

St. Athanasius Antiochian Orthodox Church

A Parish of the Antiochian Orthodox Christian Archdiocese of North America 300 Sumida Gardens Lane, Santa Barbara, CA 93111 Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence Met. JOSEPH, Archbishop of New York & Metropolitan of all N. America

Senior Pastor:

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

Teen Program Coordinator
Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

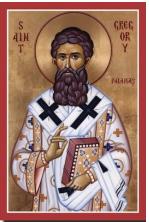
Kristi King, President Dan Braun, Treasurer Terri Speier, Secretary Dorothy Alexander Laurie Baker Corina Berari David Dillon Verne Gish Zak Landrum

LITURGY OF St. Basil the Great Sunday, March 24, 2019 Tone 2 / Eothinon 10 FEAST OF ANNUNCIATION Transferred from March 25th and

Second Sunday of Great Lent Commemoration of Gregory Palamas, Archbishop of Thessalonica

Venerable Zachariah the recluse and Artemon,
Bishop of Seleucia;
New-hieromartyr Parthenios, Patriarch of Constantinople





WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is the Kingdom of Heaven." Luke 18:16

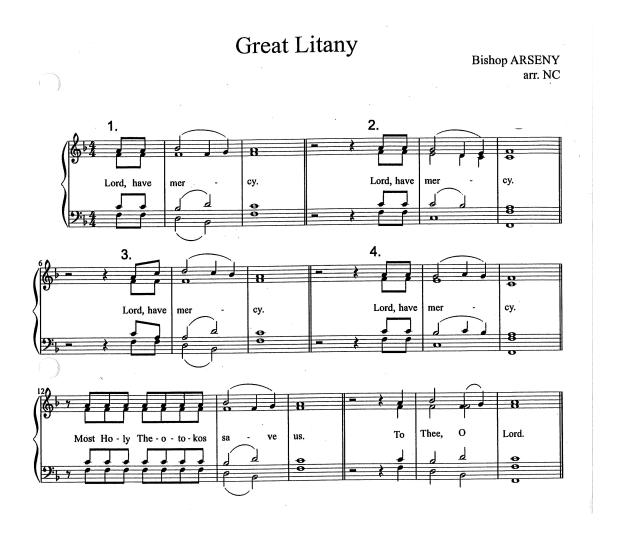
Calendar for this Week

	inuur jor inis meek		
			h 31—Sunday of the Cross
		9:00 a.m.	Religious Ed. Classes ages 6-18
Sunday, Marc	h 24—Transference of Feast of the	9:00 a.m.	Matins
Surray, 1111110	Annunciation and	10:00 a.m.	Divine Liturgy
	Sunday of St. Gregory Palamas	11:45 a.m.	Coffee Hour
0.00			
9:00 a.m.	Religious Ed. Classes ages 6-18	4:45 p.m.	Akathist at Westmont in the chapel
9:00 a.m.	Matins		
10:00 a.m.	Divine Liturgy	Cur	nday Morning Ministries
11:45 a.m.	Coffee Hour	Sur	•
4:45 p.m.	Akathist at Westmont in the chapel		Schedule
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Monday, March 25—Third Week of Lent		Eucharist Bread	
FEAST OF T	HE ANNUNCIATION	March 24	Washburn
6:45 a.m.	Daily Matins	March 31	Dillon
5:00 p.m.	St. Brigid outreach dinner at	April 7	Tinyayeva
5.00 p.m.	St. Michael's Church in Isla Vista	April 14	Sieck
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	NE AT OUR CHURCH	Coffee Hour	
5:30 p.m.	Liturgy for Feast of Annunciation	Coffee Hour March 24	C. C1
	IN SANTA MARIA	March 24	C. Shannon
			(40 day memorial for Gail Shannon)
Tuesday, March 26		March 31	NEED A HOST
NO CATECH	IESIS LEVEL ONE	April 7	NEED A HOST
NO CHILCH	EDID EE VEE OIVE	April 14	NEED A HOST
Wadnasday N	Janah 27	1	
Wednesday, N		(To s	ign up to host Coffee Hour, go to:
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6:45 a.m.	Daily Matins		
12:00 p.m.	Intercessory Prayer Group	ww	w.stathanasius.org/coffee-hour/)
12:00 p.m. 6:00 p.m.	Intercessory Prayer Group Presanctified Liturgy	Greeters	w.stathanasius.org/coffee-hour/)
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At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. BASIL THE GREAT

During Great Lent, we will be singing music that may sound new or different than what we have been singing during the rest of the year, in order to signal a shift into this penitential season.



FIRST ANTIPHON (Psalm Verses for the Feast of Annunciation with Refrain)

Verse: O God, give Thy judgment to the kin, and Thy righteousness to the son of the

king. (Ps. 71:1) Let the mountains receive peace for the people, and let the hills

receive righteousness. (Ps. 7:3)

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Verse: Proclaim from day to day the good tidings of His salvation. (Ps. 95:2) The Lord

hath sworn in truth unto David, and He will not annul it: Of the fruit of thy

loins will I set upon thy throne. (Ps. 131:11) (Refrain)

Verse: Glory to the Father and to the Son and to the Holy Spirit, now and ever, and

unto ages of ages. Amen. (Refrain)

SECOND ANTIPHON (Psalm Verses for the Feast of Annunciation with Refrain)

Verse: He shall come down as rain upon a fleece, and as the dew that falls on the

earth.

Refrain: O Son of God, incarnate of the Virgin, save us who sing to Thee,

Alleluia.

Verse: Our God shall plainly come and will not be silent! (Refrain)

Verse: In His days righteousness shall shine forth; Peace shall abide for as long

as the moon shines!(Refrain)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON (Psalm verses for the Feast of Annunciation & Troparion Refrain)

Verse: His Name shall be blessed forever; His Name shall continue longer than the sun.

TROPARION REFRAIN:

Today is the beginning of our salvation, the revelation of the eternal mystery!
The Son of God becomes the Son of the Virgin as Gabriel announces the coming of Grace.
Together with him let us cry to the Theotokos: "Rejoice, O Full of Grace,// the Lord is with you!"

Verse: Blessed be the Lord, the God of Israel, Who only does wondrous things. (Refrain)

Verse: And blessed be His glorious Name unto the ages, and unto the ages of ages. (Refrain)



AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on p. 42 of Liturgy book)

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Troparion for the Feast of Annunciation

Music by Nazo Zakkak

Today is the beginning of our salvation, the revelation of the eternal mystery!
The Son of God becomes the Son of the Virgin as Gabriel announces the coming of Grace.
Together with him let us cry to the Theotokos: "Rejoice, O Full of Grace, the Lord is with you!"

Troparion to St. Gregory Palamas

Tone 8

O light of <u>Orthodoxy</u>, teacher of the Church, its confir<u>mation</u>, O ideal of <u>monks</u> and invincible champion of theo<u>logians</u>, O wonder<u>working</u> Gregory, glory of Thessalonica and <u>preacher</u> of grace,// always intercede before the Lord that our souls may be saved!

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

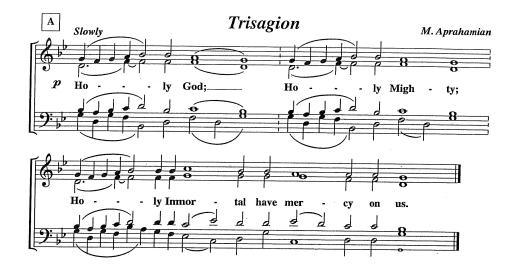
Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father. O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion of Annunciation

Tone 8

To thee, our Queen, leader in battle and defender.
We thy people delivered from all peril,
offer hymns of vict'ry and thanksgiving, O Theotokos.
Since thou dost possess invincible power,
set us free from ev'ry calamity.
That we may cry unto thee: Hail O bride without bridegroom.



Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 5

Thou O Lord shall keep us and preserve us from this generation forever. (Ps 11/12:7)

Verse: Save me O Lord, for there is now no saint. (Ps 11/12:1)

EPISTLE READING—Hebrews 1:10-2:3

"In the beginning, You O Lord, didst found the earth, and the heavens are the work of your hands; they will perish, but You remainest; they will all grow old like a garment, like a mantle You wilt roll them up, and they will be changed. But You art the same, and Your years will never end." But to what angel has He ever said, "Sit at My right hand, till I make Your enemies a stool for your feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first, by the Lord, and it was attested to us, by those who heard Him.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Chanter: Alleluia, Alleluia, Alleluia! **People:** Alleluia, Alleluia, Alleluia!

Verse: He shall come down as rain upon a fleece, and like raindrops that fall

upon the earth.

Verse: His name shall be blessed forever. Before the sun doth His name

continue.

GOSPEL READING for the Feast of the Annunciation Luke 1: 24-38

At that time, Elizabeth, the wife of Zachariah, conceived, and for five months she hid herself, saying, "Thus the Lord has done to me in the days when He looked on me, to take away my reproach among men."

In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary. And the angel came to her and said, "Hail, O favored one, the Lord is with you! Blessed are you among women!" But she was greatly troubled at the saying, and considered in her mind what sort of greeting this might be. And the angel said to her, "Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call His Name Jesus.

He will be great, and will be called the Son of the Most High; and the Lord God will give to Him the throne of his father David, and He will reign over the house of Jacob forever; and of His kingdom there will be no end."

And Mary said to the angel, "How shall this be, since I have known no man?"

And the angel said to her, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God.

And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible." And Mary said, "Behold, I am the handmaid of the Lord; let it be to me according to your word." And the angel departed from her.

HOMILY

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God) for the Feast of Annunciation Music by F. Karam

Receive, O earth, the glad tidings of great joy, and ye heavens, praise the glory of God. Since thou art a living temple of God, O Theotokos, no impure hand shall touch thee, but let the lips of believers praise thee, and cry joyfully unto thee forevermore with the voice of the angel: "Hail, thou who art full of grace, the Lord is with Thee!"

Communion Hymn

The Lord has chosen Zion; He has desired it for His dwelling. (Ps 131/132:14) Alleluia, Alleluia, Alleluia!

Tone 2

DURING GREAT LENT,

the children ages 4 and older are invited to come over to
the choir area during the Prayer Before Communion ("I believe, O Lord,
and I confess...") and sing the Communion Hymns with the choir.
Their parents or godparents should pick them up in the choir area
after the priest comes out with the chalice
so that they can get in line for Communion.
They are welcome to return and sing the Dismissal Hymns
with us after Communion.





HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.





ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.**On the homepage, click on **VIEW CALENDAR** at the bottom left.

PLEASE HELP US KEEP OUR BUILDING IN GOOD SHAPE

Please help us to lighten everyone's load by cleaning up your own area both in the church after services and also at Coffee Hour. The church building belongs to all of us. Help us to foster a love and sense of responsibility for its upkeep among all of our children and adults. If you see something that is broken and needs to be fixed, let the church office know at: office@stathanasius.org

THE FRIDAY AKATHIST SERVICE AT WESTMONT COLLEGE is being shifted to Sundays from 4:45-5:15 p.m. from now until April 14. We will not meet on Palm Sunday or Pascha, so April 14 will be our last Akathist at Westmont until next semester.

Lent's Great Feast

During Lent we look forward to Pascha, but the feast of the Annunciation is a "Pascha before Pascha" which receives much attention in the Lenten cycle of services and hymns. The feast is like the dove returning to Noah's ark with an olive branch that heralds the receding flood. When the dove arrives, Noah and his family must wait a little longer for their "Passover" to dry land, but they know that day will be soon. In addition to on the feast itself (March 25) hymns of Annunciation span the length of the Lenten Fast. Each Friday evening we exalt in the beauties of the Akathist hymn. Every Sunday of Lent we sing the kontakion of the Annunciation, "O Champion Leader." Most great feasts of our Lord or our Lady go on for eight days, and the Fathers of the Church did not slight this feast, but arranged its commemoration to be spread out over several weeks. The grace of the Annunciation illumines the season of Lent and her intercessions are a most powerful aid in whatever labors we undertake. Let us not forget our model of meekness and purity, the most modest Virgin Bride of God, who as heaven's Queen is ready to marshal the aid of her Son and God. (From St. Gregory Palamas Monastery Newsletter, Perrysville, Ohio)

Services for the Third Week of Great Lent

Monday, March 25 at 5:30 p.m. Liturgy for Feast of Annunciation at

(NO COMPLINE) ANNUNCIATION CHURCH in Santa Maria

Wednesday, March 27 at 6:00 p.m. **Presanctified Liturgy** (NO SOUP DINNER)

Friday, March 29 at 6:00 p.m. Akathist to Mother of God

Saturday, March 30 at 8:30 a.m. Soul Liturgy

Mondays of Great Lent—Great Compline 6 p.m. (NO COMPLINE MARCH 25th)
Wednesdays of Great Lent—Presanctified Liturgy 6 p.m.
(Presanctified on 4/17 is at St. Barbara Greek Church)

Fridays of Great Lent—Akathist to the Mother of God 6 p.m. (4/19 is Canon of Lazarus)

CELEBRATIONS THIS WEEK

Birthdays

3/24	Luke Hoppe
3/25	Jamie Van Wagoner
3/27	Gary Moon, Courtney Shannon, Lucy Speier
3/28	Brody Hansen, Cheryl Washburn-Lander, Elizabeth Heiduk, Alina Grace Speier
3/30	Virginia Braun, Amelia Rose Macdonald

Patronal Saint Feast Days

3/25 Mary, The Mother of God (Feast of the Annunciation)

Carla Brunstead, Mary Gish, Kirsten Jacqua, Taylor Speier

3/30 St. John Climacus Gary Moon

This month we commemorate the departing from this life of the following beloved:

Lorraine Berntsen	3/01/2011
Constantino Gabrie	3/15/1994
Patricia Matthews	3/16/2014
Peggy Thomas	3/16/1987
Fr. Thomas Hopko	3/18/2015
Met. Philip Saliba	3/19/2014
Virginia Hedges	3/23/2012

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the "40 Days for Life Vigil" - March 6-April 14, 2019)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted ot

Thursday 3/21 Regular Youth Group
Thursday, 3 28 Network Medical event at the Granada Theatre 7-9 (Dinner at the church at 5:30 p.m.)

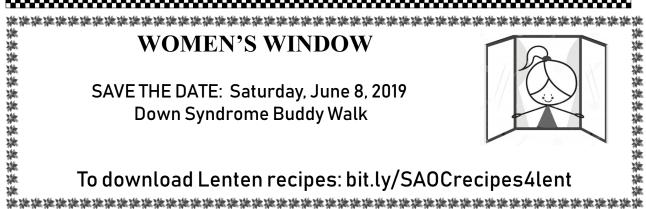
Thursday, 4/4 Broomball at Ice in Paradise 6-7 p.m. followed by dir Thursday, 4/18 Regular Youth Group
Thursday, 4/18 Regular Youth Group
Thursday, 4/25 Holly Thursday Service 6:00 p.m.—NO YOUTH GR

June 9-12 High School Road Trip
Weekend of May 17 YES Service Project Weekend on Thursdays in the Teen Room at the church, unless noted otherwise.

Network Medical event at the Granada Theatre 7-9 p.m.

Broomball at Ice in Paradise 6-7 p.m. followed by dinner

HOLY THURSDAY SERVICE 6:00 p.m.—NO YOUTH GROUP



Susie's Closet has an urgent need for clothing for newborn baby girls.

If you have new or gently used baby girl clothes, please drop them off at either of these locations:

Network Medical, 185-C St. Patterson (across from Goleta Valley Hospital)

Community Covenant Church of Goleta, 5070 Cathedral Oaks Rd. (btwn. Turnpike & Patterson)

Tax deductible receipts can be received at either location. Susie's closet offers maternity clothes, baby clothes up to 4T, baby equipment, toys, and children's books to families in need in our community.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John

Bishop Neofitos (Diocese of Kenya)

Mother Christophora

Fr. Jon B. Dn. Richard E. Kh. Diane C. Greg & Margaret Y. Hoppe Family Duane F.

Joan and Steve T. Richard and Susan B. Fr. Jon and Kh. Elizabeth S.

Regina M.

*

Ethan & Cole K. Tony E.

Monsignor John Y.

Gaylen C. Zac B.

Terri Lynn & Hannah Rose

Lauren Cheryl G. Elka Elizabeth J. Jimmy Phoebe L. Kh. Carla Z.

Sharmaine & Emma

Evonne C.

Elizabeth H. Tvler A.

Fr. Patrick and Vanessa K.

Tom M.

Ronald B. (military) Cole K. (military)

All those suffering and in danger in Ukraine, Africa, and the Middle East The victims of the recent shootings

and fires

Please pray for the raising up and support of long-term missionaries from our

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parish.

For repose of the souls of:

Gail S.

All who have died in the conflicts in Ukraine Africa & the Middle East, in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

*********************** ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, ** etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books ** are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.



ANNUAL 2018 SAOC BUILDING FUND

2019 GOALS

2018 contributions were the lowest since we started our fundraising program. We will need to use some of our reserve this year to pay our mortgage. Minimum fundraising goal for this year to stay on track will be \$145,000.

The good news is our plans are approved to improve the patio and construction will start after Pascha. Also, kitchen improvement plans are in the works and we expect plan approval this summer.

Thank you to all who contributed and please remember the building fund in 2019!

2018 ACCOMPLISHMENTS

- \$73,607 Principle paid
- Preserved \$100K in reserve
- Successful golf tournament
- Have \$150,000 saved for kitchen improvements (from 2016/17 golf events)
- Successful golf event which will fund patio improvements

GOLF 2018
INCOME \$89,453



BUILDING FUND CONTRIBUTIONS