



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastor:**

Fr. Symeon Halsell  
805-685-5400  
frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. John Carrillo 805-770-3749 (retired)  
Fr. Jon Braun (retired)  
Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey (retired)  
Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2019-2020:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
Mary Denny  
David Dillon  
Zak Landrum

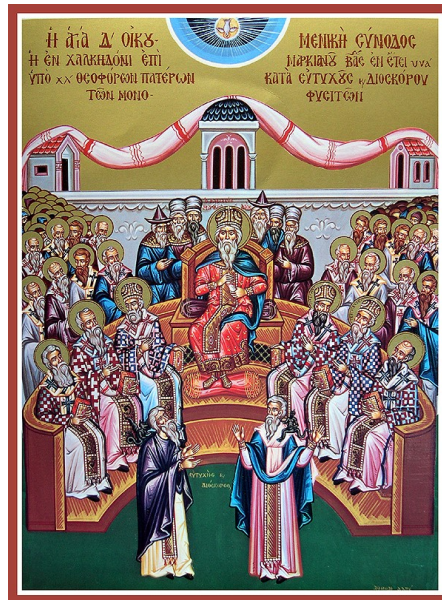
## DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 18, 2021

Tone 3 / Eothinon 4

Sunday of the Holy Fathers of  
Fourth Ecumenical Council

Martyr Emilianos of Silistria in Bulgaria;  
John, Metropolitan of Chalcedon;  
Stephen, Patriarch of Constantinople



### WELCOME TO OUR VISITORS!

We are glad you are with us this morning.  
If you are not Orthodox, we invite you to partake of the  
blessed bread during Communion.  
Please join us on the patio after the Liturgy for Coffee Hour.  
We'd love to meet you!

### We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## ***CALENDAR FOR THE WEEK***

### **Sunday, July 18**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

**Fr. Symeon & Family are away  
on vacation this weekend.**

### **Monday, July 19—St. Seraphim**

6:45 a.m. Daily Matins  
7:00 p.m. Men's Firepit

## ***SUNDAY MORNING MINISTRIES SCHEDULE***

### **Tuesday, July 20—Prophet Elias**

5:30 p.m. Daily Vespers

### **EUCCHARIST BREAD**

July 18 Sieck  
July 25 Tinyayeva  
August 1 Meyer  
August 5 Kern  
August 8 Fr. Nicholas

### **Wednesday, July 21**

6:45 a.m. Daily Matins  
12:00 p.m. St. Xenia Prayer Ministry

### **READERS**

July 17 M. Braun  
July 18 Rdr., V. Gish  
July 25 D. Alexander  
August 1 M. Braun  
August 5 Rdr. H. Lange  
August 8 Rdr. J. Butler

### **Thursday, July 22—St. Mary Magdalene**

10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Choir Rehearsal  
6:30 p.m. Youth Group

### **USHERS**

July 18 C. Berari, D. Washburn  
July 25 K. King, D. Alexander  
August 1 J. King, P. King  
August 8 K. King, D. Alexander

### **Friday, July 23**

6:45 a.m. Daily Matins

### **Saturday, July 24—St. Christina**

6:00 p.m. Great Vespers/Confessions

### **Sunday, July 25—Repose of St. Anna**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
Presentation by Hoppe Family—OCMC Missionaries  
HIGHWAYS & HEDGES WEEK BEGINS

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 3**

**(Music on p. 44 of Liturgy book)**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

**Troparion of the Holy Fathers**

**Tone 8**

You are most glorious, O Christ our God!  
You have established the Holy Fathers as lights on the earth.  
Through them You have guided us to the true Faith.//  
O greatly compassionate One, glory to You!

**Troparion to St. Athanasius**

**Tone 3**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator,  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** *For You are just in all that You have done for us.*

**THE EPISTLE READING (for the Holy Fathers)****Titus 3:8-15**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 3**  
**(Music on page 64 of Liturgy Booklet)**

**Chanter:**        Alleluia, Alleluia, Alleluia!

**People:**        **Alleluia, Alleluia, Alleluia!**

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me.

**GOSPEL READING (for the Holy Fathers)**

**Matthew 5:14-19**

The Lord said to His Disciples: “You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.”

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps. 32:1*)

Alleluia, Alleluia, Alleluia!

**HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,

*“Father, bless” when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **ANNOUNCEMENTS**

**Fr. Symeon & Family are away on vacation this weekend.**

**VIEW LOTS OF PHOTOS FROM 2021 SUMMER SCHOOL ON THE PARISH WEBSITE: <https://www.stathanasius.org/media/photo-gallery/>**

**The MEN'S FIREPIT GATHERING** will take place tomorrow, July 19th at 7:00 p.m. at the home of Mike Loulias and Penny Cocores.

**ON SUNDAY, JULY 25th, the Hoppe family will be visiting our parish** and will speak after the Divine Liturgy about their missionary work in Albania. We support them through OCMC (Orthodox Christian Mission Center) with a monthly donation from our General Fund. On Monday, July 26th, they will be with our youth as part of our new Highways and Hedges program, and will speak with them about their lives as Orthodox missionaries. **IF YOU WOULD BE WILLING TO HOST NATHAN, GABRIEL and their eleven-year-old son, Daniel, please let Fr. Nicholas know. They will be here Saturday night 7/24 and Sunday night 7/25.**

### **LOOKING AHEAD... August Feast Days**

Thursday, August 5 at 6:00 p.m.	Vesperal-Liturgy for <b>Feast of the Transfiguration &amp; Blessing of Grapes</b>
Saturday, August 14 at 6:00 p.m.	Festal Great Vespers for <b>Feast of the Dormition</b>
Sunday, August 15 at 9:00 a.m.	Festal Matins for <b>Dormition</b>
10:00 a.m.	Divine Liturgy for <b>Dormition</b>
11:45 a.m.	Fiesta Reception ( <b>Mexican Luncheon</b> )

# SAVE the DATE

## THE HOWARD SHANNON GOLF TOURNAMENT

SEPT 17, 2021

AT GLEN ANNIE GOLF CLUB

ST. ATHANASIUS ORTHODOX CHURCH



### ***CELEBRATIONS THIS WEEK***

#### **Wedding Anniversaries**

7/19 Fr. John & Kh. Jan Finley

#### **Patronal Feast Days**

7/18	<b>St. Elizabeth the New Martyr</b>	Elizabeth Butler, Adrienne Macdonald Jenny Speier
7/20	<b>Prophet Elias/Elijah</b>	Elias Hedges, Chase King, Elijah Landrum
7/20	<b>St. Maria of Paris</b>	Maria Butler
7/22	<b>St. Mary Magdalene</b>	Madeleine Meyer, Maisy Speier, Megan Speier
7/24	<b>St. Christina the Martyr</b>	Kaya Heiduk, Kristin King, Christie Robinson, Christina Shackelford, Jordan Williams



Thank you, Erik Lawrence,  
for the extraordinary gift of music last Sunday,  
and for filling the hallway of the church with  
beauty, joy and hope during this past  
very challenging year, during which we were able  
to offer a place to practice!!



NETWORK MEDICAL ANNUAL FUNDRAISER

Finally, together again  
this year at the  
**MARJORIE LUKE THEATRE**

# SEALED

MY STORY

LIVE MUSIC AT 6:30pm WITH

**DOMINIC BALLI**

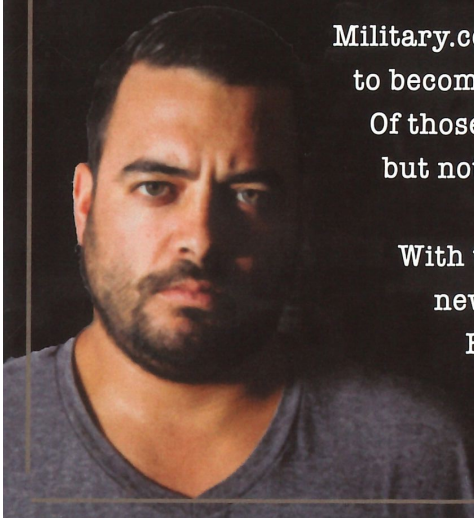
SATURDAY • JULY 31, 2021 • 6:30 pm - 8:30 pm

MASTER OF CEREMONIES: **KATHY IRELAND**

**ADMISSION FREE**

805 967-9096

## FORMER NAVY SEAL **CHAD WILLIAMS**



Military.com states of the 20,000 annual applicants to become SEALS, only 6% meet the requirements. Of those who do make the training, 75% drop out, but not Williams. Against huge odds, he made it!

With that same fierce tenacity, he now serves a new Commander & Chief: the Lord Almighty.

But it wasn't always this way for Williams.

Bold to broken, his story is gripping.

You won't want to miss it!

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)

Chase K. (military)  
Nick & Kristine J. (military)  
Steve T,  
Nina  
Dasha  
Bev R.  
Phyllis M.  
Lee Family  
Audrey  
Scott L.  
Dan A.  
John S.  
Earle L.  
Barbara W.  
Phoebe L.  
Abp. Benjamin  
Kris F.  
John N., Samantha & Chris  
Harvey G.

Temmo K.  
Dr. Andrew G.  
Mark K.  
Sarah B.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:** David (Father of Mother Paraskeva), Peter R., Augusta J.

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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