



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Beatitude, Patriarch John X

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Lara Jacobs, President

Glenn Hoppe, Vice President

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

April 30, 2023

Tone 2 / Eothinon 4

Sunday of the Myrrh-Bearing Women,

Pious Joseph of Arimathea

& Righteous Nicodemus



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, April 30—MYRRHBEARING WOMEN

9:00 a.m. Matins & Religious Ed. ages 6-12
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Ed.
11:45 a.m. Agape Meal
4:00 p.m. St. Barbara Monastery Friends
Gathering (Fr. John Finley—presenter)

Monday, May 1

7:00 a.m. Paschal Daily Matins
5:15 p.m. St. Xenia Prayer Ministry by Zoom

Tuesday, May 2

5:30 p.m. Daily Vespers

Wednesday, May 3

7:00 a.m. Paschal Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, May 4

7:45 a.m. St. Xenia Prayer Ministry by Zoom
8:30 a.m. Divine Liturgy
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

NO YOUTH GROUP

Friday, May 5—JR. HIGH RETREAT WEEKEND

7:00 a.m. Paschal Daily Matins

Saturday, May 6

8:30 a.m. Men's Fellowship of St. John
5:30 p.m. Great Vespers/Confessions

Sunday, May 7—SUNDAY OF THE PARALYTIC

9:00 a.m. Matins & Religious Ed. ages 6-12
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Ed.
11:45 a.m. Agape Meal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

April 30 Morrison
May 7 D. Washburn
May 14 Dillon
May 21 Dn. G. Braun

READERS

April 30 Alexander
May 7 Kern
May 9 Gish (Mid-Pentecost)
May 14 Butler
May 21 Lange

GREETERS

April 30 L. Baker/K.P. King
May 7 H. Lange/D. Lewis
May 14 P. Cocores/M. Loulias
May 21 L. Baker/D. Washburn

USHERS

April 30 J. King/D. Alexander
May 7 P. King/D. Washburn
May 14 K.L. King/C. Berari
May 21 D. Meyer/M. Loulias

AGAPE MEAL HOSTS

April 30 Team Hoppe
May 7 Team Speier
May 14

MOTHER'S DAY POTLUCK

hosted by the MEN of the parish

May 21 TBA

THURSDAY SHOWERS OF BLESSING

HOSPITALITY TEAM

May 4 Alexander/Jones
May 11 F. Young
May 14 L. Ballew
May 21 M. Loulias

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

The Paschal Greeting in Various Languages

- English:** Christ is Risen! Truly He is Risen!
Greek: Christos Anesti! Alithos Anesti!
Latin: Christus Surrexit! Veritas Surrexit!
Arabic: Al-Maseeh Qam! Haqqan Qam!
Slavonic: Christos Voskrese! Voistinu Voskrese!
Romanian: Hristus A Inviat! Adevarat A Inviat!
Georgian: Kriste aghdga! Cheshmaritad aghdga!
Amharic: Kristos Tenestwal! Bergit Tenestwal!
Albanian: Krishti u ngjall! Vertete u ngjall!
Syriac: M’shee ho dkom! Ha koo qam!
Hebrew: Ha Masheeha houh quam! Be emet quam!
Spanish: Cristo ha Resucitado! En verdad ha Resucitado!
French: Le Christ est Resucitee! Vraiment est Resucitee!
German: Christus ist Auferstanden! Wahrlich Er ist Auferstanden!
Gaelic: Taw creest ereen! Taw shay ereen guhdyne!
Japanese: Harisutos Fukkatsu! Jitsu ni Fukkatsu!
Basque: Piztu da Kristo! Egiaz piztu da!
Aleut: Kristusaq Aglagikuk! Angangulakan Aglagikuk!

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give
glory to His praise!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen.

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit; now and ever and unto ages of ages. Amen. [Refrain]

LITTLE ENTRANCE

In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose from the dead, save us who sing to Thee, Alleluia!

Troparion of the Resurrection

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea

Tone 2

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women

Tone 2

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Tone 8

Thou didst descend into the tomb O Immortal.
Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God,
proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles,
and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 2

The Lord is my strength and my song. He has become my salvation.

Verse. The Lord has chastened me severely but He has not given
me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READNG

Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy

Receive the body of Christ. Taste the fountain of immortality.

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

Instead of "We have seen the true light," we sing "Christ is Risen" once.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.

ANNOUNCEMENTS

THE APRIL ST. BARBARA MONASTERY FRIENDS GATHERING IS TODAY, April 30th, at 4:00 p.m. Fr. John Finley will speak on the life of St. Nikolai Velimirovic. The presentation will be followed by Vespers and a potluck supper.

FR. SYMEON WILL BEGIN A NEW TUESDAY EVENING BOOK STUDY on May 23rd and it will run through June 13. We will begin with 9th Hour Prayers, followed by a potluck supper and then the book study. The book to be discussed will be “**Man and the God-man**” by St. Justin Popovich.

NEW METROPOLITAN ENTHRONED— MAY 13th

The Enthronement of His Eminence Metropolitan SABA as Archbishop of New York and Metropolitan of All North America is set for **Saturday, May 13, 2023** at 11:00 a.m. at St. Nicholas Cathedral, Brooklyn, New York. Please keep Met. SABA and our entire archdiocese in your prayers as we begin this new period in our ecclesiastical history.

CHANGE IN DAILY TRISAGION PRAYERS:

- From Pascha until Pentecost, do not say, “O Heavenly King...”
- From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.”
-

IF YOUR CHILDREN WOULD LIKE TO ATTEND CAMP ST. NICHOLAS THIS SUMMER, and you need some financial assistance to make that possible, we have some scholarship funds available. Please contact Fr. Symeon immediately to request a scholarship. **Tuition is \$600 per week.**

- Week 1: July 09 – July 15 (entering 2nd - 12th grade)
- Week 2: July 16 – July 22 (entering 7th - 12th grade)
- Week 3: July 23 – July 29 (entering 2nd - 12th grade)

To register, go to our Camping Registration Website at <https://events.circuitree.com/CampStNicholas/>

SAOC SUMMER SCHOOL
FOR CHILDREN WHO HAVE JUST COMPLETED GRADES K-6

Monday, June 19- Friday, June 30, 2023
(Weekdays only)

Class 8:45 a.m. – 12:00 noon daily

Lunch 12:00 p.m. – 12:30 p.m. daily

Activity 12:30 p.m. – 2:00 p.m. daily

**MEMO TO PARENTS & REGISTRATION FORMS ARE AVAILABLE
IN THE LOBBY OF THE CHURCH
& ON THE WEBSITE AT:**

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

Tuition: \$290 for 1 child/ \$430 for 2 children/\$550 for 3 children
Does not include ticket for field trip on Friday, June 23rd.

DEADLINE FOR REGISTRATION: June 10, 2023

CELEBRATIONS THIS WEEK

Birthdays

4/30 John Butler

5/1 Mary Wolfington

5/2 Kristin King

Patron Saint Feast Days

5/3 St. Nikolai of Ohrid

Niko Halsell

5/4 St. Monica (Mother of St. Augustine)

Amber Brunner, Monica Carralejo, Monica Finley

5/5 St. Irene of Thessalonica

Karen Jacobs

**Please continue to pray for all of our catechumens, that their minds and hearts will be
illuminated as they continue their journey towards baptism and/or chrismation.**

Kevin Duke

Anthony Salcedo, Ethan, Dominic and Jennifer

Marleylnna Worthington

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna B. (military)
P. Speier (military)
Subdn. Matthew W. (seminary)

Steve T.
Abp. Benjamin
Temmo K.
Sarah B.
Chuck S.
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Lander and Washburn Families
Kevin
Stephan & Rosa K.
David
Evonne C.
Phyllis M.
Christina S.
Judy A.
Mark K.
Todd C.
Ethan K.
Mari & the Fewell Family
Matt & Tessa, Matt & Olivia
Jesús D.
Erik L.
Matthew

Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Kh. Patricia A. and Family

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Fr. Angelo A., Elizabeth J. Merrilynn

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

**LOTS MORE PHOTOS OF LAZARUS SATURDAY, PALM SUNDAY,
HOLY WEEK AND PASCHA AVAILABLE ON THE PARISH WEBSITE:**

<https://www.stathanasius.org/media/photo-gallery/>

