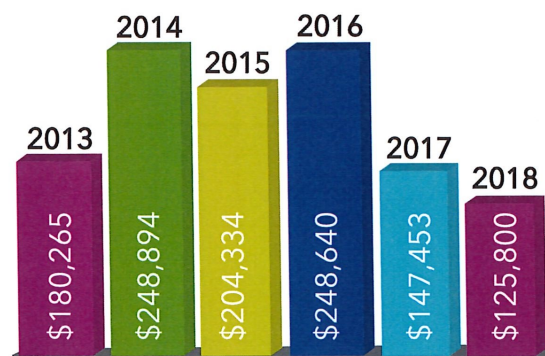
2018 ACCOMPLISHMENTS

- \$73,607 Principle paid
- Preserved \$100K in reserve
- Successful golf tournament
- Have \$150,000 saved for kitchen improvements (from 2016/17 golf events)
- Successful golf event which will fund patio improvements

GOLF INCOME

2018

\$89,453



BUILDING FUND CONTRIBUTIONS

GARAGE SALE FUNDRAISER FOR PROJECT MEXICO

Saturday, March 16th at SAOC Front Lot

Do your *Spring Cleaning* to help fund the building of a home for a family in Mexico

WHAT ITEMS YOU CAN DONATE:

1. Clothes (all sizes, good condition only, no stains or rips, shoes – both of them!)
2. Vintage dishware
3. Appliances
4. Books
5. Handbags/luggage
6. Tools
7. Furniture (please, no mattresses)
8. Games, toys, bikes, skates, boogie boards
9. Camping gear
10. Baby equipment (please, no car seats)



No junk please

WE NEED:

To borrow clothing racks

&

Help sorting all items before sale

See Delaney Newhouse (310 956 6630)

Or Terri Speier (stspeier@cox.net)

&

Individually-wrapped baked goods

OR flats of water bottles or Gatorade

See Tati Speier (805 455 1654)

DROP OFF items at church storage kitchen, on marked tables

NEXT WEEK MONDAY-THURSDAY 12:00-8:00 p.m.

DEADLINE for dropping off items: Thursday, March 14, 8:00 pm

****Contact Mitch Denny (951 219 9794) for help with larger items****

CENTRAL COAST ORTHODOX CLERGY ASSOCIATION

Santa Barbara Ventura and San Luis Obispo Counties

The Clergy of the
Central Coast
invite you to gather with
them
for the



**Pan-Orthodox Vespers in
celebration of
The Triumph of Orthodoxy**

**Sunday, March 17, 2019
6:00 p.m.**

St. Barbara Greek Orthodox Church
1205 San Antonio Creek Rd.
Santa Barbara, CA 93111

Speaker: Fr. John Valadez

The service will be followed by a Lenten meal.

The collection will benefit Network Medical and Villa Majella Maternity Home.

Excerpts from the book
“The Heavenly Banquet: Understanding the Divine Liturgy”
By Fr. Emmanuel Hatzidakis

As we read in the Acts, the disciples continued to worship in the Temple and the synagogue. To this worship practice they added the Eucharistic meal. The Lord was crucified on Friday, the day before the Jewish Sabbath, and had risen from the dead on the day after the Sabbath, called “the first day of the week.” On this day, which came to be known as “the Lord’s Day,” the followers of the Lord gathered together to partake of the Lord’s Supper, that is to celebrate Liturgy (Act 13:2). The typical pattern of worship for the early believers was synagogue worship on the Sabbath morning, and then gathering together again on the same evening after sunset, which was already the “next day,” the Lord’s Day, to share the eucharistic meal.

In the early Church, the Lord’s Supper was celebrated at the end of a fellowship meal, called “Agape” (love). After the persecutions (Acts 8:1) the Christians carried on the synagogue worship in some form, to which they added the Eucharist. The liturgical structure was simple: A bishop presided, surrounded by presbyters. “Psalms, hymns and spiritual songs” were chanted. Lessons from the prophets were read, to which later on were added the epistles of the apostles and the gospels. Preaching by the presbyters and the bishop followed. The deacons carried in and placed on the Supper Table the Eucharistic Gifts (bread and wine), which had been brought by the people. The “Anaphora” Prayer of Thanksgiving was offered and the elements were consecrated. A collection was made. The kiss of peace was exchanged. The service ended with the distribution of the Holy Gifts to the faithful.

Early liturgical witnesses attest to the continuity of the Eucharistic meal from the New Testament Breaking of the Bread until its full development. The prayer in the “Didache” (ca. A.D. 90-110) may be the oldest Eucharistic prayer we have, outside the Pauline account (1 Cor. 11:23-26) and not much older than that. St. Clement’s “Letter to the Corinthians” (ca. A.D. 95-98) contains what may have been a liturgical prayer. St. Justin the Martyr (ca. A.D. 165) described the first Eucharist service, including the prayers, the readings, the sermon, the kiss of peace, and the “Anaphora,” and Holy Communion, in many details. “The Apostolic Tradition” of St. Hippolytus of Rome (ca. A.D. 215) describes the Divine Liturgy in detail.

**Our Liturgy today is essentially the same Eucharist service of
these first Christians, which the Church kept faithfully and
transmitted to us in all its integrity.**

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

REGISTRATION FOR CAMP ST. NICHOLAS OPENED ON FEB. 19th!!

Limited space available. To register online: www.campstnicholas.com

| | |
|-------------------|--|
| Thursday, 3/14 | NO Youth Group (Little Compline & Canon of St. Andrew of Crete) |
| Thursday 3/21 | Regular Youth Group |
| Thursday, 3 28 | Network Medical event at the Granada Theatre 7-9 p.m. (Dinner at the church at 5:30 p.m.) |
| Weekend of May 17 | YES Service Project Weekend |

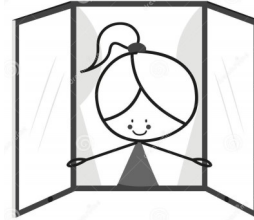
WOMEN'S WINDOW

UP NEXT ON OUR SCHEDULE:

WOMEN'S FELLOWSHIP ANNUAL ANNUNCIATION TEA

Saturday, March 23, 2019

11:30 a.m.-1:30 p.m.



SAVE THE DATE: Saturday, June 8, 2019

Down Syndrome Buddy Walk

To download Lenten recipes: bit.ly/SAOCrecipes4lent

A FEW HOUSEKEEPING REMINDERS...

- Don't forget to notify the church office if you are an active member and you have moved or changed contact information. office@stathanasius.org
- If you are not receiving the weekly parish email and would like to receive it, please let the office know.
- Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults.
- If you see something that is broken or needs attention, please let the office know.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Fr. Jon and Kh. Elizabeth S.
Regina M.

Ethan & Cole K.
Tony E.
Monsignor John Y.
Gaylen C.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Jimmy
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.

Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.
Ronald B. (military)
Cole K. (military)

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of:

Gail S.
All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

