



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

**Pastor:**

Fr. Symeon Halsell  
805-685-5495  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. Nicholas Speier (Pastor Emeritus)  
frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Parish Council 2023-2024**

Lara Jacobs, Chair  
Glenn Hoppe, Vice Chair  
Dan Braun, Treasurer  
Asia Ballew, Secretary  
Dominic Dopico  
Kristin King  
Michael Loulias  
Velislava Nikolov

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program & College/Young Adult  
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

## DIVINE LITURGY OF ST. BASIL THE GREAT

March 24, 2024

Tone 1 / Eothinon 9

**First Sunday of Great Lent (Sunday of Orthodoxy)**

Venerable Zachariah the Recluse and  
Artemon, Bishop of Seleucia



## WELCOME TO OUR VISITORS!

We are glad you are with us this morning  
to join our worship of the Father, Son & Holy Spirit!  
Please join us on the patio after the Liturgy for  
the Agape Meal. We'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY OF ST. BASIL THE GREAT**

**THE GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

- The Lord is King, and hath clothed Himself with majesty. The Lord is robed; He is girded with strength. For He has established the world so sure that it shall never be moved.

***Refrain:* Through the intercessions of the Theotokos, O Savior, save us.**

- Who shall tell of the mighty acts of the Lord? Who shall make all of His praises to be heard? Let the redeemed by the Lord say so, whom He has delivered from the hand of the enemy. (*Refrain*)
- Glory... Both now... (*Refrain*)

**SECOND ANTIPHON—Psalm verses with refrain**

- Let them acknowledge the Lord for His mercies, and for His wondrous works for the sons of men.

***Refrain:* O Son of God, Who rose from the dead;  
save us who sing to Thee. Alleluia.**

- Let them exalt Him in the church of the faithful and in the assembly of the presbyters. (*Refrain*)
- The eyes of the Lord are upon those that fear Him, upon those that hope in His mercy; to hear the mourning of those in captivity, and to loose the sons of those appointed to death. (*Refrain*)

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### THIRD ANTIPHON

Verse: Let the heavens and the earth praise Him.

**Refrain:**

We venerate Your most pure image, O Good One;  
and ask forgiveness of our transgressions, O Christ our God.  
Of Your own will You were pleased to ascend the cross in the flesh  
to deliver Your creatures from bondage to the Enemy.  
Therefore with thanksgiving we cry aloud to You:  
“You have filled all with joy, O our Savior,//  
by coming to save the world.”

Verse: This is the day which the Lord hath made; Let us rejoice and be glad in it.

Verse: O Lord my God, I will acknowledge Thee forever.

### AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING HYMNS FOR THE DAY:

**Troparion of the Resurrection**

**Tone 1**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs  
cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Troparion of First Sunday of Great Lent**

**Tone 2**

We venerate Thy most pure image, O Good One;  
and ask forgiveness of our transgressions, O Christ our God.  
Of Thy good will Thou wast pleased to ascend the cross in the flesh  
and deliver Thy creatures from bondage to the Enemy.  
Therefore with thankfulness we cry aloud to Thee:  
“Thou hast filled all with joy, O our Savior,  
for Thou didst come to save the world.”

**Troparion to St. Athanasius****Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of Annunciation****Tone 8**

To thee, our Queen, leader in battle and defender.  
We thy people delivered from all peril,  
offer hymns of vict'ry and thanksgiving, O Theotokos.  
Since thou dost possess invincible power,  
set us free from ev'ry calamity.  
That we may cry unto thee: Hail O bride without bridegroom.

**TRISAGION (THRICE-HOLY) HYMN**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 8**

Blessed are You, O Lord God of our Fathers, and praised and glorified  
is Your name forever.

**Verse:** For You are just in all that You have done for us.

**EPISTLE READING  
Hebrews 11:24-26, 32-40**

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets. Who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight.

Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment.

They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

### **Alleluia before the Gospel**

**Tone 4**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

*Verse: Moses and Aaron were among His priests;*

*Samuel also was among those who called on His Name. (Ps 99/100:6)*

*Verse: They called to the Lord and He answered them. (Ps 99/100:6)*

### **GOSPEL READING**

#### **John 1:43-51**

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

### **MEGLYNARION—HYMN TO THE MOTHER OF GOD**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

### **COMMUNION HYMNS**

Praise the Lord from the heavens, praise Him in the highest! *(Ps 148:1)*

Rejoice in the Lord, O you righteous; praise befits the just! *(Ps 32/33:1)*

### **PROCESSION WITH HOLY ICONS**

**Before the final dismissal, we will walk in procession around the OUTSIDE of the church,** in celebration of the Triumph of Orthodoxy. The children are invited to follow behind the clergy.

**WHEN WE RETURN TO THE CHURCH AFTER THE PROCESSION,** we will read aloud the Synodikon of Orthodoxy that includes the anathemas of heretics and "Memory Eternal" for the saints.

## Holy Communion & The Thanksgiving Prayers

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer and a recent Sacramental Confession.

**Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, “*Father, bless.*” After this you may take a piece of antidoron (blessed bread) offered in the bowls.**

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

At the conclusion of the Divine Liturgy, we offer **Thanksgiving Prayers** for having received the body and blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have partaken and prepare us for our transition from the Kingdom back into “the world.” If you have partaken, stay to listen to these prayers after you have venerated the cross. Immediately after, the priest will bless the Agape Meal. **We ask that all your socializing take place outside of the church.**

## A PRAYER FOR GOD’S BLESSING OF THE LAND DEVELOPMENT

Almighty God, Creator and Fashioner, who didst found the earth on its firmness, who is the fountain of Wisdom and Tower of Strength, our help and refuge, Thou knowest that we can do nothing without Thy Divine guidance and aid: assist us that we may gird ourselves in simplicity that we may be wise as serpents and gentle as doves. Knowing that Thy wisdom and providence always prevail and are our strength, we ask that Thou dost bless our efforts to establish this land as a dedication to Thee. Thou hast given this earth to us to be a land of peace, and a beacon of salvation for mankind, we ask that this place be founded unshakably so that our children’s children may glorify Thee unto the end of this age. Be Thou well pleased to bless us in Thy holy will to bring all our plans to completion, free them from every snare of the adversary that we may build upon this land a holy temple in which we may ascribe glory to Thee and the building up of all that is necessary for our salvation and that of this city and county; for Thine is the dominion, and Thine is the Kingdom, and the Power, and the Glory of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages. Amen.

**UPCOMING SCHEDULE of FEAST DAYS,  
GREAT LENT & SPECIAL ACTIVITIES**

**FEAST OF THE ANNUNCIATION**

- |                    |   |
|--------------------|---|
| Sunday, March 24   | 6:00 p.m. Pan-Orthodox Vespers<br>at Annunciation Orthodox Church in Santa Maria<br>(This is also the Sunday of Orthodoxy. The<br>Great Vespers will be for the feast of Annunciation.) |
| Monday, March 25   | 6:00 p.m. Vespers-Liturgy at our parish   |
| Saturday, March 30 | Women's Fellowship Annunciation Tea<br>11:00 a.m.-1:00 p.m.   |

**During the remaining 5 weeks of Great Lent, we pray  
the following weekday services at 6:00 p.m.:**

- Mondays — Great Compline
- Wednesdays — Presanctified Liturgy
- Fridays — Akathist to the Mother of God
- \*Thursday, April 18th (5th week) — Portion of the Canon of St. Andrew and  
the life of St. Mary of Egypt

**SOUL LITURGIES will be served on March 30, April 6 and April 13 at 9:00 a.m.**



**SAVE THE DATES!**  
**St. Athanasius Summer School**  
**June 17-28, 2024**  
**Watch for more details after Pascha!**

## **ANNOUNCEMENTS**

**AT THE END OF TODAY'S LITURGY, WE WILL WALK IN PROCESSION WITH ICONS around the outside of the church.** (Please do not pull the icons off of the walls of the church.) When we come back inside, we will conclude the Liturgy with the reading of the Synodikon that includes the anathema of heretics and the singing of "Memory Eternal" for the saints.

**PAN-ORTHODOX VESPERS for the Sunday of Orthodoxy will be replaced this year with VIGIL FOR THE FEAST OF THE ANNUNCIATION tonight at 6:00 p.m.,** hosted by Annunciation O.C.A. parish at 877 Francine Lane in Santa Maria.

**WE WILL CELEBRATE THE FEAST OF THE ANNUNCIATION** in our parish TOMORROW Monday, March 25th with Vespers-Liturgy at 6:00 p.m.

**THE ADULT CATECHISM CLASS FOR THIS WINTER will meet for the last time on Saturday, March 30th at 3:00 p.m.** The class will pause during the remainder of Great Lent and meet again beginning in late May.

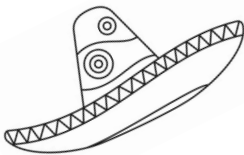
### **SOUP DINNERS ON WEDNESDAYS DURING GREAT LENT**

We will continue our tradition of offering a simple meal of soup and bread after our Wednesday evening Presanctified Liturgies during Great Lent. Please see the online sign-up list to help us make that happen! <https://bit.ly/SoupDinners2024>

### **FOOD FOR HUNGRY PEOPLE**

During Great Lent we will, once again, be collecting food items for our local Food Bank. PLEASE SEE THE FOODBANK'S MOST NEEDED LIST OF FOODS. You can find the list on the flyer in the hallway of the church or here: <https://foodbanksbc.org/give-help/donate-food/>

Food items may be placed on the shelves and in the baskets in the hallway. Also, we will be collecting monetary donations for Food for Hungry People, a coordinated effort through our Antiochian Archdiocese. Coin collection boxes are available for parents who wish to use them at home with their children during Lent. All monetary donations will go to Food for Hungry People and can be made through our tithe box or online through our website. **Please be sure to include the memo: "Food for Hungry People," and make checks payable to St. Athanasius Church.**



## **Muchisimas Gracias!!!**

Many thanks to all who so generously supported our Project Mexico Mission Team fundraiser last Sunday for our August 2024 home building trip!

**We have been able to raise over half of our goal of \$12,000,** between donations made at the luncheon and those given online.

If you are able to help push us to the goal, donations are still welcome, either in the tithe box or given on our parish website.

**Please be sure to include a memo: "Project Mexico Team." Thank you!!**



**CELEBRATIONS THIS WEEK**

**Birthdays**

- 3/24 Luke Hoppe
- 3/27 Kaya Heiduk, Lucy Speier
- 3/28 Cheryl Washburn-Lander, Elizabeth Heiduk, Alina Grace Speier
- 3/29 Penny Carralejo
- 3/30 Amelia Rose Macdonald

**Patronal Saint's Day**

- 3/25 Theotokos (Annunciation) Carla Brunstead, Mary Denny
- 3/26 St. Manuel Manuela Carralejo
- 3/26 Archangel Gabriel Gabriel Aviles

**St. Athanasius Women's Fellowship**

*Annunciation Tea*

for Women & Girls of all ages -  
Bring your daughters, granddaughters  
and goddaughters!

**Saturday, March 30, 2024**

**11:00 a.m.—1:00 p.m.**

Check your email for the evite, or contact  
Liz Hoppe at [hop2it1995@gmail.com](mailto:hop2it1995@gmail.com)



Suggested donation is \$7 and \$5 for children under 10.  
Proceeds will benefit the Archdiocese annual project,  
The Widowed Clergy-Wives Endowment Fund,  
and will also benefit Hope Refuge.

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).  
Please pray for the health of:**

His Beatitude, Patriarch John X  
Metropolitan SABA  
Mother Victoria  
Met. Paul & Abp. John  
Abp. Benjamin  
Fr. Mathias in Tanzania (OCMC)  
Fr. Jon B.  
Fr. John & Kh. Diane C.  
Fr. Nicholas & Jan  
Fr. Turbo & St. Mary parish  
Fr. Paul and St. Moses parish  
Greg & Margaret Y.  
Hoppe Family in Albania (OCMC)  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Bob N.  
Kh. Melissa H.  
Jeremiah & Sarah H. (military)  
Lauren & Fernando J. (military)  
Chase K. (military)  
Nick & Kristine J. (military)  
Connor V. (military)  
Julianna & Zaron D. (military)  
P. Speier (military)

Subdn. Matthew W. (seminary)  
Steve T.  
Temmo K.  
Sarah B..  
Dn. John & Fay Y.  
Samantha & Chris N. & Family  
Kevin D. & Family  
Erik L.  
Matthew  
Wade  
Amanda Catherine  
Darcy  
Penny B.  
Nancy & Patrick G.  
Audry D.  
Kh. Peggy K.  
Laura & Jeff & Family  
Amanda, Chris & Baby James  
Benny & Michelle M.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

**OUR CATECHUMENS:**

Rebecca Beech  
Cameron Bobro  
Natasha Carr  
Paul Carr  
Connor Clements  
Kevin Duke  
Adam English

**For repose of the souls of:** Fr. Anthony K.

\*\*\*\*\*  
\* **ST. ATHANASIUS CHURCH BOOKSTORE** \*  
\* The church bookstore is located in the foyer of our building. The tables and two enclosed \*  
\* cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, \*  
\* prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book ti- \*  
\* tle. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jew- \*  
\* elry such as a cross or chain. **You can contact Terri at: [bookstore@stathanasius.org](mailto:bookstore@stathanasius.org).** \*  
\* Payment should be made at time of purchase and placed in the brown lockbox on wall next \*  
\* to Fr. Symeon’s office. Make checks payable to **S.A.O.C. Bookstore.** \*  
\* The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) \*  
\* **All proceeds go to the parish Temple Fund.** \*  
\*\*\*\*\*

## CALENDAR FOR THE WEEK

### Sunday, March 24—SUNDAY OF ORTHODOXY

9:00 a.m. Catechesis for children 3yrs-6th grade  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy & PROCESSION  
 11:30 a.m. Teen Education  
 11:45 a.m. Agape Meal  
 6:00 p.m. Pan-Orthodox Vigil for the Feast of the Annunciation at Annunciation OCA parish in Santa Maria

### Monday, March 25

7:00 a.m. Lenten Matins  
 5:45 p.m. St. Xenia Prayer Ministry by Zoom (Akathist for St. Nikiforos)  
 6:00 p.m. Vespers Liturgy for the Feast of the Annunciation of the Theotokos

### Wednesday, March 27

7:00 a.m. Lenten Matins  
 12:00 p.m. St. Xenia Prayer Ministry at the church  
 6:00 p.m. Presanctified Liturgy & Soup Dinner

### Thursday, March 28

7:45 a.m. St. Xenia Prayer Ministry by Zoom  
 10:00 a.m. Showers of Blessing  
 6:00 p.m. Youth Group

### Friday, March 29

7:00 a.m. Lenten Matins (with a priest)  
 6:00 p.m. Akathist to the Mother of God

### Saturday, March 30

9:00 a.m. Soul Liturgy  
 11:00 a.m. Women's Annunciation Tea  
 3:00 p.m. Adult Catechism  
 5:30 p.m. Vespers/Confession

### Sunday, March 31—ST. GREGORY PALAMAS

9:00 a.m. Catechesis for children 3yrs-6th grade  
 9:00 a.m. Matins  
 10:00 a.m. Divine Liturgy  
 11:30 a.m. Teen Education  
 11:45 a.m. Agape Meal  
 12:15 p.m. Choir Rehearsal

## SUNDAY MORNING MINISTRIES SCHEDULE

### EUCCHARIST BREAD

March 24 Morrison  
 March 25 Kern  
 March 31 Fr. N. Speier  
 April 7 Jacobs  
 April 14 Meyer

### READERS

March 24 Butler  
 March 25 Lange (Annunciation Vesp-Liturgy)  
 March 27 Kern (Presanctified Liturgy)  
 March 30 Kern (Soul Liturgy)  
 March 31 Gish  
 April 3 Meyer (Presanctified Liturgy)  
 April 6 Alexander (Soul Liturgy)  
 April 7 Butler  
 April 10 Lange (Presanctified Liturgy)  
 April 13 Gish (Soul Liturgy)  
 April 14 Kern

### GREETERS

March 24 H. Lange  
 March 31 G. Hoppe  
 April 7 M. Loulias  
 April 14 L. Baker

### USHERS

March 24 K.L.King/D. Meyer  
 March 31 D. Washburn/K.L. King  
 April 7 P. King/J. King  
 April 14 D. Alexander/D. Meyer

### AGAPE MEAL HOSTS

March 24 Team Speier  
 March 31 Team Wayne  
 April 7 Team Worthington  
 April 14 Team Loulias/Cocores

