



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair

Kristin King, Vice Chair

Dan Braun, Treasurer

Velislava Nikolov, Secretary

Asia Ballew

Sydney Hedges

Michael Loulias

Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova

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College/Young Adult Activities Coordinators

Athanasia Ballew

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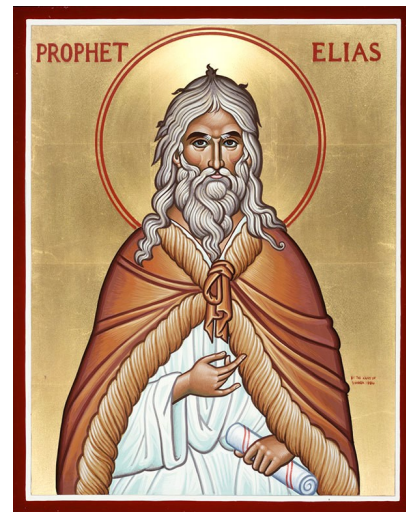
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, July 20, 2025

**Tone 5 / Eothinon 6; Prophet Elias (Elijah)
the Thesbite**

& Sixth Sunday of Matthew

Righteous Iliya Chavchavadze of Georgia



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 5

Let us believers praise and worship the Word,

co-eternal with the Father and the Spirit,

born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh

to suffer death and to raise the dead by His glorious resurrection.

Troparion for St. Elias

Tone 4

An angel in the flesh and the cornerstone of the Prophets,

the second forerunner of the coming of Christ,

glorious Elijah sent grace from on high to Elisha,

to dispel diseases and to cleanse lepers.//

Therefore he pours forth healings on those who honor him.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

Kontakion - Ordinary Sundays**Tone 4**

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle**Tone 5**

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verses: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING**James 5:10-20**

Brethren, take as an example of suffering and patience the prophets who spoke in the Name of the Lord. Behold, we call those blessed who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by Heaven or by earth or with any other oath; but let your yes be yes and your no be no, so that you may not fall under condemnation. Is anyone among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore, confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elias was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heavens gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and someone brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; With my mouth
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2)

GOSPEL READING

Matthew 9:1-8

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Alleluia, Alleluia, Alleluia!

Holy Communion

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "Father, bless." After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

UPCOMING FESTAL SERVICES

TRANSFIGURATION OF THE LORD

Tuesday, August 5

5:30 p.m. Festal Matins

6:30 p.m. Festal Divine Liturgy

POTLUCK SUPPER

**The Dormition Fast is observed from Friday, August 1 through
Thursday, August 14 after the Festal Liturgy.**

DORMITION OF THE THEOTOKOS

Thursday, August 14

5:30 p.m. Festal Great Vespers with Lamentations

6:30 p.m. Festal Divine Liturgy

POTLUCK SUPPER

BEHEADING OF ST. JOHN THE BAPTIST

Friday, August 29

9:00 a.m. Divine Liturgy

NATIVITY OF THE THEOTOKOS

Sunday, September 7 (transferred from Sept. 8)

Regular weekend services

ELEVATION OF THE HOLY CROSS

Sunday, September 14

Regular weekend services

WE NEED YOUR HELP...

We ask that you kindly clean up your own sitting area
and return service booklets at the end of each service.

Bulletins and Matins/Vespers weekly handouts may be taken home.

Thank you!

ANNOUNCEMENTS

FR. SYMEON AND FAMILY WILL BE AWAY FROM JULY 18-26 for a wedding and to attend the Archdiocese National Convention.

VALERIE, OUR ADMINISTRATOR/MUSIC DIRECTOR, will be away from July 17-22, on vacation.

NEXT SUNDAY'S AGAPE MEAL (July 27th) WILL BE A POTLUCK. Please consider bringing something to share with the parish family. There are no fasting restrictions.

TO DONATE TOWARDS A RELIEF FUND for the survivors and families of the victims of the bombing at St. Elias Orthodox Church in Damascus, you can send a check directly to the Antiochian Archdiocese, or put a check in our tithe box **MADE OUT TO THE ANTIOCHIAN ARCHDIOCESE.**

YOU CAN DONATE ONLINE AT THE LINK BELOW.

<https://antiochian.networkforgood.com/projects/254719-2025-saint-elias-church-damascus-syria-relief-fund>

PLEASE DO NOT DONATE THROUGH OUR PARISH WEBSITE.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

7/26 Antwan & Amal Mashhour

Birthdays:

7/20 Tatianna Calhoun

7/21 Renley Marie Rascon, Athena Wayne

7/25 Connor Clements, Logan Strait

7/26 Paulo Carralejo

Patron Saint Feast Days

7/20 Prophet Elias

7/22 St. Mary Magdalene

7/24 St. Christina

7/25 St. Anna (her Dormition)

7/26 St. Paraskeva the Martyr

Elias Hedges

Megan Speier, Mary Wolfington

Kaya Christine Heiduk, Christie Robinson,
Christina Shackelford, Kristin King

Anna Grace Butler

Amal Mashhour



**A MESSAGE FROM
OLIVE CREST HOPE REFUGE CAMPUS**



You won't believe what I'm about to share with you. It's a very short story of something incredible that happened to a high-risk teen a part of our Olive Crest family - all thanks to you and your generous support.

Makayla, just 17 years old, was credit deficient and at serious risk of not graduating high school. But instead of giving up, with encouragement and support, she rolled up her sleeves and got to work. Makayla poured herself into her studies and graduated in February - months ahead of schedule. She joined the 90 percent graduation rate for Olive Crest high schoolers.

You may recall how tough those final years of high school can be, even under the best circumstances. Now imagine doing it while behind on credits, surviving a life of sexual exploitation, facing an uncertain future, and healing from unimaginable trauma.

You and I both know that many teens in situations like this simply slip through the cracks. They don't finish school. They don't get the opportunities they deserve. This was at risk of happening again. Makayla could've easily dropped out, feeling defeated - another statistic of a broken child welfare system.

But that's not what happened. Because of your faithful support, Makayla had someone in her corner. Your commitment gave her more than academic help. It gave her hope. A plan. A future. Not only did she finish high school early, but while doing so, she also enrolled in online courses to earn her Pharmacy Technician certificate. She completed the program and is now preparing to take her state exam as soon as she turns 18.

Your support was the difference between a struggling teen girl giving up on graduation and a young woman walking confidently into her future. That's an incredible difference - and it's all because of you.

On behalf of Makayla and so many other youth like her - you are changing lives. Thank you.

For the children,

Donald Verleur, Chief Executive Officer

**Thank you to the members of our parish who supported
Makayla's Pharmacy Technician Certificate program in 2024!**

the
DN. HOWARD SHANNON



TOURNAMENT

09.26.2025

GLEN ANNIE GOLF COURSE

DINNER & AUCTION

WWW.STATHANASIUS.ORG

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Gabriel in Kenya (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Hieromonk Siloan
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Steve T.
Dn. John & Fay Y.
Kh. Peggy K.
Kh. Janet Henderson
Phyllis M.
Fr. Joseph A.
Jim M.
Gayla
Cameron B.
Galeyna T.
Jill W. and Family
Alla G.
Oleg G.
Wayne Family
Shirley D. and Family
Jesús D.
Josh W.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Cameron Clouse
Ethan Salcedo
Tyler Vrem
Joshua Weiss

For repose of the souls of: Kh. Maggie H., Jonathan, The martyrs of St. Elias Church in Syria

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and two enclosed cabinets contain items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. **You can contact Terri at: bookstore@stathanasius.org.**

Payment should be made at time of purchase and placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

**Fr. Symeon will be away from
July 18-26.**

Sunday, July 20

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal in front entrance

Monday, July 21

7:00 a.m. Daily Reader's Matins
3:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)

Tuesday, July 22

5:30 p.m. Daily Vespers

Wednesday, July 23

7:00 a.m. Daily Reader's Matins
11:50 a.m. St. Xenia Prayer Ministry

NO WED. EVENING SERVICE

Thursday, July 24

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Choir Rehearsal
6:30 p.m. Youth Group

Friday, July 25

7:00 a.m. Daily Matins

Saturday, July 26

5:30 p.m. Great Vespers/Confessions

Sunday, July 27

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Open Choir Rehearsal (Guests welcome)

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

July 20 Dn. Gary
July 27 Kern
August 3 Jacobs
August 10 Morrison

READERS

July 20 Gish
July 26 Kern Vespers)
July 27 Lange
August 3 Meyer
August 5 Butler (Transfiguration)
August 10 Kern

GREETERS

July 20 J. & M. Worthington
July 27 A. Ballew/N. Aviles
August 3 G. Hoppe/B. Eberhard
August 10 K.P. King/L. Baker

USHERS

July 20 C. Speier/S. Speier
July 27 M. Loulias/D. Alexander
August 3 G. Hoppe/B. Eberhard
August 10 D. Washburn/D. Meyer

AGAPE MEAL HOSTS

July 20 Team Wayne
July 27 **POTLUCK**
August 3 Team Alexander/Hedges
August 10 Team Gish

