



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF St. John Chrysostom Sunday, May 12, 2019

Tone 2 / Eothinon 4

**Third Sunday of Pascha:
Sunday of Myrrh-Bearing Women,
Joseph of Arimathaea & Righteous Nicodemus**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, May 12-Myrrhbearers

MOTHER'S DAY

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal

Monday, May 13

6:45 a.m.	Paschal Matins
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, May 14

4:00 p.m.	Level One Catechesis
5:30 p.m.	Daily Vespers

Wednesday, May 15

6:45 a.m.	Paschal Matins
12:00 p.m.	Intercessory Prayer Group
6:00 p.m.	Parish Council Meeting

Thursday, May 16

11:00 a.m.	Showers of Blessing
5:30 p.m.	Daily Vespers
6:00 p.m.	Jr. High Youth Group
6:30 p.m.	High School Youth Group
7:00 p.m.	Choir Rehearsal

Friday, May 17—YES Weekend

6:45 a.m.	Paschal Matins
-----------	----------------

Saturday, May 18—YES Weekend

6:00 p.m.	Great Vespers/Confessions
-----------	---------------------------

Sunday, May 19—Sunday of the Paralytic YES Weekend

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:30 p.m.	Young Adult Fire on Father at Fr. Nicholas and Jan's

Sunday Morning Ministries Schedule

Eucharist Bread

May 12	Fr. Nicholas
May 19	D. Washburn
May 26	Hedges
June 2	Dillon

Coffee Hour

May 12	Kern, Kawiecki, Lewis, Wiley
May 19	B. & V. Hedges
May 26	NEED A HOST
June 2	NEED A HOST

(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)

Greeters

May 12	K. & L. Jacobs
May 19	H. Lange/M. Loulias
May 26	D. Lewis/D. Washburn
June 2	L. Baker/Deacon

Ushers

May 12	C. Speier, J. King, P. King
May 19	M. Loulias, C. Berari, S. Speier
May 26	P. Brunner, D. Washburn, D. Meyer
June 2	D. Lewis, C. Speier, J. King

Readers

May 12	D. Meyer
May 19	Rdr. H. Lange
May 22	Rdr. M. Kern (Liturgy for Midfeast)
May 26	D. Alexander
June 2	D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

**Troparion of the Resurrection
(Music on page 42 of Liturgy Booklet)**

Tone 2

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea**Tone 2**

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.
But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women**Tone 2**

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory
Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting
peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)

Tone 2

The Lord is my strength and my song. He has become my salvation.

Verse. The Lord has chastened me severely but He has not given me over to death.

THE EPISTLE READING
Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING
Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English:	Christ is risen!	He is risen indeed!
Greek:	Christos anesti!	Alithos anesti!
Arabic:	El Messieh kahm!	Hakken kahm!
Slavonic:	Christos voskrese!	Voistinu voskrese!
Romanian:	Hristos a inviat!	Adeverat a inviat!
Spanish:	Christo ha resucitado!	En verdad ha resucitado!
Georgian:	Kriste aghsdga!	Cheshmaritad aghsdga!
Amharic:	Kristos tenestwal!	Bergit tenestwal!

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

5/12 Jim & Gloria Morrison, Larry & Cheryl Lander

5/13 Hani & Katie AbuGhazaleh

5/17 David & Shirley Dillon

Birthdays:

5/14 Brian Sieck

5/17 Kent Fox

5/18 Penny Cocores

5/19 Anastasia Brunner, Jean Kawiecki, Bob Newsom

S.A.O.C. will be represented at this year's I Madonnari Festival!

Saturday-Monday, May 25-27, 2019 (Memorial Day Weekend)

10:00 a.m.—6:00 p.m. Daily

This coming Memorial Day Weekend, Asia Ballew and a team of artists will represent our parish at the I Madonnari Festival at the Old Mission. Asia has created a design of a story from the life of St. Brigid of Kildaire which will be replicated in chalk on the sidewalk at the festival. The square is sponsored by our church and the name of the church will be visible on the drawing. Please plan to bring the whole family on one of the 3 days to encourage our team and visit the festival.

Asia will be assisted by Dorothy Alexander, Julianna Ballew, Cheryl Giordani, Heather West, Iona West, and Fay Young.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

CHANGE IN DAILY TRISAGION PRAYERS:

1. From Pascha until Pentecost, do not say, "O Heavenly King..."
2. From Pascha until Ascension, replace "Holy God, Holy Mighty..." with "Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life."

THERE IS NO KNEELING DURING WORSHIP SERVICES BETWEEN NOW AND PENTECOST.

SUMMER SCHOOL FORMS AND INFORMATION ARE NOW AVAILABLE ON THE PARISH WEBSITE AT:

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

Summer School will be ONLY TWO WEEKS this year, with slightly extended hours, from June 17-28. The Magic Mountain field trip will be on Monday, July 1.

I MADONNARI FESTIVAL 2019

This is the preliminary drawing for our square at the I Madonnari Festival this year, done by Asia Ballew in consultation with several professional artists, including iconographer Dorothy Alexander, and based on the following story:

Saved by a Wolf

Once a rustic, seeing a wolf run about in proximity to the palace, killed it; not knowing that it was the tame creature of the king; and he brought the dead beast to the king, expecting a reward. Then the prince in anger ordered the man to be cast into prison and executed.



Now when Bridget heard this, her spirit was stirred within her, and mounting her chariot, she drove to the court, to intercede for the life of the poor countryman. And on the way, there came a wolf over the bog racing towards her, and it leaped into the chariot, and allowed her to caress it.

Then, when she reached the palace, she went before the king, with the wolf at her side, and said, "Sire! I have brought thee a better wolf than that thou hast lost, spare therefore the life of the poor man who unwittingly slew thy beast." Then the king accepted her present with great joy, and ordered the prisoner to be released.

(The drawing is done to deliberately look like an illustration from a book, and NOT an icon.)

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

5/16 Regular Youth Group

5/23 Regular Youth Group

5/30 Regular Youth Group

* * * * *

YES North America Service Project Weekend

A wonderful opportunity to reach out in love
to those in need within our Santa Barbara Community

Friday- Sunday, May 17-19, 2019

Ages 13 through college

Cost is \$175. Scholarships available.

See Subdn. Michael Easbey if cost is prohibitive.

We will meet on Friday at 5pm at the church and sleep Friday and
Saturday nights at the church. The service learning weekend
will wrap up Sunday following Liturgy.

TO REGISTER :

<https://yesnorthamerica.org/yes-trips/register-for-upcoming-trips/>

DEADLINE TO REGISTER IS TODAY, MAY 12!

* * * * *

June 9-12

First Annual High School Road Trip

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Regina M.

Tony E.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

Dottie G.
Ronald B. (military)
Cole K. (military)
Jerry J.

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires
Please pray for the raising up and sup-
port of long-term missionaries from our
parish.

For repose of the souls of:

All who have died in the conflicts in Ukraine Africa & the Middle East,
in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most ser-
vices. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorat-
ed, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and
those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and
Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con-
taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes,
etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books
are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or
chain. Payment should be made at time of purchase and placed in brown lockbox on wall next
to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the
rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

