



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York & Met-
ropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Verne Gish
Zak Landrum

DIVINE LITURGY OF St. John Chrysostom Sunday, June 23, 2019 Tone 8 / Eothinon 1

First Sunday after Pentecost: All Saints Sunday
Martyr Agrippina of Rome;
Hieromartyrs Aristocles the Presbyter, Demetrios the
Deacon, and Athanasius the Reader, of Cyprus



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, June 23 ALL SAINTS

9:00 a.m. Festal Matins
10:00 a.m. Festal Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. All-parish Meeting

SUMMER SCHOOL WEEK 2

Monday, June 24

6:45 a.m. Daily Matins
8:45 a.m.-1pm Summer School
5:00 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, June 25

8:45 a.m.-2pm Summer School (Beach Day)
5:30 p.m. Daily Vespers

Wednesday, June 26

6:45 a.m. Daily Matins
8:45 a.m.-1pm Summer School
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Parish Council Meeting

Thursday, June 27

8:45 a.m.-2pm Summer School
11:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers

7:00 p.m. Choir Rehearsal

Friday, June 28

6:45 a.m. Daily Matins
8:45 a.m.-1pm Summer School

Saturday, June 29

8:30 a.m. Liturgy for Feast of Saints Peter
and Paul 6:00 p.m.
9:45 a.m. Coffee Hour
10:30 a.m. Meeting of Ministry Team Leaders
6:00 p.m. Great Vespers/Confessions

Sunday, June 30

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
Parish Council Elections

Sunday Morning Ministries Schedule

Eucharist Bread

June 23 Meyer
June 30 Kern
July 7 Jacobs
July 14 Fr. Nicholas

Coffee Hour

June 23 P. McIntire & Sisters
June 30 Yova/Rauchhaus/Seaman/Vogt
(In commemoration of All Saints
of America & 4th of July)
July 7 NEED A HOST
July 14 J. & V. Gish

**(To sign up to host Coffee Hour, go to:
www.stathanasius.org/coffee-hour/)**

Greeters

June 23 K. Fox/H. Lange
June 30 K. & L. Jacobs
July 7 D. Lewis/D. Washburn
July 14 P. Morrison/D. Genatone

Ushers

June 23 D. Meyer, D. Lewis, C. Speier
June 30 J. King P. King, M. Loulias
July 7 C. Berari, S. Speier, P. Brunner
July 14 D. Washburn, D. Meyer, D. Lewis

Readers

June 23 D. Washburn
June 29 D. Alexander (Peter & Paul Liturgy)
June 30 M. Braun
July 7 Rdr. J. Butler
July 13 Rdr. M. Kern (Great Vespers)
July 14 Rdr. V. Gish

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

(Music on page 53 of Liturgy Book)

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of All Saints

Tone 4

As with fine porphyry* and royal purple,
Your Church has been adorned with Your martyr’s blood,
shed throughout all the world.
She cries to You, O Christ God:
“Send down Your bounties
on Your people,//
grant peace to Your habitation and great
mercy to our souls!”

(*Porphyry is a deep purple stone quarried in Egypt.)

Troparion to St. Athanasius

Tone 3

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for All Saints

Tone 8

The universe offers You the God-bearing Martyrs
as the first fruits of creation, O Lord and Creator.
By their prayers keep Your Church,
Your habitation, in abiding peace//
through the Theotokos, O most Merciful One!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Prokeimenon before the Epistle

Tone 4

God is wonderful in His saints, the God of Israel. (Ps. 68:35)

VERSE: In the churches bless ye God the Lord, from the fountains of Israel.

THE EPISTLE READING

Hebrews 11:33-12:2

Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith.

Alleluia before the Gospel Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: The righteous cried and the Lord heard them and delivered them out of all their troubles. (Ps 33/34:18)

Verse: Many are the afflictions of the righteous; the Lord will deliver them out of them all. (Ps 33/34:20)

THE GOSPEL READING

Matthew 10:32-33, 37-38; 19:27-30 (All Saints)

The Lord said to His disciples, "Everyone who acknowledges Me before men, I also will acknowledge before my Father who is in heaven; but whoever denies Me before men, I also will deny before my Father who is in heaven."

"He who loves father or mother more than Me is not worthy of Me; and he who loves son or daughter more than Me is not worthy of Me; and he who does not take his cross and follow Me is not worthy of Me."

Then Peter said in reply, "Lo, we have left everything and followed you. What then shall we have?" Jesus said to them, "Truly, I say to you, in the New World, when the Son of Man shall sit on His glorious throne, you who have followed Me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or wife or children or lands, for My Name's sake, will receive a hundred fold, and inherit eternal life. But many that are first will be last, and the last first.."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)

Alleluia, Alleluia, Alleluia!

SUNDAY OF ALL SAINTS

The Sunday following Pentecost is dedicated to All Saints, both those who are known to us, and those who are known only to God. There have been saints at all times, and they have come from every corner of the earth. They were Apostles, Martyrs, Prophets, Hierarchs, Monastics, and Righteous, yet all were perfected by the same Holy Spirit.

The Descent of the Holy Spirit makes it possible for us to rise above our fallen state and to attain sainthood, thereby fulfilling God's directive to "be holy, for I am holy" (Lev. 11:44, 1 Peter 1:16, etc.). Therefore, it is fitting to commemorate All Saints on the first Sunday after Pentecost.

This feast may have originated at an early date, perhaps as a celebration of all martyrs, then it was broadened to include all men and women who had borne witness to Christ by their virtuous lives, even if they did not shed their blood for Him.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.



Summer School 2019 Week One



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

NEXT SATURDAY MORNING, JUNE 29th, WE WILL CELEBRATE THE FEAST OF SAINTS PETER & PAUL with Divine Liturgy at 8:30 a.m., followed by Coffee Hour.

THE MINISTRY TEAM LEADERS WILL MEET NEXT SATURDAY, JUNE 29th following the Liturgy and Coffee Hour for the Feast of Saints Peter & Paul. (Approximately 10:30 a.m.)

PARISH COUNCIL ELECTIONS are postponed until NEXT Sunday, June 30th. We will vote by ballot during Coffee Hour. (Candidates will be announced today.) Regular, communing adult members 18 years and older may cast one vote. Votes will also be accepted by email from Sunday, June 30th through Friday, July 5th to: frnicholas@stathanasius.org.

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

6/24 Dn. Gary & Melissa Braun
6/25 Scott & Terri Speier

Birthdays:

6/23 Wesley Brave Speier
6/24 Michael Easbey
6/26 Ryder Heiduk, Dn. Scott Jacobs
6/27 Kirsten Jaqua
6/28 Taylor Speier
6/29 Seraphima Boatwright, Dorian (Easbey) Florez

Patron Saint Feast Days

6/23	Holy Prince Jonathan (Sun. of All Saints)	Fr. Jon Braun
6/27	St. Joanna the Myrrh-bearer	Joanne Gish, Kh. Jan Speier
6/29	The Apostle Paul	Josh Dillon, Paul Franzen, Stan Friesen, Robert Kinman, Chris Seaman, Paul Wintz
6/29	The Apostle Peter	Hani AbuGhazaleh, Peter Braun, Ivan de Bruin, Peter Speier, Hudson Zidek

SUMMER ADULT RELIGIOUS EDUCATION SERIES
“Scriptural Guidance for Practical Daily Living”
Saturdays at 4:30 p.m. in the Teen Room

- | | | |
|------|-------------------|------------------------------|
| II. | July 13 & 20 | Developing Spiritual Weapons |
| III. | August 3 & 10 | Mother of God, Save Us! |
| IV. | September 14 & 21 | Peace of Soul |

**ON THE FOLLOWING SATURDAYS AFTER GREAT VESPERS,
THE EVANGELISM TEAM WILL BE HOSTING
“PIZZA AND FELLOWSHIP” NIGHTS.**

Consider inviting a friend to experience our Adult Education class and/or Great Vespers on one of these evenings, and also invite them to stay for a light supper after Vespers:

Saturday, July 20

Saturday, August 10

Saturday, September 21



SAVE THE DATE!

St. Athanasius Summer Family Barbecue

Thursday, July 18, 2019

from 5:00-8:00 p.m.

Stow Park—580 N. La Patera Ln. in Goleta

\$3 for adults and \$2 for kids

Hamburgers and Hot Dogs and all the fixings will be provided.
Bring a potluck item to share and your utensils and drinks.

TEEN SCENE

Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.

June 27	No Youth Group (Project Mexico Team gone)
July 4	No Youth Group (4th of July)
July 5-7	Parish Life Conference & BIBLE BOWL WE ARE SENDING 2 TEAMS of 4 teens each!
July 11	Summer Youth Group—All teens 6-8:30 p.m.
July 18	Family BBQ at Stow Park 5-8 p.m.
July 25	Summer Youth Group—All teens 6-8:30 p.m.

FINANCIAL SNAPSHOT

INCOME FOR APRIL 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 44,253	\$ 11,750

INCOME FOR MAY 2019

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$ 39,750	\$ 14,120
Monthly Actual	\$ 27,671	\$ 9,462

Goal for Tithes January-May 2019	\$ 198,750
Actual Tithes January-May 2019	\$ 199,688
-	
Building Fund Goal for Jan.-May 2019.	\$ 70,600
Actual Building Fund donations Jan.- May	\$ 60,775 Shortfall= \$9,825

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Bishop Neofitos (Diocese of Kenya)
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family
Duane F.
Joan and Steve T.
Richard and Susan B.
Regina M.

Tony E.
Zac B.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Elka
Elizabeth J.
Phoebe L.
Kh. Carla Z.
Sharmaine & Emma
Evonne C.
Elizabeth H.
Tyler A.
Fr. Patrick and Vanessa K.
Tom M.

Dottie G.
Ronald B. (military)
Cole K. (military)
Jerry J.
Monsignor J. Yanek
Neil
Diana
Tyler

All those suffering and
in danger in Ukraine,
Africa, and the Middle East
The victims of the recent shootings
and fires
Please pray for the raising up and sup-
port of long-term missionaries from our
parish.

For repose of the souls of:

All who have died in the conflicts in Ukraine Africa & the Middle East,
in the recent fires, and in the shootings in Pittsburgh and Thousand Oaks..

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

SAVE THE DATE

St. Athanasius Orthodox Church

THE HOWARD SHANNON
GOLF TOURNAMENT &
DINNER

GLEN ANNIE GOLF CLUB
SANTA BARBARA, CA



www.stathanasius.org/golf

September 20, 2019