



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

Fr. John Carrillo (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2023-2024

Dominic Dopico, Chair

Kristin King, Vice Chair

Dan Braun, Treasurer

Velislava Nikolov, Secretary

Asia Ballew

Sydney Hedges

Michael Loulias

Cheryl Washburn-Lander

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Activities Coordinators

Athanasia Ballew

asiaballew@proton.me

Zac Wood

zac.wood9@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 3, 2025

Tone 7 / Eothinon 8;

**Eighth Sunday after Pentecost
& Eighth Sunday of Matthew**

Our Righteous Fathers Isaacius, Dalmatus, and Faustus;

Salome the Myrrh-bearer;

Venerable Anthony the Roman, wonderworker of Novgorod



WELCOME TO OUR VISITORS!

We are glad you are with us this morning
to join our worship of the Father, Son & Holy Spirit!
Please join us on the patio after the Liturgy for
the Agape Meal. We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil
against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**We sing the following hymns of the day after
The Little Entrance:**

Troparion of the Resurrection

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord

Tone 7

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING for the 8th Sunday after Pentecost

I Corinthians 1:10-17

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: It is good to give thanks to the Lord, and to sing praises to Thy
Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth
in the night. **Alleluia...**

GOSPEL READING for 8th Sunday of Matthew
Matthew 14:14-22

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance! He shall not fear evil tidings! (*Ps. 111:6*)

Alleluia, Alleluia, Alleluia!

Holy Communion

In the Orthodox Church, the Sacrament of Communion is offered only to Orthodox Christians who have humbly prepared to receive through prayer, fasting, and a recent Sacramental Confession.

Non-Orthodox people and those not communing today may approach during Communion for a priestly blessing by saying, "*Father, bless.*" After this you may take a piece of antidoron (blessed bread) offered in the bowls.

If you are interested in joining the One Holy Catholic and Apostolic Church, speak with our Pastor about how to become an Orthodox Christian.

UPCOMING FESTAL SERVICES

TRANSFIGURATION OF THE LORD — THIS WEEK!

Tuesday, August 5

5:30 p.m. Festal Matins

6:30 p.m. Festal Divine Liturgy

POTLUCK SUPPER

**The Dormition Fast is observed from Friday, August 1 through
Thursday, August 14 after the Festal Liturgy.**

DORMITION OF THE THEOTOKOS

Thursday, August 14

5:30 p.m. Festal Great Vespers with Lamentations

6:30 p.m. Festal Divine Liturgy

POTLUCK SUPPER

BEHEADING OF ST. JOHN THE BAPTIST

Friday, August 29

9:00 a.m. Divine Liturgy

NATIVITY OF THE THEOTOKOS

Sunday, September 7 (transferred from Sept. 8)

Regular weekend services

ELEVATION OF THE HOLY CROSS

Sunday, September 14

Regular weekend services

WE NEED YOUR HELP...

We ask that you kindly clean up your own sitting area
and return service booklets at the end of each service.

Bulletins and Matins/Vespers weekly handouts may be taken home.

Thank you!

ANNOUNCEMENTS

MEMORY ETERNAL

It is with hope and knowledge of the Resurrection that we announce the falling asleep of Rodolfo Ramirez on Friday, July 25th. Rodolfo was an inquirer to the Orthodox Faith and many members of St. Athanasius Orthodox Church were becoming his close friends and spiritual family. He passed away from lymphoma cancer only reaching the age of 19 years old. Although Rodolfo was told at the beginning of July that his cancer had begun the process of remission, it unexpectedly reappeared on July 18th and metastasized very quickly. By the 25th we had lost our brother. His family is arranging for his funeral and burial. Details will be announced when we know them. **May his memory be eternal!**

OUR AUGUST FEAST DAY CELEBRATIONS ARE AROUND THE CORNER. We will have a potluck after the services for the feasts of the Transfiguration and the Dormition. Please see the sign-up for the first potluck, which will be **THIS** Tuesday, August 5th. We are asking people to sign up so that we can make sure we have enough of each type of food. If you don't sign up, you are, of course, welcome to bring a contribution for the meal, anyway!

You can sign up here: <https://bit.ly/PotluckTransfig2025>

WE WILL PRAY THE PARAKLESIS for this season of the Dormition Fast on the following days at 5:30 p.m.:

Wed. Aug 6
Thurs. Aug 7
Tues. Aug. 12
Wed. Aug. 13

TO DONATE TOWARDS A RELIEF FUND for the survivors and families of the victims of the bombing at St. Elias Orthodox Church in Damascus, you can send a check directly to the Antiochian Archdiocese, or put a check in our tithe box **MADE OUT TO THE ANTIOCHIAN ARCHDIOCESE.**

YOU CAN DONATE ONLINE AT THE LINK BELOW.

<https://antiochian.networkforgood.com/projects/254719-2025-saint-elias-church-damascus-syria-relief-fund>

PLEASE DO NOT DONATE THROUGH OUR PARISH WEBSITE.

Parents: Please help us to keep our children safe!

Parents, this is a reminder that all children under 12 need to be supervised by an adult at all times while on the Parish Campus. Children need to be under the direct supervision of either their parent, their teacher during Church School or youth activity, or the adult who their parents have asked to watch them. This means that parents need to be in the same room or space as their child, unless they have specifically asked another adult to watch them. If a parent is in the Nave, their child should be as well. If a parent is outside, their children should be, also.

Teens are expected to either be with the congregation in the Nave or helping with a ministry activity. If your child is wandering around with no supervision or not helping with a ministry they will be asked to return to you. This is for the safety of all our children, in accordance with our Archdiocese's new Youth Protection Policy.

Thank you for helping us to keep our children safe!

CELEBRATIONS THIS WEEK

Birthdays

8/3 David Vander Laan
8/4 Lauren Rascon
8/7 Howard Lange
8/8 Oliver Palmer, Abdu Mashhour, Steve Thomas
8/9 Craig Speier, Scott Speier, Verne Gish

Patronal Feast Days

8/3	St. Lydia, Seller of Purple Cloth	Lydia Sieck
8/7	St. Theodora of Silha	Adora Wayne
8/9	St. Herman of Alaska	Verne Gish

the
DR. HOWARD SHANNON



TOURNAMENT

09.26.2025

GLEN ANNIE GOLF COURSE

DINNER & AUCTION

WWW.STATHANASIUS.ORG

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Abp. Benjamin
Fr. Gabriel in Kenya (OCMC)
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Fr. Turbo & St. Mary parish
Fr. Paul and St. Moses parish
Hieromonk Siloan
Greg & Margaret Y.
Hoppe Family in Albania (OCMC)
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)

Julianna & Zaron D. (military)
P. Speier (military)
Steve T.
Dn. John & Fay Y.
Kh. Peggy K.
Kh. Janet Henderson
Phyllis M.
Fr. Joseph A.
Jim M.
Gayla
Cameron B.
Galeyna T.
Jill W. and Family
Alla G.
Oleg G.
Wayne Family
Shirley D. and Family
Jesús D.
Josh W.
Briana B.

For the local agencies and their leaders who are working to fight human trafficking.

The Ethiopian Orthodox Church

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

OUR CATECHUMENS:

Cameron Clouse
Ethan Salcedo
Tyler Vrem
Joshua Weiss

For repose of the souls of: Rodolfo R., Bob N., The martyrs of St. Elias Church in Syria

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of our building. The tables and cabinets contain items that are FOR SALE. If you need a cross or chain and jewelry is not displayed on Sunday, contact **Terri Speier at: bookstore@stathanasius.org**.

Payment should be made at the time of purchase. Cash and checks may be placed in the brown lockbox on wall next to Fr. Symeon's office. Make checks payable to **S.A.O.C. Bookstore**.

Online payment can be made at www.stathanasius.org. (Select "MAKE A DONATION," and then use the dropdown earmark for BOOKSTORE.)

The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.

All proceeds go to the parish Temple Fund.

CALENDAR FOR THE WEEK

Sunday, August 3

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal in front entrance
12:15 p.m. Choir Rehearsal

Monday, August 4

7:00 a.m. Daily Reader's Matins
3:00 p.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)

Tuesday, August 5-Eve of Feast of Transfiguration

5:30 p.m. Matins for Feast of Transfiguration
6:30 p.m. Festal Liturgy
7:45 p.m. Potluck Supper

Wednesday, August 6-TRANSFIGURATION

7:00 a.m. Daily Reader's Matins
11:50 a.m. St. Xenia Prayer Ministry
5:30 p.m. Paraklesis for Dormition

Thursday, August 7

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Paraklesis for Dormition
6:30 p.m. Youth Group

Friday, August 8

7:00 a.m. Daily Matins

Saturday, August 9

5:30 p.m. Great Vespers/Confessions

Sunday, August 10

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

August 3 Morrison
August 10 Jacobs
August 17 Fr. Nicholas
August 24 Dn. Gary

READERS

August 3 Meyer
August 5 Butler (Transfiguration)
August 10 Kern
August 14 Gish (Dormition)
August 17 Lange
August 24 Alexaner

GREETERS

August 3 G. Hoppe/B. Eberhard
August 10 K.P. King/L. Baker
August 17 M. Wayne/K.L. King
August 24 A.G. Butler/C. Clements

USHERS

August 3 P. King/J. King
August 10 D. Washburn/D. Meyer
August 17 C. Speier/S. Speier
August 24 K.L. King/D. Alexander

AGAPE MEAL HOSTS

August 3 Team Alexander/Hedges
August 10 Team Gish
August 17 Team Lander
August 24 END OF SUMMER POTLUCK

THE DORMITION FAST

The feast of the Dormition, to which the fast owes its name, does not commemorate the death of the Mother of God, but Her translation from earth to everlasting life in heaven. Christians believe that the Most Holy Theotokos intercedes for the Christians at the throne of the Lord for all the faithful who invoke Her name in prayer.

The Dormition Fast has been observed since the time of the early church, and its first mentions in historical records date back to the fifth century. The Constantinople Council of 1166 determined when the Dormition of the Theotokos fast should start and end.

Many associate fasting with avoidance of certain foods, but we should remember that a fast is not about dieting. It is an exercise in self-restraint for the sake of our Lord and has a deep spiritual meaning. To understand better what the Dormition Fast really is, let us refer to the following lines of the Dormition Fast prayer:

“In vain do you rejoice in not eating, O soul! For you abstain from food, but from passions you are not purified. If you have no desire for improvement, you will be despised as a lie in the eyes of God, you will be likened to evil demons who never eat!”

Fasting is above all an exercise in prayer and righteousness. While fasting, we do not just abstain from food, but also from evil thoughts, passions, anger, and evil-doing. Today, believers are advised to diet according to their health and capabilities, without neglecting to give alms, do charity and avoid unnecessary entertainment. Some of us may find it a good time to reconsider our television viewing, computer and phone use, and news consumptions to free up the much-needed time to accumulate the riches in heaven for the salvation of our souls.

(Taken from: <https://obitel-minsk.org/en/dormition-fast-2022>)

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