



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

His Eminence, Metropolitan SABA

Pastor:

Fr. Symeon Halsell

805-685-5495

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Nicholas Speier (Pastor Emeritus)

frnicholas@stathanasius.org, 805-685-5400

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Parish Council 2022-2023:

Lara Jacobs, Chair

Glenn Hoppe, Vice Chair

Dan Braun, Treasurer

Dorothy Alexander, Secretary

Dominic Dopico

Lizabeth Hoppe

Michael Loulias

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

**Teen Program & College/Young Adult
Activities Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

August 13, 2023

Tone 1 / Eothinon 10;

Tenth Sunday after Pentecost

& Tenth Sunday of Matthew

Leave-taking of the

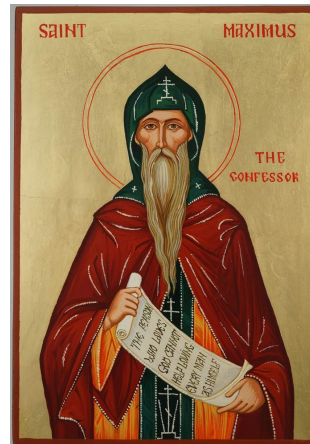
Transfiguration of Jesus Christ

Righteous Maximos the Confessor;

St. Tikhon of Zadonsk;

Eudokia and Irene (Xenia) the Empresses;

Venerable Dorotheos of Gaza and his Disciple Dositheos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during Communion.

Please join us on the patio after the Liturgy for the Agape Meal.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday Religious Education Classes are in recess for the summer. We will resume in the fall.

Sunday, August 13

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
12:15 p.m. Choir Rehearsal

Monday, August 14

7:00 a.m. Daily Matins
7:45 a.m. St. Xenia Prayer Ministry by Zoom
(Akathist for St. Nikiforos)
5:00 p.m. Festal Vespers & Lamentations for
the Dormition of the Theotokos
6:00 p.m. Festal Liturgy for Dormition

Tuesday, August 15-FEAST OF THE DORMITION

5:30 p.m. Daily Vespers

Wednesday, August 16

7:00 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, August 17

7:45 a.m. St. Xenia Prayer Ministry by Zoom
10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
NO YOUTH GROUP

Friday, August 18

7:00 a.m. Daily Matins

Saturday, August 19

5:30 p.m. Great Vespers/Confessions

Sunday, August 20

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Agape Meal
5:00 p.m. Young Adult Fellowship Dinner at
home of S. & T. Speier

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

August 13 Dillon
August 14 Kern (Feast of Dormition)
August 20 Morrison
August 27 Meyer
September 3 Dn. G. Braun

READERS

August 13 Meyer
August 14 Butler (Feast of Dormition)
August 20 Alexander
August 27 Kern
September 3 Meyer

GREETERS

August 13 P. Cocores/M. Loulias
August 20 H. Lange
August 27 K. Fox
September 3 L. Baker

USHERS

August 13 S. Speier/C. Speier
August 20 K.P. King/D. Alexander
August 27 M. Loulias/D. Washburn
September 3 P. King/J. King

AGAPE MEAL HOSTS

August 13 Team Palmer
August 20 Team Loulias/Cocores
August 27 Team Baker
September 3 Team Speier

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

Aug. 17 L. Ballew
Aug. 24 D. Alexander, J. Jones
Aug. 31 F. Young
Sept. 7 M. Loulias

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Orthodox Christians who have prepared to receive. Non-Orthodox believers and others **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

GREAT LITANY

FIRST ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. Great is the Lord, and greatly to be praised, in the city of our God, in His holy mountain. (Ps. 47:2) Who settest fast the mountains by Thy strength, Who art girded about with power.(Ps. 64:7-8)

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Who coverest Thyself with light as with a garment. The mountains shall rejoice at the presence of the Lord, for He cometh; yea, He is come to judge the earth. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses for the Feast of Transfiguration with Refrain

Vs. His foundations are in the holy mountains. The Lord loveth the gates of Zion more than all the dwellings of Jacob. (Ps. 86:1)

Refrain: O Son Of God transfigured on Mt. Tabor, save us who sing to Thee, Alleluia!

Vs. Glorious things are spoken of thee, O city of God. [Refrain]

Vs. A man will say: Mother Sion; and: That man was born in her; and: The Most High Himself hath founded her. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—Verses with Troparion Refrain for the Feast

Vs. Of Thy mercies, O Lord, will I sing forever. (Ps. 88:2)

Refrain: (See music in the back of this bulletin)

**You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light shine upon us sinners,
through the prayers of the Theotokos. Glory to You, O Giver of light!**

Vs. The heavens shall confess Thy wonders, O Lord, and Thy truth in the congregation of saints. **[Refrain]**

Vs. Blessed is the people that knoweth jubilation. O Lord, in the light of Thy countenance shall they walk, and in Thy Name shall they rejoice all the day long. **[Refrain]**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

*For in Thee is the fountain of life, and in Thy light shall we see light.
Save us, O Son of God, Who wast transfigured on Mount Tabor,
who sing to Thee. Alleluia.*

Troparion of the Resurrection

Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion of Transfiguration (See music in the back of this bulletin)

Tone 7

You were transfigured on the mountain, O Christ God,
revealing Your glory to Your disciples, as far as they could bear it.
Let your everlasting light
shine upon us sinners,
through the prayers of the Theotokos.
Glory to You, O Giver of light!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord**Tone 7**

You were transfigured on the mountain, O Christ God,
and Your disciples saw Your glory as far as they were able,
so that when they saw You crucified,
they might know that You suffered voluntarily,
and might proclaim to the world
that You are truly the radiance of the Father.

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.

EPISTLE READING**1 Corinthians 4:9-16**

Brethren, God has exhibited us Apostles as last of all, like men sentenced to death; because we have become a spectacle to the world, to angels and to men. We are fools for Christ's sake, but you are wise in Christ. We are weak, but you are strong. You are held in honor, but we in disrepute. To the present hour we hunger and thirst, we are ill clad and buffeted and homeless; and we labor, working with our own hands. When reviled, we bless; when persecuted, we endure; when slandered, we try to conciliate; we have become, and are now, as the refuse of the world, the off scouring of all things. I do not write this to make you ashamed, but to admonish you as my beloved children. For though you have countless guides in Christ, you do not have many fathers. For I became your father in Christ Jesus through the Gospel. I urge you, then, be imitators of me.

Alleluia before the Gospel**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)**GOSPEL READING****Matthew 17:14-23**

At that time, a man came up to Jesus and kneeling before Him said, "Lord, have mercy on my son, for he is an epileptic and he suffers terribly; for often he falls into the fire, and often into the water. And I brought him to Thy disciples, and they could not heal him." And Jesus answered, "O faithless and perverse generation, how long am I to be with you? How long am I to bear with you? Bring him here to me." And Jesus rebuked him, and the demon came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" Jesus said to them, "Because you have no faith. For truly, I say to you, if you have faith as a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible to you. This kind never comes out except by prayer and fasting." As they were traveling together through Galilee, Jesus said to them, "The Son of man is to be delivered into the hands of men, and they will kill Him, and He will rise on the third day."

Meglynarion—Hymn to the Mother of God

Magnify, O my soul, the Lord who was transfigured on Mount Tabor!

Your birthgiving was incorruptible!

God came from your body,
and appeared on earth in the flesh,
dwelling among mankind.

Therefore we magnify you, O Theotokos!

Communion Hymn

O Lord, we shall walk in the light of Your face, and rejoice in Your name all the day.

*(Ps 88/89:15b)***Instead of singing "We have seen the true light,"** we sing the Troparion of the Transfiguration.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and **ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until the blessing of the food at Coffee Hour to eat and socialize.**

Please continue to pray for all of our catechumens, that their minds and hearts will be illumined as they continue their journey towards baptism and/or chrismation.

Rebecca Beech

Paul Carr

Kevin Duke

Adam English

Anthony Salcedo, Ethan, Dominic and Jennifer

Marleyнна Worthington

UPCOMING FEAST DAY SERVICES

THE DORMITION OF THE THEOTOKOS

Monday, August 14

5:00 p.m.

Festal Vespers/Lamentations

6:00 p.m.

Festal Liturgy

The Dormition Fast is from August 1st to the conclusion of the Festal Divine Liturgy for Dormition.

THE NATIVITY OF THE THEOTOKOS

Thursday, Sept. 7

5:30 p.m.

Festal Vespers & Liturgy

ELEVATION OF HOLY CROSS

Wednesday, Sept. 13

5:30 p.m.

Festal Matins & Liturgy

ANNOUNCEMENTS

THERE WILL BE A YOUNG ADULT FELLOWSHIP DINNER THIS EVENING at 5:00 p.m. at the home of Scott and Terri Speier. Contact Subdn. Michael Easbey after Liturgy for more information if you are a young adult and did not receive the email invitation.

CONGRATULATIONS AND MANY YEARS TO Landon and Brittney Jacobs on their marriage on July 22 in San Jose, California. Landon is the son of Dn. Scott and Karen Jacobs.

VALERIE, our Administrator, will be away from August 17-22. If you need to get into the church outside of service times, please contact Fr. Symeon or one of the ministry leaders.

ADULT CATECHISM CLASSES WILL BE ON SATURDAYS FROM 3-5 p.m. in the coming Liturgical Year. The Fall session will meet on the following Saturdays:

Sept. 23 & 30
Oct. 21
Nov. 4 & 18

HERE IS A LINK TO THE TRANSCRIPT of Metropolitan SABA's address to the delegates of the Antiochian Archdiocese Convention in Phoenix (July 27, 2023):
<https://www.antiochian.org/regulararticle/1692>

THE AUGUST MEN'S FIRESIDE GATHERING will be a week from this Monday, August 21st, at 7:00 p.m. at Haskell's Beach. If you have questions, see Howard Lange.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

8/16 Doug & Kristi King
8/19 Richard & Susan Barre

Birthdays

8/13 David Dillon
8/17 Susan Barre
8/17 Salem Vander Laan

Patronal Feast Days

8/14 **Prophet Micah** - Micah Landrum

8/15 **The Theotokos: Feast of the Dormition**
Jessica Maria Berari, Ginny Braun, Dorian Easbey, June Easbey,
Kh. Cayce-Marie Halsell, Doug King, Phyllis Morrison, Nora Schumacher

ST. ATHANASIOS ORTHODOX CHURCH
**THE HOWARD SHANNON
GOLF TOURNAMENT**



September 15

GOLF • DINNER • AUCTION

FOURSOME: Includes lunch and dinner	\$750
SINGLE GOLFER: Includes lunch and dinner	\$195
DINNER ONLY: Dinner, auction, music & fun!	\$85

* Space is limited and will sell out! Golf is not confirmed until paid in full. No walk ups for golf or dinner will be available. 18 years and older only.

<https://www.stathanasios.org/events/2023-golf-tournament/>

DEADLINE TO REGISTER: SEPTEMBER 1, 2023

ST. ATHANASIOS ORTHODOX CHURCH
THE HOWARD SHANNON
GOLF TOURNAMENT



Silent Auction at the Golf Tournament
We are now accepting silent auction items!

- You may ask a business you frequent for a donation of a gift card or item.
- You may buy a gift card or item and donate it. (restaurant, travel, jewelry, wine)
- You may offer your special talent and we will create a gift card for you (jewelry, painting, babysitting, gourmet meal, repair/fix it, etc.)
- We will have a table at the Agape Meal with donation request letters, receipts and a list of suggested baskets with links to items.

Please see Terri Speier or Sherie Shackelford.

DEADLINE FOR AUCTION ITEMS: September 1st

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

His Beatitude, Patriarch John X
Metropolitan SABA
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Fr. John & Kh. Diane C.
Fr. Nicholas & Jan
Audrey C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Bob N.
Kh. Melissa H.
Jeremiah & Sarah H. (military)
Lauren & Fernando J. (military)
Chase K. (military)
Nick & Kristine J. (military)
Connor V. (military)
Julianna & Zaron D. (military)
P. Speier (military)

Subdn. Matthew W. (seminary)
Steve T.
Abp. Benjamin
Temmo K.
Sarah B..
Dn. John & Fay Y.
Zachary B.
Samantha & Chris N. & Family
Kevin D. & Family
Stephan & Rosa K.
Ethan K.
Erik L.
Matthew
Nina & Erik Sr.
Anthony & Christina and Family
Hannah Rose
Leticia B.
Kari H.
Carol J.
Suzi W.
Wade V.
Adam and Family
Madison E.
Susan W.

The Ethiopian Orthodox Church

The Church & people suffering from the earthquake in Syria and Turkey

All those suffering and in danger in Ukraine, Africa, and the Middle East

Please pray for the raising up and support of long-term missionaries from our parish.

For repose of the souls of: Shamassa Zinetta N., Fr. Alexander V.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Symeon's office. Make checks payable to S.A.O.C. **Bookstore.** (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Temple Fund.

TROPARION of the TRANSFIGURATION

Tone 7
Carpatho-Russia:

YOU WERE TRANS-FI-GURED ON THE MOUN-TAIN, O CHRIST GOD,

The first line of musical notation features a treble and bass clef with a key signature of one flat. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are written below the notes.

REVEAL-ING YOUR GLO-RY TO YOUR DIS-CI -PLES, AS FAR AS THEY

The second line of musical notation continues the melody and bass line from the first line. The lyrics are written below the notes.

COULD BEAR IT. LET YOUR E-VER-LASTING LIGHT SHINE U-PON US

The third line of musical notation continues the melody and bass line. The lyrics are written below the notes.

SIN - NERS, THROUGH THE PRAYERS OF THE THE-O -TO -KOS,

The fourth line of musical notation continues the melody and bass line. The lyrics are written below the notes.

GLORY TO YOU, O GI -VER OF LIGHT.

The fifth line of musical notation concludes the troparion with a double bar line. The lyrics are written below the notes.