



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, June 17, 2018 Tone 2 / Eothinon 3; Third Sunday after Pentecost & Third Sunday of Matthew

Martyrs Isauros and those with him of Athens;
Martyrs Manuel, Sabel and Ishmael of Persia;
Venerable Joseph and Pior, disciples of Anthony the Great;
Martyr Nectan of Hartland



**Icon of the Mother of God,
“The God Loving,” commemorated on June 17
See back page for explanation.**

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, June 17—FATHER'S DAY

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, June 1

SUMMER SCHOOL STARTS

6:45 a.m. Daily Matins
8:45-11 a.m. Summer School
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista
7:00 p.m. Men's Sticks Gathering

Tuesday, June 19

8:45 am-2pm Summer School Monastery Trip
5:30 p.m. Daily Vespers

Wednesday, June 20

6:45 a.m. Daily Matins
8:45-11 a.m. Summer School
12:00 p.m. Intercessory Prayer Group

Thursday, June 21

8:45 am-2pm Summer School
11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6-8:00 p.m. Youth Group (both groups)

Friday, June 22

6:45 a.m. Daily Matins
8:45-11 a.m. Summer School
5:30 p.m. Women's Fellowship
Salad-in-a-Jar Party

Saturday June 23

4:30 p.m. Adult Bible Study
6:00 p.m. Vespers/Confession

Sunday, June 24

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal
4:00 p.m. St. Barbara Monastery Friends
Gathering—Teaching by
Fr. Bob Fox from St. Barbara Parish

HAPPY FATHER'S DAY!

Sunday Morning Ministries Schedule

Eucharist Bread

June 17 D. Washburn
June 24 Dillon
July 1 Kern
July 8 Dn. G. Braun

Coffee Hour

June 17 Speier/Robinson
June 24 Hoppe
July 1 Gish
July 8 Wiley/Baker/McIntire

Greeters

June 17 H. Lange/L. Baker
June 24 D. Genatone/P. Morrison
July 1 P. King/K.P. King
July 8 D. Lewis/Deacon

Ushers

June 17 J. King, R. Barre, C. Berari
June 24 G. Shannon, S. Speier, P. Brunner
July 1 P. King, D. Meyer, R. Barre
July 8 D. Lewis, C. Speier, J. King

Readers

June 17 D. Alexander
June 23 R. Barre (Great Vespers)
June 24 Rdr. J. Butler
June 28 Rdr. V. Gish (Vesp-Liturgy)
July 1 T. Harris
July 8 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Troparion of the Resurrection

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy hell with Thy Godly power.
And when Thou didst raise the dead from beneath the earth,
all the powers of Heaven did cry aloud unto Thee:
O Christ, Thou giver of life, glory to Thee.

Tone 2 Byzantine melody

harmonized by Fr. J. Finley

Troparion to St. Athanasius

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine Melody

harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

Tone 4 Byzantine melody

harmonized by F. Karam

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 2
(Music on p. 57 of Liturgy book.)

The Lord is my strength and my song; He has become my salvation. *(Ps 117/118:4)*

v: The Lord has chastened me sorely, but He has not given me over to death.

(Ps 117/118:18)

THE EPISTLE READING

Romans. (5:1-11)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

Alleluia before the Gospel
(Music on p. 64 of Liturgy book.)

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps 19/20:1)

v: Save the King, O Lord, and hear us on the day we call! (Ps 19/20:9)

GOSPEL READING

Matthew. (6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Volunteers Needed to Help the Homeless at our Thursday Showers of Blessing

Each Thursday midday the Showers of Blessing truck sets up in the St. Athanasius Church parking lot to provide showers for those without a home. Our parish offers a light lunch and friendship for those who take advantage of this ministry. We need two or more new volunteers to prepare coffee and snacks, set up and clean up, and/or simply be present to chat with our visitors. Depending on the task, volunteers need to be at the church one to three hours sometime between 10:00am and 1:30pm Thursdays.

If you might be available to help, please speak to Howard Lange for more details or contact him at 805-685-8999. (phone or text) And high school or college students: even if you would be available for the summer only, your help would be welcome!

Teens, consider earning some of your Community Service hours by helping this summer at the Showers of Blessing!

PARISH COUNCIL CORNER

- 1) The revised plans submitted to the County of Santa Barbara for our patio expansion and shade structure have been approved by the ABR (Architectural Review Board). The Building Committee is waiting for final cost estimates in order to determine how to proceed. The parish will be updated with more information on June 24th after Coffee Hour.
 - 2) Michael Easbey has been offered and has accepted the position of Coordinator of our parish College & Young Adult Fellowship.
 - 3) Our strategic planning process has been postponed to the autumn, with the kick-off gathering to be in late September or early October. More information to follow soon. No meeting next Sunday evening.
 - 4) We will still meet next Sunday, June 24th, **right after Coffee Hour**, for brief updates from the Building Committee and a few of our ministry leaders.
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BIBLE STUDY IN JUNE

**On four Saturdays in June from 4:30-6:00 p.m.,
Fr. Nicholas will offer a Bible study on
the Gospel of St. John.**

Sat., June 23	Chapters 11-17	The Word Incarnate Transfigures all Humanity
Sat., June 30	Chapters 18-21	The Paschal Offering: Death & Resurrection

**All are welcome!
If you would like to participate, e-mail Fr. Nicholas at
frnicholas@stathanasius.org.**

****LADIES, SAVE THESE DATES** FOR UPCOMING WOMEN'S FELLOWSHIP ACTIVITIES!**

Friday, June 22,	5:30 p.m.	Salad-in-a-Jar Party at J. Speier's
Saturday, August 11	9 a.m.-2:30 p.m.	Mini-retreat: "Peace that Passes all Understanding"
Saturday, October 13	9:30-12:00 p.m.	"Giving Thanks" and 'Crafts with Liz'
Saturday, December 1	9:00-11:00 a.m.	Christmas Brunch

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

6/17	Dana & Dorothy Alexander
6/19	Fr. John & Diane Carrillo
6/21	Dan & Judy Braun

Birthdays:

6/23	Wesley Brave Speier
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Patron Saint Feast Days

6/17	St. Emilia	Emily King
6/18	St. Alena, Martyr of Belgium	Alina Grace Speier

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

THIS MONTH'S MEN'S STICKS GATHERING will be this Monday, June 18th at 7:00 p.m. at the Harris residence.

PARISH COUNCIL ELECTIONS ARE NEXT SUNDAY, JUNE 24th.

WE WILL CELEBRATE THE FEAST OF SAINTS PETER & PAUL with Vespers-Liturgy on Thursday, June 28th at 6:00 p.m.

COFFEE HOUR HOSTS ARE STILL NEEDED FOR THE FOLLOWING SUNDAYS.

July 22 August 5, 12, 19 and 26

Please go online and sign up if you have not hosted yet this year, or talk to Suzi Wiley.
<http://www.stathanasius.org/coffee-hour/>

WE NEED "A FEW GOOD MEN" ...OR WOMEN

Our Coffee Hour team is losing several of the young men who have been in the rotation for the past several years to help with set-up and clean-up. This ministry involves opening the umbrellas and setting up a few tables before Liturgy, and then doing the reverse after Coffee Hour and emptying the trash. This ministry is simple and yet offers a vital support to our weekly hosts and to the Coffee Hour team. If you can help, contact Suzi Wiley: suziwiley@cox.net.

THE DIOCESAN PARISH LIFE CONFERENCE will be in Portland, Oregon from July 4-8. Fr. Nicholas and Jan will be attending. **We will be represented in the BIBLE BOWL by Coach Michael Easbey Tom Ballew, Adam King and Peter Speier.** For more information on the conference, go to: <https://www.antiochianevents.com/la.html>

ALL-PARISH MEETING

PLEASE NOTE THE FOLLOWING CHANGE:

We will NOT have the kick-off to our strategic planning process next Sunday, June 24th.

We will reschedule that gathering for late September or early October.

We WILL have a brief all-parish meeting right after Coffee Hour next Sunday, June 24th, with an update on our Building Project.

Please plan to stay for this update and hear about the progress on our patio expansion project and warming kitchen.

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

6/21 Summer Youth Group (Combined - all teens 6pm - 8pm)

6/28 No Youth Group (Liturgy for St. Peter and Paul—6pm)



SAVE THE DATES!

St. Athanasius Summer Family Barbecues
More information to follow.

Thursday, July 26, 2018
Thursday, August 16, 2018



SAVE THE DATE!

Friday evening, July 27 & Saturday, July 28

Deacon Rico Paul Monge

will be with us all weekend to teach several sessions
on the topic of Moral Relativism in 21st Century Culture.
More details to follow soon.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

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|--------------------------------------|----------------------------|-----------------------------|
| Metropolitan JOSEPH | Galina, Nikolai & Nataliya | Terri Lynn & Hannah Rose |
| Mother Victoria | Joan T. | Lauren |
| Met. Paul & Abp. John | Friesen family | Cheryl G. |
| Fr. Romanos (O.C.M.C. priest, Congo) | Ethan & Cole K. | Jerry J. |
| Mother Christophora | Justin B. | Elka |
| Fr. Jon Braun | Fr. Anthony Y. and Family | Elizabeth J. |
| Dn. Richard E. | Tony E. | Jimmy |
| Kh. Diane C. | John D. | All those suffering and |
| Greg & Margaret Y. | Fr. Dimitrie V. | in danger in Ukraine, |
| Hoppe Family | Monsignor John Y. | Africa, and the Middle East |
| Gail S. | Steve | |
| Dean & Penny B. | Gaylen C. | |
| Angelina, Jase & Alina S. | Zac B. | |
| Rich and Susan B. | Dotte G. | |
| Duane F. | Fay Y. | |

For repose of the souls of:

Dawn, Wayne H., Dn. Mark
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

“The God Loving” Icon of the Mother of God

Commemorated on June 17

The Bogolub Icon of the Mother of God, one of the most ancient wonderworking icons of Russia, was painted in the twelfth century at the request of Prince Andrew Bogolubsky (July 4), in memory of an appearance to him by the Mother of God.



In the year 1155 holy Prince Andrew, having resettled from Vishgorod to the Suzdal region, brought with him a wonderworking icon of the Mother of God, painted by the Evangelist Luke (this afterwards was called the Vladimir Icon). At seven versts distance from Vladimir by horse, the cart carrying the wonderworking icon stopped and could not be moved from the place. Holy Prince Andrew asked the priest Nicholas, who accompanied him, to serve a Molieben before the Icon. For a long time Andrew prayed with tears before the venerable image. Later he went into his tent and continued his fervent prayer. The Most Holy Theotokos appeared to him with a small scroll in Her hand and commanded the pious prince that the icon he brought from Vishgorod should remain at Vladimir, and that on the site of Her miraculous appearance a church and holy monastery should be built. She then prayerfully raised Her hand to Heaven, and received a blessing from Christ the Savior. Then the vision ended.

In fulfilling the command, holy Prince Andrew built a stone church in honor of the Nativity of the Most Holy Theotokos, and also a monastery. Afterwards the holy prince commissioned talented iconographers and asked that the Mother of God be depicted such as he had seen Her in the vision, in full stature, with the scroll in Her right hand, and Her face turned towards the Savior. When the church was completed, the icon was placed in it and a yearly celebration in honor of the appearance of the Mother of God was established on June 18. The monastery, and the city which formed around the monastery, was named Bogolub by Saint Andrew, because in his own words, “the Mother of God loves this place,” and the prince himself came to be called Bogolub or “God-lover.” The wonderworking icon of the Mother of God, brought from Vishgorod, was afterwards transferred from the Bogoub monastery to Vladimir into the Dormition cathedral, but the icon of the Appearance remained at Bogolub and was called the Bogolub (at the present time [1978] the icon is in the Vladimir-Suzdal Museum collection).

The icon of the Bogolub Mother of God was glorified by innumerable miracles, and over the span of many centuries manifest its grace-filled help to the believers of the Russian nation. The fame of the miracles and signs wrought by the icon inspired believers in many places in Russia to make copies of the venerable image, some of which were also miraculous.