



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF St. John Chrysostom Sunday, June 9, 2019 Tone 6 / Eothinon 10

**Sunday of the After-feast of the Ascension
Commemoration of the Holy Fathers of the
First Ecumenical Council**

Cyril, Archbishop of Alexandria;
Pelagia and the three Virgin-martyrs of Chios;
Venerable Cyril of Belozersk;
Venerable Columba, Enlightener of Scotland



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, June 9—Fathers of the First Council

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal

HIGH SCHOOL RETREAT WEEK

Monday, June 10

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, June 11

4:00 p.m.	Level One Catechesis
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NO DAILY VESPERS

Wednesday, June 12

6:45 a.m.	Daily Matins
12:00 p.m.	Intercessory Prayer Group

Thursday, June 13

11:00 a.m.	Showers of Blessing
5:30 p.m.	Daily Vespers
7:00 p.m.	Choir Rehearsal

Friday, June 14

6:45 a.m.	Daily Matins
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Saturday, June 15

4:30 p.m.	Adult Class: "The Battle for Good Thoughts"
6:00 p.m.	Great Vespers of Pentecost, Trisagion Prayers for Departed

Sunday, June 16—PENTECOST

FATHER'S DAY

9:00 a.m.	Religious Education ages 6-18
9:00 a.m.	Festal Matins
10:00 a.m.	Festal Divine Liturgy / Kneeling Prayers
11:45 a.m.	GREEN POTLUCK

LAST DAY OF SUNDAY RELIGIOUS ED.

**Fr. Nicholas and Jan will be away
from June 10-14.**

Sunday Morning Ministries Schedule

Eucharist Bread

June 9	Cocores
June 16	Sieck
June 23	Meyer
June 30	Kern

Coffee Hour

June 9	T & S. Speier
June 16	PENTECOST GREEN POTLUCK
June 23	P. McIntire & Sisters
June 30	Yova/Rauchhaus/Seaman/Vogt

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

June 9	L. Hoppe/K.P. King
June 16	P. Cocores/M. Loulias
June 23	K. Fox/H. Lange
June 30	K. & L. Jacobs

Ushers

June 9	P. King, M. Loulias, C. Berari
June 16	S. Speier, P. Brunner, D. Washburn
June 23	D. Meyer, D. Lewis, C. Speier
June 30	J. King P. King, M. Loulias

Readers

June 9	Rdr. J. Butler
June 15	Rdr. M. Kern (Vespers)
June 16	Rdr. H. Lange
June 22	D. Meyer (Vespers)
June 23	D. Washburn
June 29	D. Alexander (Peter & Paul Liturgy)
June 30	M. Braun

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON FOR FEAST OF ASCENSION

[Verse] Clap your hands, all peoples! Shout to God with loud songs of joy!

[Refrain] Through the intercessions of the Theotokos, O Savior, save us.

- For the Lord, the Most High is terrible; a great God over all the earth. He subdued people under us, and nations under our feet. [Refrain]
- God has gone up with a shout, the Lord with the sound of a trumpet! [Refrain]
- Glory to the Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON FOR FEAST OF ASCENSION

[Verse] God is the Lord and greatly to be praised in the city of our God.

[Refrain] O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.

- Mount Zion in the far north, is the city of the Great King. Within her citadels God is known when He defends her. [Refrain]
- For lo, the kings assembled; they came on together. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON FOR FEAST OF ASCENSION

[Verse] Hear this, all ye people; give ear, all ye inhabitants of the earth.

Refrain:

**You ascended in glory,
O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.
Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!**

[Verse] My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding.

[Refrain]

[Verse] I will incline mine ear to a parable; I will unfold my problem on the harp. **[Refrain]**

LITTLE ENTRANCE

As the clergy enter the altar, we sing the following hymns of the day:

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion of Ascension

Tone 4

You ascended in glory,
O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.
Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!

Troparion of the Holy Fathers**Tone 8**

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for Ascension**Tone 6**

When You had fulfilled the
dispensation for our sake,
and united earth to heaven,
You ascended in glory, O Christ our God,
not being parted from those who love You,
But remaining with them and crying:
“I am with you and no one will
be against you!”

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

Verse: *For You are just in all that You have done for us.*

THE EPISTLE READING

Acts 20:16-18, 28-36

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them:

“Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the Church of God which He obtained with the blood of His own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, ‘It is more blessed to give than to receive.’”

And when he had spoken thus, he knelt down and prayed with them all.

Alleluia before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia

People: Alleluia, Alleluia, Alleluia

Verse: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)

Verse: Gather to Me, My venerable ones, who made a covenant with Me by sacrifice! (Ps 49/50:5)

THE GOSPEL READING

John 17:1-13

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made.”

"I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are

Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the Scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves.”

HYMN TO THE MOTHER OF GOD (Meglynarion)

9th Ode of the Canon for Ascension:

Magnify, O my soul, Christ the Giver of Life, Who has ascended from earth to heaven!
We magnify the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One.

Hymns for Communion of the Clergy:

Praise the Lord from the heavens! Praise Him in the highest! Alleluia! (*Ps 148:1*)

God has gone up with a shout; the Lord with the sound of a trumpet! (*Ps. 47:5*)

Instead of “We have seen the true light,” we sing the Troparion for Ascension:

You ascended in glory, O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.

Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

FR. NICHOLAS AND JAN WILL BE AWAY THIS WEEK from Monday, June 10-Friday, June 14.

Deacon Chris Dillon will be ordained to the priesthood on Saturday, August 3rd at St. Barnabas Orthodox Church in Costa Mesa. More information to follow.

DO YOU HAVE A 2019 HIGH SCHOOL OR COLLEGE GRADUATE IN THE FAMILY?

Please email a photo of your 2019 graduate (or yourself, if YOU are the graduate) to the church office by this Tuesday, June 11th with a few sentences about accomplishments, plans, hopes, dreams. Send to: valerie@stathanasius.org. Thanks!

SUMMER SCHOOL FORMS AND INFORMATION ARE AVAILABLE IN THE FOYER OF THE CHURCH, AND ON THE PARISH WEBSITE AT:

<https://www.stathanasius.org/ministries/youth-education/summer-school/>

Summer School will be ONLY TWO WEEKS this year, with slightly extended hours, from June 17-28. The Magic Mountain field trip will be on Monday, July 1.

UPCOMING FEAST DAY SERVICES

PENTECOST

Saturday, June 15th at 6:00 p.m. FESTAL GREAT VESPERS & Trisagion for Departed

Sunday, June 16th at 9:00 a.m. FESTAL MATINS

10:00 a.m. FESTAL DIVINE LITURGY & Kneeling Prayers

The children of the Atrium will, once again, invite us to participate in their Pentecost activity.

We will have our traditional GREEN POTLUCK after the Liturgy!

Saturday, June 29 at 8:30 a.m. Liturgy for Feast of Saints Peter & Paul followed by Coffee Hour

CELEBRATIONS THIS WEEK

Birthdays:

6/9 O.J. Finley, Adrienne Macdonald
6/10 Zach Brasel
6/12 Stoney Stetler
6/13 Gary Braun Jr., June Easbey, Melissa Hedges
6/15 John (Chuck) Sasala

Patron Saint Feast Days

6/11 Saint Luke, Bishop of Simferopol and Crimea, the Blessed Surgeon Luke Hoppe
6/15 St. Jerome of Stridonium Jerry Jones

SUMMER ADULT RELIGIOUS EDUCATION SERIES “Scriptural Guidance for Practical Daily Living” Saturdays at 4:30 p.m. in the Teen Room

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|------|-------------------|------------------------------|
| I. | June 8 & 15 | The Battle for Good Thoughts |
| II. | July 13 & 20 | Developing Spiritual Weapons |
| III. | August 3 & 10 | Mother of God, Save Us! |
| IV. | September 14 & 21 | Peace of Soul |

ON THE FOLLOWING SATURDAYS AFTER GREAT VESPERS, THE EVANGELISM TEAM WILL BE HOSTING “PIZZA AND FELLOWSHIP” NIGHTS.

Consider inviting a friend to experience our Adult Education class and/or Great Vespers on one of these evenings, and also invite them to stay for a light supper after Vespers:

Saturday, July 20

Saturday, August 10

Saturday, September 21

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

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| June 9-12 | High School Road Trip/Retreat |
| June 13 | No Youth Group |
| June 20 | Regular Youth Group Times |
| June 27 | No Youth Group (Project Mexico Team gone) |

BIBLE BOWL is July 5-7 in San Diego.



Y.E.S. Weekend—May 17-19, 2019

“Youth Equipped to Serve”

Our parish hosted a Y.E.S. Weekend in May, providing Orthodox teens from our region the opportunity to learn about serving those most in need in our community.

Thanks, Tati Speier, for helping to coordinate this wonderful experience.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Regina M.

Tony E.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

Dottie G.
Ronald B. (military)
Cole K. (military)
Jerry J.
Monsignor J. Yanek

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires
Please pray for the raising up and sup-
port of long-term missionaries from our
parish.

For repose of the souls of:

Jeanie G.
All who have died in the conflicts in Ukraine Africa & the Middle East,
in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

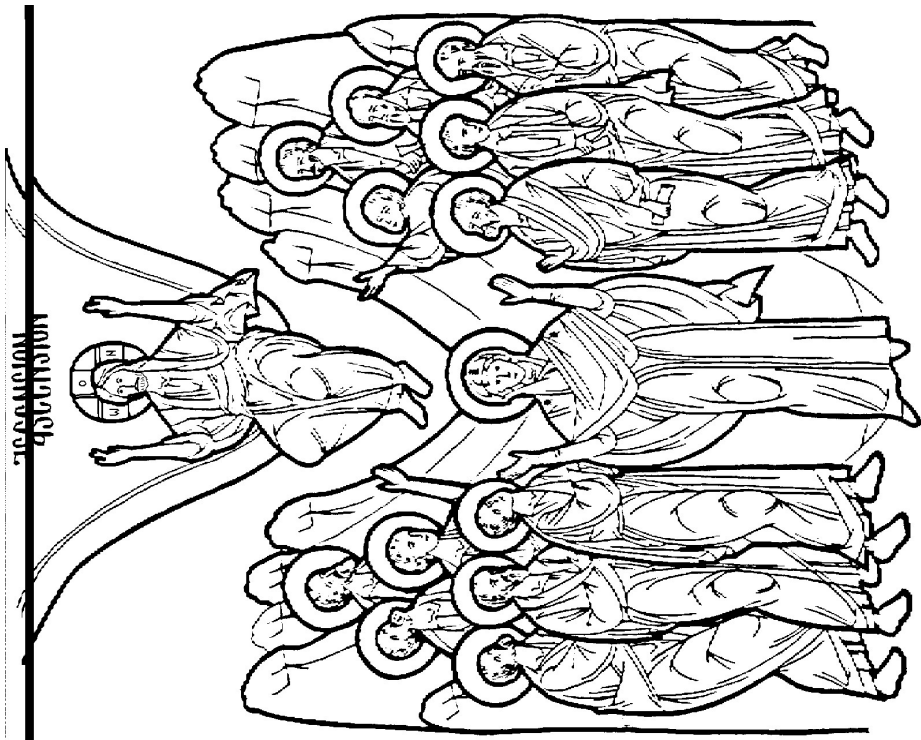
Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most ser-
vices. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorat-
ed, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and
those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and
Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets con-
taining items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes,
etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books
are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or
chain. Payment should be made at time of purchase and placed in brown lockbox on wall next
to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the
rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.



RESURRECTION